The Sacramento Observer

AMERICA'S NO. 1 BLACK NEWSPAPER

1973 WINNER OF THE JOHN B. RUSSWURM TROPHY FOR JOURNALISM EXCELLENCE

'FOOD FAIR' SPECIAL

(SEE SECTION F)

Ask yourself this question. What better way to spend a late summer afternoon than casually guilding along in a boat made for two? These two young people definitely know the meaning of relaxation and are obviously enjoying the California State Fair. The California State Fair opened its doors for the 121st time last week. Fair officials said that attendance is up slightly from last year and projected that nearly a million people will pass through the gates. The fair will continue through September 8. Adult admission of $1.50 and children 6-12 can see the fair for 50 cents. State Fair General Manager Garth R. Tranner said that 90 per cent of this year's activities are free. Admission also covers entrance to the horse races.

VOL. 11 NO. 39 | FOR WEEK OF: AUG. 29 - SEPT. 4, 1974 | 15¢ PER COPY

25c Per Copy For Home Delivery

SMITH TRIED ALONE

Of nine Black persons originally charged with arson and conspiracy to commit arson in a fire that damaged the Grant Union High School Gym and destroyed a valuable organ, only George C. Smith remains as a defendant.

Charges were dropped last week against James Patterson, Ralph Echols, and Renae Myers, all 22, because of insufficient evidence.

Smith, 47, former director of the Del Paso Recreation Center, is being tried by Sacramento Superior Court Judge, B. Abbott Goldberg.

Charles E. Bunn, 21, earlier pleaded guilty on the grounds he would not be prosecuted. Bunn's testimony led to the arrest of most of the other defendants.

The three defendants released last week showed up in court ready to go on trial. But Deputy District Atty. Fred Schroeder asked for a dismissal when no new evidence against the three showed up.

In earlier testimony, Steven Edward Gianelli, the security officer at Grant, admitted lying to officers to protect his job.

He told the court he was actually sleeping when the fire started. He had been chasing five Black men, he said, who were hanging around the school. After the chase he said he fell asleep in his truck.

"Some kids knocked on the window and said 'Your school's on fire.' That's when I woke up," Gianelli told the court.

Gianelli said he decided to tell the truth when he realized how serious things were.

IN THE OBSERVER

Local

Police Officer Fails To Identify Assailant In Muslim Trial A-6

County Employees Say They Will Oppose City-County Consolidation A-3

Black Broadcast Team On New KMUV-TV Channel 31 ..... A-4

George C. Smith Last Defendant In Grant Union Arson Case A-1

Forum

Does The Cost Of Living Need Monitoring B-3

Congressman Leggett Offers Explaination for Charges Of Dis-Crimination B-3

Attack On Unions Slow Campaign Refors B-3

Sports

Women's National Softball Tournament Slated For Elk Grove H-1

Sacramento Football Pros Start Season With A Bang H-1

King's Kourt: Sacramento Definately a Sports Minded City H-2

Author Ashe To Play In San Francisco's Cow Place H-2

Entertainment

Congressmen John Conyers On Channel 6: Black Perspectives E-2

Blacks On Television Look For New Viewing Season ..... E-4 & 5

Holloywood Beat By Bill Lane E-6

Index

OUR CITY A-3
OBSERVATIONS B-1
EDITORIALS B-2
FORUM B-3
RELIGION B-5
SPORTS B-7
FINDER CLASSIFIEDS B-10
SOCIAL WHIRL C-1
URBAN LIVING F-1
FOOD F-5
ENTERTAINMENT E-1

Education Board Post Open

Robert B. Lawrence, on the advice of his physician, has tendered his resignation, effective August 15, as a member of the Sacramento County Board of Education. Lawrence represented generally the Galt High School District Trustee Area V of the County Board of Education.

Lawrence was a member of the first elected lay County Board of Education for Sacramento County, established by statute in 1956. In that first election, he was elected at large by all of the electors in Sacramento County to serve as the County Board Representative for the Galt District.

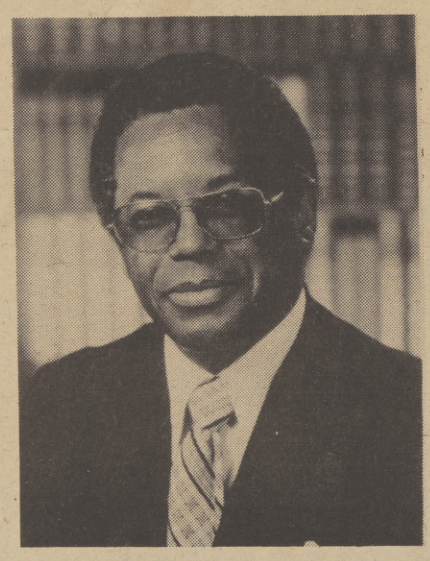
Subsequent legislation changed the election from at large to election of Board Members by the electors within the trustee area. Mr. Lawrence was successfully re-elected by the electors of the Galt Area on four occassions.

His current term would have expired on June 30, 1976.

A special election to fill the unexpired term of Mr. Lawrence has been called for the November 5th General Election. The election will be held in the newly apportioned Trustee Area V which encompasses all of the Galt High School District, the western portion of the Elk Grove Unified School District, a portion of the northeastern section of the Sacramento City Unified School District, all of the Folsom Cordova Unified School District and a portion of the eastern section of the San Juan Unified District.

There are approximately 93,000 electors in that Area.

Canidates have until August 30 at five p.m. to file for this position.



CHARLES PATTERSON

Patterson, New World Airways Director

Charles J. Patterson, senior vice president and assistant to the president and chairman of the board of World Airways, has been elected a director of the company.

Patterson was recently promoted to the post of senior vice president. He joined World in December 1968 as vice president and assistant to the president. He serves the airline in the fields of governmental relations, urban affairs, and corporate development in the Far East, Africa and Latin America.

He is a director of the Bay Area Social Planning Council; the International House, University of California, Berkeley, and the New Oakland Committee.

He is a past director of the United Bay Area Crusade and presently is a trustee of the Crusade. Patterson also served as a past director of the Far West Laboratory for Educational Development.

He currently serves as a member of the advisory boards of the National Alliance of Businessmen, Oakland Metropolitan Area, and of the School of Business Administration, University of California, Berkeley.

Patterson, his wife Dorothy, and their two children, reside in Berkeley.

TOUR

2Lt. Diane Kucha took the teenagers on a tour through the Maintenance shop area.

Youth Encampment Program Is A Winner

More than 140 teenage boys and girls have visited the depot this summer as part of the Sacramento Valley Youth Encampment program which ended earlier this month.

While here, the young people were taken on tours of work areas throughout the depot as well as at the McClellan and Mather Air Force Bases and the University of California at Davis as part of their vocational training experience.

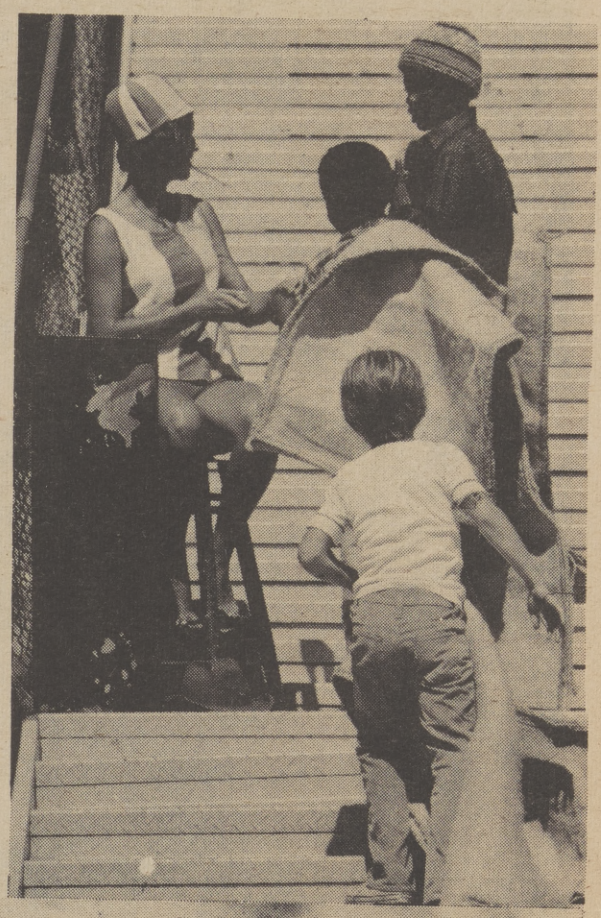
Medical and dental examinations were also given to each of the youths during their one-week encampment; professional counselors actually stayed with the teenagers around the clock to give them someone to discuss personal problems with; during their week-long experience, a trip to Lake Folson and several dips in the depot swimming pool was also provided.

This year, the first three encampments was devoted to boys only, the second three weeks were for girls only, and the last week was a co-educational encampment for boys and girls.

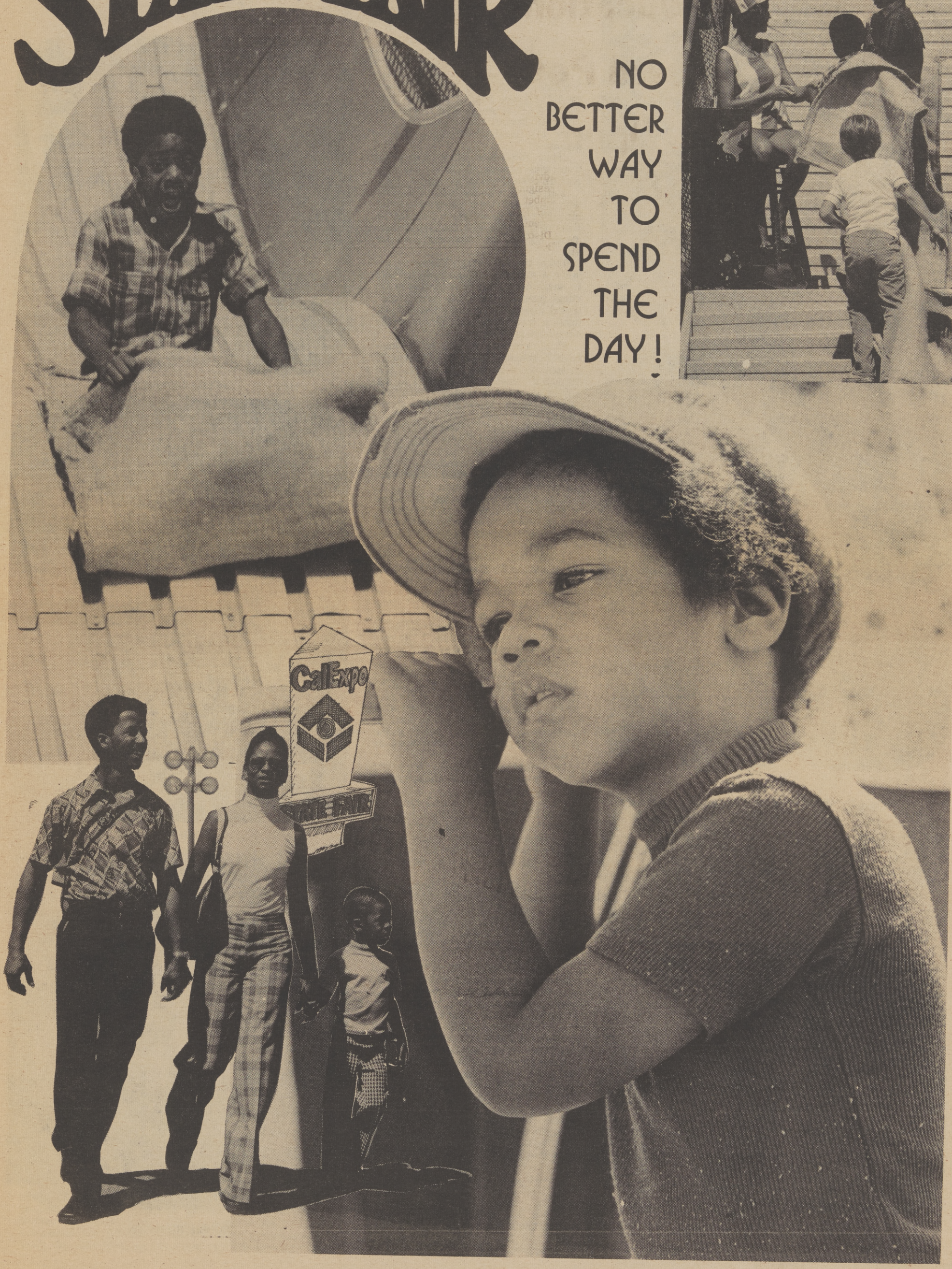
This is the fourth year the Sacramento Army Depot has taken part in the seven week program aimed at giving the young people a chance to actually see how many adults work.

The Sacramento Observer
A DIVISION OF LEE PUBLISHING COMPANY, INC
PUBLISHED WEEKLY
WILLIAM H. LEE, PUBLISHER
MEMBER OF THE NATIONAL NEWSPAPER PUBLISHERS ASSOCIATION
AND
THE WEST COAST BLACK PUBLISHERS ASSOCIATION
THE SACRAMENTO OBSERVER BUILDING
3540 4th Avenue, P.O.BOX 209
Sacramento, California 95801
Telephone (916) 452-4781
SUBSCRIPTION RATES:
WEEKLY BY MAIL, $12.00 per year
MAIL SUBSCRIPTIONS ARE PAYABLE IN ADVANCE
Second class postage paid at
Sacramento, California
FOR HOME DELIVERY
DIAL 452-4781 or 452-2668
If you have not received your Sacramento Observer
by 10:00 A.M. Saturday, call 452-2668
and we guarantee delivery.

121st CALIFORNIA STATE FAIR



NO BETTER WAY TO SPEND THE DAY!



Black Radio Personalities Create Soul Waves

by J. SHAWN ORTIZ
Observer Staff Writer

Ever heard of the "Funky Music Machine," "The Soul Doctor," "Jerry T," "Sweet Pea," "Mr. Kixs," or "Jody DJ?" If you have not, then you probably haven't been a frequent listener to local radio and soul programs.

These radio disc-jockies represent a growing number of Black radio personalities on the local air waves.

It all began when the late Geno Gladden, pioneered contemporay times with his "jazz with Geno" show, pleasing the likes of Duke Ellington, Carmen McRae, Teddy Wilson, Art Tatum and Miles Davis.

Radio veteran, Wally Raye, was another who pioneered for Blacks in radio in Sacramento. Ray was limited in his ethnic presentation due to strictly controled programming, but nevertheless, made a tremendous contribution to the advancement of "soul music."

Black programs have developed slowly in Sacramento. From religious music programs centering on gospel and "quartet" singing and records to the advent of "The Funky Music Machine," Sacramento has come full-cycle musically.

California State University Sacramento's KERS Radio apparently is the birth place of the "new breed" of local radio's "soul personalities."

Several years ago, Black students began to infiltrate the station.

A group got together and developed a proposal which called for a Black music marathon. The marathon took off like a rocket gaining popularity in leaps and bounds.

Today the Black music marathon, sponsored by the station and a local media group, is a summer "tradition." Coming in late August, the marathon provides its listeners, mostly young Blacks with solid soul music.

Willie Neelon is at the controls of the "Funky Music Machine." The machine gears up every week for a run at continued popularity.

Neelon is also a member of the Sacramento Black Media Association, (SBMA). SBMA has as one of its primary objectives, the establishment of a Black owned radio station here in Sacramento. Presently, none of the local AM/FM stations are owned by Blacks.

Cool, cold and calculating Jerry "T" Tipton, pushes the button and makes the music on KERS swing.

Carver Barney, "the Soul Doctor," also of KERS, originally is now heard on KPOP Radio. "The Soul Doctor" has developed quite a large following and recently shared the MC job with the James Brown show here in Sacramento.

Wade Latin, one of Sacramento's leading advocates of Jazz Music, holds down a position at KERS. Miles Davis, The Crusaders, Johnny Hammond, Idris Muhammad and a host of other contemporary Jazz artists, can be heard on Latin's program.

Robbie Robinson, sits at the control board like an institution of R&B. Robbie generally slows down the pace at KERS settling into a groove reserved for "bump and grind" numbers.

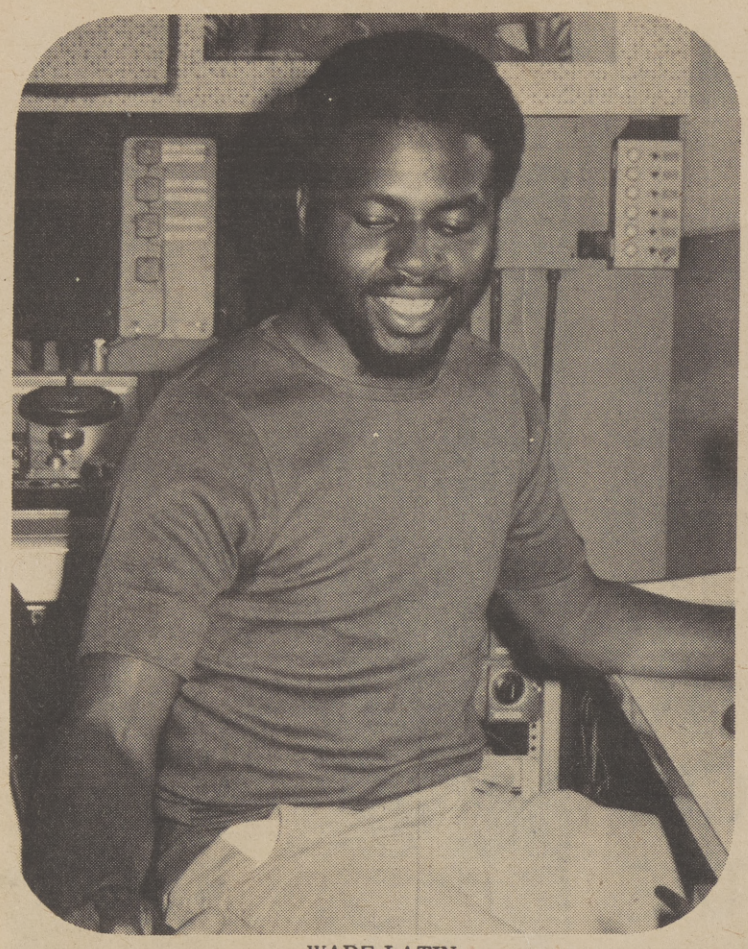
Ted Longmire of Radio Station KZAP is the only Black disc jockey not playing "exclusively" Black music.

Longmire is flexible in his presentation of all forms of music from "crotch rock to sweet soul. Longmire's approach is effective.

Joe Debbs is a "mystery figure" around KERS Radio. His late night or early morning shows have been said to be "unpredictable." His music slant seems to center on introducing new records on the air.

"Sweet Pea" the pride of KPOP, aids the "Soul Doctor" to pump soul music into the homes of greater Sacramento.

"Jody DJ," occasionally takes over the controls of KERS radio for a show filled with personal requests and fast, fast rapping.

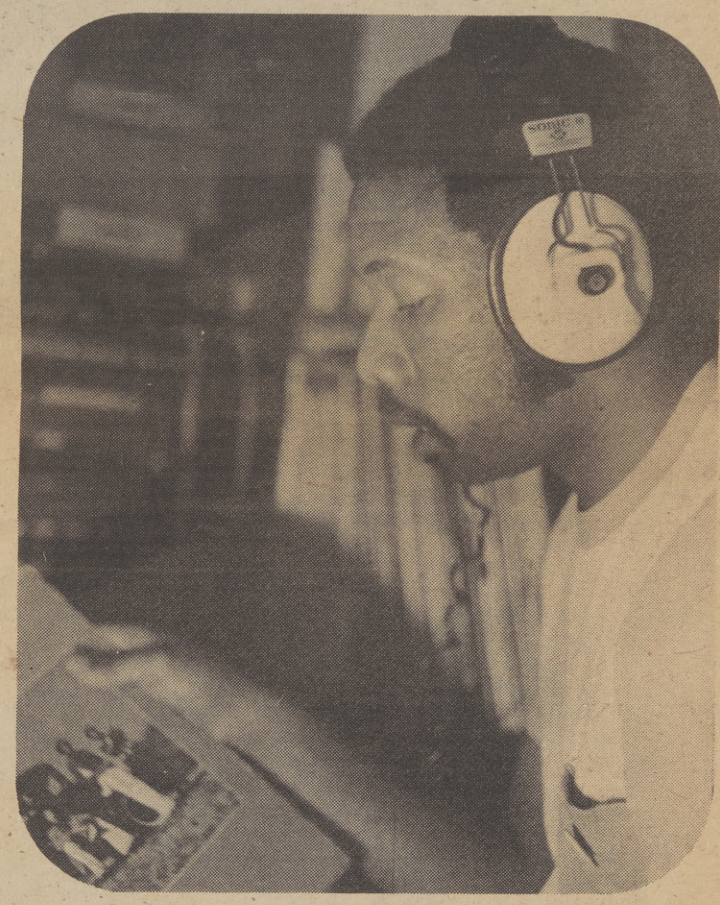


WADE LATIN

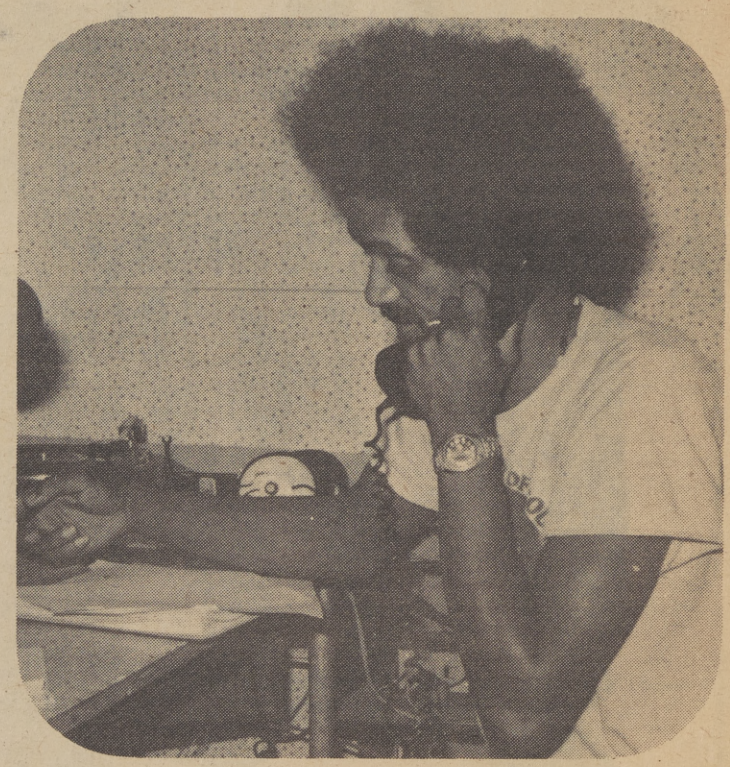
CARVER BARNEY

WILLIE NEELON AND JERRY TIPTON

TED LONGMIRE



JOE DEBBS



ROBBIE ROBINSON

The Sacramento Observer

OUR CITY

County Employees Oppose Nov. 5 Consolidation Measure

Opposition to City-County consolidation was voiced this week by the Sacramento County Employees Organization, formally recognized as representing over 2,500 employees.

The proposed consolidation measure will appear on the November 5 General Election ballot for a vote for residents throughout Sacramento County.

Robert R. Farmer, president of the County Employees Organization, said the decision of the general membership was unanimous.

"The Charter Commission apparently made every effort possible to exempt people from county civil service by either mandatory or permissive action. This is bossism at its worst," Farmer told the employees.

"The provisions of the Charter are so broad that there is no position in government service that could not be exempt at the whim of the Board of Supervisors," he added.

"We also find anti-civil service bias is grossly evident throughout the charter, both in the exclusions from civil service and in the refusal to incorporate provisions for concern to employees and their organizations."

The employee group represents three units in county government including general supervisory, office-technical, and non-supervisory law enforcement. Deputy Sheriffs are not included in the organization.

SCEO is affilate No. 1 of the State Employees Association, with some 30,000 members in Sacramento.

Farmer said SCEO is the first organized group to join in the fight against consolidation.

"We are aware of several other groups that have studied the charter and will voice their opposition to it for various other reasons," he said. "We will be coordinating our efforts with them for defeat of the measure between now and election time."

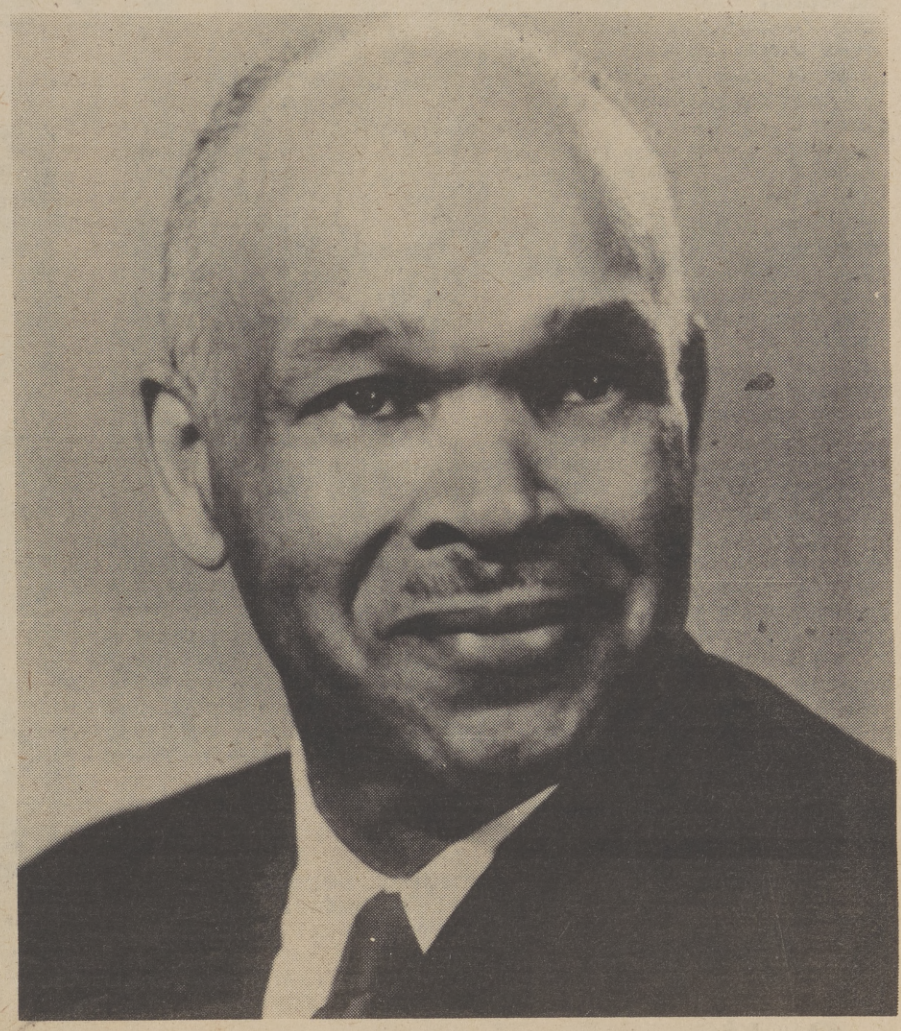
County Agrees To Hire 24 Minority People

The County of Sacramento has negotiated an agreement with the Sacramento Concilo new careers programs to hire and train twenty-four (24) disadvantaged people into permanent employment career positions.

These training position will lead to permanent employment within the County Civil Service System in Classifications that include Deputy Probation Officer and Counselors, Welfare Eligibility Workers, Consumer Protection Specialist, County Court Clerks, and various positions with the Department of Public Works.

This week William Freeman, Assistant County Executive delivered a welcome to the new enrollees on behalf of the county. Representatives from various involved agencies attended the welcoming, including members of the Board of Supervisors, Sacramento Regional Area Planning Council, Manpower Joint Powers Agency, Manpower Area Planning Council, County Department Representative, etc.

New careers is a two year on-the-job Manpower Training Program Sponsored by Sacramento Concilio, Inc.



PURYEAR

Mahlon Puryear Will Speak At Urban League Luncheon

Mahlon Puryear, director of the National Urban League's (NUL) Manpower and Economic Development officer, was named as one of the principal speakers at this year's annual Sacramento Urban League Equal Opportunity Luncheon.

The luncheon will be held Wednesday, September 18, at 12:00 at the Woodlake Inn's Grand "A" room.

The Sacramento Urban League annually honors major employers, corporations, businesses and industries, which have contributed to the advancement of race relations and equal employment.

Puryer joined the professional staff of the Urban League in 1951 following a lenghty tenure with the National Red Cross. In 1962 he transfered to the National office of the league in New York to assume the position of Associate Director for Job Development and Employment.

In 1972, Puryear rejoined the staff of the NUL, after serving three years as head of a private manpower development corporation.

He has headed the NUL's efforts in economic and manpower development since that time.

The luncheon will be precided in the morning by a workshop on affirmative action implementation, government and race relations. The workshop, also to be held at the Woodlake Inn, will begin at 9:00 a.m.

Interested parties are urged to contact the Sacramento office of Urban League before September 12 for advance reservations.

Ticket prices are $50, $25 and $15 for Patrons, Representatives and additional representatives respectively.

Proceeds from the luncheon will go to aid the Sacramento Urban League's continued efforts to help minorities and disadvantaged people.

For further information call 452-3791. Donations are tax deductable.

THE CESSNA T-37

Cessna T-37 twin-engine jet trainer aircraft into the Undergraduate Navigator Training System (UNTS) program at Mather Air Force Base, Calif. Aware of the limitations associated with training navigators in the propeller-driven T-29, the Air Training Command (ATC) is seeking ways to better prepare its navigator gradutes for the aircraft systems to which they are being assigned. Introduction of the T-37 is another step in a long range program to update and modernize USAF navigator training.

NNPA Resumes Washington Bureau

WASHINGTON - The National Newspaper Publishers Association resumes its Washington news bureau service the first week in September, announces NNPA president, Carlton Goodlett.

John W. Lewis, Jr., 34, now Washington correspondent for the AFRO-AMERICAN Newspaper, has been named bureau director.

Dr. Goodlett, publisher of the San Francisco Sun - Reporter, said weekly mailings to member publications who take the bureau service will be handled through NNPA's executive director, Sherman Briscoe.

Goodlett and William O. Walker, publisher of the Cleveland Call-Post, and John H, Murphy III, chairman of the board of the AFRO-AMERICAN, played key roles in developing plans for the bureau in line with a resolution approved at this summer's NNPA convention.

In addition to writing from the capital, Lewis will provide NNPA papers with coverage from the scenes of major events in this country and abroad.

Born March 17, 1940, in Lawrenceville, Va., where his father, John W. Lewis Sr. was a vocational instructor.

LEWIS

Lewis graduated from Hampton Institute in 1966 with a B.A. degree in history. His mother, Mrs. Ursula Lewis, was a public school teacher.

Lewis became a general assignment reporter for the Washington AFRO in September, 1966. He later worked as an information specialist for the Model Inner City Community Organization and in a similar post with the National Welfare Rights Organization.

In 1969, he launched his own newspaper, "The Third World," which he published for four years until the summer of 1973 when he became Washington correspondent for the AFRO-AMERICAN.

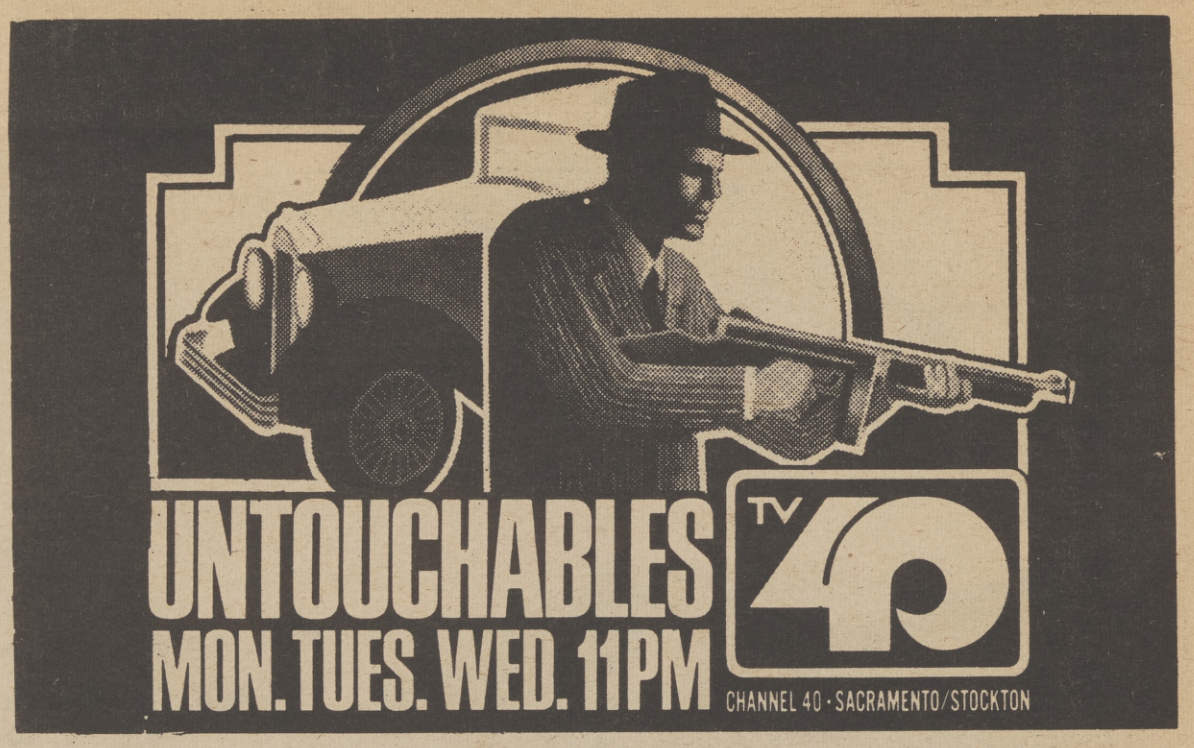
HEW Orders Cutbacks

Secretary of Health, Education and Welfare has ordered a 77 per cent reduction in the department's public affairs staff and the elimination of 275 publications, which will result in a savings of about $20-million.

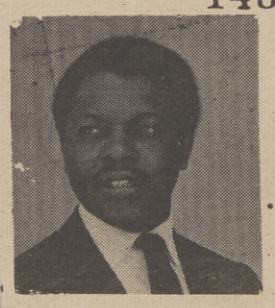
EQUAL OPPORTUNITY

Equal opportunity goals achieved by the Naval Material Command (NMC) were called "far beyond the requirements set by the federal government and the Secretary of the Navy," in a ceremony at the Washington Navy Yard recently. Talmadge O. Bartley, left, of the Naval Electronics Laboratory Center, San Diego, is shown being congratulated by Admiral Isaac C. Kidd, Jr, Chief of the Naval Material, on being selected as the equal employment opportunity program during the last year. Mrs. Bartley is pinning on her husband's Navy Superior Civilian Service Award, the second highest medal for civilian employees of the Navy. The presentation was made August 2, 1974 at an awards dinner in the Washington Navy Yard.

SACRAMENTO CITY
UNIFIED SCHOOL DISTRICT
FREMONT SCHOOL FOR ADULTS
Announces
Fall Registration
Want to improve your reading & writing?
Earn a 8th grade certificate?
Complete your high school education?
NO CHARGE
Fremont School -- 24th & N Streets 8:45 - 12:30 daily
Sacramento High School 8:45 - 11:45 daily
Luther Burbank 6:16 - 9:45 - Mon. & Wed.
Hiram Johnson 6:15 - 9:45 - Tues. & Thurs.
FOR FURTHER INFORMATION CALL 454-8753
Fremont School For Adults



Naaman Brown and Associates
1435 Alhambra Blvd. Suite 205



PROFESSIONAL INCOME TAX SERVICE
· Standard Deduction · Political Contribution
· Low Income Allowance · Child Care
· Personal Exemption · Automatic Filing Extension
452-6044 QUICK SERVICE LOW - LOW PRICES

The force of the blast knocked out windows and doors in apartment three buildings away from the center of the explosion.

Firemen prepair to enter a portion of the burned out building.

In the aftermath of the explosion and fire which claimed one life and left about 35 people homeless, fire officials sift through the rubble.

Firemen battled the subsequent blaze for nearly five hours before bringing it under control.

KXTV - TV Channel 10 assignment editor Marv Simmons (right) interviews eyewitness Richard Martin, following the explosion.

Residents of the apartment complex, which has a noteable number of Black tenants, return life to normal this week cleaning up broken glass and salvaging their few remains.

Large crowds gathered to witness the disaster. .Police said that the greatest problem was curiour spectators and possible looters.

Firemen pour water into the building. The blaze following the blast destroyed the 16 units where Robert D. Babcock is said to have committed suicide.

Firemen retreate from a collapsing wall, but continue to pour water into the burning.

Fruitridge Blast Accident Or Suicide?

by J. SHAWN ORTIZ
Observer Staff Writer

Sacramento police and firemen are continuing their search for evidence pointing to the origins of last weekend's fatal apartment explosion which claimed the life of one person and left a number of persons homeless.

The explosion occurred at a 200-unit apartment complex located at 7706 Fruitridge Road. The area and the unit has a high percentage of Blacks.

The blast of night marish proportions sent glass and apartment fixtures flying, sending scores of residents into the streets seeking cover, and brought hundreds of people into the area.

The explosion, described as "mighty" by Sacramento Fire Marshall Ray Charles, completely destroyed an east wing of the apartment complex and heavily damaged three others.

A dozen pieces of equipment and a score of firemen helped in the disaster. Police said that the greatest problem following the blast was spectators and potential looters.

Nearly four hours after the explosion, firemen sifting through the burned out rubble, found the charred remains of Robert D. Babcock, 38.

Speculation has it that Babcock may have committed suicide. Police and fire officials searching for answers. Some say that the blast was caused by natural gas.

A PG&E spokesman in conflict with many police anf fire officials, say the company had not received any complaints about "the smell of gas."

Residents of the complex said this week that they had complained of smelling natural gas two weeks prior to the blast.

However, an assistant maintenance man for the complex said Saturday in the wake of the blast that he had not made any repairs in the area other than to replace tile in bathrooms and screw legs back on coffee tables.

Police and fire officials "theorize" that Babcock borrowed an adjustable wrench from a neighbor under the pretense of fixing his car.

What Babcock did with the wrench is the subject of speculation. It was learned later that Babcock's car was in the repair shop for several days prior to the blast.

Fire Marshall, Ray Charles told reporters Saturday that natural gas was suspected, but that there was some question as to whether it was the cause of the blast.

"It could not have leaked that long. It was not a prolonged leak," said Charles.

Charles said that there were "too many" waterheaters in the apartment complex for the leak to go unfixed for very long. Charles would not say for sure what he thought caused the explosion.

Florine Burgess a resident of the unit where the blast was centered, told reporters that the police has asked her not to talk to newsmen. She indicated that she felt the blast was caused by a bomb.

"It couldn't have been anything else," she said.

Babcock's former wife said that she knew her exhusband well enough to say that if he had intended to commit suicide, he would not have done it in that fashion.

In the meantime, questions on the blast still remain unanswered. Investigations on the cause will continue.

Mayor Evers Claims IRS Relentless

FAYETTE, Miss. - Charles Evers, mayor of this small Southwest Mississippi town is hopping mad.

He claims that enemies whom he did not identify were trying to break him "financially and politically," and maintained that he was innocent of tax evasion charges.

Evers was indicted on three counts of evading income taxes amounting to more than $50,000.

However, Evers contends that the accusations were part of a "long process of harassment and intimidation."

"I don't know of any wrong that I've done," Evers said. "I think the people of Mississippi know by now that I want to do what is best for Mississippi."

The 51-year-old Mayor said in a press conference, "My only statement is that I'm not guilty of what I've been charged with."

Evers' taxable income for the three years totaled nearly $180,000 ($179,556 listed by the indictment as his income for the years 1968 through 1970), but he claimed taxable income of less than $25,000.

Evers owns several businesses in Fayette, including a liquor store, motel and restaurant.

"I have no idea how much money I've made," he said.

"All colored folks ain't on welfare and I happen to be one of them."

He said that "many times" he told the Internal Revenue Service, "that if I owed any taxes, I was willing to pay. They told me very frankly, 'No, we want you'."

THE SALVATION ARMY ®

Cop Cannot Identify Assailant

A witness and the victim, Police Sgt. Gerald Bakarich, last week failed to identify an assailant who gunned Bakarich down last April 24, at a market of 4th Avenue and Franklin Boulevard.

Four Black men are on trial for the assault. They are Emerly Lee Hanson, 25, Larry R. Pratt, 19, Russell Lang, also 19 and Dale E. McKinney, 24.

Bakarich, an 11 year veteran with the Sacramento Police Department, told the court how he was shot, but said he did not see and, therefore, could not identify the person who shot him.

He said he heard a loud bang and was knocked into the air.

"I realized I had been shot and I look for a place to hide." he said.

Bakarich was wounded in his right leg by more that 40 shotgun pellets. He has eight pellets in his left calf.

No threats had been made against his life, he told the court. His most recent assignment was keeping watch on criminal fugitives.

The shooting is a key part of the prosecution case against Dale McKinney.

However, Sandra Finegold, was unable to identify McKinney as the man she saw creeping in front of her house just before Bakarich was shot in front of the food store.

Just after the shooting Mrs. Finegold told police she did not think the asailant was a Black man but changed her statement when police officers showed her mug shots of Black men.

Still, she told police officers she was not certain McKinney was the man she had described as white and about 5 feet 6 or 5 feet seven inches tall.

During court testimony, Ms. Finegold said McKinney looks white to her.

When asked by Deputy Dist. Atty. Ronald Tochterman if she was afraid to say McKinney was the man she saw because of fear of reprisal, the woman said, "That's true."

The four Black men also are charged with the murder of Joseph Belmore, a white man, of North Highlands.

McKinney is secretary of the Oak Park Temple of Islam and the other three men are members.

McKinney also was arrested for the 1970 sniper killing of Sacramento policeman Benard Bennett. Four Black men--the Oak Park Four -- also was accused of that murder. They were released without trial because of insufficient evidence.

UL Granted Time On Tax Debt

NEW YORK - The Urban League of New York, which owes more than three quarters of a million dollars in taxes, has been granted an extension of time to pay off the debt.

The Internal Revenue Service, in what they term to be a "strictly confidential" arrangement has agreed to have the League pay off the debts which include loans from banks and loans to "various independent contractors" in small amounts.

This financial problem, described by a former board member of the organization, as a matter of faulty judgment," is reported to be due to the expenditure of tax money on activities and programs of the League.

This includes such activities and programs as the operation of street academies, campaigns for open housing anti-drug efforts and job training.

The board has denied it was aware of the use of the withheld tax money and stated that "when that was discovered, they reacted with some surprise."

A spokesman for the National Urban League reported that officials were aware of the situation but that with the death of Adolphus Holmes they would prefer not to say anything.

"We're still a little unsettled."

IRS disclosed the situation goes back at least "seven or eight years . . and the board wasn't raising money."

JOE COTTON
Bail Bond Agency

Joe Cotton Ed Cotton Cliff Hendricks
Jack Whisenant Joe Broadus

443-4841
903 8th street
SACRAMENTO, CALIFORNIA 95814

Carter Brothers
Auto Collision Service

3940 Franklin Blvd.
Sacramento, CA 95820
(916) 451-6212
Complete Auto Repairs

To The STATE FAIR

All day, every day - during the State Fair - RT is providing service from all over Metropolitan Sacramento to the Main Gate at Cal Expo. There will be *two* special routes to serve you.

From Downtown Sacramento, Line 78 will travel out J St. during Fair hours every 15 minutes. Stops will be made at all regular bus stops on J St. from 4th to 14th then at 21st and H and 28th and H. Connections to Line 78 can be made from most other RT lines.

A special shuttle, Line 77, will run from Arden Fair to the main gate every 20 minutes. Line 77 will run Monday through Friday from 10AM to 6:30 PM.

Lines 9, 10, 23, 24, 25, and 29, which serve Arden Fair, will make connections to the Line 77 shuttle service.

RT's FUN RUN - to the State Fair. Try it - you'll find it convenient, comfortable and economical. And by riding the bus you'll arrive relaxed. No traffic problems, no parking hassle.

For further information Dial 444-BUSS.

REGIONAL TRANSIT

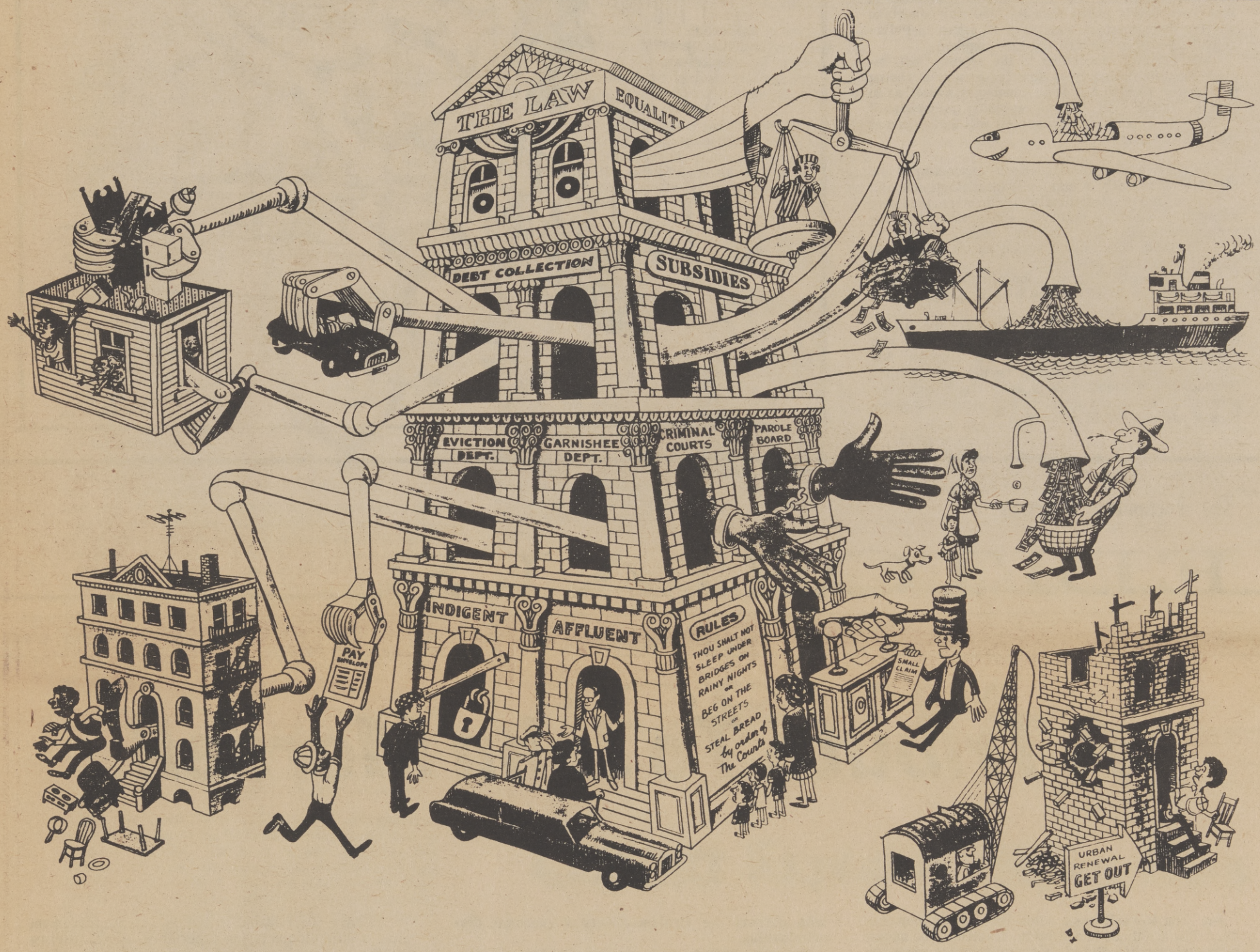
Ride the bus.

The Sacramento Observer

SECTION B

OBSERVATIONS

AUGUST 29 - SEPT. 4, 1974



Legal Service For Poor Still A Problem

by BERKELEY G. BURRELL
President, National Business League

While the Nixon Administration was demanding the resignation of Alvin J. Arnett, Director of the Office of Economic Opportunity, the Congress was proceeding to salvage one of the most important and controversial elements of President Johnson's anti-poverty agency.

On July 18, Congress passed legislation establishing an independent legal services corporation.

It was obviously an idea whose time had come; for few other legislative issues could have survived the litany of assaults thrust upon it. The stormy struggle for an independent legal services corporation began in 1971.

At that time both Congress and the Administration endorsed the transfer of the national legal services program from OEO to an independent corporation. Yet in 1972, the President vetoed legislation establishing that Corporation.

In 1973, a revised bill died in conference under the threat of a second presidential veto. Now, after three years of protracted debate, technical revisions and regressive compromises, Congress and the President have apparently concluded what the rest of us already knew -- namely, that in a free, democratic society, legal assistance is as basic a right and necessity for the poor as it is for the rich.

The struggle wasn't easy. And the end product falls far below what its proponents had sought. Under the new law, Congress will make 90 million dollars available to the Legal Services Corporation in fiscal 1975 to provide legal assistance to the poor. But that assistance will be limited by the restrictions placed on legal service lawyers.

The law specifically prohibits legal service laywers from engaging in litigation about school desegregation, the draft, non-therapeutic abortion, desertion and amnesty, class actions and cases that generate fees.

In addition, these lawyers are also prohibited from engaging in political activities (directly or indirectly) including voter registration drives. While many, including this writer, believe that some of these restrictions deprive the poor of services afforded other citizens, most agree that the new law is better than nothing at all.

So amid charges of impeachment politics from conservatives and liberal alike, President Nixon signed the Legal Services Corporation Act into law. Now the question is: can it survive?

In creating the Corporation, Congress established an eleven member Board of Directors and vested it with sole power and responsiblity for the proper functioning of the Corporation.

Put another way, the Board is charged with the responsibility of implementing the law. Subject to Senate confirmation, the eleven Board members will be appointed by the President. The Corporation's first test of survival then, will be the President's choice of appointees.

In the critical area of legal services, it is imperative that appointees demonstrate the highest qualities of competence, integrity and sensitivity to the needs of the poor, lest the intent of the Congress and the law be irreparably damaged. Moreover, a cause that has withstood a three-year battle with legislative roadblocks and political demagoguery must not now become the passive victim of injudicious appointments.

So while the President may nominate, the Senate and those of us who represent the poor must get down to the business of scrutinizing those nominations with care.

HEW Investigates Public Schools

In a report released last month, ten years after the passage of the 1964 Civil Rights Act, the Department of Health, Education and Welfare explained that it has undertaken an extensive investigation of the delivery of educational services to minority students in New York City's public schools, and may undertake similar investigations soon in such cities as Philadelphia, Houston, Chicago and Los Angeles.

"The review," according to the report, "will include compliance inquiries directed to services being provided in Spanish and Asian languages, as well as to Italian, Greek and French speaking minorities."

The HEW report says the review will focus upon at least these areas:

* Comparability in instructional expenditures and facilities at racially or ethnically identifiable schools;
* The kind of educational and cultural environment afforded to minority children, and whether that environment meets their "linguistic needs;"
* Possible discrimination and racial isolation is special educational programs;
* And comparability of counseling and disciplinary procedures in schools with heavy populations of racial or ethnic minorities.

In addition, the report said, "in 1974 the (HEW) Office of Civil Rights plan to assure compliance with regard to equal delivery of services in more than 300 other districts by enlisting State agency leadership in development of voluntary plans, and in monitoring their programs. These are destricts with significant numbers of national origin minorities."

The Sacramento Observer

EDITORIALS

A Tribute To John Morsell

by BAYARD RUSTIN
A. Phillip Randolph Institute

Dr. John Morsell was a quiet, unassuming man. He drew few headlines in a lifetime devoted to the cause of racial equality. But his accomplishments were far more substantial and enduring than the accomplishments of many better-known individuals.

For nearly two decades, since he joined the NAACP in 1956, Dr. Morsell served a pivotal role in the civil rights movement. His death deprives the movement of one of its most intelligent and effective leaders.

His many friends, who found in Dr. Morsell an uncommon warmth and compassion, and who depended on his calm and reasoned judgement, will miss him sorely.

Dr. Morsell's physical presence radiated wisdom and perceptiveness. His features were similar to those of W.E.B. DuBois. And like DuBois, John Morsell utilized the methods of the scholar to further the struggle of Black people for their basic rights. His reserch into racial discrimination in the armed forces, for example, led to much needed reforms in the military's racial policies.

He recognized that a social movement, no matter how compelling its case, cannot survive without organizational strength. As a member of the NAACP, Dr. Morsell committed himself to expanding and solidifying an organization which, more than any other is responsible for the progress secured by Black Americans.

Under the leadership or Roy Wilkins, John Morsell, Clarence Mitchell and a few others, the NAACP advanced the civil rights struggle on a number of different fronts. Its lawyers filed suit after suit against the segregation of educational facilities and public accommodations and against job bias. It local cnapters, particularly those in the South, launched a series of voter registration campaigns in an effort to gain political empowerment.

The NAACP also increased its political involvement, pressing the Congress for laws which would guarantee equality under the law, and once the basic civil rights agenda has been achieved, for measures which would help correct the virulent effects of economic discrimination.

One of the testaments to the strength of the NAACP, and to the wisdon of its leadership, was its having emerged a health organization from the years of the late 1960s. The NAACP flourished, while others fell by the wayside, because it was committed to a society where Black and white work together for the betterment of both races. It rejected separatism, and although it was severely criticized for its commitment to integration, the NAACP came to see its vision exonerated.

John Morsell understood fully the necessity of integration and racial cooperation. Thus one of his last endeavors was an effort to resolve the controversy over affirmative action and quotas, a disagreement which threatened to divide Blacks and other ethnic groups.

To have participated in the civil rights movement was a difficult and trying experience. Many, reacting to the at times agonizingly slow response of society to obvious acts of barbarity, left embittered and disillusioned. Others could only maintain their enthusiasm during periods of entense drama or confrontation--the era of "Freedom High."

John Morsell's dedication was steady. Like any Black man, he knew discrimination first-hand and felt the anger which injustice breeds. But he was clearsighted enough to realize that injustice could be conquered, if attacked presistently and intelligently. He believed that an individual who is committed to a cause has the obligation to develop their own peculiar abilities in order to serve that cause more effectively. And certainly his own career was a fulfillment of that philosophy.

The Sacramento Observer

Published Weekly By

LEE PUBLISHING COMPANY, INC.

WILLIAM H. LEE
Publisher & Editor

JOE B. STINSON
Asst. to Publisher

Second-class Postage paid at Sacramento, Calif.

MAILING ADDRESS
P.O. BOX 209
Sacramento, Calif. 95801
PHONE (916) 452-4781

HAWKINS REPORT

Cost Of Living- Does It Need Monitoring?

by CONGRESSMAN AUGUST F. HAWKINS
First Black Congressman

As an initial step in his fight against inflation, President Ford has requested the Congress to consider and pass the Anti-Inflation Act of 1974 (H.R. 16425), (which revives the Nixon era "Cost of Living Council").

The purpose of this Act is to provide for the monitoring of the economy. It establishes a ten-member "Cost of Living Task Force," which will keep track of wages and prices and other aspects of the economy.

HAWKINS

The Task Force will also make recommendations to the President, pertinent to the activities of the governmental sectors and the private business sectors of the economy - which direct, influence or can significantly alter the flow of goods and services and cause resultant price increases, price decreases, or related price fluctuations.

At this juncture, the Task Force will not have subpoena powers, nor will it have the authority to roll back excessive wage or price boosts. Additionally, it cannot impose or reimpose any mandatory controls relative to rents, corporate dividends, salaries, or interest rates.

Since the President is an admitted conservative in fiscal and economic matter, the role that the Cost of Living Task Force will play in the battle against inflation will probably only be advisory at best. This may be its most promissing status, especially in light of the President's disaffection for governmental interference in the "natural" flow of the economy.

There is of course great concern in other sectors of the country about the reviving of the Council, and mainly because many of its most ardent critics feel that in its previous thirty months stint, the Council notoriously controlled wages, but unfarily allowed prices to rise with practically no realistic restraints being imposed by the Council on the business community.

The American labor unions were, and still are, quite bitter about the Council's hands-off attitude on corporate profits. And it is no little surprise that profits rose even beyond business expectations during the life of the Council. When one considers the staggering losses in buying power of American workers, it is hard to justify the monstrous growth in corporate profit margins.

Corporate after-tax profits jumped 17 percent in 1971; 25 percent in 1972; and 26 percent in 1973. In the first quarter of 1974 they increased 19 percent, and have leaped to about 25 percent in the second quarter of 1974.

Certainly, no worker's wage increases can be compared to these gignatic business increases in profits. In fact the previous Council's hard stand on holding wage increases to the 5.5 percent level, while other living costs rose unmercifully, is one of the major reasons for the distrust by many Americans of the present call for a rejuvenation of this body.

With the buying power of worker's wages now 4.5 percent below last year's, it almost seems ludicrous that wages still bear the brunt on close governmental scrutiny when anti-inflationary talk is on the table.

The Congress will probably give the President his wish and revive the Council; but it will lack any of the enforcement power it had previously. It could become a highly influential factor to the President in its advisory status however, and therefore I feel that its functions should be broadened so that it monitors all costs and incomes at all levels.

It should examine the cost of interest and examine the profits of corporations, banks, supermarkets, food processors and oil companies. It should examine wholesale prices and their relationship to retail prices; wholesale prices that go down, and fail to reflect decreases at the retail level, should be scrutinized very carefully by the Council - and any hanky-panky in this area, should be reported to the American consumer.

The Council's membership also needs to be representative; it should not be composed solely of government officials. It needs to include representatives of labor, management and the public.

The former Council did an ineffective job of protecting the worker and the consumer; if the Council is revised it will need to be monitored by those of us who are aware of its potential to be helpful or obstructive to the mass of working Americans.

RUSTIN COLUMN

Campaign For Political Reform Marred By Attacks On Unions

By BAYARD RUSTIN
A. PHILIP RANDOLPH INSTITUTE

BLACK PEOPLE have a vital stake in the direction which the current movement for political reform takes. Political reform is, by definition, a civil rights issue, since any measure which extends and strengthens democracy enables more Blacks to vote and help more Blacks win elected office.

More broadly, campaign spending reform will curb one of the most outrageous inequities of the democratic system - the widespread and seemingly ingrained power of the dollar to determine who will be our political representatives and what their program will be.

During the last presidental campaign, President Nixon practically mortagaged the government to the wealthiest and most powerful of the corporate elite. He was not the first politician to benefit from corporate largesse; but no other president ever tied the nation's future to its monied interests as openly, arrogantly, and to the degree that Nixon did.

RUSTIN

Political reform, then, is in the interest of the vast majority of decent-thinking Americans.

The problem, however, is not every proposal billed as reform can legitimately be labeled as a true agent for democratization.

If the undue influence of wealth and privilege is curtailed; if working people can seek office on an equal footing with the affluent; if cumbersome and discriminatory registration procedures are abolished - then the reform impulse can be said to have accomplished a remarkable transformation of the political process at a time when many Americans are questioning the basic traditions of democracy.

But if legislation for political change enhances the power of those social forces who, by dint of wealth and education, have already achieved strong representation - corporations, the rich, the activist middle class - the reform drive will not merely have failed; it will have aggravated the worst features of the political process.

Thus it is with an air of disbelief that one reads of proposals, advanced in the name of reform, that seek to limit the political role of the labor movement. The argument that the blame for political corruption rests equally with business and labor may sound eminently reasonable on the surface. But one need ponder but briefly to recognize the absurdity of this proposition.

Labor unions did not pour millions upon millions of dollars into the presidential campaign in 1972; nor were their financial contributions excessive in previous years. Unions did not seek special concessions from the President in return for financial support. Those

(Continued on Page B-4)

The Sacramento Observer
FORUM
AUGUST 29 - SEPT. 4, 1974

Leggett Explains Hiring Bias

by CONGRESSMAN ROBERT L. LEGGETT

I have conducted a personal inquiry into recent allegations that discriminatory hiring practices exist in my office. I have regretfully concluded that a member of my staff was responsible for an instruction to the Congressional Placement Office that minority applicants for an open position on my staff would not be considered.

There were evidently three calls made to the placement office regarding this opening: The first call, made in late July by a stenographer, was a request for a stenographer to fill a $9,000 per year position. No limitations were placed on the order. A second call, made a week later in July by a second stenographer, reduced the stenographic requirements as well as the salary to a range of $8,000. At this time, without my knowledge, the placement office was informed that no minority applicants would be acceptable.

The third call occurred 12 days later when my Administrative Assistant, who had just returned from California contacted the placement office concerning the lack of applicants for the opening. He was informed of the lowered requirements for the position, and he directed the placement office to reinstate the previous higher requirements. He was then notified of the "no minorities" notation that existed on the request from my office.

My Administrative Assistant then advised the placement office that there was no such limitation and questioned how such a limitation could have been noted. Unfortunately, the damage caused by the second call had already been done.

I am taking the following steps to rectify this injustice:

The staff member responsible for the action resulting in the exclusion of minority applicants from this position has been suspended for 30 days.

The open position on my staff will be filled using the principles of affirmative action. I will personally interview each applicant to insure that all applicants are fairly considered.

I have taken steps to see that there is no repetition of this odious practice in my name.

I will ask both the Speaker of the House and Senator Lee Metcalf, Chairman of the Joint Committee on Congressional Operations, who is responsible for the Congressional Placement Office, to inquire into that office to determine why discriminatory listings were accepted in obvious contravention of the spirit and intent of the Civil Rights Act.

I am personally saddened that such actions should have occurred in my name. I have always been and will continue to be a strong advocate of equal opportunity for all Americans, and I intend to redouble my efforts to see that the pernicious practice of discrimination on any basis is forever abolished."

EDITORIAL

Statement By Vernon Jordan

The selection of President Ford of Nelson A. Rockefeller as his nominee for Vice President of the United States is an excellent choice.

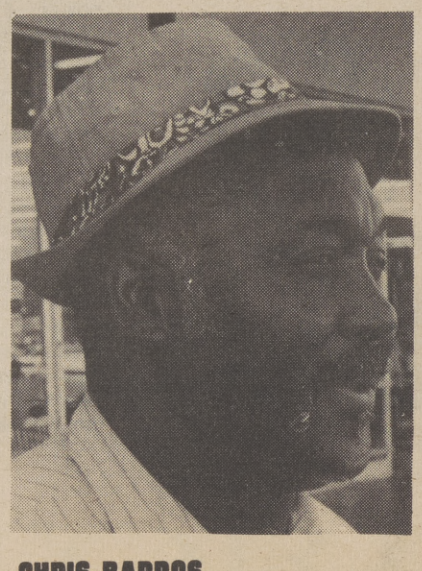
His brilliant record of service in government, his demonstrated sensitivity to the needs and aspirations of minorities and the poor, and his life-long dedication to equal opportunities for all Americans equip him magnificently to fill the second highest office in the nation.

Man In The Street

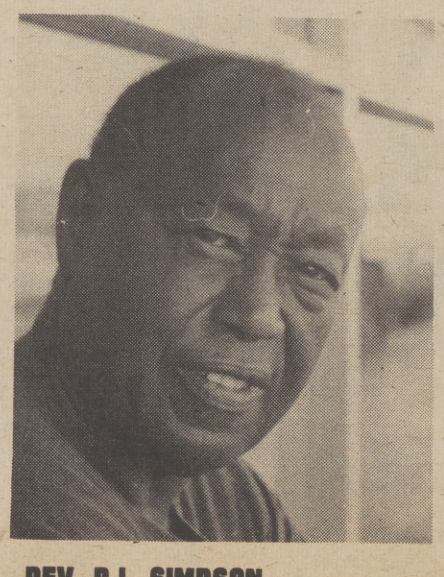
Q: What Do You Think About President Ford?

ROBERT E. DICKENS
I think he'll have to change if they want to keep the Black vote.

RICHARD BARTHOLOMEW
Nixon's gone but I don't think enough time has passed to really tell what Ford will do.



CHRIS BARROS
I don't think there will be any change. From what I've read of the man Ford doesn't impress me and beside he wasn't elected.



REV. R.L. SIMPSON
I don't know the man personally, but if he is a man of God there will be change for Black people and everybody else too.

SAM MONTGOMERY
I think things will remain about the same. I've seen presidents come and go for a long time, but things don't change much for Black folks.

Marred By Attacks On Unions...

(Continued from Page B-3)

who were guilty of the most flagrant violations were the largest corporations, a fact borne out by innumerable investigations.

There is another, broader reason to oppose the campaign against the unions. Labor is not, as many contend, just another "vested interest." Trade unions are the organizational vehicle of millions of working people; they represent people, not profits.

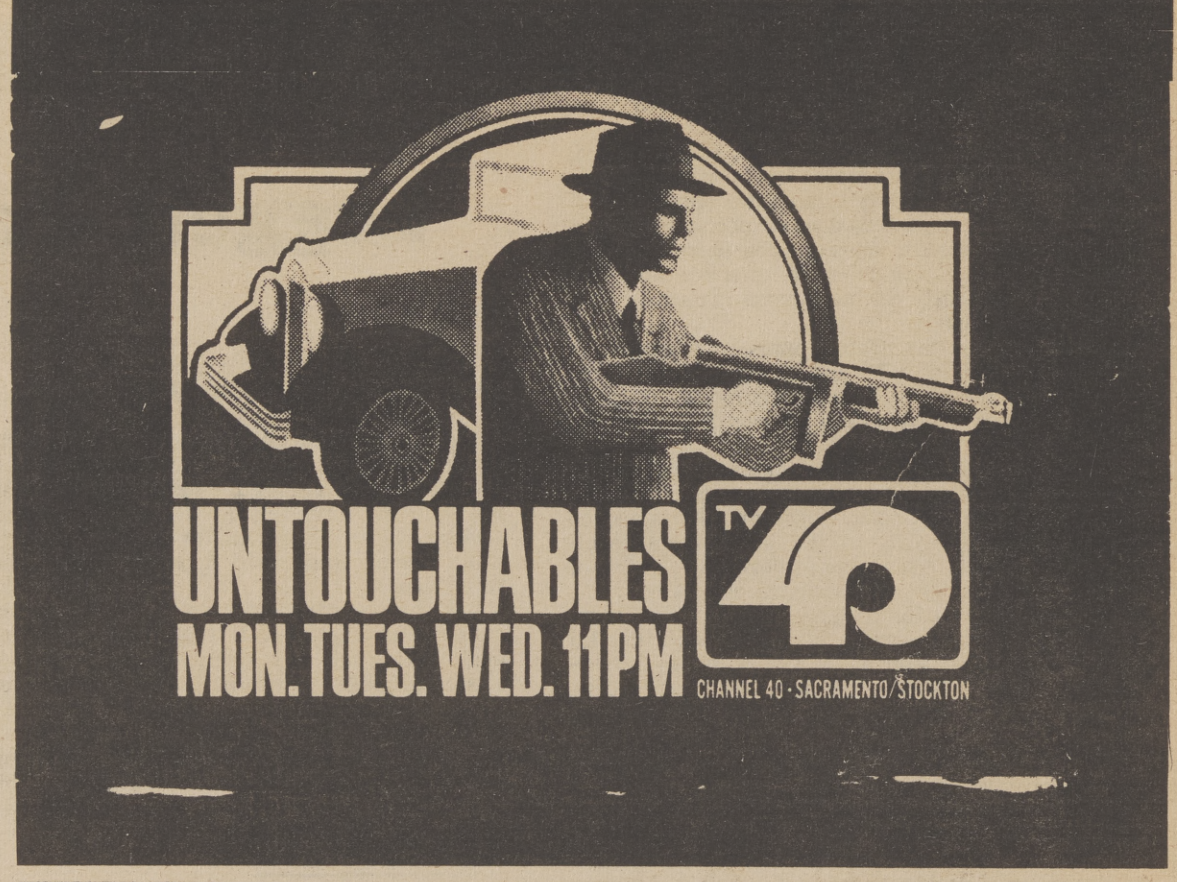
And by imbuing the worker with a sense of dignity, and giving workers the strength that comes from organization, unions have encouraged many of their members to seek elected office. Many of the best-known Black officials, for example, received their initial political inspiration by participating in the life of their union.

THE MOST VOCAL PROPONENTS of antiunion political reform are, not suprisingly, those who have always opposed the aspriations of working people and were most intransigently hostile to civil rights legislation.

To their ranks, unfortunately, have been added the voices of a few liberals - individuals who can usually be counted on to support the cause of social progress. They view themselves, not merely as reformers, but as the only people with sufficient vision and detachment to represent the interests of ordinary people.

Thus Common Cause, the best-known reform organization has pressed many state legislatures to adopt curbs on union political, legislative, and education programs.

Second, and equally as important, is to change the political structure so as to enable more working people to win office. Removing the influence of private political investment through federal assumption of campaign cost will help achieve this goal; this is not, however, sufficient in itself. Working people need something around which to organize; a proving ground where they can acquire the skills and encouragement necessary for political participation. At one time the political machines provided this. With their demise, the only force capable of filling this role is the labor movement.



Life-Health-Disability-Group Pension Plans-Annuities
LAWRENCE I. KENNEDY
FIELD UNDERWRITER
NEW YORK LIFE
NEW YORK LIFE INS CO
Sierra Agency 855 Howe Ave
Sacramento, Calif. Ph. 927-5872-73

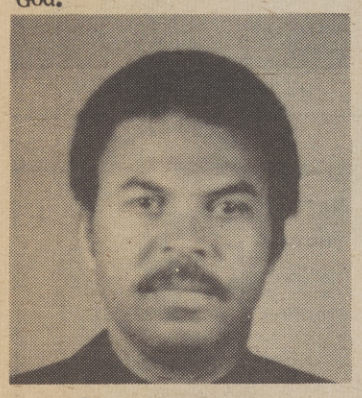
God Wants You To Come To Church

by REV. VINCENT THOMPSON

The essence of the Gospel from St. John 3:16-17.

"For God so loved the world that He gave His only Son so that everyone who believes in him shall not perish but have everlasting life."

The background scripture tells us that the origin and initiative in all salvation lies with God.



REV. THOMPSON

Sometimes, Christianity is presented in such a way that it sounds as if God had to pacify, as if God had to be persuaded to forgive.

Sometimes men speak as if they would draw a picture of a stern, angry, unforgiving, legal God, and a gentle loving, forgiving Jesus. Sometimes men present the Christian message in such a way that it sounds as if Jesus did something which changes the attitude of God to men from condemnation to forgiveness.

The background scripture tells us that it was with God that it all started. It was God who sent his son because he loved men.

The scripture points out to us that the main spring of the Being of God is love. It is easy to think of God looking at men in their disobedience and in their rebellion and saying, "I will bleak them."

"I will humble them and lash them and discipline them and punish them and scourge them until they come back."

It is easy to think of God as seeking the alligiance of men in order to satisfy his own desire for power, and his own desire for what we might call a complete subject universe.

But the tremendous thing about the scripture is that it shows us God acting, not for his own sake, but for ours.

It was not to satisfy His desire for power that God acted. It was not to bring into being a universe brought to heel. It was to satisfy His love.

God is not like an absolute monarch who treats each man as a subject to be reduced to object obedience. God is the Father who cannot be happy until His wandering children have come home.

God does not smash men into submission; He yearns over them and woos them into love . . . the scripture tells us of the love of God. It was the world that God so loved.

It was not a nation; it was not the good people; it was not only the people who loved Him; it was the world.

The unloveable and the unlovely, the lonely who have no one else to love them, the man who loved God and the man who never thinks of God, the women who rest in the love of God and the women who spurn the love of God -- all are included in this vast inclusive love, the love of God.

As a great Christian once said, "God loves each one of us as if there was only one of us to love."

Christians can show forth the spirit of a God who cares through the act of giving and living.

The contribution you make to the cause of charity, missionary enterprise and to your church, indicates a degree of Christian compassionate.

Lecture To Be Held Sunday

Los Angeles - Rev. Florence R. Cloud, noted lecturer in the field of UNIVERSAL SCIENCE OF MIND will speak on the subject, "THE KEY TO SUCCESS IS YOURS FOR THE ASKing," Sunday Afternoon, August 25 at the Elks Hall located at 8383 Beverly Blvd.

Rev. Cloud received her ministerial license from the Universal Life Church of Los Angeles, has degree in Metaphysics from The Institute of Religious Science and has traveled and lectured extensively throughout the Mid-West.

This lecture by Rev. Cloud will intiate a series of monthly lectures dealing with success and the public is invited.

DRIVING THIS WEEKEND? GOD'S CARE IS WITH YOU

Consider Christ Jesus' great commandment this weekend: "Love thy neighbour as thyself." It just might help you find peace and safety on the highway.

Broadcast this week over many stations including:

KGO 810 8:30 a.m.

KFBK 1530 KC 9:15 A.M.

the TRUTH that HEALS

A Christian Science radio series

Concern For God's House

In the Temple area he saw merchants selling cattle, sheep, and doves for sacrifices, and money changers. Jesus made a whip from some ropes and chased them all out, and drove out the sheep and oxen, scattering the money changers' coins over the floor and turning over their tables! Then, going over to the men selling doves, he told them, "Get these things out of here. John 2:14-17

REV. & MRS. GRAY

LIBERIAN GOVERNMENT HONORS MISSIONARIES

NEW YORK - United Methodist missionaries Ulysses S. and Vivienne N. Gray have been honored by the Liberian government for distinguished service rendered to the African nation.

President William R. Tolbert Jr. of Liberia, conferred the Liberian Distinctions of Knight Commander on the Rev. Mr. Gray and the Grand Band of the Order of The Star of Africa on Mrs. Gray in ceremonies during the 127th Independence Day celebration July 26 in Zwedru, Liberia.

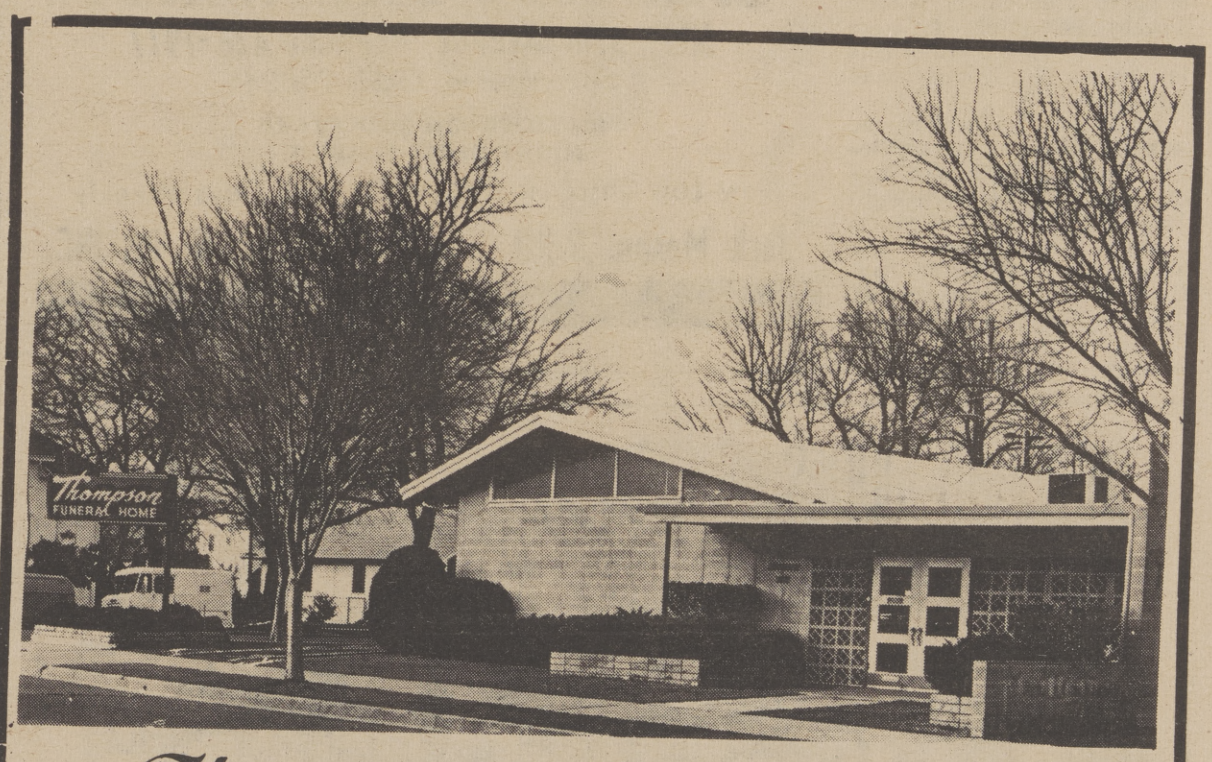
Rev. and Mrs. Gray first went to Liberia in 1948 -- he as an agricultrual missionary, she as an educational missionary. Initially, they were assigned to the College of West Africa and later to the United Methodist Mission in Gbarnga, Liberia, where they have served more than 25 years.

Throughout their years in Africa, the Grays have developed religious, educational and agricultural programs in which many of today's United Methodist leaders in Liberia, including Bishop Bennie D. Warner, received their early training.

The Rev. Mr. Gray, a native of Marshall, Texas, is a graduate of Clark College in Atlanta, Ga., and received his divinity degree from Gammon Theological Seminary in Atlanta.

Mrs. Gray, the former Vivienne Estelle Newton, was born in Teague, Texas, and graduated from Wiley College. She received a degree in religious education from Gammon Theological Seminary.

The Grays have two children, Duret and Margaret.



Thompson's Rose Chapel

"Funeral Service To All At Modest Cost"

3601 FIFTH AVENUE **PHONE 455-0777**

Sacramento, California

Mrs. Lula M. Massey, center, is congratulated by well-wisher after being named queen of the Northern California Singers Association of Choirs and Quartets. Shown from left to right, front row are: Effie Flye, M. Cleveland, Willie Mae Hines, Bessie Mae Allen and Johnnie Johnson. Back row, from left: Oscar Haynes, Edwin P. Cleveland, Elder Charlie Tanner, Mrs. Dudley Dorn, Dannet Wysinger, Travis Gipson, Thomas Cunningham and Odell Ross.

Massey Receives Title

Mrs. Lula M. Massey, a soprano at the Mt. Calvary Baptist Church, is queen of the Northern California Singers Association of Choirs and Quartets.

Mrs. Massey received her title during a Ten Friend Rally and Musical at the Church of the Living God; Pillow Round and Truth on August 25.

The mother of four children, she will compete for the title of queen of the California State Singers Association of Choirs and Quartets which will be held in Los Angeles from Sept. 16 through Sept 19.

Mrs. Massey and her husband, Samuel, and their children; Vicent, Alan, Deborah and Raymond, have lived in North Highlands for the past five years.

She is vice president of the senior choir at Mt. Cavary Baptist Church in Del Paso Heights. The Rev. Sim Walton is pastor.

Mrs. Massey also is the announcer for Sunday Radio Gospel Caravan on Radio KJAY.

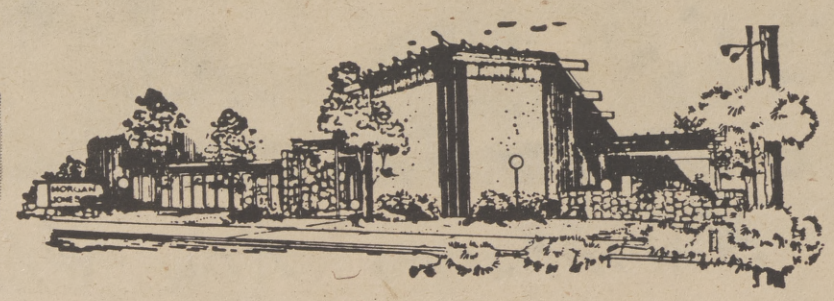
In addition to her church activities, Mrs. Massey is a full time student at American River College and works as an instructor's aid at Taylor Street.

Donations may be sent to Mrs. Massey at her home, 6912 Gillingham Way, North Highland or to The Queen Contest, 4116 Franklin Blvd., Sacramento 95820.

MASON'S PHARMACY
5337 37th Avenue Phone 428-7977
Sacramento, Calif. 95824
(IN STOCKTON BOULEVARD NIGHT OFFICE BUILDING)
New Low Discount Prices Open 7 Days Weekly
Jack Mason, R.PH Dave Mason, R. PH INC.

MORGAN JONES - - - Chapel of Chimes

Mrs. Charles Jones and Sons



Personal Service With Dedication
When The Need Is The Greatest
Regardless Of Finances

4200 Broadway, Sacramento Phone 452-4444

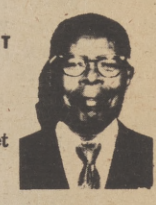
The Sacramento Observer

CHURCH DIRECTORY

FIRST BAPTIST TABERNACLE CHURCH
1800 Burnett

REV. TILLMAN WADE
PASTOR
Church Telephone No. 447-0802

GREATER LIGHT BAPTIST CHURCH
3909 36th Street



REV. EUGENE JACKSON
(Church Phone 451-8263)

ST. JOHN BAPTIST CHURCH
2130 4th Street,
Sacto, Ca. 95818

REV. WILLIAM E. HIGHTS
Pastor's Study 446-3583
Home 391-5205

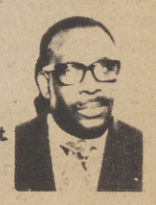
OROVILLE BAPTIST CHURCH
Florence St.,
Oroville Ca.

REV. C. P. SWANSON
Asst. Minster

PARADISE MISSIONARY BAPTIST CHURCH
3651 27th Ave.

REV. ELBERT L. THAMES
SUNDAY SCHOOL.....9:30
MORNING WORSHIP.....11:00A.M.
B.T.U.....6:00P.M.
EVENING WORSHIP.....7:00P.M.
MID-WEEK SERVICE (WED)...7:00P.M.
Office 452-1974

MT. ZION BAPTIST CHURCH
1075 Roanoke St.



REV. HERMAN WILSON
(Pastor)

UNITY FELLOWSHIP MISSIONARY BAPTIST CHURCH
2741 34th Street
Odd Fellows Hall Building

REV. C. R. LEE,

MT. CALVARY BAPTIST CHURCH
3407 Alton Ave.
Sacto.

REV. SIM WALTON
(Pastor)

GREATER LIGHT BAPTIST CHURCH
3909 36th Street
Sacramento

REV. ANDREW L. JONES
(Associate Minister) 422-0105
Residence: 2151 Ferran Avenue
Church Phone 451-8263

MT. PILGRIM BAPTIST CHURCH
4808 Sacto., Blvd.

REV. ROOSEVELT BROWN
(Pastor)

CHRIST TEMPLE MISSIONARY BAPTIST CHURCH
3030 26th Ave.

DR. J. E. PETTAWAY
Church, GL 6-3559
Res. GL 7-0456

NEW HOME BAPTIST CHURCH
6612 Woodbine Ave.

REV. MOSES GIPSON
Church Phone 422-2138

ST. LUKE BAPTIST CHURCH
7625 24th Street

REV. CLAUDE WILLIAMSON
Res. 2188 63rd Avenue, Sacto.
Phone 421-5325 Ca. 95822

TRINITY BAPTIST CHURCH
3601 12th Ave.,
Sacto.

REV. SYLVESTER HOWARD
Church 457-6625
Residence 362-2645

ST. LUKE BAPTIST CHURCH
7625 24th Street
Sacramento,

REV. MACK T. JOHNSON,

MORNING STAR BAPTIST CHURCH
7915 39th Ave

REV. C. B. HOLMES, D. D.

Amos Heads Agriculture Plan

The California Department of Agriculture is lacking equitable minority representation. Subsequently, the department must launch an ambitious program designed to effectively bring minority representation to the department.

AMOS

Benjamin Amos has been designated to develop and implement a program which would raise the level of minorities working within the department.

Amos joined the department July 1 of this year and has made progress towards making the state agency an effective employer of minorities.

Amos said this week the department has adopted a five-year plan to increase minority opportunities.

Less than two per cent of the department's work force of approximately 1,200 persons is Black.

"We need to hire an additional 55 Blacks to meet our goals," said Amos.

Amos is interested in speaking with Blacks desiring employment within state government. According to the affirmative action coordinator there are jobs within the department of agriculture which could lead towards good paying careers.

"I've only been in this department for two months, but already I can see where there are jobs here for minorities and Black people worth taking a shot at," said Amos.

Amos reported that the affirmative action program being developed was sincere.

"We have money for recruitment and training. We intend to see that this program is realistic and honest," said Amos.

Amos said that there are job ranging from clerical to professional position available within the department.

"Just to list a few there are food inspectors, secretarial positions and laboratory technicians," said Amos.

Amos expressed an interest in informing young Blacks coming out of high school and looking for careers.

"I want to get to the people coming out of high school. You know they would be surprise what two years of college will do for them toward entering a career."

Amos said that the department is interested in obtaining applicants who are trainable.

"We are interested in getting people who are willing to be trained," said Amos.

Players Magazine Appoints Nazel Editor

LOS ANGELES - Joseph G. Nazel, Jr., has been promoted to Editor of Players magazine by Players International Publications, Inc. His move up from Holloway House Books, a division of the parent company, fills the slot vacated by Wanda Coleman.

Players "for he who is," a men's magazine for the 18-34 year old Black reader, has achieved international success with a current circulation of 300,000 reaching over 1,500,000 readers. Plans are to step up publication to a monthly under Nazel's leadership, starting with the January 1975 issue.

Naze, age 30, is a graduate of the University of Southern California and has taught in their Ethnic Studies Department. He is currently working toward his Master's Degree in Comparative Literature.

Born in Berkeley, but a product of Watts in Los Angeles, Nazel served in the U.S. Air Force in Vietnam and has held a Black Belt in Karate. He founded a community theatre group in 1967, The Black Theatre, writing and producing its first production, Black Is Beautiful, a series of three one act plays, The Man and The Crockroach, Born Black-Born Dead, and I Got The Power. His second production, Who Killed Cain? was produced the following year.

Nazel has five published novels to his credit, has written twelve plays and seven completed books of poetry.

Sylvia Dabney Named Advertising Rep.

Sylvia Dabney has been named Advertising Coordinator of Johnson Products Company, with responsibility for advertising liaison, George E. Johnson, president announced. Miss Dabney will report to Ivan Levinger, Senior Vice President for Marketing, Sales, and Research and Development. Johnson Products is the world's largest Black hair care products and cosmetics company.

Miss Dabney will oversee retail co-operative advertising, special promotions, collateral material and company owned televison vehicles.

Formerly with Foote, Cone & Belding, Miss Dabney was an account executive on the Johnson Wax account and new business. Johnson Wax Company is one of the world's leading producers of floor wax and polishes.

Miss Dabney is a native of Chicago, who attended Roosevelt University. She is a member of the Cosmopolitan Chamber of Commerce.

The Spectacular 121st CALIFORNIA STATE FAIR

HORSE RACING

RESERVED SEATS $1. BOX SEATS $2.

"SEE THEM RUN"

State Fair Box Office • CALL 641-2516

SPECIAL GREYHOUND BONUS! Take the bus and SAVE HALF on track admission.

GRANDSTAND SHOW *STARRING TOWER OF POWER BOZ SCAGGS COLD BLOOD 2 PM • SEPT 8

CHAMPIONSHIP RODEO with the FAMOUS LIPIZZAN DANCING HORSES

Box Seat $4.50 Reserved $3.50 General $3.00

Children ½-Price Discounts for Groups

AUG. 28 THRU SEPT. 2nd

SPEEDWAY MOTORCYCLE RACING

Adults $3. Student (12-18) $2. Children (6-12) $1.

AUG. 23 & 25th • SEPT. 6 & 8th

HORSE RACING AUG. 26 – SEPT. 10

STATE FAIR AUG. 23 – SEPT. 8

Cal Expo Sacramento

YOU CAN BUY BURGLARY and ROBBERY INSURANCE

. . . FOR YOUR BUSINESS OR HOME THROUGH THE

California FAIR Plan Association

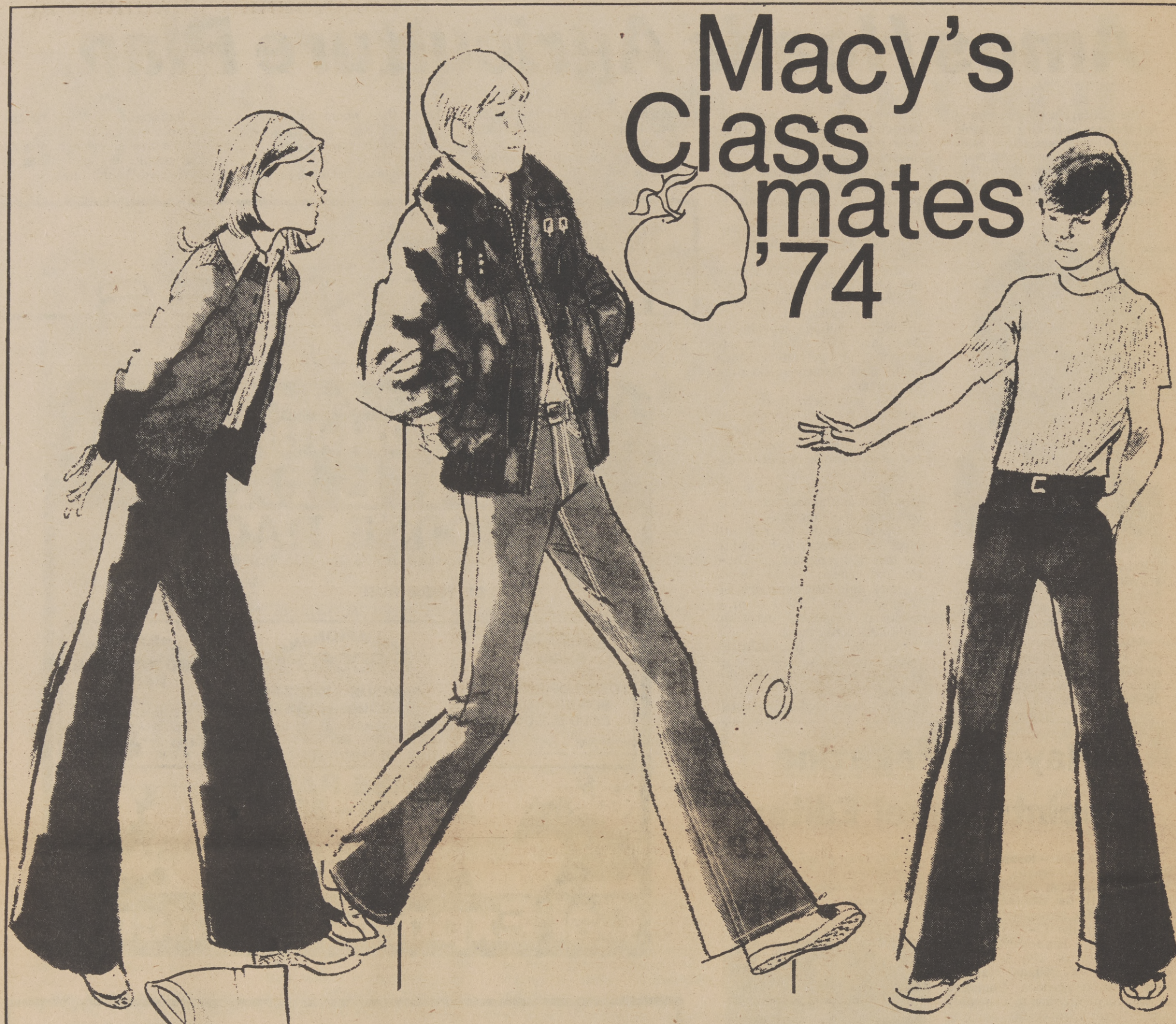
ASK ANY INSURANCE MAN

1930 WILSHIRE BLVD.. LOS ANGELES, 90057

The California FAIR Plan is an association of all property insurance companies certified to do business in California. Established under state law, the Association, in cooperation with the State of California, provides insurance coverage to responsible applicants, who have been unable to secure fire and crime insurance for their business or residence in the normal market.

California FAIR Plan

Macy's Class mates '74



BOYS' WEAR

Boys' polo shirts are versatile

Little boys will wear them with pants on warmer days, under other shirts as winter advances. A nice selection of colors in sizes 4-7. Regularly 3.00-4.00 ..... **2.50**
Boys 4 to 7 — Macy's Sacramento

Boys' Back-to-school pant sale

Fancy and solid pants come in a great variety of colors and styles. Great looks, no-iron ease, machine washable. Slim and reg. 4-7. Reg. 6.00-7.50 ..... **5.00**
Boys 4 to 7 — Macy's Sacramento

Rubberized raincoat with hood

Attached hood, drawstring, raglan-easy sleeve, pockets. 4-7. Reg. 6.50 ..... **5.00**

Chic, practical, warm pile coats

For back-to-school or dress-up, a double-breasted, wide-collared, tie-belted coat of Orlon® acrylic. Solid colors in sizes 4 to 6x. Reg. 26.00 ..... **20.00**

Sale ends September 6

Crew shirts and turtlenecks

Fancy and solid short-sleeve crews. Long-sleeve turtlenecks in stripes, patterns. Student sizes 14-20. Special ... **2.75**

Famous cotton briefs, T-shirts

Comfortable, long-lasting. Sizes 8-20. Reg. 3 for 3.29. Last year's prices. **3/2.79**

Cotton/nylon blend crew socks

Cotton keeps feet cool. Nylon adds durability. Sizes 9-11, 3-2.25; 10-13 ..... **3/2.75**

Special purchase school pants

Great selection of solids and fancies in 8-14 regular and slim. 4.00 ea. **2/7.00**
Boys 4 to 7, Boys 8-14, Student Shop, Boys' Accessories — Macy's Sacramento

Short-sleeve knits for school

These slightly irregular shirts come in assorted solids and patterns from a famous maker. Repeat of sell-out. 8 to 14 **2.00, 3/5.00**

Match them up with these pants!

We reduced our regular stock of dress pants to clear. Solids and patterns in 8 to 14. Orig. 12.00 **5.00**
Boys 8 to 14 — Macy's Sacramento

Bomber jacket with quilt lining

It's warm! Polyurethane with the look of leather in brown. Pile fur collar for added warmth. Zip front. Pockets. Boys sizes 8-20. Regularly 28.00 ..... **20.00**
Boys' Wear-Macy's Sacramento

Most famous maker student jeans

Choose from durable jeans in a variety of colors and fabrics, for back to school and after school. Student sizes, waist 26-30. Special purchase **5.00**
Student Shop — Macy's Sacramento

Cardigans of Orlon® acrylic 5.00

Orig. 8.00. Classic styling, shetland knit, beautiful colors. S,M,L. Shown over classic woven shirt of polyester cotton, fall colors, 7 to 14. Regularly 7.00 **4.50**
Girls 7 to 14 — Macy's Sacramento

New pants of acrylic doubleknit

Flare pants pull on for smooth, beautiful fit under tops, shirts and sweaters. In navy, red, hunter green or berry, sizes 7 to 14. Regularly 9.00, now **7.00**
Girls 7 to 14 — Macy's Sacramento

GIRLS' WEAR

Denim jeans for school and after

Girls like the current lines and color assortment. Mothers like the easy care. Girls can knock around in them, they're sturdy. Sizes 7-14. Orig. 7.50 **4.00**

Girls' knee-high hosiery special

Choose rabieknit or Orlon® acrylic. White, navy, red. Sizes 7-8½, 8-9½, 9-11. Smooth knit of cotton-nylon, same colors, red 7-11½, your choice ... **89c pr., 3/2.65**

Little girls' no-iron dress sale

There's a wide variety of styles to choose from, some with matching bags. Colors and patterns and all are machine-washable. Sizes 4-6x. Reg. 7.00-8.00 **6.00**

Vinyl raincoat and umbrella set

It's sturdy, durable and easy to wear. Sizes 4 to 6x. Regularly 5.50 **4.50**
Girls 4 to 6x, Girls 7 to 14, Girls' Accessories — Macy's Sacramento

Our "Trackster" sets the pace for active youngsters

8.00 originally 11.00

It's the all-American sneaker with the zippy racing stripe, molded tread soles for long life and great traction, and a rugged cotton duck upper. Navy with red stripe or white with red stripe in all-boy size 11 to young men's size 9. It's a buy!
Children's shoes — Macy's Sacramento

Macy's

Shop Macy's Sacramento late Thursday and Friday

Black Women Suffer From Effects Of Sexism

EAST LANSING, Mich. - Black women in racist, sexist America find themselves on society's bottom rung, Michigan State University's L. Eudora Pettigrew told a Black women's group in Detroit recently.

Dr. Pettigrew , a professor in MSU's College of Urban Development, talked about Black women's mental health problems at the annual convention of the National Association of Negro Business and Professional Women's Clubs.

"Black women today carry a double burden, racism and sexism," she added.

"Both these factors interact to consign Black women to the most restricted, deprived, discriminated against and oppressed group in American society."

Dr. Pettigrew said Black women are increasingly plagued by mental problems (like depression) as well as physical ones (such as hypertension and heart attacks).

For example, she said, suicide among Black women has increased 80 per cent over the past 20 years.

Both economic and social handicaps contribute to the problems, she explained.

"Nearly two-thirds of Black women workers are in the lowest paid service occupations," Dr. Pettigrew pointed out, adding the women are exploited not only as workers and Blacks, but as females.

She said the number of Black women who are responsible for supporting a family -- about 28 per cent -- makes their economic burdens still heavier.

"About half of these (female-headed) families live in poverty," Dr. Pettigrew said, adding this figure is disproportionately high compared with families headed by male workers.

Black women who head households suffer a social stigma as well, she said.

"The thesis continues that because of the presumed matriarchy, Black families have rapidly deteriorated and have become increasingly pathological and disorganized," she explained.

That leads to guilt feelings, she said, because "Black women . . . now believe they are matriarchal and therefore responsible for all the problems faced by Black persons today."

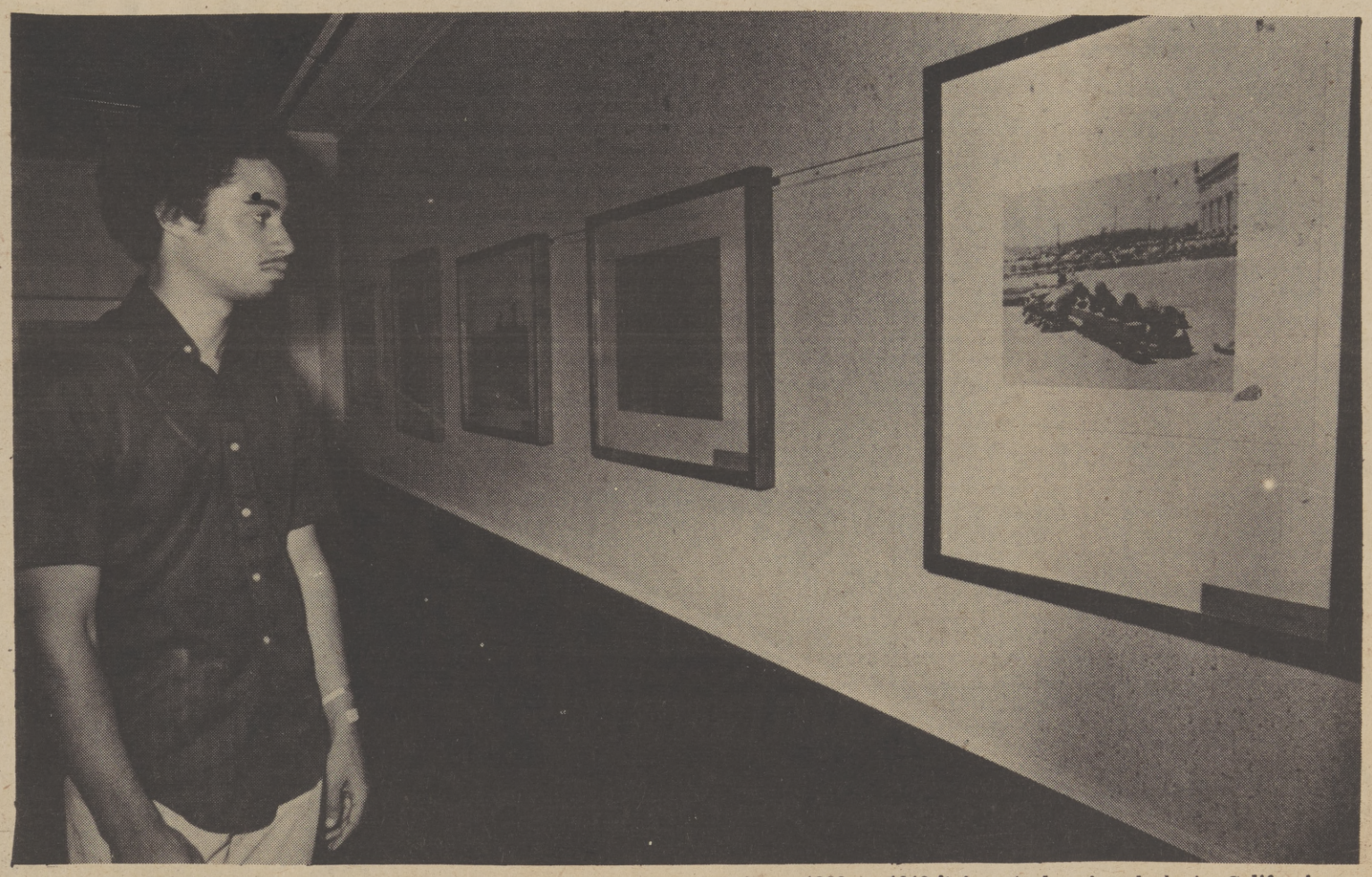
Dr. Pettigrew said a declining ratio between Black men and women is the real cause of the increase in female-headed households. Studies have shown, she went on, that when the ratio of Black males increases, the proportion of female-headed families decreases.

To attack myths surrounding Black women, Dr. Pettigrew urged data collection and counseling about their education, health and social needs.

"Black women have been left to suffer in silence," she maintained. "They are viewed by many, as well as by themselves, as strong, able to cope, resilient, able to endure and survive.

"If the latter is true, then we have to ask why the increase in the incidence of mental and physical problems," she concluded.

FOLSOM PRISON - 1880 - 1970



A photographic historical essay reliving the bygone days of California's most infamous prison is currently in progress at the E. B. Crocker Art Gallery. The pictorial essay is the work of Richard Hansen, a San Francisco photographer, who has restored with great success glass negatives covering a 30-year period. "Folsom State Prison, 1880 to 1910," is a truly unique look at a California penal institution through the eye of a camera. Paul Meagher, 19, shown above, of San Francisco studies a pie-eating contest between inmates. Folsom prison at the time was a racially intergrated penal colony. (OBSERVER Photo by Gad).

The Sacramento Observer

SECTION C

SOCIAL WHIRL

AUGUST 29 - SEPT. 4, 1974

DYMALLY HONORED BY LEGISLATORS

Members of the California Legislative Black and Chicano Caucuses announced this week to honor Senatory Mervyn M. Dymally, democratic candidate for Lieutenant Governor.

Senator Dymally (D-L.A.), won the Democratic nomination by a comfortable margin over top contenders in the June primary elections.

Senator Dymally will face Republican nominee for Lieutanant Governor, Senator John Harmer (R- L. A.). In the latest field polls Democratic registration in the state outnumbered Republican voters by a slight lead.

Senator Dymally will be honored at a reception Saturday, August 31, at 650 Commons Drive, in the Club House. The reception is scheduled to begin at 6:00 p.m.

Among those guests planning to attend, are Assemblyman Bill Greene, Peter Chacon, John Miller, Raymond Gonzales, Julian Dixon and Leon Ralph.

Sacramento Senator Albert Rodda has also announced that he will attend.

Mrs. Lucille Copeland will host the reception fund-raiser.

Meals A La Car, Inc. Celebrates Third Birthday

Meals A La Car, Inc., will celebrate the beginning of its third year with a luncheon meeting at 12:30 p.m., Wednesday, September 18, in Goethe Hall of the St. John's Lutheran Church.

Members, volunteers, and other interested persons supporting the non-profit organization will have a sample of a meal as delivered to home - bound persons in the Sacramento area.

Progress of the past year and plans for the future will be high- lighted. Representatives from other agencies with programs for home-bound people, including the Legal Center for the Elderly, the Nutrition for the Elderly Program, the Sacramento County Welfare Department, St. Paul's Center, and the Visiting Nurses Association will make short presentations.

Volunteers of Meals A La Car Inc., currently deliver a hot noon meal and a sandwich supper at nominal charge to approximately 70 persons in the community who are unable to shop or prepare their own meals because of convalescence, age, or disability. It is funded by a federal grant and contributions from the community.

Persons wishing the service, to volunteer, or to attend the luncheon may call Meals A La Car, at 447-3344.

INSIDE THE WHIRL

Drama

A young black man's social and psychological struggle is depicted in a dramatic production to be seen at New Helvetica...C3

Hosts

Jenee Huitt and and Cornelius Crenshaw will make their Sacramento television debut as hosts on the new channel 31, KMUV-31...C5

Graduates

Twenty-nine minority journalists graduated recently from Columbia University's 7th annual summer program in minority journalism training...C6

Republican Women Host Party Candidates

In preparation for this fall's general election, the Sacramento Republican Women's Club, Federated is sponsoring a candiate's luncheon Wednesday September 4, at the Candlerock Resturant.

Over a dozen Republican nominees for statewide office have announced plans to attend the luncheon.

Senator H. L. Richardson, candidate for US Senator, has said he will attend.

Richardson is engaged in a battle with incumbent Democratic candidate Alan Cranston.

John Kehoe, formerly director of the California Department of Consumer Affairs, and candidate for Treasurer is scheduled to attend.

Keho faces former Assembly Speaker Jess Unruh in a tough race, according to election polls showing the Democratic nomiee ahead at this stage.

Ivaldo Lenci, candidate for US House of Representatives is pitted against long-term incumbent Congressman John Moss. Moss has held his office for nearly 22 years.

Assembly candidates running on the Republican ticket are: Mike Abernathy, 4th Assembly district; Todd Sloan, 5th Assembly district; Frank Cockrell, 6th Assembly district and Doug Carter, 7th Assembly district.

Republican nominee for Governor Houston Flournoy has announced that Kirk West will represent him at the luncheon.

Delegate personnel will also represent nominees Senator John Harmer, candidate for Lt. Governor and Evelle Younger, candidate for Attorney General.

Mrs. Moni VanCamp, wife of Brian VanCamp candidate for Secretary of State, will represent her husband.

Mrs. William Bagley, wife of Assemblyman, "Bill" Bagley candidate for State Controller, will represent her husband.

The public is invited to attend. Mrs. Clarice Hansen, publicity chairman urges prospective guest to confirm reservation before August 30.

Postal Council Sponsors Luncheon

The Sacramento Postal Customers Council is holding a luncheon meeting at 12 noon Thursday, September 5, 1974, in the Martinique Room, Sacramento Inn.

The Council members represent most business firms in the Sacramento area and all state, city, and country agencies.

The main speaker for this meeting will be Stanley G. Langland, Manager, Customer Programs Branch of the Western Region, United States Postal Service. His topic will be, "Your Outside Staff Consultant -- The Customer Service Representative."

Nonmembers who are interested in attending may purchase tickets at the door.

Blues Music Festival

There will be Music in Miller Park - Sunday, September 1st, from 11:00 a.m., to 7:00 p.m. The sounds of the Sunland Blues Band, The Image Players, Britton, Headphone Fighters, and Taliesyn will be heard at a benefit concert sponsored by Southside Neighborhood Council.

The concert is free, but donations will be collected from the crowd to raise money for the SNC Food Closet which feeds hungry people in the Sacramento area.

Plan to attend, and tell all your friends about this event. Donations of canned food will also be appreciated.

CSUS Offer Counseling

Each semester, the Department of Psychology at California State University, Sacramento, offers counseling, free of charge, to persons in the Sacramento area. The counselors are advanced graduate students under the supervision of psychology professors.

Although all interviews are CONFIDENTIAL, they are taped so that the university professors can supervise the counselors. When counseling is terminated, all tapes are erased.

The counseling is designed to help individuals resolve personal conflicts, increase self-understanding, make appropriate educational and vocational plans, or resolve family and marital problems.

Interviews are scheduled for one hour, daytime or evening, in the CSUS Psychology Building, Room 241. The total length of time involved varies from individual to individual.

For further details, call the Psychological Services Center, 454-6887.

Would You Throw Away $300?

Most Veterans Wouldn't!

WE THINK YOU SHOULD KNOW WHAT YOU'RE ENTITLED TO AS A VET

A FEW FACTS
HIGHER PAY: $220-$300+ A MONTH
JOB PLACEMENT
SPECIAL EDUCATIONAL PROGRAMS
PERSONAL TUTORING

VETERANS AFFAIRS OFFICE
American River College
4700 College Oak Drive
Sacramento 95841
CALL 484-8135

DO IT RIGHT

WITH steamex™
RENTAL UNIT

No special skill required to remove grime and grit from full depth of any carpeting. Revive color and lustre without risk of distorting pile or leaving foamy residue. Cleans up to 400 sq. ft. per hour — dries fast.

HOURLY - DAILY - WEEKEND RATES
Call 452-1173 to reserve unit.

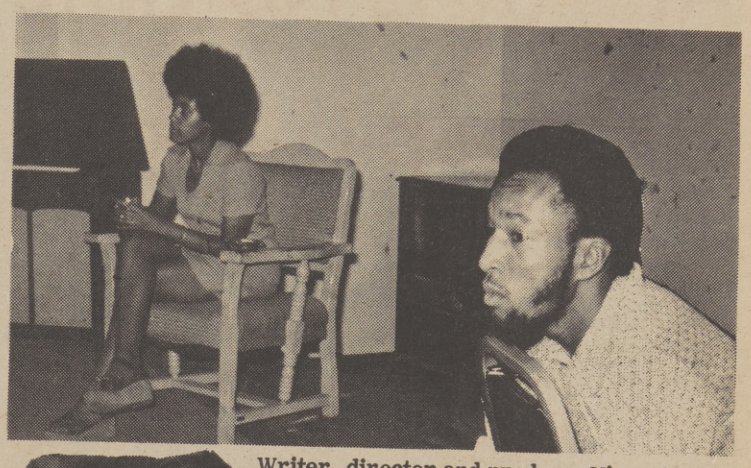
Carousel Cleaners

5019 Stockton Blvd.
Sacramento, Calif.

ONE HOUR "MARTINIZING" the most in DRY CLEANING

'Innocent Bystander'

"Pete" played by Lamont Freeman, pleads with "Ellen" portrayed by Ms. Myra Bean, for understanding during his period of crisis.



Writer, director and producer Vincent Issac studies the motions of his charactors.

"Lamont" explains the workings of his mind to "Junior Boy," during a scene created to demonstrate the tension building with the principle charactor.

Black Drama At New Helvetia

The many unseen pitfalls and setbacks of Black urban living are artistically illustrated in "The Innocent Bystander," written and produce by Vincent Issac.

"Innocent Bystander" is a realistic drama about a Black man trapped by situations beyond his immediate control.

It is a theatrical demonstration of injustice committed against people with no recourse than to comply with inoperative standards dictated by unbending society.

The central charactor "Pete" is pictured as a man, but a man sharing a less than equal position in a social order not geared to advance his welfare.

"Pete" is confronted with life-situation requiring readjustments in his self-image. How "Pete" deals with his psychological transitions remains a pivitol point within the play.

"Innocent Bystandsr" is a case study outlining the continual struggle for Black survival in hostile white America.

The play is being staged Friday and Saturday August 30-31st at New Helvetia recreation center located on the corner of Miller Way and Revere Street.

Admission is 50 cents at the door. There are no advance sales.

The enternal lovers complete the cycle of Black living as "Pete" and "Ellen," work things out between themselves.

"Pete" explodes with fury at "Junior Boy" who has not lived up to his expectations.

Age 60 Is No Time To Stop Living

"I decided there was nothing I could do about being 60, but there was something I could do about being somebody I like at 60 . . "

Most women don't wait until their sixtieth birthday to change or revamp their lifestyle. Long before that time, they look for ways to meet their needs -- whether these are self-fulfillment, or increased earning capacity. Across the country there are thousands of new educational programs designed and offered especially for adult women who wish to complete educations they interrupted to raise families, or who need to acquire new skills in traditional or non-traditional professional fields, or who simply want to enjoy intellectual stimulation by taking courses they never had a chance to take before.

University of California Davis Extension offers three separate and unique programs designed for women in its fall curriculum. These classes will help women either initiate or cope with changes in their lives, be these changes physical, emotional, financial, or intellectual.

While there is probably no phenomena in the lives of women that equals the time of menopause, comparatively little attention has been directed to the facts and myths related to this transitional phase. For many women, it means a new period in their lives to be met with challenge and spirit. Today women are turning to other women to share information and understanding about this compelling time. "Menopause: A Time for Change," is a two-day seminar focusing on the way menopause affects the physical and emotional status of women.

The course is aimed primarily at women in the present or future "estrogen crowd" as well as at persons who counsel or emphathize with women who are going through this important stage. The class meets in the Patio Room, Westminster Presbyterian Church, 13th & N Sts., Sacramento, Friday, 12:30 - 5 p.m., 7-10 p.m., Saturday, 9 a.m. - noon, September 20-21. Mary Bolton, assistant director, Learning Assistance Center, UCD and Rita Scarlett, mental health nurse consultant and Director of Senior Services in Sacramento, are the course instructors. Enrollment is limited and requested by September 13.

"What Do I Do Now?" is designed to explore alternatives for women who have reached a turning point in their lives and offers direction and group support for personal decision - making. The first four weeks are devoted to discovering each participant's strengths through testing and class exercises. The second half consists of practical preparation for return to work or school. Participants may also find support and strength for retraining their present lifestyle.

The class meets in Room 110, Sutter Junior High School, 3150 I Street, Sacramento, Monday, 7:30-9:30 p.m. October 7-November 25. The instructors are Sandra McCubbin, former coordinator of the UC Davis Women's Center and Joan S. Sallee, an educational placement advisor, UC Davis.

The class will be held conveniently in two locations. In Davis, the class meets in the Walnut Room, Mini-Center, Hutchison Drive, UCD Campus, Tuesday, 9:30 -11:30 a.m., October 15 - Nobemver 19. In Marysville, the class meets in the Conference Room, Yuba County Superintendent of Schools Building, 212 Fourth Street, Thrusday, 9:30-11:30 a.m. October 17-November 21.

Alphas Will Install New Officers

The Zeta Beta Lambda Chapter of Alpha Phi Alpha Fraternity, Inc., will install the new officers for 1974-75 at their Installation Banquet, Sept. 9, 1974 being held at Posey's Restaurant.

The new officers for the fraternity are Marcus Crowder, President; Larry Brown, Kaiser Hospital Assistant Administrator, Vice - President; Arthur Johnson, McClellan AFB, Treasurer; Clifton West, Inventory Management, Corresponsing Secretary; Franz Criego, Law School Student, Recording Secretary.

Dr. Carl Drake will conduct the installation service.

During the past year, in keeping with its motto, "Service to Mankind," the local fraternity has donated to such worthy causes as the United Negro College Fund, Sacramento Symphony, Mini-Bikes for Youth Program, Oak Park Pre-School Program, Sacramento Area Essay Contest and a scholarship for the University of California at Davis totaling over $1,-000.

Drapes - Linoleum - Furniture
Carpets - - Wallpaper
Scott's Interiors & Rattan Shop
Phone 452-7666
Claire Scott Decorating Consultant
5000-A Freeport Blvd.
Sacramento , California

Woolworth
Satisfaction Guaranteed · Replacement or Money Refunded

LABOR DAY SALE

We have a store full of exciting savings and specials for you, your home and family. Right now.

A.
All nude panti hose
Beautiful fit crush-stretch nylon, now sheer from waist to toe. One size for all.
2 for $1
Reg. 87¢ ea.

B.
Stretch knee-highs
Orlon® acrylic-nylon stripes and nylon-Dacron® polyester patterns in group.
97¢ pr.

C.
Polyester thread
3 black and white spools, each 250 yards. 12 color assortment, each 35 yards.
67¢
Reg. 88¢

Guaranteed for one full year's normal wear (unrelated to the quality of the garment's construction), refund or replacement of the knitting yarn when returned with label and sales slip to Monsanto.
ONE YEAR GUARANTEE
WEAR DATED
Monsanto
77¢ *Reg. 97¢*
Acrilan® acrylic 4-ply knitting yarn
4-oz. pull skeins in a great choice of colors. All mothproof and colorfast.

D.
Plastic baskets
Big 44-qt. and 46-qt. baskets, flip top baskets, laundry baskets sale priced.
$2.88

E.
16" Parsons tables
Rugged high impact plastic for indoor or outdoor use. Black, white. 16x16x16".
$4.47 *Reg. $5.49*

F.
Milk can wastebasket
Metal wastebasket is shaped like a milk can and decorated with an eagle.
$3.69 *Reg. $4.99*

Jenee Huitt, Cornelius Crenshaw Will Host 2-Hour Film Show

Sometime around the middle of September, two new and exciting Black personalities will make their debut before Sacramento area television audiences.

The two personalities are local models, Jenee Huitt, and former Bay Area television pro Cornelius Crenshaw.

The Crenshaw-Huitt television team will serve as host to a two-hour adventure film each Sunday evening on the new television station, KMUV-TV Channel 31. The team's program on Channel 31, will be entitled "The Drawing Room," and will feature "top rate adventure and dramatic movies," according to Crenshaw.

The debut of the two will strike another blow for increased opportunities for minorities and women on local television. Their show will become the first local commercial show hosted by Blacks on regular basis.

Local stations have had Blacks hosting shows, but it usually has been as guest hosts or on "public service" shows.

Ms. Huitt, the disstaff side of the team, has a background in public relations and high fashions. She has studied art in high school and college.

Ms. Huitt is no stranger to the bright lights of the television studio. She hosted a portion of the CBS Television Networks Los Angeles' Sickle Cell Anemia special recently and has made several appearances on local television programs.

Frequently in demand as a commercial model, Ms. Huitt is relatively new to Sacramento, but has already made quite a name for herself in the competitive fields of public relations and media.

Prior to her new duties at KMUV-TV she was an account executive for a local public relations firm. Ms. Huitt also worked on the promotional end of the landmark "Super Fly" motion picture.

Ms. Huitt has also had newspaper and magazine experience. While attending the University of California Riverside, she was a reporter for the college's newspaper.

Crenshaw, who serves KMUV-TV as promotions manager, is no newcomer to television. He has worked in the business in the Bay Area prior to coming to KMUV-TV.

Crenshaw is also a product of journalism. While attending college, he wrote sports and later transferred his ambitions to television.

The Crenshaw-Huitt television team should do well. The attractive pair are both dynamic and forceful in their approach to the television profession.

"I am very excited about it. For me this is a great opportunity," said Ms. Huitt.

During their program the pair will host guests from throughout Sacramento. Ms. Huitt said that she would like to have as many Blacks as possible on the show.

"We want to open the minds of Sacramento," said Ms. Huitt noting that there are many noteworthy people around town who do not get much media exposure.

"We are going to make the show as entertaining and enlightening as we possibly can. We don't want anybody to change the Channel while we have a guest interview."

According to Ms. Huitt, the interviews won't be that long... "every 15 minutes or so we will take a two-minute break to talk with our guest," said Ms. Huitt.

The two-minute breaks will be called "Calendar Events."

KMUV-TV will bring with it several new concepts to the television industry locally. It's "strictly movie" programming and should prove interesting and different. Watch for it.

JENEE HUITT

McCARTHY ACT MAY END EXPLOITATION OF CHILDREN

Many people think the exploitation of children, as illustrated in Oliver Twist and later during the industrial revolution in the United States, has ended.

Nothing could be further from the truth.

Each year more than 50,000 children work illegally in California alone. These children make up a portion of the farm workers who harvest crops.

And, though the youngsters are worked long hours and the pay is miserable at best, growers who use their labor currently, may be fined a miximum of $500 and as little as $50.

Most often violators are never brought to court.

Assemblyman Leo T. McCarthy, D-San Francisco, hopes to end these violations of California youths by a child labor bill that will greatly increase the penalties of persons found guilty of abusing the child labor law.

Under the McCarthy bill, violators would be fined as much as $5,000 or no less than $1,000.

The bill has been approved by the legislature by a 60 to 6 vote and awaits approval by the government.

FASHIONS WILL HIGHLIGHT SEPT. I SHOW

The City of Sacramento Department of Recreation and Parks will present a fashion show -- "Fashions Plus You" -- on September 1 in the Martinique Room of the Sacramento Inn at 3:00 p.m.

Models will be youngsters who have participated in the fashion portion of the summer program.

The program will include a talent show and other entertainment.

The Sacramento Inn is located on Interstate 80, north, off Arden Way.

Women Korea Vets May Use GI Bill

SAN FRANCISCO - Many women veterans who did not use their GI Bill after the Korean Conflict now have a second chance under a new law at Veterans Administration financial help for a college education or other training.

When eligibility for veteran's benefits was recently extended two more years for all veterans discharged after January 31, 1955, it had a special significance for women veterans whose children are reaching ages that allow them more free time.

The deadline for completion of training is now May 31, 1976, or ten years from the veteran's date of discharge, whichever is later.

Of the some 160,000 women veterans eligible for current GI Bill school benefits, about 54,000 have trained under this program.

This spring nearly 21,000 were in training, mostly in college. Only 209 were on-the-job trainees.

Below college level training is available in a wide range of occupations such as hotel or motel manager, specialty shop or store manager and hairdresser, plus other programs also open to men.

Women veterans of the Air Force lead in GI Bill training, with 15,672 having been trained. The Army is second with 15,361.

In addition to veterans, 3,909 servicewomen have trained under the current GI Bill, of whom 842 were in training in April.

YMCA Will Offer Gym Classes For Tots

The Sacramento YMCA is offering pre-school classes in gymnastics for children of the ages 1-3 (Babygym) and children 3-5 years (Kindergym).

The classes meet on Tuesdays and Thursdays at various times for a five week period.

New sessions will be beginning on September 17, and the cost is $14.

For more information contact the Central YMCA at 452-5451.

J & J
One Hour Cleaners
LEATHER HATS, SHIRTS, DRAPES, ALTERATIONS
ONE DAY SERVICE ON DRAPES
Sylvan & Leona Ross
OWNERS
1385 FLORIN ROAD
SACRAMENTO, CALIF. 95822 TEL. 421-5100

Mr. B's Formal Wear For Men
RENTAL and SALES
Featuring the Latest Formal Wear by 'After Six'
PERSONALIZED SERVICE
FOR THE RIGHT OCCASION
BATTISTE FORMAL WEAR
Single-Breasted King George Formal Coat
Three button, single-breasted formal coat; self faced peak lapel with velvet trim and velvet collar; satin piped lower pockets with in and out flaps, long center cent.
Fiber contents 55% dacron polyester/45% wool worsted.
1 BOTTLE OF FREE CHAMPAGNE to the Groom with order of formal wear for Bridal Party

5025 Stockton Blvd.
Across from K-Mart
OPEN: Monday 9 a.m. to 8:30 p.m.
Tuesday thru Saturday 9 a.m. to 6:30 p.m.
Sundays by Appointment Only
452-4133 or 452-0221

ARC Offers 'Pre- Planning' For Freshmen

Recognizing that registration is the first - and usually one of the worse - experiences that a student has in college, people in the counseling and admissions office at American River College have a plan that adds a touch of stability to the bustling registration pace.

It's called "pre-planning." It is a program of orientation and individual sessions with counselors that help prepare students to make the choice right for them when signup time comes.

New students at ARC attend a student-conducted orientation. In small groups they view a slide show about the various facilities and services available to them, have a tour of the campus, and have a chance to ask questions of peers who are experienced with the workings of the college.

Then come the pre-planning sessions, when counselors help students start off in the right direction.

More information on pre-planning and registration at ARC is available by calling 484-8261.

Columbia University Graduates 29 Journalists

NEW YORK - Columbia University's seventh annual summer program to train minority journalists -- the Michele Clark Fellowship Program -- graduated 29 men and women in special ceremonies at the University earlier this month.

At the same time, the first annual Michele Clark Journalism Awards for Excellence in Race Relations Reporting were presented by the Michele Clark Journalism Fund of Chicago.

Major awards went to the Atlanta Journal, Earl Caldwell and John Kifner of the New York Times, Mal Goode of National Black Network News, Thomas Wright of KXYZ Radio in Houston, Texas, Jacquelyn A. Johnson of WIS-TV in Columbia, S. C., and John Quinn of the Gannett Newspaper.

Special awards were won by Stanley O. Williford of the Los Angeles Sentinel, the Chicago Reporter, John H. Johnson of Johnson Publications, and Benjamin Hooks of the Federal Communications Commission.

The new graduates bring to 223 the number of minority group members the summer program has prepared for news jobs in television, radio and newspapers since its inception in 1968.

It is estimated that the Columbia program has trained 15 to 20 per cent of the minority group journalists currently working for major market media in the country.

Michele Clark was a network correspondent for CBS News when she died in a 1972 plane crash in Chicago. She was a 1970 graduate of what was then called the Summer Program at Columbia. It was renamed in her memory in 1973.

The new graduates have been trained intensively for the past 12 weeks in print or broadcast journalism. All will now go to work for major market television stations or daily newspapers.

The jobs were secured by the program's staff prior to the admittance of each Fellow.

The program is supported by the Ford Foundation, the Corporation for Public Broadcasting, the National Broadcasting Company, the CBS Foundation, the Gannett Foundation and 15 participating newspapers.

The Fellows -- 19 Blacks, 6 Spanish surnamed and 4 Asian-Americans -- represent one of the largest groups of minority members to be trained and placed as journalists through the efforts of one program. Fifteen of the Fellows were in the broadcast program and 14 in the print program.

The Fellows range in age from 21 to 46 and come from 13 states and the District of Columbia.

There are 14 men and 15 women; 16 are new to journalism; the others will return to their present employers with sharpened skills, prepared to handle more complex news assignments. Fourteen came to the program without college degrees.

35th St. Afro Barber Shop

LONAR, TILLMAN, & FRANK'S

(A.) 3.50 - Adults
(B.) 3.25 - Children
(C.) Naturals - 5.00 up
(D.) Massage
(E.) Shaves - 3.00
(F.) Ladies neck line - 3.00
(G.) Ladies hair cuts - 5.00
(H.) Razor lines - 3.00
(I.) Mustache trim - 1.00

open tuesday thru saturday
9 to 6
2847 35th Street

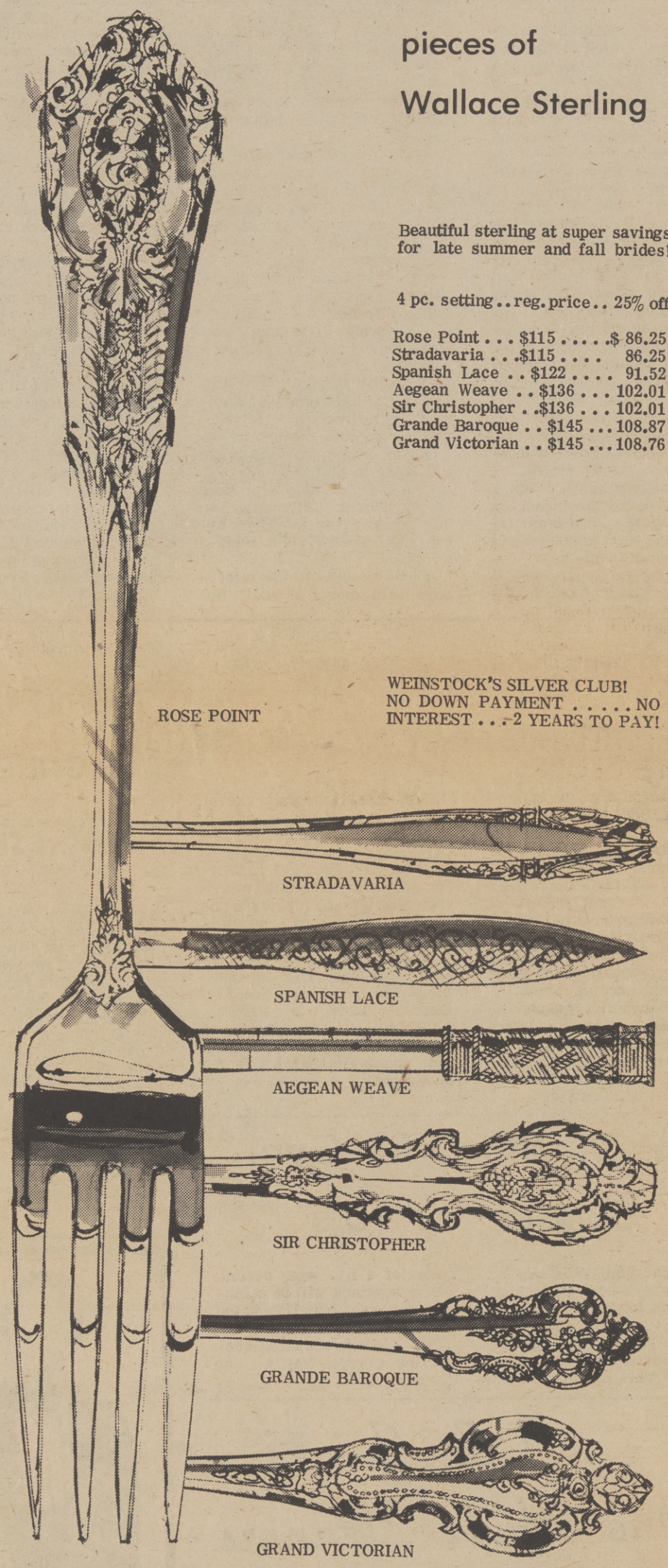
25% off
4-pc. place settings
and selected
pieces of
Wallace Sterling

Beautiful sterling at super savings for late summer and fall brides!

4 pc. setting .. reg. price .. 25% off

Rose Point . . . $115 . . . . $ 86.25
Stradavaria . . . $115 . . . . 86.25
Spanish Lace . . $122 . . . . 91.52
Aegean Weave . . $136 . . . 102.01
Sir Christopher . . $136 . . . 102.01
Grande Baroque . . $145 . . . 108.87
Grand Victorian . . $145 . . . 108.76

WEINSTOCK'S SILVER CLUB!
NO DOWN PAYMENT . . . . . NO INTEREST . . . 2 YEARS TO PAY!



100TH ANNIVERSARY 1874-1974
WEINSTOCK'S
9th & K, 12th & K, ARDEN FAIR
COUNTRY CLUB PLAZA, FLORIN CENTER
SUNRISE MALL

O.J.T. For Minority Journalists

WASHINGTON - A program to develop a model on-the-job training curriculum in health and science writing for minority group reporters has been established by the National Institute of Mental Health.

According to Dr. Bertram S. Brown, director of the Institute's Alcohol and Drug Abuse program, nine minority representatives will be selected by Black native American, Spanish - American newspapers, magazines, and broadcast stations. They will participate in a training program designed to improve the reporting of health, mental health, and science reporting in the minority press.

The NIMH Center for Minority Group Mental Health programs has awarded $99,640 to the Council for the Advancement of Science Writing in Pennsylvania to conduct the training program through its Minority Group Training Committee.

The program -- to take place over a one-year period -- will include a one-week orientation workshop at the Gannett Urban Journalism Center, Northwestern University in Evanston, Illinois. The participants will also attend and report on national conventions of medical and scientific associations, as well as journalism conferences. The trainees will visit and report on investigations being conducted at research laboratories.

OFFICE TOUR

a group of youngsters from the Sacramento County Welfare Department's Lemmon Hill Office, toured THE SACRAMENTO OBSERVER, editorial and circulation departments last week. The tour was part of the Sacramento County Historical Society's "Country History Week." The youngsters enjoyed a display of the country's Black community history, presented by THE OBSERVER. The display is presently still available for viewing.

PRIVATE CLUBS ARE STILL DISCRIMINATING

HARTFORD, Conn. - Private clubs may exclude Blacks from membership as long as the clubs are not profit-oriented, ruled a panel of three federal judges.

The judicial opinion stated that those who believe racial exclusion fosters fraternity are free to act but they may not promote prejudice for profit.

If such private clubs continue to discriminate on the basis of race, they may do so, the judges said, but they stand to lose government subsidies such as exemptions from some taxes.

YWCA Announces Fall Programs

The Sacramento YWCA announces that their fall program brochure is ready for mailing. The free brochure contains information on trips, workshops, seminars, special programs, counseling services, club groups, children's classes, and day and evening classes for adults.

The Young Women's Christian Association is located at 1122 17th Street, within two blocks of all downtown bus lines.

A new branch facility, in the South Area of Sacramento, is located at 7550 24th Street. After September 4th, brochures can be picked up at either YWCA buildings.

35" Marquis arm chair

is richly carved in eagles heads and kissing birds. Used singly or as a pair the chair may be finished in french walnut, antique white or the finish of your choice. Upholstered in rich brocatelle or the fabric that you fancy. Tufted as shown with cushion or without cushion and side panels tufted.

Open 9 - 6 Mon. thru Fri.
Open 9 - 5 Saturday
Closed Sunday.

BUDGET TERMS!
MASTER CHARGE
BANKAMERICARD

BANAH SALES INC.
1383 Florin Road Sacramento, Calif. Phone 422-8601

PAY 'n SAVE
Division of Pay'n Save Corporation

Moonlight in a jar!

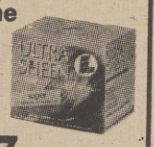
$1.99

ULTRA SHEEN® FACIAL FASHIONS™

Liquid Make-Up
$1.27

ULTRA SHEEN® FACIAL FASHIONS™

Moisturizing Creme
$1.27

ULTRA SHEEN®
Super No-Base Permanent Creme Relaxer Kit
(with protein)
FOR HARD TO RELAX HAIR

$2.97

CHARGE IT!
Your BANKAMERICARD welcome here
WE HONOR master charge THE INTERBANK CARD

PRESCRIPTIONS
OPEN DAILY
10 to 7 Mon. thru Sat.
Sun. Closed

No. SACRAMENTO
OPEN DAILY 9 to 9 SAT. 9 to 6 SUN. 10 to 7
2419 Del Paso Blvd.
Ph. 922-7007

Newspapers Grosses Heavy In 1973, But Not Black Ones

NEW YORK - Newspapers across the nation received more advertising revenue last year than any other medium, the Newspaper Advertising Bureau Inc., announced this week.

Bureau President Jack Kauffman said newspapers took in $7.6 billion -- or 30.2 per cent -- of the $25.1 billion spent for advertising in 1973, the third straight year newspapers have increased their ad revenues.

He said these revenues almost equalled the combined totals in 1973 by TV ($4.5 billion), radio ($1.7 billion) and magazines ($1.4 billion).

Black Newspapers still remain low on the revenue scale receiving less than even 1% of the total newspaper revenues.

Former Reagan Aide Named To New Post

Govenor Ronald Reagan last week, appointed Robert J. Keyes of Burbank as a member of the Council on Intergovernmental Relations.

Keyes, a 38-year old Republican and former professional football player with San Francisco 49ers, and the Oakland Raiders, served as assistant to the Govenor for community relations from 1967-1972.

He resigned to become corporate director in charge of urban affairs with the Lockheed Aircraft Corporation in Burbank.

A 1962 graduate of the University of San Diego, Keyes succeeds Ruth A. Green of San Diego. Mrs. Green resigned. His term expires in December, 1975.

He is a member of the National Association for the Advancement of Colored People, the Urban League, Fellowship of Christian Athletes and a former member of the President's Advisory Council on Minority Business Enterprises.

Council members receive their necessary expenses.

Weight Classes

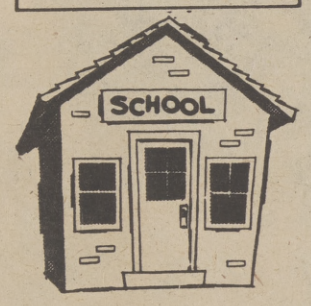
The Central YMCA is offering and taking sign-ups for a class known as Womens Figure Control Through Weight Training. This is a class designed to firm up the muscles and at the same time aid the individual in losing weight. This class is strictly for women.

Classes meet on Tuesday and Thursday mornings from 10 - 11 a.m. for six weeks beginning on October 1.

For more information contact the Central YMCA at 452-5451.

Sears

BACK-TO SCHOOL SALE



Some Items at Sears Regular Low Prices

TERRIFIC BUYS!

Boys' Shirt And Jean Assortment

3 FOR $5 and 2 FOR $5

Stock up now. We have styles and colors in a seemingly endless variety. Most are Perma-Prest® fabrics. All are machine washable. But priced as they are, you should come early for best selection!

Jeans, western style denim, sizes 3-6x	2/$5
Jeans, solids and fancies, sizes 3-6x	2/$5
Short sleeve shirts, solids, 3-6x, reg. $1.99	3/$5
Bush Jeans, solid, sizes 8-12	2/$5
Jeans, solid, fancy, sizes 8-12	2/$5
Mock turtleneck shirt, print, 8-12	2/$5

SAVE 25%!

Big Boys' Velour Socks

Regular 89¢ pr.

3 FOR $2

CHARGE IT on Sears Revolving Charge

PRICES EFFECTIVE thru SATURDAY

SHOP AT SEARS AND SAVE
Satisfaction Guaranteed or Your Money Back

Sears
SEARS, ROEBUCK AND CO.

ARDEN FAIR
1601 Arden Way
922-6211

FLORIN CENTER
5901 Florin Road
422-9000

SUNRISE MALL
5900 Sunrise Mall
961-4111

Open Sunday Noon to 6 p.m.; Monday thru Friday 9:30 a.m., to 9 p.m. Saturday 9:30 a.m., to 5 p.m.

The Sacramento Observer

Weekly Political Section

AUGUST 29 - SEPT. 4, 1974

CAPITOL VIEW

L.A. ASSEMBLYMAN

Holoman Ends One-Term In Assembly

'One thing that I learned was that I didn't work hard enough. I wasn't hungry enough, I wasn't scared enough. I felt very comfortable that I was going to win.'

ASSEMBLYMAN
FRANK HOLOMAN

by SELMA SPARKS
Political Editor

Frank Holoman, Black Assemblyman, served one term in the Assembly, ran for a seat in the Senate and lost.

Under reapportionment there was a new State Senate seat and, said Holoman; "I saw a House that needed some young, progressive people." Holoman continued; "That House is much older in age, in thought and in deed."

According to Holoman, much of the legislation coming out of the lower House is "good, progressive legislation" that never reaches the Governor's desk for him to veto because the Senate kills it. "I saw the need to have someone over there other than Merv and he is running for Lieutenant Govenor. I saw the need to have someone over there to protect good legislation." These were the reasons Holoman gave for running for the Senate after two years in the Capitol.

When asked why he thought he lost the Senate race, Holoman responded; "The major problem was that the guy's name sounded exactly like mine. He was Holden and most people call me Holdenman of Hollerman." Holoman added, "One thing that I learned was that I didn't work hard enough. I wasn't hungry enough, I wasn't scared enough. I felt very comfortable that I was going to win."

Holoman's comfortable feeling was based upon his belief that; ". . . in anything competitive you have to have confidence, whether it be athletics, entertainment or politics" explained Holoman.

He continued by explaining that he hadn't exactly taken the election for granted but he just did not work hard enough nor did the people who were supporting him. "People didn't turn out financially, they didn't turn out physically. I didn't impress them because they felt I had it won." Holoman continued; "They would work in other campaigns rather than work in mine." Holoman explained that this was the one thing he would do differently. "Call, scream, kidnap, and get everyone out to work in the campaign."

Holman felt that his two years experience in the Assembly was enough to assure him victory since his opponent has no experience with the Capitol. His opponent has run twice in the district and lost. Holoman won in his district, the Senate district is composed of two Assembly districts and the second one was Holden's.

According to Holoman, there were no real issues involved in the campaign. He explained; "It was not one of overiding issues. I did not openly endorse or oppose Proposition 9 and it was a key issue in the election. This guy supported Prop. 9 so that got him a few more votes." ". . .It was just a fluke."

(Continued on Page D-3)

BILL GRANTE FINANCE COMPANIES

Loan Shark Bill Passes In Assembly

The bill, AB 3729 authored by Assemblyman John Briggs which grants finance companies an increase in their rates, has been passed by the Assembly by a vote of 42-27.

The bill has been passed on to the Senate but at our press time, it has not yet been heard on the Senate floor.

It has been pointed out that, if this bill passes both houses and is signed into law, a lot of "little people," young people, newlyweds and minorities will start hurting just a little bit more when they are forced to go to finance companies to borrow money.

To quote Assemblyman Leon Ralph, "This bill is quite a ripoff."

We print below, for your information about what your assemblymen are doing, the roll call vote for this bill on which the finance companies spent a great deal of money trying to get passed. Looks like money won again.

AYES:

AYES:
Antonovich, Arnett, Bee, Beverly, Bond, Briggs, Burke, Chappie, Cline, Collier, Craven, Cullen, Deddeh, Fenton, Garcia, Greene (Leroy), Hayden, Holoman, Johnson (Harvey), Karabian, Keysor, Knox, Lanterman, Lewis, Lockyer, MacDonald, MacGillivray, McAllister, Mobley, Moretti, Papan, Powers, Priolo, Russell, Seeley, Sieroty, Thomas, Thurman, Warren, Wood, Mr. Speaker (Leo T. McCarthy).

NOES:

NOES:
Alatorre, Bannai, Berman, Boatwright, Brown, Carter, Chacon, Davis, Dixon, Duffy, Dunlap, Fong, Foran, Gonsalves (Joe A.), Gonzales (Ray), Greene (Bill), Ingalls, Kapiloff, Keene, Meade, Miller, Murphy, Ralph, Vasconcellos, Waxman, Wilson, Z'berg.

The only Black Assemblyman voting for this "anti-poor people" bill was Frank Holoman. The reason given by Holoman when asked was: "The finance companies need the increase. It costs them more money to get the money they lend people so they have to charge more."

The Speaker, Leo McCarthy, said that he voted Aye on the bill because it already had enough votes to pass and a compromise had been made, the increase would only be effective for two years. "I would rather see no rate increase bill at all," stated McCarthy.

"We understand that the rate charged the finance companies by the banks has gone up. We also understand that finance company rates already reflected well over 100% profit made on the 'little guy,' you and me.

It is our feeling that sympathy is wasted on the finance companies. None of them seem to be going broke.

Finance Company Bill In Senate

After the Assembly passed the amended Brigges bill, AB3729, which allows finance companies to raise their rates 6-1/2%, it was passed on to the Senate. The hike is to be dropped in two years. The original bill granted a 10% increase but public pressure forced the rate increase down.

Senator Lou Cusavich was instrumental in waiving the rules so that the bill could be heard in the Senate Insurance and Financial Institutions Committee the same day it came to the Senate.

The bill was voted out of the Senate Insurance Committee by 5-0 with four of the nine members absent.

There have been a number of complaints about the Brigges bill which caused the authors and Olin I. Kull, lobbyist for the finance companies, to agree that perhaps the bill should have a fuller hearing to prevent any possible controversy.

The rehearing was held and the bill was voted out of committee again by a 6-0 vote.

Republicans, Dennis Carpenter of Orange County and John Harmer of Los Angeles County; Democrats James Q. Wedworth and Lawrence E. Walsh of Los Angeles and George Zenovich of Fresno were among those voting. These Senators revealed in their recent campaign statements that they received very substantial contributions from finance companies and their lobbyists.

The lobbyists include, among others, Transamerica, Pacific Finance, Kull, Dial, Beneficial, Avco and HFC.

As we go to press this bill has not been acted upon on the Senate floor.

CON-SUMER

Support For McLennan Bill Continnues To Build

Assemblyman Bob McLennan (R-Downey) today announced that growing support for his bill (AB 4506) halting the $1.1 million retirement "bonanza" could force Assembly action on the measure sometime this week.

People's Lobby, California Taxpayers' Association, Older Americans Social Action Council, California League of Senior Citizens, the San Francisco County Board of Supervisors, and 28 of his legislative colleagues have now joined McLennan in his fight to repeal the program that allows reapportioned legislators elected before 1970 to draw full and immediate pension benefits when they leave office, regardless of their age or their reasons for leaving.

McLennan, noting that "public support has been both overwhelming and heartening," said "If pressure continues to build at this rate, we could very well be successful in our efforts to stop these windfall payments."

Now co-authoring the McLennan measure (although their names will not appear on the bill until it can be brought out of the Assembly Rules Committee) include: Assemblyman Mike Antonovich (R), Doug Carter (R), Bob Burke (R), Bob Wilson (D), Paul Bannai (R), Bill Bond (R), Dixon Arnett (R), Floyd Wakefield (R), W. Don MacGillivray (R), Ken MacDonald (D), Lawrence Kapiloff (D), Joe Gonsalves (D), Wadie Deddeh (D), Pauline Davis (D), Ray Johnson, (R), Ray Gonsales (D), Ernest Mobley (R); and Senators Arlen Gregorio (D), John Stull (R), Clark Bradley (R), George Deukmejian (R), John Nejedly (R), Howard Way (R), James Whetmore (R), Omer Rains (D), H. L. Richardson (R), Dennis Carpenter (R), Milton Marks (R).

This bill, which McLennan is now pushing full speed ahead to have repealed, was enacted by passage of SB 83 in the regular 1965 session.

The Sacramento Observer
Weekly
Political Section
CAPITAL VIEW

Published by
Lee Publishing Company

William H. Lee,
Publisher
Selma V. Sparks,
Political Editor

Holoman Ends One-Term...

(Continued from Page D-1)

If he had it to do all over again, "I would do the same thing again without regret," responded Holoman.

While in the Assembly, Holoman feels his biggest accomplishment, initially, was getting the Blacks together as a caucus, " . . . as a working unit." To quote Holoman; "Before I came up, there were some splits between the Blacks. I worked very hard to pull it together and I was farily successful. . . .Up until the Willie Brown thing we were very successful."

Holoman communicated with all the freshman legislators throughout the state. According to him. ". . . We set up a caucus before we came up here and I became chairman of that freshman caucus."

Holoman advised that when freshman legislators come in everybody looks at them as if they were at the bottom of the barrel. Setting up the freshman caucus and operating as a unit, according to Holoman, "We didn't have to act like beanie - wearing freshman because we had some strength from being unified."

According to it's chairman, this freshmen caucus was quite active, particularly in the reappointionament move which they did not commit themselves to until they looked at all aspects of the plan.

Holoman is vice chairman of the Governmental Organization Committee of which Assemblyman Ralph was Chairman. He is also on the Local Government Committee and Urban Development. He wrote a proposal to set up a subcommittee on Community Development of which he is chairman. He is also vice chairman of the Joint Committee on Community Development and Housing Needs.

Assemblyman Holoman has done the greatest part of his work in the area of Community Development. His sub-committee has done a great deal of research in this area. They have held seminars and have done a great deal of writing on the subject. The sub-committee also has brought in people from all over the country whose area of expertise is community development. Hearings have been held under the auspices of Holoman's sub-committee and data has been gathered and analyzed. An interim report has been completed but the committee has not given the final word on releasing the information to the public.

Holoman indicated that he was leading up to a community development package which would lead to a Community Development Act for the State of California. "I did not realize that I wasn't going to be here next year," commented Holoman. He will be making an effort to have the committee's work continued after his departure.

Holoman feels that the public should be more politically aware. "It is very easy to say that everybody is this or that. I think we should have the courage of our convictions and become involved. Most people don't. More people should be involved in the political process."

He continued by suggesting that out of ten people who might be asked to name their Assemblyman, only two might know who and for how long they have been represented by him. "People are just unaware of what's going on."

We asked Holoman where he throught the responsibility for correcting this situation lay. His response was that the burden is on the people. He agreed that the legislators have a responsibility in this area, ". . . but many of them don't want people to know who they are because then people would get to checking and finding out whether they were doing a good job. . . the ultimate burden is on the people," he concluded.

FRANK HOLOMAN

Holoman doesn't plan to get out of politics. He explained that he has several options at this point which is making his decision concerning his immediate future a bit difficult.

Before coming into the Assembly, Holoman had a fairly successful management consulting firm. Another position he says he might be interested in under the Brown administration, assuming the Democrats win, is in the area of housing and urban development." In addition there are some elective offices," he advised. "I receive on the average of two or three calls a day from people asking me to run for Mayor of Englewood, which I am really not interested in at this point."

The question of Dymally's vacant Senate seat when he becomes Lt. Governor was raised tentatively. "Other people have made offers too, asking me to do other things," continued Holoman.

Holoman advise that he thought Willie Brown should have been voted Speaker of the Assembly. ". . .And the fact that he is Black reinforced that Willie should be Speaker. We've never had a Black Speaker." Holoman continued saying that the overiding factor was Brown's ability.

Holoman admitted that there were certain relationships within the Legislature that placed Brown in a situation where he was not in the best position to be helpful to the Black community. "It has been said that Willie did not have a Black agenda and that he had done a lot of anti-Black things. A person tends to be sort of representative of the district he represents," advised Holoman. Holoman went on to advise us that Brown's district is only 17% Black.

The question of Assemblyman Brown came up because Holoman was the only Black representative who supported Brown in the Speakership fight.

Holoman's position, according to him, is that, whatever Brown did in the past which may have been harmful to Blacks, it should be overlooked. "I think, if we, as minorities, do anything, we should lean over backwards to compensate for the fact that the person is Black and be willing to give a little," is the way Holoman expressed his feelings.

Holoman admits that he feels that we should be willing to settle for a little less from a person because of Blackness, "I am saying that, depending on the position, we should accept a little less." explained Holoman.

Holoman continued with his opinion; ". . .Yes, it is worth it to give up a small principle if gain and overall good are going to come out of it for us as ethnics."

Continuing with his sentiment about the Brown situation in the Speakership fight which Brown lost. "It might sound as if I am saying the end justifies the means. . .In this particular case I am saying the end does justify the means."

This all said in response to the question about the principles involved in Brown's supposed wrong doing and Holoman's support of him in his bid for Assembly Speaker.

Much time was spent discussing the question of the non-support of Brown by the other Black Legislators because Holoman seemed to have a great deal to say on the subject, including speaking of some things Brown did that he, Holman, thought were wrong.

"I thought he was wrong and I still think he was wrong . . . but it was not the kind of thing that I am willing to go on for a whole lifetime wanting to kick Willie Brown for," is how Holloman summed his feelings up.

The one thing Assemblyman Frank Holoman knows about his future is that he plans, at this juncture, to remain in and around politics. One way or another.

Immediate Compensation For Injuries

After being constantly knocked down for the past five years, no-fault insurance Legislation is in the ring again.

Last week the bill's opponent - -the legal profession--won a first round when an alternative bill was carried by the Senate Finance Committee by an 8 to 6 vote.

The bill, introduced by Assemblyman John Foran, D-San Francisco, resembles one currently in effect in Delaware. That state's law allows a motorist to receive immediate compensation for injuries but permits an injured motorist the right to sue for pain and injury at a later date.

According to supporters of Foran's bill, AB 801, motorists will not be inclined to sue since they may receive up to $10,000 per person and $20,00 per accident immediately.

However, opponents of AB 801 contend injured persons will sue anyway. Consequently, they say, there will be no actual change in the present situation.

The legal profession, which supports Foran's bill, is said to be concerned that if a no-fault insurance law is passed attorneys will lose access to a large number of personal injury law suits.

On the other hand, representatives of insurance companies, consumers groups and poverty organizations are working on their own compromises. This group supports AB 50, a bill introduced by Assemblyman Jack Fenton, D-Los Angeles, which says no motorist may sue an insurance company unless certain injuries are received.

The Senate Judiciary Committee has approved Foran's bill and AB 50. In actuality, neither AB 801 or AB 50 is a true no-fault bill. A true no-fault bill would mean that a person injured in an auto accident would be compensated by his/her insurance company.

The current system requires an injured person to sue in order to determine fault before any compensation is made.

Both Assemblymen are making plans to have their bills debated on the floor. So it seems the fight is just beginning.

Gov. Reagan To Sign Rape Bill

For the first time in 100 years the rape laws of California are being challanged. If SB 1678, a law introduced by Alan Robbins, D-Los Angeles, is signed by Gov. Ronald Reagan, an accused rapists may be brought to trial without dredging up past sexual activities of the rape victim.

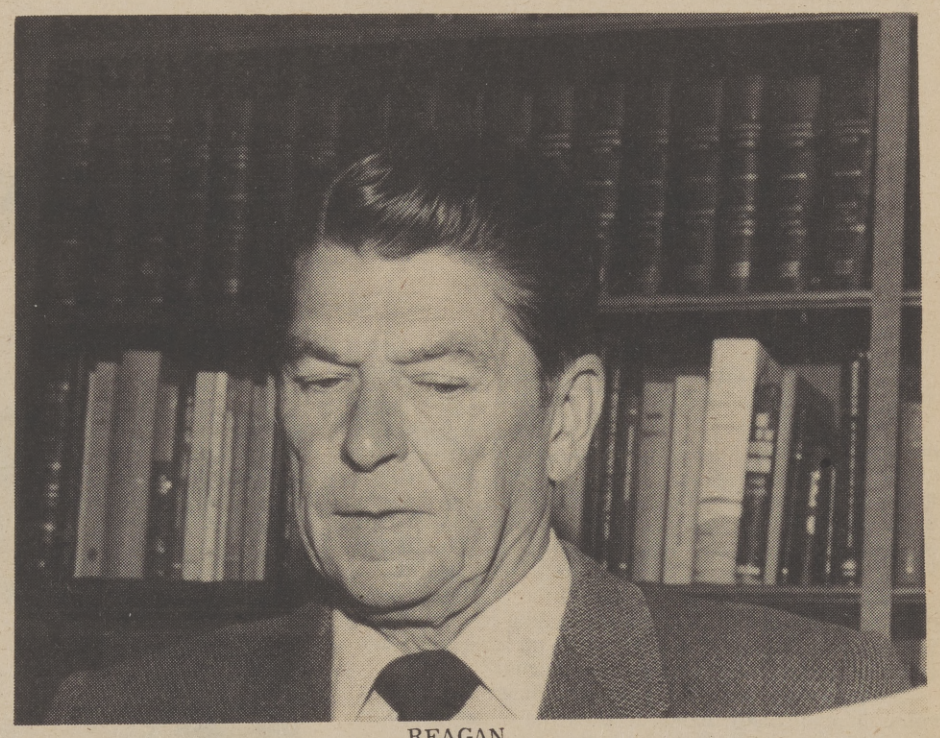
The bill passed both houses of the legislature and needs only the governor's signature to become effective.

According to many police investigators, rape victims often are reluctant to prosecute their attackers because of a fear their personal activities will be dragged through the courts.

Many victims have stated they felt they were on trial during court proceedures rather than the person accused of raping them.

However, opponents of the bill argue the defendants in such trials suffer an impairment of their rights since a vindictive person might scream rape to get back at a defendant.

In such a case, they argue, the sexual habits of a woman might be indicative of behavior.



REAGAN

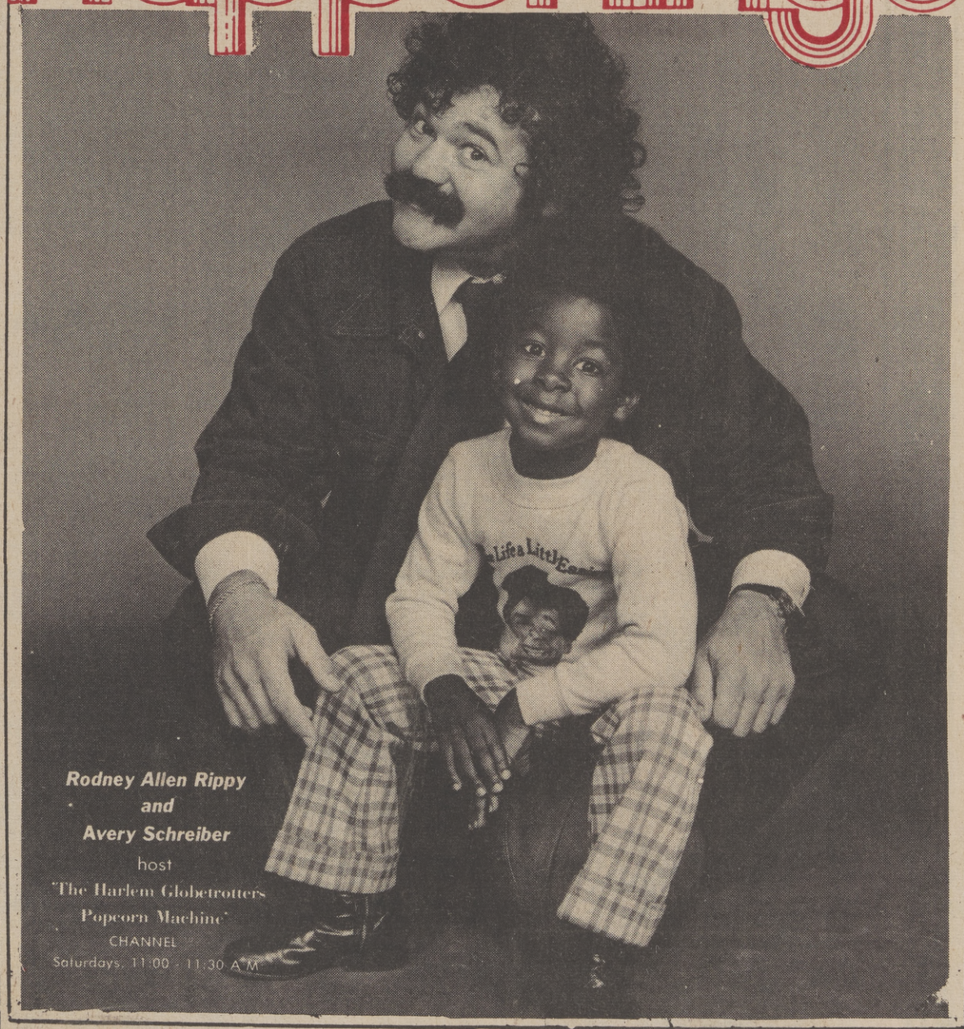
You're about to have a great adventure.

"Hello, I'm Selma Sparks, political editor and Capitol bureau chief for The Sacramento Observer... In The Observer's weekly political section we will look at California's political scene from the minority citizen's point of view...providing a new and different perspective to political reports and analysis. Join us in this new and historical adventure."

If you want an insider's view of California politics... If you like the backstage political drama and strategy . . . You'll want to read Miss Sparks weekly accounts and reports. Her dynamic reporting will appear in THE OBSERVER's new "Capitol View" political section.

The Sacramento Observer
ENTERTAINMENT GUIDE
Aug. 29 thru Sept. 4

the happenings



Rodney Allen Rippy
and
Avery Schreiber
host
"The Harlem Globetrotters Popcorn Machine"
CHANNEL
Saturdays, 11:00 - 11:30 A.M.

RECORD AND MOVIE REVIEWS · BLACKS ON TV · LIVELY ARTS

MUSIC PERSONALITIES

Popular jazz pianist Gene Harris and one-time Bar Kay, Vernon Burch were recently honored at the Pied Piper Lounge in Los Angeles. Columnist Gertrude Gipson presented Vernon with a gold embossed plaque while Gene was honored with a silver cup. Special guest musicians in attendance included Keg Johnson and Jerry Peters, jazz organist Ronnie Foster and drummer Harvey Mason. The evening turned into quite a jazz session. Shown abover are, left to right: Keg Johnson, Producer; Gene Harris; Dee Dee McNeil, United Artists Publicity; Vernon Burch; Jerry Peters, Producer; Ronnie Foster.

Congressman John Conyers, Michigan Democrat and the first Black member of the House Judiciary Committee, is the special guest on "Black Perspective on the News" Friday, August 30 at 11:00 p.m. on Channel 6 over PBS.

Conyers, who voted in favor of all three articles in impeachment reported to the House by the Judiciary Committee, presented a resolution for impeachment in 1972, based on President Nixon's decision to mine Haiphong Harbor.

From his position on the House Judiciary Committee, Conyer has also fought against segregation in the legal profession, arguing that any member of that profession who is a "dedicated and effective segregationist" should not be confirmed to a judgeship. His efforts were instrumental in helping defeat the nominations of both Clement Haynsworth and G. Harrold Carswell to the Supreme Court in 1969.

He was elected to the 89th Congress in 1964, and has been re-elected to succeeding Congresses. He is a member of the Congressional Black Caucus.

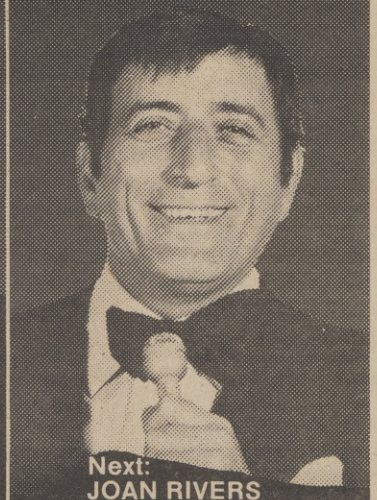
"Black Perspective on the News" is produced for the Public Broadcasting Service by WHYY-TV/Wilmington-Philadelphia. Co-producers: Reginald Bryant and Acell Moore. Director: J.M. Van Citters. Associate producer: Nora Johnson.

Harrah's
Hotels and Casinos

At Tahoe
BOB NEWHART
DYAN CANNON
Thru Sept. 3

Next:
SINATRA (the father)
SINATRA (the daughter)
SINATRA (the son)
Sept. 4 thru 10

In Reno
TONY BENNETT
Thru Sept. 4



Next:
JOAN RIVERS
PAUL WILLIAMS
Sept. 5 thru 11

24-Hour, 7-day reservation service: toll free 800/648-3773
Show Times: 8:15 p.m. & 12 midnight. Seating: 6 p.m. & 11 p.m.

The Sacramento Observer ENTERTAINMENT the GUIDE happenings

WILLIAM H. LEE Publisher
G. COCOA WALTHER Entertainment Editor

THE HAPPENINGS is the entertainment guide of THE SACRAMENTO OBSERVER
Published weekly on Thursday by LEE PUBLISHING COMPANY, INC.
Editorial and Advertising offices are located at 3540 4th Avenue
Sacramento. California 95817 (916) 452-4781

Tower of Power

Boz Scaggs and Tower of Power co-headling the closing sure-to-be-a-sell-out concert at the 121st California State Fair at Cal Expo, Sept. 8.

The bill includes the San Francisco sounds of Cold Blood and the Nielsen-Pearson Band -- all at 2 p.m., in the State Fair Grandstand.

Oakland's Tower of Power, in the short time since their premiere on record charts, has knocked many competiting artists off the top ten. The 11-man band boasts the tightest horn section in existence according to the San Francisco Chronicle. Tower of Power's albums appear on Warner Brothers Records and include: "East Bay Grease," "Bump City," "Tower of Power," and their latest hit, "Back to Oakland." Tower of Power has recorded with Elton John, Santana, Sly and The Family Stone, and the Pointer Sisters.

Tickets, scaled at $6.50 for general admission and $7.50 for reserved grandstand seats, are available at the following locations; Tower Tickets, Sun Stereo, Downtown Box Office, Sunrise Music, Southgate Music, Gramaphone Records -- all in Sacramento: The Record Shop, Roseville; Weberstown Box Office, Stockton; Sievwright's Music, Marysville; and Eucalyptus Music, Davis.

Oakland's Tower of Power will perform Sept. 8 at the 121st California State Fair. Appearing as co-headliner will be Boz Scaggs. The super concert includes San Francisco's Cold Blood and the Nielsen-Pearson Band, beginning at 2 p.m., in the State Fair Grandstand. Tower of Power's hits include "Your Still A Young Man," "Down to The Nightclub," and "So Very Hard to Go." Their latest album, "Back To Oakland," is currently riding high on the record charts and all their recent concerts have been sold out days in advance.

E·S·C·A·P·E·

SPONSORED

SUMMER JAZZ CONCERT '74

Grant Union High School Stadium

AUGUST 23-24-25

ALL LOCAL TALENT

MARGIE EVANS, T·V· MAMA

& OTHER GROUPS

DONATION $2.00 BOOTH AVAILABLE: $10.00

The Sacramento Ballet Association, Sacramento Civic Theater and Sacramento Symphony Association In Cooperation with Fuji Productions

Present

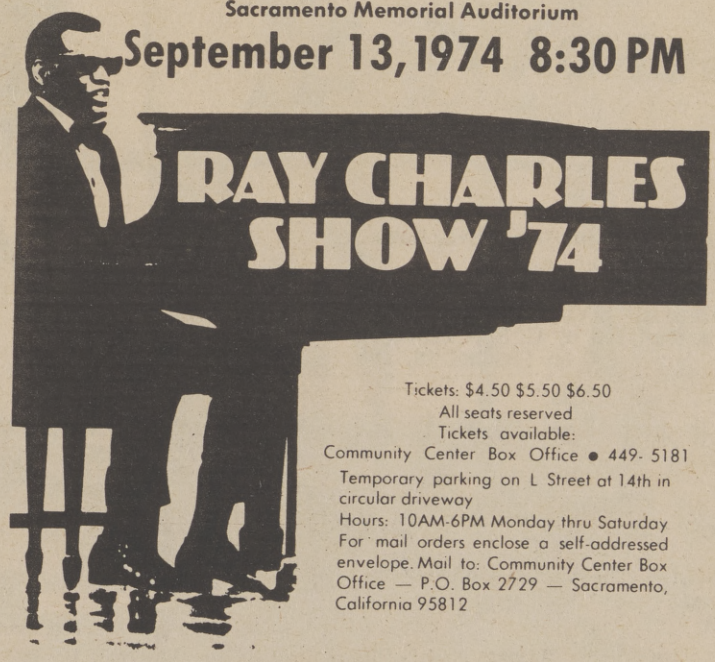
RAY CHARLES & His Raeletts

Also The Ray Charles Orchestra

Ray Charles, the Genius, is a legitimate Legend. Encompassing the entire spectrum of music. "The Man is his Music;" Whether it is Soul, Rock, or Country & Western. He reaches out to and touches all people . . .

Sacramento Memorial Auditorium

September 13, 1974 8:30 PM



Tickets: $4.50 $5.50 $6.50
All seats reserved
Tickets available:
Community Center Box Office • 449-5181
Temporary parking on L Street at 14th in circular driveway
Hours: 10AM-6PM Monday thru Saturday
For mail orders enclose a self-addressed envelope. Mail to: Community Center Box Office — P.O. Box 2729 — Sacramento, California 95812

Sponsored by THE SACRAMENTO BEE, KFBK, and KOVR Channel 13

BLACKS ON TV

SATURDAY

AUGUST 31

BASEBALL PRE-GAME SHOW - On Channel 3, at 11:00 a.m.

BASEBALL - The Boston Red Sox meet the Twins at Bloomington on Channel 3, at 11:15 a.m.

ACTION '74 - Music with Soul Singer, Eddie Kendricks, on Channel 13, at 2:00 p.m.

CELEBRITY TENNIS - With Rosie Grier, on Channel 13, at 3:30 p.m.

JIMMY DEAN - On Channel 3, at 4:00 p.m.

SESAME STREET - On Channel 6, at 4:00 p.m.

NAME OF THE GAME - Drama starring Paul Winfield, on Channel 10, at 4:00 p.m.

ELECTRIC COMPANY - On Channel 6 at 5:00 p.m.

BASEBALL - The A's vs the Tigers, on Channel 40, at 5:30 p.m.

BOARDING HOUSE - Music, on Channe 6, at 6:30 p.m.

M*A*S*H - On Channel 10, at 8:30 p.m.

COLLEGE FOOTGALL '74 - Special, on Channel 13, at 10:00 p.m.

BLACK PERSPECTIVE ON THE NEWS - The resignation of President Nixon is among the likely topics of Rep. John Conyers, on Channel 6, at 10:30 p.m.

DON KIRSHNER'S ROCK CONCERT - On Channel 13, at 11:15 p.m.

SUNDAY

SEPTEMBER 1

LAMP UNTO MY FEET - With the spiritual music by the Deep River Boys on Channel 10, at 8:00 a.m.

LOOK UP AND LIVE - Racism in the 1970's is analyzed by C. Eric Lincoln of Fisk University, on Channel 10, at 8:30 a.m.

ORAL ROBERTS - On Channel 13, at 8:30 a.m.

KATHRYN KUHLMAN - On Channel 10, at 9:00 a.m.

BASEBALL - The A's meet the Tigers on Channel 40, at 10:30 a.m.

URBAN LEAGUE PRESENTS - On Channel 13, at 2:30 p.m.

WRESTLING - On Channel 40, at 3:00 p.m.

SESAME STREET - On Channel 6, at 4:00 p.m.

ELECTRIC COMPANY - On Channel 6 at 5:30 p.m.

DRAGNET - On Channel 13, at 6:30 p.m.

OZZIE'S GIRLS - Starring Brenda Sykes on Channel 10, at 7:00 p.m.

LET'S MAKE A DEAL - On Channel 13, at 7:00 p.m.

FBI - Starring Robert Hooks, on Channel 13, at 7:30 p.m.

JERRY LEWIS TELETHON -- SALUTE TO BROADWAY - On Channel 3, at 8:30 p.m.

MANNIX - Starring Gail Fisher on Channel 10, at 8:30 p.m.

TELETHON CONTINUES - On Channel 3, at 10:00 p.m.

TELETHON CONTINUES - On Channel 3, at 1:00 a.m.

TELETHON CONTINUES - On Channel 3, at 4:00 a.m.

TELETHON CONTINUES - On Channel 3, at 5:30 a.m.

MONDAY

SEPTEMBER 2

TELETHON CONTINUES - On Channel 3, at 11:30 a.m.

LET'S MAKE A DEAL - On Channel 13, at 1:30 p.m.

PRICE IS RIGHT - On Channel 10, at 2:00 p.m.

NEWLYWED GAME - On Channel 13 at 2:00 p.m.

TELETHON CONTINUES - On Channel 3, at 2:30 p.m.

MATCH GAME - With Scoey Mitchill on Channel 10, at 2:30 p.m.

MERV GRIFFIN - On Channel 13, at 3:30 p.m.

SESAME STREET - On Channel 6, at 4:00 p.m.

MIKE DOUGLAS - The Pointer Sisters are this week's co- hosts, with the Staple Singers, on Channel 10, at 4:00 p.m.

ELECTRIC COMPANY - On Channel 6, at 5:30 p.m.

NFL FOOTBALL - Scheduled are The Oakland Raiders vs the 49ers on Channel 13, at 6:00 p.m.

CONCENTRATION - On Channel 10, at 7:00 p.m.

BASEBALL WORLD OF JOE GARAGIOLA - On Channel 3, at 8:00 p.m.

BASEBALL - San Francisco Giants vs Dodgers, on Channel 3, at 8:15 p.m.

KOPYKATS - With George Kirby, on Channel 13, at 9:00 p.m.

ORAL ROBERTS AT EXPO '74 - Special, on Channel 10, at 10:00 p.m.

MISSION: IMPOSSIBLE - Starring Greg Morris, on Channel 13, at 11:30 p.m.

TUESDAY

SEPTEMBER 3

I DREAM OF JEANNIE - Starring Sammy Davis Jr., on Channel 13, at 9:00 a.m.

HOLLYWOOD SQUARES - With Pearl Bailey, on Channel 3, at 10:30 a.m.

LET'S MAKE A DEAL - On Channel 13, at 1:30 p.m.

PRICE IS RIGHT - On Channel 10, at 2:00 p.m.

NEWLYWED GAME - On Channel 13 at 2:00 p.m.

MATCH GAME - With Scoey Mitchell on Channel 10, at 2:30 p.m.

SESAME STREET - On Channel 6, at 4:00 p.m.

ELECTRIC COMPANY - On Channel 5, at 5:30 p.m.

CONCENTRATION - On Channel 10, at 7:00 p.m.

Theresa Merritt stars as Mama Curtis, a mother with ambitions for her family, and Clifton Davis is starred as her son, Clifton, a swinging singles type, and its's obvious they don't always see eye to eye, in "That's My Mama," new ABC Television Network comedy series that premieres with the eipsode, "Whose Child Is This?" airing Wednesday, Sept. 4, 8:00 - 8:30 p.m. Much of the series action centers on a neighborhood barbershop in Washington, D. C., that Clifton inherited from his father.

TV THIS WEEK

BASEBALL PRE-GAME SHOW - On Channel 40, at 7:25 p.m.

BASEBALL - The Giants meet the Dodgers on Channel 40, at 7:30 p.m.

THE NEW PRICE IS RIGHT - On Channel 10, at 7:30 p.m.

POLICE STORY - Starring Smokey Robinson, on Channel 3, at 10:00 p.m.

MISSION: IMPOSSIBLE - Starring Greg Morris, on Channel 13, at 11:30 p.m.

WEDNESDAY

SEPTEMBER 4

HOLLYWOOD SQUARES - With Pearl Bailey, on Channel 3, at 10:30 a.m.

LET'S MAKE A DEAL - On Channel 10, at 1:30 p.m.

PRICE IS RIGHT - On Channel 10, at 2:00 p.m.

NEWLYWED GAME - On Channel 13, at 2:00 p.m.

THURSDAY

SEPTEMBER 5

HOLLYWOOD SQUARES - With Pearl Bailey, on Channel 3, at 10:30 a.m.

LET'S MAKE A DEAL -On Channel 13, at 1:30 p.m.

PRICE IS RIGHT - On Channel 10, at 2:00 p.m.

NEWLYWED GAME - On Channel 13 at 2:00 p.m.

MATCH GAME - With Scoey Mitchill on Channel 10, at 2:30 p.m.

SESAME STREET - On Channel 6, at 4:00 p.m.

MIKE DOUGLAS - With the Pointer Sisters on Channel 10, at 4:00 p.m.

NFL FOOTBALL - The Pittsburgh Steelers vs the Dallas Cowboys, on Channel 3, at 6:00 p.m.

TOMA - Crime drama starring Hilly Hicks, on Channel 13, at 10:00 p.m.

MISSION: IMPOSSIBLE - Starring Greg Morris, on Channel 13, at 11:30 p.m.

FRIDAY

SEPTEMBER 6

HOLLYWOOD SQUARES - With Pearl Bailey, on Channel 3, at 10:30 a.m.

LET'S MAKE A DEAL - On Channel 13, at 1:30 p.m.

PRICE IS RIGHT - On Channel 10, at 2:00 p.m.

NEWLYWED GAME - On Channel 13, at 2:00 p.m.

MIKE DOUGLAS - With the Pointer Sisters, Erroll Garner, and Angela Davis, on Channel 10, at 4:00 p.m.

CONCENTRATION - On Channel 10, at 7:00 p.m.

POLICE SURGEON - On Channel 10, at 7:30 p.m.

SANFORD AND SON - Starring Redd Foxx and Demond Wilson, on Channel 3, at 8:00 p.m.

GOOD TIMES - Starring Esther Rolle, John Amos, and Jimmy Walker, on Channel 10, at 8:30 p.m

MISSION: IMPOSSIBLE - Starring Greg Morris, on Channel 13, at 11:30 p.m.

MIDNIGHT SPECIAL - With Marvin Gaye, on Channel 3, at 1:00 a.m.

HOLLYWOOD BEAT

By BILL LANE

NATRA's recent convention here left one main thought in the minds of many who attended the weeklong affair at the Century Plaza hotel, and that was the realization that Black radio folk are now determined to better their lot in their medium.

Even before FCC Commissioner Ben Hooks spoke to them they had been made aware of their obligations to help in changing the lot of the Black man and woman in radio and television. All they had to do, however, was to look back over their years in the media and find where they were coming from. Not many changes. Still the same story: Blacks more often doing only Black-orientation broadcasting. In each city, a Black conducting a radio or a TV show having only to do with Black topics or Black-interest themes, operating on cheap budgets and never considered for advancement into overall production.

From the time the "Today" show hits on TV each weekday morn until late-night closeout, the same diet of white hosts on regular shows, with Black guests and Black topics occassionally. The myriad game shows, just like when they started years ago, still having nothing but white hosts. The countless white news commentators riding the nightly networks. Only once in a while a Black newsman coming through on white-anchored programs. Only once in a while to see Black newsmen like Gordon Graham or Bill Matney. If one wants to see Blacks one has to watch "Sanford & Son" or "Good Times," both shows produced by whites.

Really, it has gotten to the place where it could possibly be concluded that Black viewers of TV and Black listeners of radio actually believe Blacks can be considered as hosts on these media when they are doing a local thing having to do only with Blacks. More often, nationally, it amounts to that.

The other morn I heard here on KABC Talk Radio Jewish communicaster Michael Jackson in a national telephone call to a Jewish writer David Halverstram talk about topics involving the Presidency, world economics, peace and politics in general. Not one time did they talk about anything Jewish. Often, I wonder why when a Black goes on radio or TV and talks about social topics he has to, or is expected to, become a ready spokesman on all topics Black: The Black Experience, The Black Community, etc, ad infinitum.

Despite the fact that comic Dick Gregory titled one of his books "Nigger," he affords a great relief whenever he goes on radio and talks about world peace and his protest against world hunger, and dieting habits, as affecting people in general. He talks in the fashion of the late Dr. Ralph Bunche and the late Dr. Martin Luther King about peoples of the world.

HOW long must one wait for the day some Black being interviewed on the air media, and is asked about Black people, says: "I am Black, true, but I am not an expert on Blacks," How long must we wait for network television to have a Black producer? Or a Black producer of a show not having a thing to do with race? How long for a Black host a game, or a news, or a documentary series not having to do specifically with Blacks?

Too much to ask? Not so. It should be a demand. Blacks are human beings, who pay taxes and buy things like anybody else. If you don't think so, ask yourself why you see so many Blacks today doing television commercials. Surely not because Black is so beautiful. Can it not be because Blacks buy those products advertised?

Credible, when you realize that sixty percent of the scotch whiskey of this nation is purchased by Blacks. Understandable when you realize that Black women buy more lingerie than do white women in these United States. There are other startling sales facts--the same facts that prompted the abundance of Blacks in TV commercials.

MOTOWN turned out the Century Plaza Hotel the other night when it staged its big show as part of the big NATRA Confab. Columbia Records had done a beautiful show, featuring Tavares, Nancy Wilson, Gene Redding and Billy Wallace, with Miss Wilson giving her audience a listen to some of the songs from her newest Capitol album, "All In Love is Fare," from the Stevie Wonder song.

But when Motown struck the scene, it was bedlam, the main ballroom holding more people than it had ever held before since the hotel was built. Doing their thing were The Tempations, Thelma Houston, G.C. Cameron, Smokey Robinson and The Jackson 5, Plus Three.

The Jackson family tore it up, giving their all in a performance that was almost historic, bedazzling their packed house with their sheer entertainment genius. They incredibly drew standing ovations all through their show. The crowd got a chance to see the kind of show the Jackson 5 put on in Las Vegas for packed houses at the MGM Grand Hotel, where they'll do a command return Aug. 21. It seems that the careers of the Jacksons are only just beginning.

HARRY BELAFONTE hurried from his last show in Las Vegas the other night not to his long-awaited vacation, but to a special lawn party held at the expansive Beverly Hills home of Eugene V. Klein for benefit of the Marianne Frostig Learn & Return Center. He brought along his entire troupe, including Letta Mbula and Rhetta Hughes, plus the fantastic Sivuca.

THELMA Houston's new record blaster in "You've Been Doing Wrong For So Long." And lookout for an ear-opening new recording hit-to-be by The Dynamic Superiors, about "Shoe-Shoe Shine, Used To Cost a Dime." And The Jackson 5 surely have another winner in their nextup Motown platter, a Parts One & Two gem, titled "I Am Loved." Side One features a song by Jermaine Jackson that's sure to please millions of young ladies. The other side, the one to get the primary airplay, is featuring the group in one of their typical best-selling music-song excursions.

NEW LP RELEASES

The Temprees

Eddie Floyd

Isley Brothers

Margie Joseph

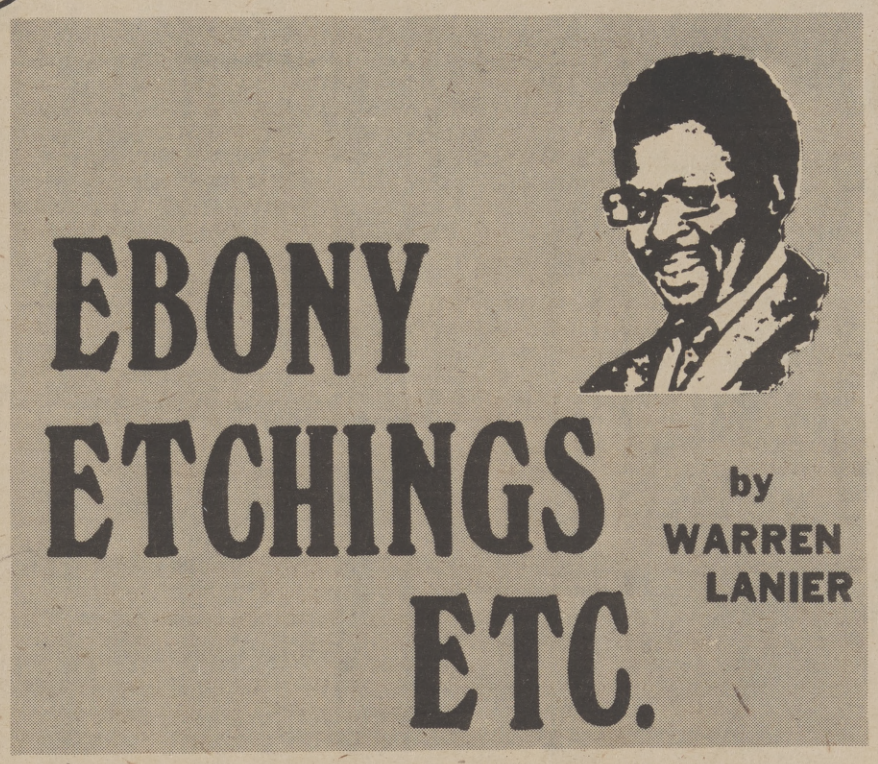
Earth, Wind & Fire Staple Singers

THESE RECORDS ARE AVAILABLE AT ANY COLE'S VARIETIES

Stockton

3900 Broadway, Sacramento 457-1835

2442 South Airport Way, 463-1169



"PEOPLE ARE TALKING ABOUT. . ."

COUNCILMEN DAVE CUNNINGHAM and BOB FARRELL filling in for Mayor Tom Bradley, to officially welcome CECIL HALE, President, and the visiting delegates of "THE 19th ANNUAL NATRA CONVENTION TO THE CITY OF LOS ANGELES, and presenting him with the Official "KEYS" to the City at an opening night cocktail party that was hosted by HOSEA WILSON and BARRY WHITE and his lovely wife, GLODEAN, and OTHER EXECUTIVES, including Russ Regan and Staff of 20th CENTURY RECORDS that really got the NATRA CONVENTION off to a fantastic start... THE BIG BOO-BOO of a West Coast Newspaper . . . which made a running of the picture of Brenda Lee and named her as being Joyce Earl ... THE MOST MOMENTOUS MUSCIAL EVENT IN HISTORY . . . with an impact that only the Monterey Pop Festival and Woodstock crowd could bring, will take place in the African Nation of the Republic of Zaire (formerly the Belgian Congo) . . . The ruling made by the Writers' Guild of America, establishing the fact that "Black" FRED HUDSON is to receive sole screenplay-writer credit for the film, "The Education of Sonny Carson." . . . The memorable cameo role of FLIP WILSON in "UPTOWN SATURDAY NIGHT," as the first motion picture role for this dynamic television personality . . . For the past four years Flip has been almost totally engaged in "The Flip Wilson Show," on TV and never had enough time off. Now, he's reportedly planning more film work, including production which should be out-o-sight . . . HARLEM REPRESENTATIVE, CHARLES RANGEL, who is also chairman of the "House Black Democratic Caucus" being endorsed by the New York County Republicans for re-election, even tho Rangel was one of the first and strongest advocates for the impeachment of President Nixon . . . COMEDIAN DICK GREGORY completing his 900-miles from Chicago to Washington in 30 days without solid food, to "protest against world hunger" and also as a statement about "our over-eating habits in this country" . . . It was a mighty big thing for a 42-year-old oldster, even though he once starred in track at Southern Illinois University . . . J. BRUCE LLEWELLYN, President of Freedom National Bank, and Head of FEDCO, the largest minority - operated food chain in the country -- warning leaders of the Democratic Party recently, that this country is "going to have a massive social upheavel" if mass employment continues among Blacks while the Federal Government concerns itself primarily with other priorities ... MARVIN GAYE, who stopped touring for nearly five years to restrict his vocalizing to the recording studio recently returned as a singing hero before a crowd of 17,000 in Washington's Capital Centre . . . ATLANTA'S UNIVERSITY CENTER CHANCELLOR, having held the first meeting of the City's Commission in Future Funding on August 6. Mayor Maynard Jackson named Mr. Carter Chairman of the Commission which will study the fiscal needs of the city and project future funding possbilities . . . MOM MABLEY'S "Slappy White and Stepin' Fetchit" making public appearances in Atlanta, Memphis and Pittsburgh promoting the new flick, "AMAZIN' GRACE" in which "MOMS and SLAPPY" star . . . New York City versus Philadelphia at the 26th basketball confrontation, on August 25, when the NYC Holcombe Rucker Basketball League meets the Philadelphia Youth Athletic Association at the City College Gym as four teams from each city compete.

HOLLYWOOD HOTLINE . . .

"ZAIRE '74," an all 'Historic-All-Black, Three-Day Music Festival, is being set for the African Republic of "Zaire," September 20 thru 22. Promoters of the Festival are Don King and Lloyd Price and are heading up the festival of "ZAIRE, INC." King and Price have been granted rights by the president of Zaire to present this musical festivity preceding the FOREMAN-ALI fight. The Festival in Zaire, Inc., with "ZAIRE '74," headed by Stewart Levine and High Masekala have stated that "Zaire '74" will bring together in a "Black" cultural explosion' the elite of Black-American contemporary pop-rock performers with their African counter-parts, as well as outstanding Black artists from other nations around the world."

"ZAIRE '74" will be part of a week-long celebration leading up to the world's heavyweight championship fight between world champion, George Foreman and Challenger and former champion, Muhammad Ali. "Zaire 74" will also be a spiritual commitment by Blacks from all over the world, bringing together two cultures linked by a similar heritage and joined in a celebration of life, a re-dedication through music, and the communication of our generation by young and old alike."

THE MIND EXPANSION LECTURE and Transcendental Meditation which will be held on August 25, in Hollywood at 4:00 p.m., that will help you keep your head on straight.

PROFILE OF A PROFESSIONAL . . .

Hard work and professional standards are not uncommon in a field where professionalism is a must. However, on a rare occasion one comes across a talented and beautiful person whose creative abilities extend into every area of the entertainment field. Her formative years and early childhood were unlike others in Harrisburg, Pennsylvania, where she grew up, surrounded by nine brothers and sisters. Being the youngest, she always tried new and challenging ways to become a separate identity. Thus, it wasn't long before the young, skinny, long-legged girl was shuttling her friends back-and-forth across town staging plays and dancing their hearts out to raise money for costumes. As a result, her early years were spent training to reach her ultimate goal of becoming an entertainer. While in high school, she participated in the drama club where the crowds' applause, and her peers' adulation gained her the confidence and drive to continue her onward path to success. Her work in the field of entertainment soon came to the attention of a Philadelphia theatrical group; who, in exchange for her selling tickets and working backstage in their theatre, sponsored her as a debutante.

This coming out affair became hometown and state news, and enhanced her determination to be somebody.

Arriving in New York in the spring -- time is enough to give any aspiring actress hope, and it was no different for this aspiring actress. Immediately upon arrival she won an off-Broadway role as Doris Wilkes in "THE OWL AND THE PUSSYCAT," and became the hit of an often critical- spoiled New York audience.

"Good Times," the Tandem Productions series for CBS-TV, has been named Television series of the Year by Pepperdine University in Los Angeles, where the entire student body honored the show and its cast for "helping to educate the public in understanding the sociological issues of our times." Presenting the awards were student body president, Alan Nelson, second from left, and vice president Mike Garcia, right, to produce Allan Manings and cast members Janet DuBois, John Amos, Ralph Carter, Esther Rolle, and Bernadette Stanis.

Piano Forum At Monterey Jazz Festival

The opening show of the 17th Annual Monterey Jazz Festival -- Friday, September 20 -- will feature major pianists from several countries, according to festival general manager, Jimmy Lyons.

Billed as "The International Piano Forum," performers for this portion of the September 20 concert are John Lewis, Eubie Blake, George Shearing, Martial Solal and Dillwyn Jones. Other artists for this and other shows in the five concert series will be announced soon.

John Lewis, a perennial favorite at the annual festival, was for 21 years the musical director of the famed Modern Jazz Quartet.

Raised in Albuquerque, New Mexico, Lewis first gained prominence as a performer and artist with Dizzy Gillespie in 1946. He founded the MJQ in 1952. Both the quartet, newly disbanded, and Lewis has gained international fame, appearing in most of the countries around the world.

The 17th Annual Monterey Jazz Festival is scheduled for the weekend of September 20, 21 and 22. As in previous years, the five concert festival will be held in the 7,000-seat arena on the Monterey County Fairgrounds. Ticket prices are $7.50, $6, and $5 for the Saturday and Sunday afternoon concerts.

San Francisco Cow Palace
NOW THROUGH LABOR DAY

"ALONE IN ITS GREATNESS"

RINGLING BROS. AND BARNUM & BAILEY CIRCUS
THE GREATEST SHOW ON EARTH

Produced by IRVIN FELD and KENNETH FELD
Staged and Directed by RICHARD BARSTOW

RECORD BREAKING 1974 EDITION FIRST TIME IN THE BAY AREA

SAN FRANCISCO PERFORMANCES

AUGUST	A.M.	P.M.	P.M.
28 WEDNESDAY			7:30*
29 THURSDAY		2:30*	7:30*
30 FRIDAY		2:30*	7:30
31 SATURDAY	11:00*	3:00	8:00
SEPTEMBER			
1 SUNDAY		1:00	5:00
2 MONDAY		1:00*	5:00*

*SAVE $1.00 KIDS UNDER 12

All Seats Reserved — Tax Incl.
$4.00 - $5.00 - $6.00

SAVE $1.00 ON KIDS UNDER12
MON-THURS • FRI MAT • SAT MORN

TICKETS NOW ON SALE AT ALL 12 MACY'S STORES (Use Your Macy's Charge Card) • COW PALACE (334-4852) (Use Your Master Charge) • ALL 60 TICKETRON OUTLETS • THRAMS/BREUNER'S (444-8575) • DOWNTOWN CENTER BOX OFFICE (775-2021) • M/B Bway-MacArthur (654-8255) • BOOKMARK, Fremont (793-7010) • SAN JOSE BOX OFFICE (246-1160) • PENINSULA BOX OFFICE (941-3100) **AND ALL OTHER COW PALACE AGENCIES** • For Group Sales (415) 924-7274.

MAIL ORDERS: Send self-addressed, stamped envelope, with check or money order, payable to RINGLING BROS. CIRCUS, to Oakland Coliseum, Hegenberger Rd., Oakland, Calif. 94621 OR Cow Palace, PO Box 34206, San Francisco, Calif. 94134.

COLOSSAL! ★ STUPENDOUS! ★ MIGHTY! ★ THRILLING! ★ UNIQUE!

MADISON SQUARE 4
334-1578 Madison at Manzanita

1 PG
SIDNEY POITIER BILL COSBY and HARRY BELAFONTE As Geechie Dan in UPTOWN SATURDAY NIGHT
Plus Bill Cosby and Robert Culp 'HICKEY AND BOGGS'
"HICKORY" 5:30-9:30
"UPTOWN" 7:30

2 R
SUPREME COURT RULES, NOT OBSCENE!!! a Mike Nichols Film 'Carnal Knowledge'
AND
DUSTIN HOFFMAN THE GRADUATE
"GRADUATE" 5:45-9:30
"CARNAL" 7:45

3 PG
Arnold is a scream! STELLA STEVENS RODDY McDOWALL and ARNOLD
Plus WILLARD
"WILLARD" 6:15-9:45
"ARNOLD" 8:00

4 R
Mel Brooks' BLAZING SADDLES
Plus ALAN ARKIN CATCH-22
"CATCH" 5:30-9:30
"BLAZING" 7:45

SIDNEY POITIER · BILL COSBY
And HARRY BELAFONTE
As Geechie Dan

They get funny when you mess with their money.

PG

UPTOWN SATURDAY NIGHT

CO HIT
JAMES GARNER
"SKIN GAME"
BROADWAY AT 16th
TOWER THEATRE
SACRAMENTO 443-1981
"SKIN"
1:30-5:00-8:45
"UPTOWN"
3:15-7:00-10:35

CO HIT
WALTER MATHAU
"PETE N TILLIE"
7700 STOCKTON
SOUTHGATE DRIVE-IN
SACRAMENTO 422-2222
"UPTOWN"
8:15-11:50
"PETE"
10:05 ONLY

THE URBAN LEAGUE PRESENTS:

DELORES BRYANT and other members of the Sacramento Urban League staff will discuss the recent National Urban League Conference.

EQUAL OPPORTUNITY Day with a workshop and luncheon will also be discussed.

Produced by The Sacramento Urban League

13 KOVR
McCLATCHY BROADCASTING

SUNDAY AFTERNOON AT 2:30 PM

The Sacramento Observer

AUGUST 29 - SEPT. 4, 1974

FOOD FAIR

consumer tips

african recipes

desserts

snacks

casseroles

F

SECTION

The Sacramento Observer proudly presents this Special FOOD FAIR Supplement for our food-conscious readers. This which will be a continuing series of FOOD FAIR issues will provide shoppers and gourmets with indepth and unique recipes and local interviews. We are sure you will enjoy it.

From Soul Food To Black Cuisine

In recent years there has been a marked return of interest in what we call "Soul Food," magazine articles, newspapers and both have written about it.

Soul Food was born in the slave quarters of southern plantations and developed from the need for economy, simplicity, and creativity.

From its simple beginning, Soul Food has developed into a legitimate and delicious form of cookery centered on country fresh vegetables flavored with a variety of meats and eaten with corn bread and biscuits.

In the early pioneer days, the principle source of meat was of course the pig and all its parts were fried, baked, barbecued, aged in pot liquors and sugar cured ham.

Soul Food also includes big hominy and grits, sweet potatoes, gravies.

Food FAIR

The Sacramento Observer

Snap beans, collards, mustard and turnip greens, cabbage, okra and greens.

Today Soul Foods are part of America's unique cuisine that capitalizes upon a variety of regional tastes and influences.

They adapt themselves nicely to vegetable protein and prepare with a small amount of vegetable oil, they make an interesting, unusual and healthful addition to any menu.

VETERIAN SOUL FOOD HOMINY BAKE

1 29-oz. can yellow hominy drained
1 14-oz can Loma Linda Vegelonia, cubed
2 pkg. Smokey Bits Gravy Quick (make according to pkg. directions

Combine ingredients. Put into oiled casserole; add bread crumbs to top, and bake at 350 degrees until nicely brown on top.

HOPPING JOHN

1/2 lb. black-eyed peas
1 qt. water, boiling
1 onion chopped
1 can luncheon Loaf, cubed
1 cup raw brown rice, cooked separately

Wash black-eyed peas and soak overnight in cold water, or boil for two minutes and soak an hour longer.

Drain well; put into four quart kettle. Add boiling water and onions, cover and simmer for two hours or until peas are soft, add more water as needed. Add luncheon loaf and cooked rice. Salt to taste. Simmer until all liquid is absorbed.

Two or three tablespoons of food yeast may also be added if desired. Garnish with chopped parsley.

LENTILS PROVINCIAL

1 can Loma Linda Lentils
1 can Little Links sliced (include juice) or other desired meat
1 onion, chopped
2 tablespoons oil
1/2 bay leaf, crushed
1 clove garlic, minced (optional)
1/2 tablespoon lemon juice

Saute onion, garlic, and bay leaf until onion is soft. Add all other ingredients and mix lightly. Bake in oiled casserole for 20 minutes. May be served hot or cold.

Serves four.

PRONTO VEGETABLE GUMBO

2 cups carrots, shredded
2 cups potato, shredded
1 onion, chopped fine
1 cup celery, chopped
Use some leaves
1 cup cream-style corn
2 tablespoons Loma Linda Chicken-like seasoning
1 pkg. cut okra, frozen or 1 lb. fresh
Salt to taste
2 qts. water

Ground meat, chicken or Loma Linda vegaburger may be added if desired.

Bring to boil quickly, then turn fire down and simmer for 20 to 30 minutes. Adjust seasoning and thickness. Serves six.

HOMEMADE NUTMEAT

Raw nut butter (maybe prepared by grinding raw peanuts into meal) 2 lbs.
5-1/2 cups water
5 teaspoons salt
1 cup flour, wheat meal, or soybean meal

Thin down nut butter with water to the consistency of heavy cream. Add salt and flour; put into covered or sealed cans and cook 4 hours at 10 lbs. pressure, or steam in steamer or double boiler.

YIELD: 2-1/2 to 3 lbs.

HOMEMADE PROTOSE

1 cup peanut butter
1 cup mashed beans
2 cups potato water or vegetable water
2 tablespoons corn starch
1 teaspoon chopped onion
1 teaspoon sage
Pinch of salt

Mix ingredients thoroughly and steam in a double boiler 3 hours, stirring occasionally. Let cool in double boiler. Turn out on platter, and slice.

STUFFED PROTENNA

1 large can protenna
1 teaspoon Savorex
1/4 cup hot water
2 tablespoons butter
1/2 cup bread crumbs
1 egg, well beaten
1/4 teaspoon salt
1/2 teaspoon sage
1/2 teaspoon celery salt
2 tablespoons grated onion

Hollow out the protenna with a knife. Dissolve the Savorex in the hot water; add the butter and allow to cool, and pour over bread crumbs.

Add well beaten egg, seasoning, and more water if necessary. Chop up removed protenna. Stuff into protenna shell and baste with Savorex water. Bake about 1 hour. May be stuffed with mushroom dressing if desired.

Local Spotlight

LASAGNA: AN ALL-WEATHER TREAT

You don't have to be Italian to enjoy Lasagna. In fact, all one really needs is a good taste for food. On hot summer days or days leading to cooler weather Lasanga is a treat in itself.

It's easy on the budget and it's easy on your time. You can whip it up in less than an hour. Served with a cool white wine or hardy red wine. Lasagna makes for delicious eating. Don't be surprised if the diners ask for seconds on this dish.

Mrs. Irene Charles, is a charming and warm person. If you add your own individual tender, loving care to the following menu, it could only be a sure winner.

LASAGNA WITH MEAT BALLS

If you like to make your own sauce, take:

2 tablespoons olive oil
1 small onion - diced
1 clove garlic - chopped
Brown lightly in saucepan
Add 1 No. 2-1/2 can tomatoes
1 teaspoon minced parsley
1 6-oz. can tomato paste
1/2 cup water
2 basil leaves or oregano
Salt and pepper to taste
Simmer in saucepan 15 minutes

MEATBALLS

1 lb. ground beef
1/4 cup bread crumbs
2 tablespoons chopped parsley
1/8 cup milk
2 eggs, beaten
3 tablespoons grated Parmesan cheese
Salt and pepper to taste

Mix thoroughly, shape into tiny meatballs.

Brown in frying pan with olive oil or butter.

Add to sauce and simmer together 30 minutes.

Take 1 lb. Mozzarella Cheese or fresh Monterey - sliced thin.
1/4 cup grated cheese
4 hardboiled eggs - sliced
1/2 lb. small curd cottage cheese, or Ricotta if available.

Cook 1 package Golden Grain Lasagna as directed.

Arrange baking dish with several spoonfuls sauce on bottom, a layer of cooked lasagna, several slices of cheese and eggs, Ricotta, several meatballs, top with sauce and grated cheese. Repeat until all ingredients are used. Top with sauce and cheese.

Bake at 375 degrees for 20 minutes. Serves six.

Famous Recipes Louis Loved Most

Had Louis Armstrong been destined for a cook, he would have created recipes and spread the fame of New Orleans in another manner. Luckily, another muse called him but he never forgot the aromas of the cooking in his native New Orleans and these followed him everywhere.

Many of these recipes were served the night Louis Armstrong played one of his final concerts, the night of Vernon Louviere's Inaugural Ball at the National Press Club in Washington, D. C. The great man of jazz regretted that his diet did not permit him to indulge but the memory was there.

To that memory, we have added even more recipes of the good New Orleans food Louis Armstrong loved best.

Listed are several of Louis Armstrong's most memorable times famous New Orleans special recipes.

Creole salad bowl

2 lbs. shrimp (small) boiled, peeled and deveined
2 heads of romaine
Enough watercress to garnish
2 Creole (or garden ripe) Tomatoes
1 green pepper
2 new white onions or a few cut up shallots
3 hard boiled eggs
French dressing*
1 small dill pickle
3 olives
2 tablespoons minced heart of celery
1 teaspoon Tabasco pepper sauce
Salt and pepper to taste
Paprika

Salt and pepper the shrimp and saturate well with some French dressing. *Mash egg yellows and make a smooth paste with more dressing.

Mince olives, 1/2 pickle, the white of one egg and celery.

Use the tender leaves of romaine and place alternately with the cress on a deep platter.

Cut tomatoes in slices (same being skinned and seeded) and place in center of platter with cut green pepper and onions.

Spread shrimp and pour egg paste over this.

Decorate with minced olives, pickles, other egg white rings and celery.

Strip the other half of the pickle and place here and there. Garnish with watercress and paprika, and chill before serving.

Baked chicken with corn bread dressing

3 small broilers
1 pan of cooked corn bread, according to any mix recipe
3 chicken livers
3 gizzards
1 lb. breakfast sausage, crumbled
2 cans chicken stock
1 large onion, minced
1 bell pepper, minced
1/2 cup parsley, chopped
1 tablespoon Worcestershire sauce
2 teaspoons Tabasco pepper sauce
Salt and pepper to taste
1 cup cooking oil
1/2 cup paprika

In a mixing bowl, break up the cooked corn bread and moisten with some of the chicken stock. Saute the gizzards and livers slightly and then cut up fine. Saute onions, bell peppers, garlic and parsley and add all this to the corn bread mixture. If more liquid is needed, add a little more chicken stock.

Add salt and pepper and all other seasonings. Mix well and divide so that each broiler has enough dressing to fill cavity. Truss chickens.

Heat some cooking oil in a skillet and brown the chickens lightly. Sprinkle paprika generously over the chickens and bake in a moderate oven about 350 degrees for one to one-and-one-half hours or until chickens are tender and done.

Baste frequently with a mixture of the remaining oil, paprika and chicken stock so that chickens are moist when finished.

Split broilers and serve hot. Also serve cold.

Food FAIR

The Sacramento Observer

Po boy sandwich 1

1 12-inch piece of New Orleans Po Boy Bread or the equivalent in other French Breads.
6 or 7 thin slices of well done roast beef
6 thin slices of tomato
Some thin slices onion
Enough shredded lettuce to line bread
Mayonnaise
Slices of pickles
Few dashes of Tabasco pepper sauce
Enough thick gravy to make the Po Boy really soppy.

Heat the bread slightly. Spread the mayonnaise and arrange the lettuce, tomatoes, onions and pickles. Over all this, arrange the hot slices of roast beef. Last, add a few drops of Tabasco pepper sauce to the hot gravy and pour over the roast beef slices. Close sandwich.

It is not a New Orleans Po Boy unless the juices drip down the sides of your chin.

Po boy sandwich 2

1 12-inch piece of New Orleans Po Boy Bread or the equivalent in other French Breads.
6 or 7 thin slices of hog's head cheese or souse
Creole mustard or a horseradish type mustard
Mayonnaise
Slices of pickles
6 or 7 thin slices of tomatoes
Enough shredded lettuce to line bread
Few dashes of Tabasco pepper sauce

Spread mayonnaise on bread and then mustard. Arrange lettuce, tomatoes and pickles. Arrange slices of hog's head cheese or souse, add a few drops of Tabasco pepper sauce and close sandwich. Serve cold.

New Orleans stuffed crab

Unless you live in New Orleans and can get and want to bother picking over fresh hard-shelled crabs, the following recipe is more convenient.

6 crab shells. Gourmet speciality shops now make imitation ones that are reusable
1 lb. claw crab meat
1 lb. white crab meat
1/2 cup minced onion or the equivalent in green onions, tops and bottoms
1/4 cup minced celery, with leaves
1 tablespoon garlic minced
1 large tomato, peeled, seeded and chopped
1 small bell pepper, chopped
1 tablespoon chopped parsley
Pinch of thyme
1 tablespoon Worcestershire sauce
Salt to taste
2 eggs
1 stick butter
2 cups of stale bread that has been moistened with some milk or the equivalent in commercial coarse bread crumbs

Melt butter in a skillet. Saute the onions, garlic, tomatoes, parsley and celery and green onions for about five minutes.

Stir all seasonings into egg and beat.

Squeeze bread crumbs of all excess liquid.

Combine sauted vegetables with bread crumbs. Add beaten eggs to crabs and combine with vegetables and bread crumbs. Mix well and taste for seasoning.

Fill individual shells and pile high. Dust with bread crumbs and paprika and sot with butter and bake in a moderate oven until done and golden brown.

VARIATIONS: These may be rolled into bite size balls, dipped in seasoned flour, egg wash and fish fry or bread crumbs and fried. Serve as hors d' eouvres with cocktail sauce.

Jabalaya

3 tablespoons bacon or ham fat
1 lb. ham, cut into cubes
3 cups finely chopped onions
3 cloves garlic, finely minced
1/2lb. country sausage cut into slices
2 large green peppers, cored, seeded and chopped
6 ripe tomatoes, cored and cut into wedges
1 2-lb. three-ounce can of Italian tomatoes
1 small can tomatoes paste
Salt and freshly ground pepper to taste
1/2 teaspoon dried or 2 sprigs fresh thyme
1/2 cup chopped celery tops
1/2 cup finely chopped parsley
1 or 2 fresh or dried bay leaves
2 lbs. raw shrimp
1 quart water
1 tablespoon crab boil (available in many sotres where spices are sold). Optional
1/2 teaspoon Tabasco pepper sauce
1 lemon sliced
2 cups rice
2 dozen oysters

In a heavy kettle or Dutch oven heat the fat and add the ham, onion and garlic. Cook, and brown. Add the sliced sausage, canned tomatoes, fresh tomatoes and tomato paste. Add salt and pepper, thyme celery tops, parsley and bay leaves - cover and simmer for two hours.

Meanwhile, put the shrimp in a saucepan and add the water, crab boil, lemon and Tabasco -add salt, bring to boil and turn off heat. Drain the shrimp, squeeze and reserve the cooking liquid. Peel the shrimp if unpeeled.

When the tomato sauce has cooked, add the rice and the liquid in which the shrimp has cooked. Cover again and cook for 20 minutes or until the rice is tender. Add the shrimp and oysters for the last ten minutes of cooking. Remove the bay leaves and serve hot. Yield: Six generous servings.

Pear Pie With Ginger Topping

For something just a little different, bake a pear pie. Thicken the juices slightly with Argo corn starch and top it with a crumb topping which includes chopped nuts and just enough ground ginger to add snap to the delicacy of the pear flavor.

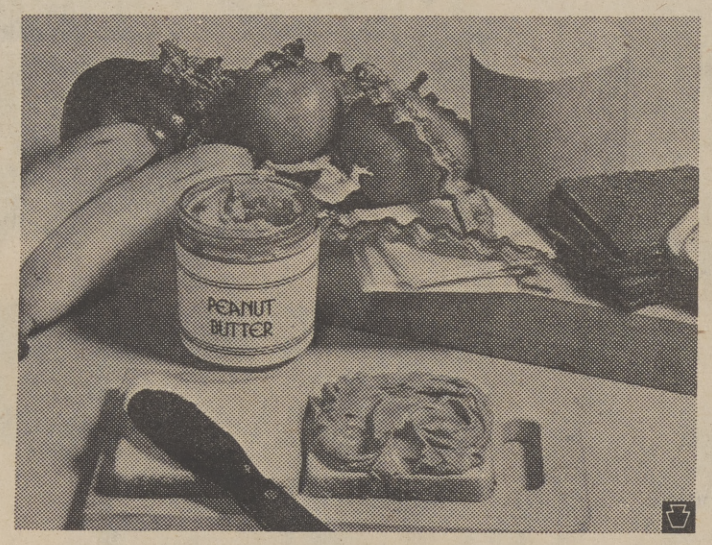
PEAR PIE
WITH GINGER TOPPING

1 unbaked 9-inch pastry shell
4 Bartlett pears
3 tablespoons corn starch
1/8 teaspoon salt
1/4 teaspoon ground ginger
1/2 cup water
1/2 cup dark corn syrup
1/2 teaspoon grated lemon rind
1 teaspoon lemon juice
1 tablespoon margarine
1 recipe Ginger Topping (below)

Peel and core pears; cut into thin slices. Mix together corn starch, salt and ginger; add water and stir until smooth. Add corn syrup, lemon rind, juice, margarine and pears. Heat over low heat, stirring constantly, until mixture thickens and comes to a boil. Pour into pastry shell. Top with Ginger Topping and bake in a 425 degree oven 15 minutes until lightly browned. Cool before serving. Makes 1 (9-inch pie).

GINGER TOPPING

Mix together 1 cup sifted flour, 1/2 cup firmly packed brown sugar and 1/4 teaspoon ground ginger. Cut in 1/2 cup margarine until mixture resembles coarse crumbs. Add 1/2 cup chopped peacans, walnuts or almonds.



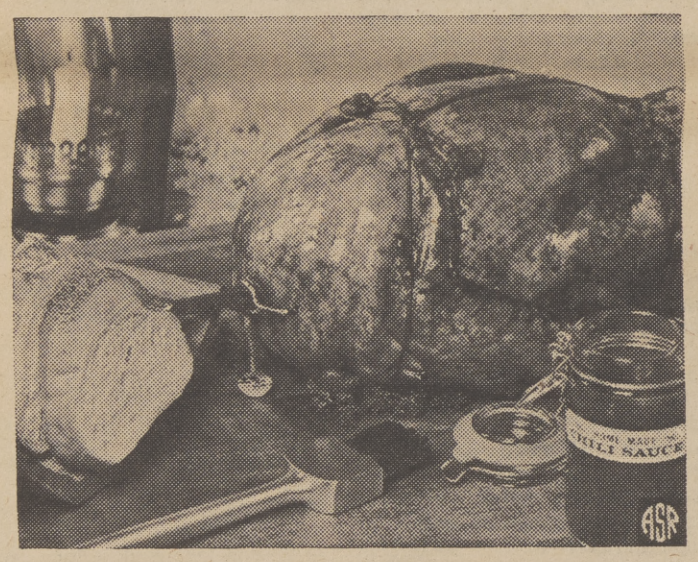
Peanut Butter Is Nutritious

Copy a St. Louis restaurant owned by one of the players on the St. Louis Blues hockey team and serve their nutrutious specialty -- "Mom's Own Peanut Butter and Jelly Sandwich with Banana Slices." To give you an idea of just how nutritious the sandwich is, here are the figures. For the nutrients in the sandwich as a whole, look at the last column.

NUTRIENTS IN A PEANUT BUTTER SANDWICH WITH JELLY AND BANANA

Nutrients Per Serving	2 Tbsp. Skippy Peanut Butter	With 2 Slices Enriched White Bread	With 1 Tbsp. Jelly	With ¼ Medium Banana
Calories	190	310	365	431
Protein, grams	9	13	13	13
Carbohydrates, grams	5	28	42	57
Fat, grams	16	18	18	18
Percentage of U. S. Recommended Daily Allowances (U. S. RDA)				
Protein	15	20	20	20
Vitamin A	*	*	*	2
Vitamin C	*	*	*	10
Thiamine	*	8	8	10
Riboflavin	*	4	4	6
Niacin	15	20	20	20
Calcium	*	2	2	2
Iron	2	8	8	10

*Contains less than 2 percent of the U. S. RDA for these nutrients



Barbecue A Summer Turkey

For a summer patio party, consider barbecuing a whole turkey for ease of preparation, plenty of high protein meat and delicious flavor.

Use the biggest turkey your equipment will handle for outdoor charcoal barbecuing -- 6 to 12 pounds is about right. If turkey is fresh-frozen, thaw, rinse and pat dry. Rub one to two tablespoons of barbecue salt inside cavity. Do not stuff, since the flavor of stuffing tends to detract from delicate barbecue flavors.

Next, tie wings securely over breast -- drumsticks should either be tied together or tucked in the band of skin at the end of the turkey.

Insert spit rod in front of tail; run diagonally through breast bone. Fasten tightly with spit forks at both ends. Tie securely with twine. Test carefully for balance and re-adjust until satisfactory.

Rub turkey with oil and insert meat thermometer into thickest part of breast or thigh. Cook according to timetable below. Turkey is done when meat thermometer reads 180-185 degrees.

It's not surprising that turkey is known as the summer's best meat buy with the highest protein content, a low fat content and the lowest cholesterol level of other popular meat cuts.

Bright, Light And Cool Cranberry Sangria

Bright, light and oh so cooling -- Cranberry Sangria is a party-perfect idea for a summer buffet, or a tantalizing taste teaser to add merriment to a mid-summer family supper. In Spain, the fruitful sangria drink is served traditionally in a pitcher with a wooden spoon to keep all the ingredients well mixed before each serving. But it is so colorful, why not serve it in a large glass bowl and fill it with cherry red berry cubes. Yes, for an elegant touch make the ice cubes from cranberry juice cocktail. Just freeze cranberry juice right in your ice trays ahead of time, and they'll be ready when you mix together the ingredients for your sangria.

SPARKLING SANGRIA
(Makes 2 quarts)

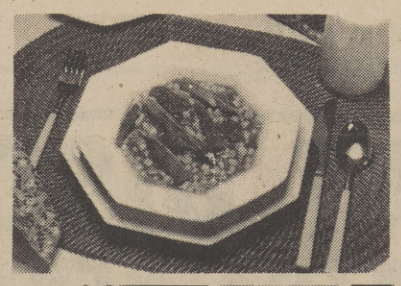
2 canned or fresh peach halves
1 orange, sliced
1 lemon, sliced
1 lime, sliced
1 qt. Ocean Spray cranberrry juice cocktail, chilled
1 qt. sweet red wine, chilled
Sugar to taste

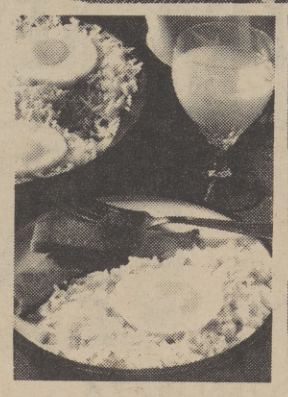
Place fruit in a pitcher or punch bowl and crush with the back of a long handled spoon. Add cranberry juice and red wine. Add sugar to taste. Stir to dissolve sugar. Garnish with fruit slices. If desired, add cranberry rocks or ice cubes. Pour into glasses. To prepare cranberry rocks, pour cranberry juice cocktail into ice cube trays and freeze until hard.

Food FAIR
The Sacramento Observer

Much more flavor
and it's made in Sacramento

food FAIR





SHRIMP CREOLE

3 lbs. small or medium raw shrimp (tails)
3 green peppers
1 small can tomato paste
1 bunch chopped green onions
1/2 clove garlic finely minced
1/3 cup cooking oil
3 heaping tablespoons flour
3 dashes Tabasco
4 to 5 cups boiling water
Salt and pepper to taste

Boil shrimp five minutes, preferably in Shrimp Boil available in most spice racks. Drain. In fry pan or skillet (preferably heavy iron) make a roux by stirring oil and flour briskly until golden brown. Throw away if scorched and start over. Add green onions and garlic and brown slightly. Add shrimp, salt and pepper. Stir in roux and onions until shrimp is well coated (about 15 minutes). Add tomato paste, green peppers, Tabasco and one cup boiling water and continue stirring for 10 to 15 minutes). Add slowly, enough of boiling water to make rich sauce and turn on low heat. Continue stirring short while shrimp is well coated. Serve on bed of cooked white rice.

GRITS BUTTER

1 lb. butter or margarine
4 tablespoons seasoned salt
4 tablespoons Worcestershire sauce
1 teaspoon garlic powder
2 tablespoons fine herbs
1 teaspoon Tabasco pepper sauce

Allow butter to reach room temperature and whip in all other ingredients to make a whipped seasoned butter. Cook grits according to package directions (either quick three minute, instant or regular), substituting one half milk for the water required.

Put two heaping tablespoons of the seasoned whipped butter for every three cups of liquid and bring to a boil and continue to cook grits according to directions.

This seasoned butter may also be used to butter any freshly cooked vegetable or from the frozen line, by simply cooking, draining and tossing with the seasoned butter.

VARIATIONS: Should any grits be left over, allow to get cold, cut into squares and fry in butter.

Soulful Recipes
Guaranteed To Please

PORTLAND LOAF WITH GRAVY

(Yield, 8-10 Servings)

14 oz. can Battle Creek Protose, ground
12 Worthington Veja-Links
3 eggs, separated
2 cups Cream
1/4 cup Craker crumbs
1/4 tsp. Mace
1/8 tsp. Celery salt
Salt to taste
1/2 cup Onion, chopped
5 drops Red food coloring

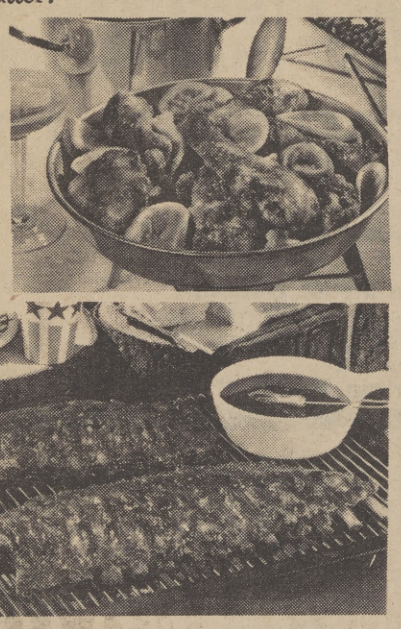
Soak cracker crumbs in cream and mix ground Protose, egg yolks, Veja-Links celery salt, mace, salt, and red coloring.

Saute onions lightly in oil, and add to loaf mixture.

Beat egg white stiff and fold through lightly.

Steam in oiled loaf pans for one hour.

Serve with a light country-style gravy. Sprinkle with chopped parsley.



CURRIED TURKEY WITH DUMPLINGS

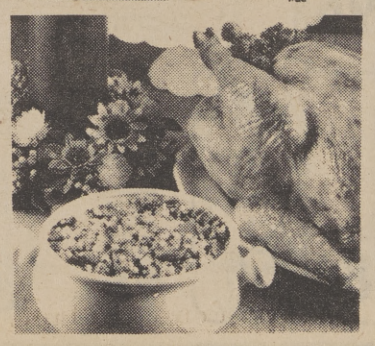
(Makes 6 servings)

STEW:
1/4 cup butter or margarine
1/4 cup flour
6 cups water
1 teaspoon salt
1 teaspoon curry powder
1 10-oz. pkg. frozen peas and carrots
2-1/2 cups chopped cooked turkey
12 small white onions

DUMPLINGS:
1-1/2 cup sifted flour
1 teaspoon salt
2 teaspoons baking powder
1/4 cup shortening
1/2 cup quick or old fashioned oats, uncooked
1 tablespoon chopped parsley
1 cup milk

For base, melt butter in large kettle or pot. Add flour, stirring until smooth. Slowly stir in water. Add salt, curry powder, vegetables, turkey and onions; bring to boil. Reduce heat. Cover and cook over medium heat 5 minutes.

For dumplings, sift together flour, salt and baking powder. Cut in shortening until mixture resembles coarse crumbs.



DIRTY RICE

17-18 sets of chicken livers and gizzards
1 lb. ground meat
4 medium sized onions, chopped
2 medium sized bell peppers, chopped
4 stalks celery, chopped
4 green onions, chopped
1/2 cup chopped parsley
2 small cans mushrooms, pieces and stems
1/2 cup cooking oil
1 whole egg
1 tablespoon Worcestershire sauce
2 teaspoons Tabasco pepper sauce
2 cloves garlic, minced
6 cups cooked rice

Lightly cook livers in a little butter to hold together. Either chop livers and gizzards or put through a food chopper.

Brown chopped livers and gizzards with ground meat in oil. Saute onions, celery garlic and parsley and green peppers in this mixture. Add water to pan to at least one inch.

Simmer mixture for 2 to 3 hours in a covered pan.

Add mushrooms, salt, pepper, Worcestershire sauce, Tabasco pepper sauce and canned mushrooms and simmer for another 15 minutes.

Allow to cool and skim off all excess fat.

Toss this mixture with six cups of cooked rice, the green onions and one whole egg. Mix well and reheat in a very low oven and serve with any meat or fowl.

OLD-FASHIONED GRILLADES

6 individual veal seven steaks
1-1/2 cups seasoned flour (salt pepper and thyme)
8 medium sized gravy tomatoes (over ripe) quartered
2 large yellow onions, sliced
1/2 stalk celery, with leaves, cut into 3" lengths
2 large bell peppers, quartered
1/2 cup coarsely chopped parsley
1 can tomato sauce
2 bay leaves
1 clove garlic, minced
2 cups beef stock
1 cup dry red wine
1/2 teaspoon Tabasco pepper sauce
1 teaspoon Worcestershire sauce
1/2 lb. butter or margarine
Salt and pepper to taste

In a heavy skillet, melt the butter or margarine. Dredge the seven steaks in the seasoned flour and brown them lightly in the melted butter or margarine. Remove the lightly browned steaks to a Dutch Oven, alternating layers of the steaks and the cut up vegetables. Combine red wine with the beef stock and other seasonings and pour over the veal and vegetables.

Cover and cook in a moderate oven until the veal is tender but not falling apart, about one hour. Remove the veal from the vegetable mixture and keep warm. Strain the vegetable gravy to remove all the pulp, using either a sieve or cheese cloth. The gravy should have the consistancy of light cream and if it needs thickening, this can be done with a little kneaded butter and flour added to the hot sauce, about one tablespoon of each.

Pour the gravy over hot veal steaks and serve with grits.

VARIATIONS: Veal rounds may be used instead of veal seven steaks. Beef rounds may be used as well but they will require a little longer cooking time.

Lucky
DISCOUNT SUPERMARKETS
WE DISCOUNT EVERYTHING *Except* QUALITY, COURTESY, SERVICE

EVERYDAY DISCOUNT PLUS EXTRA KEY BUYS

COPYRIGHT © 1974 by Lucky Stores, Inc. — All Rights Reserved

Prices are Discounted and Single Item Priced Except on Fair Traded and Government Controlled Items.

Prices are effective Wednesday, August 28, 1974 through Tuesday, September 3, 1974.

All Stores Will Be CLOSED Labor Day, Sept. 2nd.

HARVEST DAY BUNS
Hot Dog - Plain, Hamburger - Plain or Sesame . . . Pkg. of 8 **34¢**

NALLEY'S DILL PICKLES
Banquet, Chips, Polish or Garlic . . . . . 48 oz. Jar **69¢**

OH BOY FROZEN PIZZA
Cheese — Twin Pack . . . . . 32 oz. Pkg. **89¢**

DEL MONTE GOLDEN CORN
Cream Style or Whole Kernel . . . . . 17 oz. Can **25¢**

CHRIS & PITTS BAR-B-Q SAUCE
Mild or Hickory . . . . . .14 oz. Bottle **34¢**

CAMPBELL'S SOUP
Cream of Mushroom
. . . . . 10 3/4 oz. Can **19¢**

LADY LEE SKINLESS FRANKS
Meat
. . . . . 12 oz. Pkg. **59¢**

FROZEN FOODS

- **Orange Juice** FLAV-R-PAC 100% Pure (12 oz. 36¢) (16 oz. 48¢) 6 oz. Can **19¢**
- **Hash Brown Potatoes** ORE-IDA 32 oz. pkg. **64¢**
- **Banquet Dinners** Chicken, Salisbury Steak, Turkey, Veal Parmagian 11 oz., or Fish 8¾ oz. . . . . pkg. **47¢**
- **Brown N Serve Sausage** SWIFTS Assorted Varieties . . . . . 8 oz. pkg. **89¢**

BREAD-CEREAL-FLOUR

- **Harvest Day Bread** White or Wheat Regular or Sandwich 16 oz. loaf **31¢**
- **Kellogg's Corn Flakes** 18 oz. pkg. **57¢**
- **Fudge Brownie Mix** BETTY CROCKER 22½ oz. pkg. **91¢**
- **Gold Medal Flour** (Key Buy 10 lb. 1.69 . . 25 lb. bag **4.09**

DAIRY PRODUCTS

- **Lady Lee Butter** Grade AA - Cubes 1 lb. pkg. **80¢**
- **Carnation Coffeemate** 16 oz. jar **1.09**
- **Cheese Food Spread** KRAFT Velveeta . . . . . 16 oz. pkg. **89¢**
- **Lady Lee Margarine** Cubes 1 lb. pkg. **55¢**
- **Lady Lee Eggs** Grade AA Dozen Carton
  Extra Large: **73¢** Large: **66¢** Medium: **61¢**

DELICATESSEN

- **Farmland Canned Ham** 5 lb. can **6.39**
- **Lady Lee Dips** French Onion, Clam or Garlic 8 oz. ctn. **45¢**
- **Lady Lee Salads** Assorted Varieties and Gelatins . . . . . 15 oz. ctn. **44¢**
- **Oscar Mayer Bologna** Sliced Meat . . 8 oz. pkg. **75¢**
- **Oscar Mayer Beef Salami** Sliced . . . . . 8 oz. pkg. **83¢**
- **Oscar Mayer Wieners** Meat or Beef . . 1 lb. pkg. **1.15**

LIQUOR & WINE

- **Harvest Day Wine** Burgundy, Vin Rose, Chablis or Pink Chablis . . . ½ gallon **1.39**
- **Inglenook Navalle Wine** Burgundy, Chablis, Rose, French Colombard or Ruby Cabernet . . . . . magnum **3.29**
- **Lucky Gin or Vodka** 100% Natural Grain Spirits Case Price is **40.93** or **3.41** per Bottle when you buy a case of 12. . . . . 5th **3.79**
- **Lucky 86** Straight Kentucky Bourbon — Case Price is **43.09** or **3.59** per Bottle when you buy a case of 12 . . . . . ½ Gal. **3.99**
- **Barcardi Rum** Silver or Amber 5th **5.29**

Available ONLY at stores with in-store liquor departments.

SUNSHINE TRU BLU COOKIES
Lemon, Chocolate or Vanilla
. . . . . 25 oz. Pkg. **59¢**

OTHER ITEMS

- **Wylers Drink Mixes** Assorted Flavors Sugar Sweetened . . . . . 12 oz. pkg. **62¢**
- **Kool-Aid** Assorted Flavors, Sugar Sweetened . . . . . reg. pkg. **18¢**
- **Playtex Tampons** Regular or Super pkg. of 30 **1.19**
- **Pabst Beer** 12 oz. cans . . . . . pkg. of 12 **2.39**
- **Golden Crown Beer** 12 oz. cans . . case of 24 (12 for 2.15) **4.19**
- **Harvest Day Beverages** Assorted Flavors Regular or Sugar Free . . . . . 12 oz. can **14¢**
- **Dentyne Bonus Pack Gum** Cinnamon or Spearmint . . . . . pkg. of 18 **16¢**

FRESH FRYERS
USDA Grade A Whole Body . . . . . lb. **39¢**
Cut-Up . . . . . lb. **47¢**

BEEF CHUCK
Blade Roast . . . . . lb. **78¢**
7-Bone Roast . . . . lb. **89¢**

GROUND BEEF
. . . . . lb. **84¢**

SLICED BACON
Lady Lee . . . . 1 lb. pkg. **99¢**
Thick . . . 2 lb. Pkg. **1.97**

YOUNG TURKEYS
Harvest Day - USDA Grade A, Frozen Self Basting (approx. 16-22 lb. avg.) . . lb. **54¢**

SMOKED HAM
HYGRADE Fully Cooked, Boneless, Water Added (approx. 5-7 lb.) lb. **1.29**

BEEF **Round Steak** Full Cut, Bone-In . . . lb. **1.38**
BEEF **Chuck Steaks** . . . . . lb. **89¢**
BEEF **Rib Steaks** . . . . . lb. **1.89**
BEEF LOIN **T-Bone Steaks** . . . . . lb. **1.99**

Beef Blend A blend of beef and hydrated soy protein concentrate . lb. **64¢**
BEEF LOIN **Porterhouse Steaks** . . . lb. **2.09**
BEEF LOIN **Sirloin Steaks** . . . . . lb. **1.89**
BEEF CHUCK **Cross Rib Roast** . . . . . lb. **1.49**

BEEF **Rib Roast** Large End . . . . . lb. **1.39**
HYGRADE WEST VIRGINIA **Smoked Ham** Fully Cooked, Boneless, 1-3 lb. . . . . lb. **1.99**
WILSON Certified **Sliced Bacon** . . . . . 1 lb. pkg. **1.09**

FROZEN **Young Turkeys** USDA Grade A (approx. 16-22 lb.) lb. **49¢**
RATH **Breakfast Sausage** Reg. or hot . . 1 lb. roll **59¢**
SWIFT BUTTERBALL - Deep Basted **Young Turkeys** USDA Grade A (approx. 16-22 lb.) lb. **59¢**
PORK LOIN **Sirloin Roast** 3½ to 4 lb., Finest Eastern . . . . . lb. **99¢**

CANNED FOODS

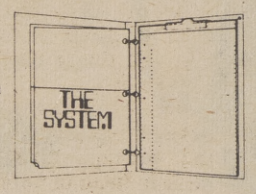
- **Fruit Cocktail** LADY LEE 17 oz. can **35¢**
- **Van Camp's Pork & Beans** 31 oz. can **56¢**
- **V-8 Juice** Vegetable Cocktail 46 oz. can **67¢**
- **Nestea Instant Tea** Lemon Flavor . . . . . 3 oz. jar **1.09**
- **Planter's Peanuts** Dry Roasted (12 oz. 89¢) . . . . . 16 oz. jar **1.09**
- **Star-Kist Chunk Tuna** Light 6½ oz. can **53¢**
- **Orlean's Broken Shrimp** 4½ oz. can **75¢**
- **Riviera Chili Beans** WESTERN STYLE 40 oz. can **69¢**
- **Hormel Spam** . . . . . 12 oz. can **95¢**
- **Morehouse Mustard** . . . . . 13 oz. jar **28¢**
- **Lady Lee Catsup** . . . . . 32 oz. bottle **69¢**
- **Lady Lee Peanut Butter** Creamy or Chunk Style . . . . . 48 oz. jar **1.89**
- **Strawberry Preserves** MARY ELLEN . . . . . 10 oz. jar **59¢**

Harvest Day Coffee
ALL GRINDS
2 lb. Can **2.15** 3 lb. Can **3.19** 1 lb. Can **1.15**

BACK TO SCHOOL SUPPLIES COST LESS AT LUCKY....COMPARE

Metal Waste Baskets
Sports Graphic or Animal Graphic. Round, straight-sided, 16 qt. size.
1.97

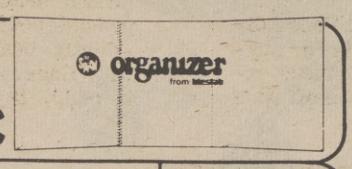
Filler Paper
Wide or College Rule. 300 count package.
88¢



The System
Six filing pockets plus 8" x 10½" note pad.
1.82 EACH

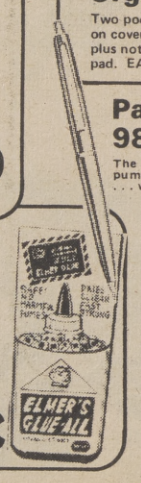
The Organizer
Six filing pockets and note pad. 8" x 10½" - 36 sheets.
1.96

The Spiral Organizer
Two pockets on covers, plus note pad. EACH
79¢



Papermate 98er Pen
The powerpoint pen that pumps the ink automatically . . . writes at any angle. . . Each
73¢

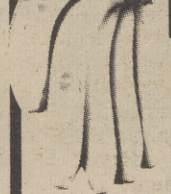
Clic Super Sale
2 Bic Clip ball pens with refills. Medium or Fine Point. PKG.
67¢



Elmers Glue All
Dries clear, fast and strong. Safe! No harmful fumes.
8 oz. bottle **78¢**

Nylon Knee-Hi
Beige, Brown Tone or Cinnamon. PAIR
49¢

Bic Pocket Pens
5 retractable ball pens, Medium Pint. In Black, Red and Blue Inks. Pkg. of 5
75¢



BANANAS
Fancy Large Golden Ripe
. . . . lb. **12¢**

POTATOES
U.S. #1 Norgold Russet
. . . . . 10 lb. Bag **69¢**

GRAPES
Seedless, Italia Muscat and Lady Fingers
. . . . . lb. **39¢**

HONEYDEW MELONS
Summer Treat
. . . . . Each **59¢**

CARROTS
Crunchy good Tops off . . . . . lb. **13¢**

Try 'Meat Extenders'

Nowadays, the most expensive item on your grocery shopping list has to be meat. Most American families can't seem to do without a main-course meat dish, and as a result, food bills continue to soar as meat prices go up, up and a-way out of sight!

But, there's way you can beat the meat crunch . . . try "meat extenders."

Fortified with protein and nutrients, meat extenders stretch hamburger an extra meal; make spaghetti or meat loaf just enough when friends drop in unexpectedly . . . they add on ounces to the original weight of the meat while retaining the meaty flavor of the main ingredient.

Essence magazine Food Editor, Venezuela Newborn, suggests the following "meat-extender" recipe the next time you want to savor the taste of economizing at your supermarket check-out counter:

GROUND BEEF WELLINGTON
2 1-3/4 pkgs. meat extender
2 lbs. ground beef
1/2 cup finely chopped onions
1 egg, slightly beaten
2 teaspoons salt
1/2 teaspoon black pepper
1/2 cup ketchup
1/2 teaspoon thyme leaves
1/2 teaspoon cumin
1 tablespoon Worcestershire sauce
1 10-oz. pkg. pie crust mix
2 tablespoons softened butter
1/4 cup finely chopped fresh parsley

Heat oven to 450. Place meat extender in large bowl and follow package directions using milk instead of water. Then add ground beef. Add onions and slightly beaten egg; mix well with fingers. Add salt, pepper, ketchup, thyme leaves, cumin and Worcestershire sauce; continue to mix with fingers for about 5 minutes. Place mixture in a shallow baking pan, and form loaf measuring 10 inches long by 3 inches wide. Bake for 20 minutes, then remove from oven and cool.

Prepare pie crust according to package directions. Roll pastry out on a floured board to measure 14 inches long by 10 inches wide. Spread softened butter evenly over pastry. Sprinkle chopped parsley over it. Gently place cooled meat loaf upside down in the center of the pastry.

Bring up one of the long sides of the pastry, then the other; press together to seal. Fold up each end of the pastry, and place right side up in baking pan. Lower oven to 350 and bake meat for 30 minutes, or until pastry is golden brown. Slice; serve hot with Sherry Mushroom Gravy. Serve 8 to 10. As seen in the September issue of Essence magazine.

SHERRY MUSHROOM GRAVY
1 10-3/4 oz. can cream of mushroom soup
1/4 cup water
2 tablespoons butter or margarine
1/4 cup cooking sherry
1 tablespoon Kitchen Bouquet (or gravy-making substitute)

Pour soup in small saucepot over low heat. Add remaining ingredients, stirring constantly. Simmer for 10 minutes. Spoon gravy over each slice of Ground Beef Wellington. As seen in the September issue of Essence Magazine.

For additional recipes, send a self-addressed stamped envelope to: "Meat Extender Meals," Essence Magazine, Public Relations Department, 300 E. 42nd Street, New York, N.Y. 10017.

Food FAIR
The Sacramento Observer

As-Salaam-Alakium
(Peace be unto you)

When you want your food prepared just right...SHABAZZ FISH & CHIPS will be to your delight!.....The only place in town where you still can have a wholesome & delicious meal for a DOLLAR. Your health is our MAIN CONCERN.

SHABAZZ FISH & CHIPS
2966 35th st. Phone 452—9091

TAMPAX TAMPONS

SUPER OR REGULAR PAK OF 10

EACH **37¢**

SUNTAN 2 OZ. TUBE
SEA & SKI LOTION 57¢

INTENSIVE CARE 6 OZ.
VASELINE LOTION 57¢

ASPIRIN BOTTLE OF 100
BAYER ADULT 88¢

ASPIRIN PACK OF 36
BAYER CHILDREN 27¢

ONE A DAY REG. 100
VITAMIN TABLETS $1.88

TONIC 4 OZ. SIZE
GERITOL LIQUID 88¢

PHILLIPS 30 TABLETS
MILK OF MAGNESIA 27¢

CREAM 5 OZ. SIZE
PHISODERM ANTICEPTIC $1.17

Q-TIP PACK OF 88
COTTON SWABS 44¢

6 OUNCE SIZE
BRITE SIDE SHAMPOO 57¢

FIRST QUALITY ASST. COLORS
RUBBER SWIM CAPS 47¢

2 BIG LOCATIONS

NORTH AREA, 5450 DEWEY DR.
SOUTH AREA, 1301 FLORIN RD.

COLLIER BRIQUETS
BARBECUE CHARCOAL
99¢
10 LB. PACK

SIRLOIN TIP, CROSS RIB
BARBECUE STEAKS
$1.78 LB.
USDA CHOICE BEEF

Bel Air

PICNIC SUPPLIES

WESTERN SHORE 9 IN. 100
PAPER PLATES 79¢

ZEE BRAND 160 COUNT
PAPER NAPKINS 43¢

WONDER INSULATED 51 PAK
FOAM CUPS 39¢

SANDWICH SIZE 150 PAK
GLAD BAGS 59¢

THERMOS WITH BOTTLE
LUNCH KITS $2.29 ASST. STYLES

MINUTE MAID FROZ. 6 OZ.
ORANGE JUICE 4 FOR $1

PETUNA VARIETIES 6½ OZ.
CAT FOOD 7 FOR $1

REG. OR DIET 12 OZ. CAN
SHASTA SODA 13¢ EA.

MARY ELLEN STRAWBERRY
PRESERVES 18 OZ. JAR 79¢

WATER ICE FLAVORS 6 PAK
POPSICLES 2 PKGS. 89¢

DIAL BAR SOAP	BATH SIZE BARS EA.	33¢
BINDER PAPER	COLLEGE, WIDE RULE PACKAGE OF 200	67¢
ALL IN 1 BINDER	ASSORTED COLORS EA.	$1.49
POLY BINDER	ASSORTED COLORS EA.	78¢
DUO TANG FOLDER	ASSORTED COLORS EA.	18¢
THEME BOOK	COLLEGE AND WIDE RULES EA.	56¢
STENO BOOK	SPIRAL BOUND GREGG RULED	34¢
PENCIL 12 PAK	SPECIAL DEAL PACK OF 12	32¢
BOOK BACK PAK	FLUORESCENT ORANGE	$3.27
BRAIDED RUG	POPULAR BOLO 24"x45" SIZE	$1.74
BIKE SAFETY FLAG	ASSORTED COLORS EA.	$1.29
BIKE PADLOCK	COMBINATION LONG NECK	$2.29
SLAYMAKER LOCK	COMBINATION TYPE EA.	$1.66

FOLGERS COFFEE	ALL GRINDS 2 LB. CAN	$2.29
FOLGERS INSTANT	COFFEE 6 OZ. JAR	$1.49
FOLGERS INSTANT	COFFEE 10 OZ. JAR	$2.05
TASTERS CHOICE	FREEZE DRIED COFFEE 8 OZ.	$2.69
ORANGE JUICE	MINUTE MAID FROZEN 12 OZ.	49¢
LEMON JUICE	MINUTE MAID 100% PURE 7½ OZ.	49¢
TOMATO COCKTAIL	SNAP-E-TOM 32 OZ. SIZE	69¢
INSTANT BREAKFAST	CARNATION 6 ENV. PAK.	79¢
BEL AIR EGGS	GRADE AA FRESH EXTRA LARGE DOZ.	73¢
BEL AIR EGGS	GRADE AA FRESH LARGE DOZ.	67¢
BEL AIR EGGS	GRADE AA FRESH MEDIUM DOZ.	60¢
PANCAKE MIX	HUNGRY JACK BUTTERMILK 2 LB.	69¢
EGGO WAFFLES	FROZEN HANDY 13 OUNCE PKG.	55¢

WOMEN'S DAY COOK BOOK

SECTION 7 THIS WEEK
• CAKES
• COOKIES
• CONFECTIONS

59¢

CHAPTER 1 ONLY ....9¢
VINYL BINDER $1.99

FINE WINES & LIQUORS

FILTERED 80 PF ½ GAL BEL AIR VODKA	$7.68	VODKA 80 PF FIFTH SMIRNOFF	$5.25
LONDON DRY 80 PF ½ GAL BEL AIR GIN	$7.68	LONDON DRY 86 PF FIFTH GILBY GIN	$4.69
WHISKEY 80 PF FIFTH BEL AIR BLEND	$3.59	ST. WHISK 86 PF FIFTH EARLY TIMES	$5.49
CHATEAU LA SALLE FIFTH CHRISTIAN BROS.	$2.25	ITALIAN SWISS WINE ½ GAL COLONY	$2.09
PREM BEER 12 OZ CAN 6 PAK GOLDEN BREW	$1.09	FIFTH BOTTLE T. J. SWANN WINE	$1.19

WONDERFUL BAKERY

ASST. ICED FLAVORS FOIL PAN
PICNIC CAKES $2.29 EACH

FAMILY FAVORITE PACKAGE
BRAN MUFFINS $1.29 DOZEN

TASTE TREAT FORMULA
CHOP SUEY LOAF EA. 79¢

1919 FRUITRIDGE RD. • 6231 FRUITRIDGE RD. • 1301 FLORIN ROAD • 4320 ARI

FAMOUS TRIMMED
CHUCK STEAKS
LB. **88¢**
USDA CHOICE BEEF

FAMOUS TRIMMED
RIB STEAKS
LB. **$1.78**
USDA CHOICE BEEF

ARMOUR STAR
BEEF FRANKS
LB. **79¢**
1 POUND PKG.

CUT UP TRAY PAK
SPLIT TRAY PAK
FRESH FRYERS
LB. **55¢**
FOSTER FARMS FRESH

ARMOUR GOLD STAR
SMALL TURKEYS
EA. **$3.98** 5 LB. MIN.
ROTISSERIE SIZE

FARMLAND BRAND
COOKED CAN HAM
$5.78 5 LB. CAN
FULLY COOKED

HORMEL CURE 81
BONELESS 81 HAM
LB. **$1.69**
FULLY COOKED

THE SEASON'S LAST BIG BACKYARD WEEKEND

Now's the time to shift the entire cooking scene from the kitchen to the backyard for the last big weekend of summer. Last week I talked about all the marvelous taste tempting main dishes that can be prepared on the outdoor grill. However, the entree isn't everything, and since you've already got the coals hot, take advantage of the welcome convenience they offer of little or no after-meal cleanup, by cooking the side dishes on your menu as well. Produce is a natural for grill cooking.

Many fruits and vegetables can be cooked directly on the grill while others need only be wrapped in foil and heated near the coals or on the grill. You'll be surprised how family favorites like corn on the cob, zucchini, and artichokes can take on an exciting new appeal when given the barbecue treatment.

Bel Air's grill recipes offer the most of summer freshness and make unique accompaniment to spark your meal

BACON CORN HUSKS
10 fresh ears corn with husks
½ cup melted butter
1 teaspoon salt
10 slices lean bacon
Remove inner husks and set aside. Carefully fold down remaining leaves. Do not detach husks from ears. Remove silk. Combine butter and salt. Brush ears with mixture. Wrap each ear diagonally with 2 slices bacon. Fasten with toothpicks; secure ends. Sprinkle each with salt. Fold husks up over corn. Wrap husks individually in pieces of aluminum foil. Place on grill 6 inches from coals. Cook for 15 to 20 minutes. Pierce with a fork to check for doneness. Serves 10.

POTATO-SQUASH PACKETS
Makes 4 servings
2 medium baking potatoes, pared
1½ pounds summer squash
¼ cup butter or margarine
1 packet instant onion soup mix
2 tablespoons grated Parmesan cheese
Cut potatoes lengthwise into 4 inch slices; cut slices into 4 inch sticks. Cut squash into ½ inch slices. Cut squash slices into 4 inch sticks.
Cut four 12x18 inch pieces of heavy duty aluminum foil. Divide potatoes and squash sticks among pieces of foil.
Melt butter; stir in soup mix. Drizzle butter over vegetables; sprinkle with cheese. Wrap securely in foil.
Place foil packages on grill 6 inches from medium hot coals. Grill covered packages on rack 20 minutes. Turn packages and grill 20 minutes more or until potatoes are tender.

COMMUNITY ANNOUNCEMENTS

JERRY LEWIS ROLL A THON MUSCULAR DYSTROPHY FUND AUG 28 SUNRISE ROLLERLAND

JERRY LEWIS TELETHON MUSCULAR DYSTROPHY FUND SUNDAY NITE SEPT 1

Publication of organization events will be another special feature of our program. If your club or organization is planning an activity that you would like others to be aware of, you need only write me a letter describing the event, including the date, time and location, and we will list it in the up coming Community Service section of my regular weekly column

Bonnie Warren
CONSUMER AFFAIRS ADVISOR

for Better Barbecues

VAN CAMPS 29 OZ.
PORK 'N BEANS 55¢

HEINZ TOMATO 32 OZ.
KETCHUP 63¢

FROZEN FRESHLY GROUND
BEEF PATTIES $3.58 4 LB. PKG.

FRESH BONELESS
PORK LOIN $1.69 BAR BQ SIZE

NABISCO SNACK REG. PKG.
CRACKERS 59¢

CHRIS 'N PITTS 14 OZ.
BBQ SAUCE 39¢

WILSON OR FARMLAND
CANNED HAM $3.98 3 LB. SIZE

HORMEL FRESH BRAUN-
SCHWEIGER LB. 79¢

CRYSTAL SHERBET OR
ICE CREAM HALF GAL. 89¢

BUMBLE BEE LIGHT
CHUNK TUNA 6½ OZ. CAN 49¢

ARMOUR STAR 12 OZ.
SLICED BACON 99¢

RESERS 36 OZ. PKG.
SALADS EA. $1.09 POTATO MACARONI

BEL AIR BREAD	WHITE OR WHEAT FRESH 16 OZ. LOAF	31¢
BEL AIR BUNS	HAMBURGER OR HOT DOG 8 PAK.	41¢
KITCHEN FLOUR	GOLD MEDAL 5 LB. PACKAGE	89¢
KRAFT DINNER	MACARONI & CHEESE 7¼ OUNCE PKG.	29¢
CHILI & BEANS	HORMEL 15 OZ. HOT OR REGULAR	49¢
HORMEL SPAM	LUNCHEON LOAF 12 OUNCE CAN	95¢
VEGETABLES	BIRDSEYE 10 OZ. INTERNATIONAL	49¢
MAYONNAISE	KRAFT BRAND 32 OZ. JAR	98¢
TERIYAKI SAUCE	KIKKOMAN 10 OZ. BOTTLE	59¢
SWEET RELISH	DEL MONTE 12 OZ. JAR	39¢
DILL PICKLES	DEL MONTE HALVES 22 OZ.	54¢
COTTAGE CHEESE	DARI VALLEY PINT CAFTON	59¢
MIX 'N DRINK MILK	DRY MILK 20 QT SIZE	$3.79

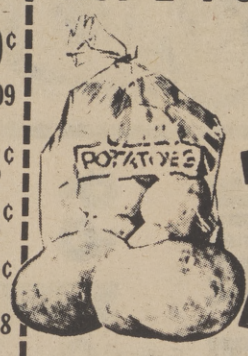
FRESH PORK STEAK	SHOULDER CUT LB.	$1.08
BEEF SWISS STEAK	BOTTOM ROUND LB.	$1.88
BEEF ROUND STEAK	BONELESS TOP LB.	$1.98
VEAL CHUCK STEAK	TENDER SHOULDER LB.	88¢
VEAL ROUND STEAK	BONELESS TENDER LB.	$1.78
VEAL STEW MEAT	BONELESS CUTS LB.	$1.28
VEAL GROUND MEAT	FRESHLY GROUND LB.	$1.08
LINK SAUSAGE	VICTOR BRAND 8 OZ. PKG.	49¢
DRY STICK SALAMI	GALLO 13 OZ.	$2.09
SLICED BOLOGNA	C & K 12 OZ.	88¢
VARIETY CHUBS	MADE RITE 13 OUNCE	98¢
CREAM CHEESE	KRAFT 8 OZ. PHILADELPHIA	49¢
BULK CHEESE	BEL AIR RANDOM MONT. MILD CHED. LB.	$1.08

SWEET GRAPES

FAMOUS THOMPSON SEEDLESS
3 LBS $1

NORTHWEST ITALIAN PRUNES	LB.	25¢
LARGE BELLS STUFFING PEPPERS	EA.	10¢
BANTAM BBQ CORN	5 FOR	69¢
FLAVORFUL BANANA SQUASH	LB.	10¢
UNUSUAL SPAGHETTI SQUASH	LB.	15¢

NO. 1 POTATOES



OREGON RUSSETS 10-LB. BAG 72¢

GRAND DELICATESSEN

• 6231 FRUITRIDGE RD. • 4320 ARDEN WAY
• 1301 FLORIN ROAD • 5450 DEWEY DRIVE

CAPRI BOTTOM ROUND PASTRAMI	¼ LB. 79¢	CAPRI ITALIAN STYLE MORTADELLA	½ LB. 89¢
LOUIS RICH TURKEY PASTRAMI	½ LB. 98¢	RED WAX LONG HORN CHEDDAR	½ LB. 69¢
LEAN IMPORTED COOKED HAM	½ LB. 98¢	BETTER MADE PINT SALADS • POTATO • MACARONI • COLE SLAW	45¢

BEAUTIFUL FLOWERS

FRAGRANT COLORFUL
CUT CARNATIONS BU. 88¢

VARIETY OF COLORS
POM POM MUMS BU. 98¢

COLORFUL MARGUERITE
FRESH DAISIES BU. 58¢

ADVERTISED ITEMS EFFECTIVE THRU SEPT. 3

DEN WAY • 5450 DEWEY DRIVE • 8101 SUNSET AVE. • 5840 SANTA FE WAY

CLOSED LABOR DAY
FOR OUR EMPLOYEES TO ENJOY THE BEL AIR COMPANY PICNIC WITH THEIR FAMILY AND FRIENDS

Hot Dog Buns

Skylark – or Plain Hamburger, Pre-Cut

SUPER SAVER

3 Pkgs. of 8 $1

Chunk Tuna

Chicken of the Sea or Carnation

6-1/2-oz. Can 49c

Fruit Drinks

Lucerne – Assorted Delicious Flavors

Gallon Jug 69c

Pitted Olives

Town House – large, ripe

6-oz. Can 49c

1/2-Gal. Sherbet

Lucerne – Assorted fruit flavors

1/2-Gal. Carton 79c

Pork & Beans

Town House – A picnic favorite

30-oz. Can 49c

Banquet Dinners

Frozen – Assorted Varieties except Beef or Ham

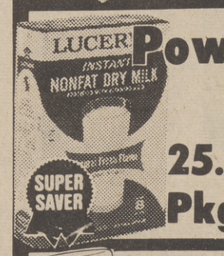
11-oz. Pkg. 45c

Grade AA Medium Eggs

Cream O'the Crop

Dozen Carton 54c

(Large-69c)



Powdered Milk

Lucerne – Non-Fat, Dry Makes 8 quarts.

25.6-oz. Pkg. $1.69

Jams & Jellies

Shasta – Apricot-Pineapple, Apricot, Orange Marmalade, Peach & Grape Jelly.
(Real Roast Peanut Butter, 38-oz. – $1.39)

48-oz. Jar $1.39

(Strawberry – $1.59)

Nalley's Mustard

A Picnic and Barbecue necessity!

34-1/2-oz. Jar 49c

Cascade Detergent

For Automatic Dishwashers

50-oz. Pkg. 99c

Hair Spray

Miss Breck – Holds your hair without stiffness

13-oz. Can 79c

Pampers Diapers

Daytime – Disposable No Pins Needed

Pkg. of 30 $1.89

Bathroom Tissue

Nice 'N Soft – Gentle tissues in pretty colors.

4-Roll Pkg. 59c

Prime Dog Food

Gaines – Goodness & flavor Dogs love

72-oz. Pkg. $2.37

FOOD FOR LABOR DAY FUN

German Choc. Cake

Large, 8-Inch Size Single Layer

Dark, Moist, Cake with delicious topping

Each $1.59

Sweet Rolls Cinnamon – Raisin ..... 8 for $1

Turnovers Delicious Blueberry ..... 4 for 89c

Corn Bread With Buttermilk ..... 1-lb. Loaf 49c

Apricot Pie Freshly Baked ..... Large 42-oz. Size, Each $1.79

(Available only in stores with Bake Shop)

FOR YOUR CONVENIENCE SAFEWAY WILL BE OPEN LABOR DAY

Mon., Sept. 2, 10 a.m. to 7 p.m.

More Savings from Safeway

Iced Tea Mix Nestea ..... 24-oz. Jar $1.55

Coffee Maxwell House – Reg., or Elec. Perk ..... 2-lb. Can $2.29

Conditioner For Hair – Revlon Flex Balsam ..... 17-oz. Bottle $1.19

Toothpaste MacCleans ..... 7-oz. Tube 49c

Vitamins Flintstone – ..... Bottle $1.93

SUPER SAVER **Draft Beer** Brown Derby ..... 6 11-oz. Bottles 89c

SUPER SAVER **Chunk Tuna** Chicken of the Sea – Light ..... 9¼-oz. Can 73c

SUPER SAVER **Dry Milk** Lucerne – Non-Fat; Makes 20-quarts ..... 64-oz. Pkg. $3.98

SUPER SAVER **Hormel Spam** Canned Luncheon Meat .... 7-oz. Can 53c

CHECK THESE LOW PRICES!

Refried Beans Rosarita ..... 30-oz. Can 65c

Dill Pickles Nalley's – 48-oz. 99c

SAFEWAY FREEZER BUYS

Lemonade Scotch Treat ....2 6-oz. Cans 29c

Hawaiian Punch Fruit 12-oz. 52c

IT'S SAFEWAY FOR SAVINGS!

Kool-Aid Sugar Sweetened ..... 3.3-oz. Pkg. 18c

BUYS FROM THE LIQUOR SHOP

* **Vodka** (Kavlana) or Stanton's Gin – 80-Pr. ..... Quart Bottle $3.99

* **Whiskey** Cold Brook – ..... Quart $4.39

CHECK THESE LOW PRICES!

Refried Beans	Rosarita	30-oz. Can	65c
Dill Pickles	Nalley's – Banquet	48-oz. Jar	99c
Potato Salad	Lucerne	4-lb. Tub	$1.69
Cream Cheese	Lucerne	8-oz. Pkg.	43c
2-lb. Coffee	Edwards	2-lb. Can	$2.25
MJB Coffee	Reg. & Elec. Perk	2-lb. Can	$2.29

SAFEWAY FREEZER BUYS

Lemonade	Scotch Treat	6-oz. Cans	2 29c
Hawaiian Punch	Fruit Juicy – Red	12-oz. Can	52c
Dinners	Van De Kamp – Mexican, Bf. or Chse. Enchilada	12-oz. Pkg.	64c
Onion Rings	Bel-air	7-oz. Pkg.	39c
Green Peas	West Pac	20-oz. Bag	57c
French Toast	Bel-air	11-oz. Pkg.	53c

Iced Tea Mix	Nestea	24-oz. Jar	$1.55
Coffee	Maxwell House – Reg., or Elec. Perk	2-lb. Can	$2.29
Conditioner	For Hair – Revlon Flex Balsam	17-oz. Bottle	$1.19
Toothpaste	MacCleans	7-oz. Tube	49c
Vitamins	Flintstone – Regular	Bottle of 60	$1.93
Vitamins	Bugs Bunny – Regular	Bottle of 60	$1.77
Eye Liner	Cover Girl Automatic	Each	$1.68
Mascara	Cover Girl – Long 'N' Lush	Each	$1.49
Mascara	Cover Girl – Super Thick Lash	Each	$1.49

IT'S SAFEWAY FOR SAVINGS!

Kool-Aid	Sugar Sweetened	3.3-oz. Pkg.	18c
Aluminum Foil	Reynolds	12"x25' Roll	29c
Binder Paper	College Rule	300-Count Package	88c
Typing Paper	School Must	300-Count Package	88c
Ink Crayon	Bic Banana	Pkg. of 10	$1.29
Wax Crayons	Crayola Brand	Box of 64	69c

BUYS FROM THE LIQUOR SHOP

* Vodka	(Kavlana) or Stanton's Gin – 80-Pr.	Quart Bottle	$3.99
* Whiskey	Cold Brook – Blended, 80-Pr.	Quart Bottle	$4.39
* Whiskey	Old Calhoun Reserve – 86-Pr.	Quart Bottle	$4.99
Chablis	(White) or Mt. Red Burgundy – Almaden	Fifth Bottle	$1.67
Vino Da Tavola	Guild Brand	½-Gal. Bottle	$2.09
Zinfandel	Sebastiani Wine	Fifth Bottle	$2.29

*(Available only in stores with Liquor Dept.)

Crisp Head

LETUCE

4 for $1

Large Size

TOMATOES

Lb. 29c

Bell Peppers Fresh Green ..... Lb. 29c

Cucumbers Crisp Fresh ..... Each 12c

Calavo 40 Size

AVOCADOS

Ea. 39c

Green Onions and

RADISHES

Large Bunch 10c

U.S. Government Food Stamps Accepted

Prices effective today thru Sat., August 31 st, in SACRAMENTO

SAFEWAY

Sales in retail quantities only

©Copyright 1960, Safeway Stores, Inc.

serving suggestion

Fryer Parts

Breasts & Thighs

Lb. 88c

Bologna	Made Rite – Sliced	12-oz. Pkg.	89c
Tom Turkeys	Safeway – Self Basting	lb.	66c
Franks	Oscar Mayer – Beef or Meat	1-lb. Pkg.	$1.15
Bologna	Oscar Mayer – Beef or Meat	12-oz. Pkg.	$1.09
Fried Chicken	Banquet	2-lb. Pkg.	$1.99

Serving Suggestion

Beef Plus Brand

Tm. Reg.

Beef Patty Mix – Any Size Package

Lb. 69c

Beef Wieners

Safeway Beef, or Dubuque All Meat

12-oz. Pkg. 49c

Sliced Ham	Safeway – Danish	4-oz. Pkg.	86c
Turkeys	Manor House – Small BBQ Size	lb.	69c
Sliced Bacon	Smok-A-Roma	1-lb. Pkg.	$1.05
Salmon Roast	For Baking	lb.	$1.49
Liver Sausage	Safeway Brand	Lb.	89c

Game Hens

Medallion – Cornish 20-oz. Net Wt.

Lb. 84c

Canned Hams

Safeway or Dubuque

8-lb. Can $8.88

Ground Beef	Reg. – Any Size Package	lb.	95c
Beef Steak	Manor House – Buttered	12-oz. Pkg.	$1.19
Beef Steak	Top Sirloin – USDA Choice	lb.	$2.39
Sole Fillets	Pre-Cooked	lb.	$1.29
Pork Loins	Sliced Quarter	lb.	$1.29

Rib Steak

USDA Choice Beef

Lb. $1.98

Camping and Picnicking Suggestions

Sliced Bacon	Platter Style	lb. $1.19	Salami	or Braunschweiger, or Bologna – Dubuque	1-lb. Chub 99c
Fryer Parts	Foster Farms – Breasts or thighs	lb. 89c	Sliced Ham	Leo's Lunch Meat	4-oz. Pkg. 79c
Pork Spareribs		Lb. $1.09	Beef Jerky		4-oz. Jar $1.99

African cuisine

BAKED MEALIES AND TOMATOES

(CORN AND TOMATO CASSEROLE)
(South Africa)
(To serve 4 to 6)

1 tablespoon butter, softened, plus
3 tablespoons butter, cut into 1/4 inch bits
2 cups fresh corn kernels (about 4 medium-sized cobs), or substitute
2 cups thoroughly defrosted frozen corn
5 medium-sized firm ripe tomatoes, peeled, seeded and coarsely chopped
1 egg, slightly beaten
1 teaspoon light-brown sugar
1-1/2 teaspoons salt
Freshly ground black pepper
1 cup soft fresh crumbs made from homemade-type white bread, pulverized in a blender or finely shredded with a fork

Preheat oven to 325. With a pastry brush, spread the softened butter evenly over the bottom and sides of a 1-1/2-quart baking dish.

In a large bowl, combine the corn, tomatoes, egg, sugar and salt and a few grindings of pepper, and toss together gently but thoroughly. Pour the corn mixture into the buttered dish and press it down with a spatula or the back of a large spoon until it is smooth and compact. Sprinkle the top with the bread crumbs and then the 3 tablespoons of butter bits.

Bake in the middle of the oven for 1 hour, or until the bread crumbs are a rich golden brown. Serve hot, as a vegetable course or a main course at lunch.

KLAPPERTERT

(Coconut Pie)
(South Africa)
(To make one 9-inch pie)

1-1/2 cups sugar
1-1/2 cups water
3 cups finely grated fresh coconut
6 tablespoons unsalted butter, cut in small bits
2 eggs plus 1 egg yolk, lightly beaten
1/8 teaspoon vanilla
2 tablespoons apricot jam
1 baked 9-inch short-crust pastry pie shell
8 strips candied citron, each about 1 inch long and 1/8 inch wide

Combine the sugar and water in a small saucepan and bring to a boil over high heat, stirring until the sugar dissolves. Cook briskly, undisturbed, until the syrup reaches a temperature of 230 degrees on a candy thermometer or until a few drops spooned into ice water immediately form coarse threads.

Remove the pan from the heat, add the coconut and butter, and stir until the butter is completely melted. Let the coconut mixture cool to room temperature, then vigorously beat in the eggs and vanilla, continuing to beat until the eggs are completely absorbed.

Meanwhile, preheat the oven to 350 degrees. In a small pan, melt the apricot jam over low heat, stirring constantly. Then rub the jam through a fine sieve with the back of a spoon, and brush the jam evenly over the bottom of the baked pie shell.

Pour the coconut mixture into the pie shell, spreading it and smoothing the top with a spatula. Bake in the upper third of the oven for about 40 minutes, or until the filling is firm to the touch and golden brown. Arrange the strips of citron in a sunburst pattern in the center of the pie. Serve the Klappertert warm or at room temperature, accompanied if you like, by whipped cream.

BANANA FRITTERS

(West Africa)
(To make about 20 fritters)

1-1/2 cups flour
6 tablespoons sugar
3 eggs
1 cup milk
4 or 5 medium - sized ripe bananas (about 1 lb.)
Vegetable oil for deep frying
Confestioners' sugar

In a deep mixing bowl, stir the flour and sugar together and, with a wire whisk, beat in the eggs one at a time. Whisking constantly, add the milk, about 1/3 cup at a time, and continue to beat until the batter is smooth and elastic enough to stretch like a ribbon from the beater when it is lifted up out of the bowl.

Peel the bananas, chop or slice them coarsely, and drop them into a shallow bowl. With the tines of a table fork, mash the bananas to a smooth puree. Stir the puree into the batter and let the mixture rest at room temperature about 30 minutes before frying.

Pour oil into a deep fryer or large, heavy saucepan to a depth of 2 to 3 inches and heat the oil until it reaches a temperature of 375 degrees on a deep-frying thermometer.

For each fritter, ladle about 1/4 cup of the banana batter into the hot oil. Deep-fry 2 or 3 fritters at a time, leaving enough space between them so that they can spread into 3- to 4-inch rounds or oblongs. Turning them once or twice with a slotted spoon, fry for about 3 minutes, or until the fritters are a rich golden color on all sides. As they brown, transfer them to paper towels to drain.

While the fritters are still warm, sprinkle them lightly with confectioners' sugar and serve at once.

FRANGAINHO PIRIPIRI

(Mosambique)
(BROILED MARINATED CHICKEN)
(To serve 4)

2 tablespoons finely crumbled dried hot chilies
3 large garlic cloves, peeled and coarsely chopped
1 cup peanut or vegetable oil
1/4 cup strained fresh lemon juice
1 teaspoon salt
2-1/2 to 3-lb. chicken, cut into 8 serving pieces

Combine the chilies, garlic and 1/2 cup of the oil in the jar of an electric blender and blend at high speed until the seasonings are thoroughly puliverized. Pour the mixture into a large, shallow glass baking dish and stir in the remaining 1/2 cup of oil, the lemon juice and the salt. (To make the marinade by hand, pound the chilies and garlic to a paste with a mortar and pestle or in a bowl with the back of a spoon. Gradually beat in the oil, lemon juice and salt).

Pat the chicken completely dry with paper towels and drop the pieces into the marinade, turning them about with a spoon to coat them evenly. Marinate them at room temperatur for about 2 hours, or in the refrigerator for at least 4 hours, stirring from time to time.

Light a layer of coals in a charcoal broiler and let them burn until a white ash appears on the surface, or preheat the broiler or your oven to the highest possible point.

Remove the chicken pieces from the marinade and lay them side by side on the grill or broiling rack. Broil about 3 inches from the heat for 10 to 15 minutes, turning the chicken once or twice with tongs and basting it every few minutes with the remaining marinade. The chicken is done when the skin is crisp and brown, and clear yellow juices trickle out of the thigh when it is pierced with the point of a small, sharp knife.

Serve at once, arranged attractively on a heated platter.

food FAIR
The Sacramento Observer

GREEN MEALIE BREAD

(STEAMED CORN PUDDING)
(South Africa)
(To serve 6 to 8)

1 tablespoon butter, softened, plus
2 tablespoons butter, melted and cooled
3 cups fresh corn kernels cut from
6 large ears of corn, or substitute
3 cups thoroughly defrosted frozen corn kernels
3 eggs
2 tablespoons sugar
2 tablespoons flour
2 teaspoons baking powder
1 teaspoon salt

Preheat the oven to 375 degrees. With a pastry brush, spread the bottom and sies of an 8x4x2-inch loaf tin with the softened butter.

Combine the corn and eggs in the jar of an electric blender and blend at high speed for 10 seconds. Turn off the machine, scrape down the sides of the jar with a rubber spatula, and blend for about 10 seconds longer, or until the corn is reduced to small pieces but not completely pulverized. Add the melted butter, the sugar, flour, baking powder and salt, and blend for a few seconds more to combine all the ingredients.

Transfer the entire contents of the blender jar to the prepared loaf tin and cover with a double thickness of aluminum foil, crimped tightly around the edges to hold it securly in place.

Place the tin in a large, shallow baking pan on the middle shelf of the oven and pour enough boiling water into the pan to come half way up the sides of the tin. Bake for 1 hour or until a knife inserted in the center of the pudding comes out clean.

RED BEANS

(BEANS WITH TOMATO SAUCE)
(West Africa)
(To serve 4 to 6)

1 cup dried small red beans (cranberry beans), or substitute dried pinto or pink beans
1-1/4 cups finely chopped onions
1/2 cup peanut or vegetable oil
3 medium-sized firm ripe tomatoes, peeled, seeded and finely chopped, or substitute
1 cup chopped drained canned tomatoes
1 tablespoon tomato paste
1 teaspoon finely chopped garlic
1/4 teaspoon ground hot red pepper
1/4 teaspoon white pepper
1 teaspoon salt
3 tablespoons ground dried shrimp

Combine the beans, 1/4 cup of the onions and 2 quarts of water in a heavy 3- to 4-quart pot and bring to a boil over high heat. Boil briskly for 2 minutes, then remove the pot from the heat and let the beans soak uncovered for 1 hour.

Return the pot to the heat and bring to a boil again, then reduce the heat to low and simmer partially covered for about 1 hour, or until the beans are tender but still intact. Drain the beans in a large sieve or colander and set them aside.

In a heavy 10- to 12-inch skillet, heat the oil over moderate heat until a light haze forms above it. Drop in the remaining cup of onions and, stirring frequently, cook for about 5 minutes, or until they are soft and transculent but not brown. Watch carefully for any sign of burning and regulate the heat accordingly. Add the tomatoes, tomato paste, garlic, red pepper, white pepper and salt. Stirring frequently, cook briskly for about 5 minutes, until most of the liquid in the pan has evaporated and the mixture is thick enough to hold its shape almost solidly in a spoon.

Reduce the heat to low and stir in the ground shrimp and the seasoned beans. Stirring from time to time, cook uncovered for about 5 minutes, or until the beans are heated through. Taste for seasoning. With a slotted apoon, transfer the beans to a heated bowl or platter and moisten them with a little of the sauce remaining in the skillet. Serve at one.

food FAIR

The Sacramento Observer

Picnic casserole chicken, aromatic with spices, and bubbling in an elegant gravy of California brandy and chicken broth, goes to the picnic wrapped in an insulation of old newspapers and arrives still simmering gently.

Start The Week With Xtra Zip!

For the weekend brunch crowd, show that you really know how to get things started with a lot of zip. Take a well-chilled bottle of fruity, mellow California brandy and a quart of milk out of the refrigerator and stir together an eye-opening brandy milk punch. Sweeten the punch with honey or sugar and add a tray of ice cubes. Then stir vigorously until the frothy mixture is so cold it is beading the shaker. Be sure you have chilled glasses ready to hold the icy liquid, toss on a dash of nutmeg, and serve.

While guests are sipping, start the bacon and sausage to sizzling, whip up a delicate sour cream omelet to slide into the oven, and concoct the rich brandy sauce. Let the guests help themselves from a buffet where everything remains hot in chafing dishes. Or, if everyone is set to breakfast at once, take your rightful place at the head of the table to spoon up this dandy brunch in a grand manner.

BRANDY BRUNCH PLATTER

1/2 pound sliced bacon
1 pound pork link sausages
1(12 ounce) package frozen pineapple chunks, defrosted
6 small tomatoes, peeled and halved
Salt to taste
2-1/2 teaspoons cornstarch
1/4 cup California Brandy
4 teaspoons wine vinegar
Sour Cream Omelet

Cook bacon slowly until crisp. Remove bacon, drain on paper towels, and keep warm. Drain off and discard fat from pan. Add pork sausages and 1/4 cup water, cover and simmer 5 minutes. Uncover, and brown slowly on all sides, turning often. Remove pineapple chunks to skillet, and place tomatoes, cut side down, in the pan. Sprinkel tomatoes lightly with salt. Cover and cook two minutes. Arrange bacon, sausages and tomatoes into heated serving platter. Blend cornstarch with brandy. Stir into liquid remaining in skillet and cook stirring, until sauce boils and thickens slightly. Add vinegar. Spoon pineapple and sauce on serving platter. Serve with Sour Cream Omelet. Makes 6 servings.

Sour Cream Omelet: Separate 5 eggs. Beat white with 1/2 teaspoon salt and 1/8 teaspoon cream of tartar until very stiff. With same beater, beat yolks until thick. Add 1/3 cup dairy sour cream, and beat until well blended. Pour over egg whites, and fold in carefully. Melt 1 tablespoon butter in 10-inch skillet and turn egg mixture into the pan. Cook over low heat 4 or 5 minutes. Place in low oven (300 degrees F.) and bake about 20 minutes longer, until top is set and very lightly browned. Using two broad spatulas, fold omelet in halves, and slide out into serving platter. Sprinkle with grated cheese, if desired. Omelet can be baking while ingredients for "platter" are being cooked. This omelet holds up extremely well after baking. You could also serve scrambled eggs instead of omelet. Shown in photo with whole strawberries and Brandy Milk Punch.

BRANDY MILK PUNCH

8 ounces California brandy
1 quart (4 cups) milk
2 tablespoons sugar or honey
1 tray ice cubes
Nutmege

Have Brandy and milk well chilled; combine both with sugar (or honey) and ice cubes. Stir together vigorously until beverage is very cold; discard ice. Pour into chilled glasses and sprinkle with nutmeg. Make 4 to 6 servings.

RAINBO
's good BREAD ®

Would you like to stretch your grocery dollar ?

Visit our Bakery Thrift Store at 3086 - 33rd Street, across from McClatchy Park. In the Oak Park area.

Save from 25% to 50% on all Rainbo Bakery products.

Open Monday through Saturday 9:30 to 5:30.

Closed on Sunday.

Do yourself a favor and stop by and check us out, you will be pleasantly surprised.

THE GOOD BREAD
COMPANY
OF SACRAMENTO
456-3863
3226 Montgomery Way

The eight-hour loaf

California Has Fruit All Year Round

Q. What are the "seasons" for citrus fruits?

A. Citrus fruits of one variety or another are available from California and Arizona all year 'round.

Valencia oranges: Spring and summer oranges, available late February through November.

Navel oranges: Winter oranges, available November thru May.

Lemons: Available year 'round.

Grapefruit: Honey white and ruby red; available year round.

Desert Grapefruit; October into July.

Summer Grapefruit: June into September.

Tangerines: Several varieties; available November thru May.

Limes: Available from August thru February.

Q. What should I look for when I'm selecting citrus fruits?

Look for smooth skins, free of blemishes and soft spots. The fruit should feel firm and heavy. Look for advertised specials, since the stores will advertise sizes that are most plentiful and thus the best buy. The Sunkist trademark on the peel of fresh citrus is your assurance of quality.

Q. What is the best way to store citrus fruits once I get them home? How long will they keep?

Most citrus fruits will keep at room temperature for about a week to ten days. Tangerines may not last as long. Store away from heat in a well-ventilated room. In the refrigerator, store in the covered vegetable crisper where temperatures are warmer.

The best temperature range for oranges and tangerines is 45 to 58 degrees. For lemons, grapefruit and limes 55 to 58 degrees is optimum. Since it is impractical to store fruit at different temperatures, you can keep the latter fruits longer by storing in sealed plastic bags. In the refrigerator, citrus should last for two to three weeks.

Brown Sugar Or Syrup Makes Great Peach Pie

Peach Pie takes on good butterscotch flavor when brown sugar and corn syrup are the sweeteners. Thicken the juice delicately with Argo corn starch.

DEEP DISH PEACH PIE

3 lbs. peaches (12 medium)
1/2 cup firmly packed brown sugar
3 tablespoons corn starch
1/4 teaspoon salt
1/2 cup light corn syrup
2 tablespoons margarine

Pare and slice peaches. Mix together sugar, corn starch and salt; stir in syrup. Lightly toss with peaches. Turn into a (10x6x2-inch) baking dish or 1-1/2 qut. casserole. Dot with margarine. Prepare pastry topping by mixing together 1-1/3 cups flour and 1/8 teaspoon salt in mixing bowl. Using a pastry blender or two knives, cut in 1/2 cup margarine until fine crumbs form. Sprinkle 2 tablespoons water over mixture, tossing to blend well. Press dough firmly into ball with hands. Roll out on lightly floured surface and trim to size 1/4 inch wider than top of baking dish on all sides. Cut slits to permit escape of steam during baking. Place dough over peaches letting it extend up sides of dish. Bake in a 425 degree oven about 40 minutes or until peaches are tender and crust is lightly browned. Makes 6 servings.

Busy Wife Who Stays Home

Whoever said the housewife has a non-productive, dependent and oh so leisurely lifestyle!

Whatever else, the housewife is hardly overwhelmed by leisure time. According to Department of Labor Statistics, the woman who is "just a housewife," works an average of 99.6 hours a week!

Ironically, she's envied by the working woman who must leave beds unmade, dishes in the sink as she gulps coffee and rushes for the commuter train. In turn, the housewife envies her advantages: career, independent income, activity, accomplishment.

Home - tied or work-tied, neither woman enjoys much personal freedom -- not, at least, without guilt. Since both roles are defined by the needs and demands of others, women find it increasingly necessary to step out of their "wife" or "worker" jobs to pursue personal interests. As one woman expressed it:

"I give myself little gifts of time."

Women are attempting to balance the often-harried pace of their lives by creating little areas of freedom and satisfaction.

For example, one woman who feels she needs self-esteem, beyond her housewife roles, hires a cleaning woman twice a week, retreats to her basement and spends the day painting. She achieves enormous satisfaction from pursuing her creative talents.

Full-time working women, too, are creating time to "do their own thing," setting up little "nooks" in the home where they can be assured of privacy.

Ideally, the pursuit of self expression should also provide tangible rewards, and this may explain the growing interest in part-time sales careers. Home party plans, such as the nationally popular Tupperware home party, are ideal in this respect, since the housewife has a chance to socialize as well as develop her sales potential.

Since the role of hostess comes rather naturally to women, and Tupperware parties feature in-demand products that can be properly demonstrated, working women as well as housewives have begun to discover their potential for personal satisfaction as well profit.

THREE FACTS YOU SHOULD KNOW ABOUT PG&E RATE INCREASES.

ONE:

With only one exception, PG&E rate increases in the past three years have been to offset the higher prices we, PG&E, must pay for fuel oil and natural gas.

TWO:

PG&E rates must reflect the general overall inflation which affects everyone. We can no more control the costs of materials and services we have to pay for than you can control the cost of food, clothing, interest rates, etc.

THREE:

PG&E rates are among the lowest in the nation. Of the 13 largest U.S. cities, only Dallas and Houston have lower gas and electric rates than San Francisco.

Another Fact: You can hold down your utility bill by using energy wisely...conserving when and wherever you can.

11X-W874

PG and E

SPECIAL WEEKEND BRUNCH

Skipping breakfast, or serving the same breakfast day after day, are habits all too easy to fall into. One easy way to change the course of your regular menu habits is to try interesting variations of breakfast classics.

Biscuit Quickies, Orange Cheese-Filled Griddle Cakes, and waffles with Jiffy Peach Sauce are three such breakfast entrees. Biscuits and Log Cabin maple-honey syrup go together naturally, so here is a quick and easy recipe for serving refrigerator biscuits in a new way.

And for that special weekend brunch, choose orange griddle cakes made with pancake mix and grated orange rind. Wrap them around a cottage cheese filling and pass the maple-honey syrup. Turn classic waffles into a new treat with Jiffy Peach Sauce as the pour-on.

If you prefer regular Log Cabin syrup, you may use it as the pour-on in any of these recipes. Try all of them during Better Breakfast Month.

BISCUIT QUICKIES

1 pkg. (8 oz.) refrigerator biscuits
1/2 cup maple-honey flavor syrup
1/4 cup butter or margarine

Bake biscuits as directed on package; cool and split. Heat syrup and butter. Dip biscuits in syrup mixture, turing to coat both sides. Then brown on both sides in hot skillet. Cool slightly, and sprinkle with confectioners sugar, if desired. Makes 20 biscuits.

Log Cabin maple-honey syrup is an interesting "pour-on" variation for pancakes, biscuits, or waffles, or you may prefer to substitute it for regular Log Cabin syrup in these recipes.

Biscuit Quickies, 'N' Griddle Cakes

FILLED GRIDDLE CAKES

1 cup pancake mix
2 tablespoons sugar
1 cup milk
2 tablespoons butter, margarine or shortening, melted
1 teaspoon grated orange rind
1 egg, well beaten
Orange Cottage Cheese Filling
Maple-blended or maple-honey flavor syrup

Combine pancake mix and sugar in a bowl. Add milk, butter, and orange rind to the egg; mix well, and add to dry ingredients, beating until smooth. (Or, combine all ingredients except syrup, in a shaker or quart jar with tight-fitting lid. Shake vigorously until batter is smooth). Bake on hot griddle turning to brown both sides. Roll while still warm. Fill with cottage cheese filling. Serve with syrup. Makes 12 griddle cakes.

ORANGE CHEESE

ORANGE COTTAGE CHEESE FILLING

Combine 1 container (12 oz.) creamed cottage cheese, 2 tablespoons sugar, 1 tablespoon grated orange rind, 1 tablespoon melted butter or margarine and 1/2 teaspoon cinnamon. Makes 1-1/2 cups.

JIFFY PEACH SAUCE

1/2 cup maple-honey flavor syrup
2/3 to 3/4 cup diced drained canned peaches*

*Or use frozen peaches in quick thaw pouch, thawed and drained and diced.

Combine syrup and peaches; mix well. Serve on ice cream, puddings, cake, waffles, pancakes, crepes, or French Toast. Makes about 1 cup.

CHICKEN KING
Family size
Single orders
Bucket-o-chicken
Fish and Prawns
3449 RIO LINDA BLVD
AT NOGALES IN DEL PASO HEIGHTS
TAKE HOME
PROBABLY THE BEST FOOD AROUND
PHONE 922-5761

SAVE WITH BONUS BUYS

Raley's "SPECIAL BONUS BUYS" reflect special manufacturer's discounts which are offered to us. We in turn pass these savings on to you.

SAVE 4¢ **OREO COOKIES** Nabisco 19 oz. Reg. Price 88c **84¢**

SAVE 4¢ **ESCORT CRACKERS** Nabisco 8 oz. Reg. Price 49c **45¢**

SAVE 5¢ **DEL MONTE DRINK** Pineapple/Grapefruit 46 oz. Reg. Price 54c **49¢**

SAVE 13¢ **MASH POTATOES** Hungry Jack 16 oz. Reg. Price 1.05 **92¢**

SAVE 4¢ **SPAGHETTI & MEAT BALLS** Nalleys 15 oz. Reg. Price 48c **44¢**

SAVE 4¢ **POTATO CHIPS** Bonnie Hubbard 10 oz. Reg. Price 69c **65¢**

SAVE 7¢ **SMOKED HAM** Hormel 12 oz. Reg. Price 94c **87¢**

SAVE 3¢ **ALUMINUM FOIL** Reynold 24 inch Reg. Price 35c **32¢**

SAVE 20¢ **COFFEE MATE** Carnation 16 oz. Reg. Price 1.25 **1.05**

SAVE 5¢ **TEA BAGS** MJB 48 ct. Reg. Price 62c **57¢**

SAVE 4¢ **MARSH-MALLOWS** Kraft Jet Puffed 10 oz. Reg. Price 35c **31¢**

SAVE 8¢ **PUREX BLEACH** ½ Gal. Reg. Price 51c **43¢**

SAVE 4¢ **DEVILED HAM** Libby 3 oz. Reg. Price 38c **34¢**

SAVE 13¢ **GARLIC DILLS** Nalley's 48 oz. Reg. Price 94c **81¢**

SAVE 4¢ **KITTY SALMON** Cat Food 6 oz. Reg. Price 22c **18¢**

OPEN LABOR DAY
MONDAY-SEPTEMBER 2ND
10 AM 'TILL 7 PM

SALINAS VALLEY HEADS **LETTUCE**
RADISHES & GR. ONIONS 2 BUNCHES 23¢ **29¢** ea.

MELONS
JUMBO CANTALOUPES Ripe and keenly picked. Refreshing Breakfast fruit! **39¢** ea.

Pineapple
Extra-Large, Fresh Bush-Ripened Fruit. **69¢** ea.

GRAPES SEEDLESS
For desserts or healthy snacking. Ripe, sweet, seedless Variety. **39¢** lb.

Raley's SUPER LOW PRICES — PRICES GOOD THRU SEPT. 3

BROCCOLI Tender and Fresh Bu. **49¢**
CABBAGE Firm and full of Vit. C Lb. **10¢**
ONIONS Yellow variety freshly picked 2 lbs. **25¢**
CARROTS High in Vit. A Sold by bulk 2 lbs. **25¢**

Super Low Shelf Prices

Ice Cream	Knudsen Party Time ½ Gal.	99¢
Yogurt	Knudsen 8 oz.	33¢
Cottage Cheese	Knudsen Pt.	73¢
Orange Juice	Knudsen Qt.	67¢
All concentrate	Detergent 20 lb. (Free Beach Bag)	6.22
Lifebuoy Soap	Bath	31¢
Liquid Dove	Detergent 32 oz. (10¢ off Label)	77¢
Charcoal Starter	Guiltine Qt.	57¢
Free-N-Soft	Fabric Softener 47 oz.	87¢
Cat Food	Cole Asst. Var. 6½ oz.	19¢
Snack Crackers	Nabisco Pkg.	59¢
Cocktail Juice	V-8 Vegetable & vam-6 oz.	77¢
Chunk Tuna	Chicken-O-Sea ½'s	53¢
Royal Gelatin	3 oz.	15¢
Del Monte Catsup	14 oz.	30¢
Lysol Disinfectant	Pour- 12 oz.	79¢
Lysol Bowl Cleaner	For Toilet 16 oz.	49¢
Purina Chow	Dog Food 10 oz.	2.43
Dill Halves	Del Monte 22 oz.	51¢
Sweet Relish	Del Monte 12 oz.	45¢
Modess Napkins	Sanitary, Reg. or Super 12's	57¢
Brim Coffee	Freeze Dried 8 oz. 2.69	4 oz. 1.99
Maxwell House	Coffee 2 lb. 3.39	1 lb. 1.99
Maxwell House	Coffee 6 oz.	1.49
Inst. Maxwell House	Coffee 10 oz.	2.99
Yuban Coffee	2 lb. Coffee	2.49
Instant Yuban	8 oz. Freeze Dried	1.89
Maxim Coffee	8 oz. 2.43 Freeze Dried	4 oz. 1.99
Sanka Coffee	8 oz. 2.69 Sanigurt	4 oz. 1.49
Fried Chicken	2 lb. Frozen	1.99
Vegetables	Birds Eye 10 oz. Frozen International all var.	49¢
Cup Cakes	Stouffers 10 oz. Frozen Iced Yellow and Devils Fudge	89¢
Asst. Tarts	Pepperidge Farm 5¾ oz. Frozen	37¢
Party Pizza	Totino's 13½ oz. Frozen Pepperoni & Sausage	89¢
Blueberry Waffles	Aunt Jemima 10 oz. Frozen	49¢
Dessert Cakes	Sara Lee Frozen 12½ oz. to 14 oz.	99¢
Pure Lemon Juice	Minute Maid 7¾ oz. Frozen	43¢
Fruit Ices	Oh! Boy Italian 6-8oz. Frozen	72¢

SUPER BONUS BUY **GREEN BEANS** Del Monte Cut, No. 303 Reg. Price 31c **27¢**

SUPER BONUS BUY **COFFEE** Maxwell House 2 lb. Reg. Price 2.29 **2.19**

SUPER BONUS BUY **DIET COLA** Diet Rite 8-16 oz. Reg. Price 1.42 **1.09**

More Bonus Buys

PRUNE JUICE	Del Monte Qts. Reg. 70c	66¢
TERIYAKI SAUCE	Kikkoman BBQ 10 oz. Reg. 65c	56¢
CHICKEN RAVIOLA	Nalleys 15 oz. Reg. 48c	44¢
COCKTAIL PEANUTS	Planters 10 oz. Reg. 1.10	1.05
TACO CASSEROLE	Schilling 12 ½ oz. Rec. 68c	59¢
RICE & GRAVY MIX	Uncle Bens 5 oz. Reg. 51c.	43¢
INST. CHOCOLATE	Swiss Miss 12 Env. Reg. 99c	94¢
NESTLES QUICK	Carnes 1 lb. Reg. 79c	76¢
VERMONT SYRUP	Maid 24 oz. Reg. 1.06	98¢
SWEET CUKE CHIPS	Del Monte 15 oz. Reg. 47c	42¢
FRESH DILLS	Del Monte 12 oz. Reg. 51c	41¢
HEINZ 57 SAUCE	10 oz. Reg. 83c	70¢
1890 DRESSING	Girards 10 oz. Reg. 66c	60¢
CLEAR AMMONIA	Parsons 28 oz. Reg. 33c	29¢
BOWL CLEANER	Ty-D-Bol 12 oz. Reg. 95c	85¢
WAX REMOVER	Bruce 3 Min 38 oz. Reg. 1.01	85¢
GLAD WRAP	200 Ft. Reg. 67c	52¢
SANDWICH BAGS	Glad 150 ct. Reg. 75c	61¢

Fresh, King Cornish Drumsticks

OR WHOLE LEGS
(WHICH INCLUDES THE THIGH)
Fresh, California Grown King Cornish Fryers. These are cut from our famous Premium quality King Cornish Fryers. No midget drumsticks here! They're all super-fresh, super-sized, loaded with lots of tender, moist, juicy meat. Buy some for your freezer.

59¢ lb.

"The London Broil"

A Speciality at Raley's

A speciality at Raley's! Boneless. Cut from the most tender portion of the top round — approximately 2½ to 3 lb. cuts, excellent barbecued and sliced diagonally. Fantastically tender and juicy when cooked rare to medium.

LONDON BROIL—Combine 3 tbls Worcestershire sauce 1 tbls oil, 1 tbls sherry 1 finely minced clove garlic, + tsp powdered ginger. 3 tbls soy sauce. Coat both sides of one 3' tender Broil about 3 inch from fire-heat broiler. Place steak about 3 inch from heat. Broil moist half the time indicated. Season with salt and pepper to serve juices. Finish broiling. Season. Carve diagonally across the grain in very thin slices. Serves 6. Can be barbecued.

1.89 lb.

FRESH FRYER THIGHS GIZZARDS Fresh King Cornish 59¢ LB **69¢** lb.

AMERICAN CHEESE Kraft Sliced. Huge 5 LB Loaf. 96 Slices. Buy This Loaf and Save 30c a Pound! **4.59** ea.

Raley's SUPER LOW PRICES

●400 El Camino Ave ●8391 Folsom Blvd ●1700 Capitol Ave ●4850 Freeport Blvd ●14th Ave & 60th St ●Watt & Whitney ●San Juan & Sunset ●10385 Folsom Blvd ●Madison & Manzanita ●Madison & Hazel ●Placerville ●El Dorado Hills

PRICES GOOD THRU SEPT. 3

TOP ROUND
BONELESS MIDWEST CORNFED ROAST
BONELESS and tender! A summer meal ideal.
BONELESS TOP ROUND STEAK 1.79 lb.
1.59 lb.

SMOKED HAM
HYGRADE BONELESS
A fully cooked, ready to eat delight! Water added. Average Weight 5 to 7 lbs.
1.59 lb.

MADE-RITE FRANKS
REG. or ALL BEEF
Great for Bar-B-Que. Get the gang together for a picnic!
12 oz. Pkg.
59¢ ea.

LAMB CHOPS
FRESH LARGE LOIN
Fresh Calif. Spring Lamb Tender chops with a delicate flavor.
Small Loin Lamb Chops 1.98 lb.
1.89 lb.

FRESH TURKEY
SUNNYVIEW FARMS PREMIUM HENS
Sold exclusively at Raley's Tender Young Premium Quality Birds.
69¢ lb.

Holiday Liquor
GIN OR VODKA
VIP brand. Your choice. 80 proof. Quarts.
3.89 EA.

BOURBON	Pine Valley brand. 80 proof. Quart	4.49
RUM	Trade Winds brand. 80 proof Quart	4.69
SCOTCH	Brigadoon brand. 80 proof. Quart	4.99
SCOTCH	Harvey's brand. 86 proof. Fifth	4.99
GIN	Gilbey's brand. 86 proof. ½ gallon	9.99
WHISKY	Walkers Canadian 80 proof. ½ gallon	10.69
SCOTCH	B and L brand. 86 proof. ½ gallon	10.69
WHISKY	Windsor Canadian 80 proof. ½ gallon	10.99
WHISKY	Kessler's brand. 86 proof. ½ gallon	10.49
WINE	Woodbridge. Chablis, Burgundy, Vin-Rose, Pink Chablis. Gal.	2.49
WINE	Cella Lambrusco Italian. Fifth	2.29
BEER	Schlitz. 12 oz cans Pak of 6 cans	1.39

LEG OF LAMB
WHOLE or HALF
Fresh California Grown Spring Lamb
Serve it with a bit of mint jam.

1.39 lb.

GROUND CHUCK
Ground Fresh from Midwest Cornfed Beef Chucks.
1.19 lb.

AMER. CHEESE
Kraft Twin-Pac Singles. Ideal for bag lunches.
16 oz. Pkg. ea. **1.19**

SLICED BOLOGNA Made-Rite Beef or Reg. Thick or Garlic. 12 oz. Pkg. ea. **79¢**

SLICED BACON Hormel Black Label 1 lb. Pkg ea. **1.19**

SALADS Knudsen. Potato or Macaroni. 16 oz. Tub ea. **49¢**

SALAME CHUBS 11 oz. Pkg Galileo 1.85 oz. ea. pkg ea. **1.45**

Health/Beauty Aids
HEAD AND SHOULDERS

JAR	5 oz. size Reg. 1.95	1.19
TUBE	4 oz. size Reg. 1.82	1.29
LOTION	7 oz. size Reg. 1.78	1.13

'SANDWICH OF THE YEAR'

Sandwich meals are always popular -- especially during the hot, muggy days of August, National Sandwich Month. For a special treat try the Grand Champion Sandwich of the Year, "Hawaiian Farmer," winner of the 1974 National Sandwich Idea Contest.

Prepare the chicken-ham-pineapple mix the night before. You can then quickly assemble and grill this sandwich in seconds. Add chopped pecans, green pepper, celery, green onion and a slice of Mozzarella for the filling. Grilled to a golden brown you have a winner! Garnish with a pineapple spear, kumquat and a sprig of parsley.

HAWAIIAN FARMER
(6 sandwiches)

12 slices enriched bread
Butter, softened
1-1/3 cups (6 oz.) diced cooked chicken
1-1/3 cups (6 oz.) diced ham
1/2 cup diced celery
1/2 cup crushed pineapple, drained
1/3 cup mayonnaise
3 tablespoons finely chopped pecans
1-1/2 tablespoons chopped green pepper
1 teaspoon thinly sliced green onion tops
1/4 teaspoon salt
Dash pepper
6 slices (1 oz.) each, Mozzarella cheese

Butter bread. Mix together chicken, ham, celery, pineapple, mayonnaise, pecans, green pepper, onion, salt and pepper. Divide mixture equally on unbuttered side of 6 slices of bread and top each with 1 slice of cheese. Close sandwiches with remaining bread slices, buttered side out. Grill on both sides until cheese starts to melt and sandwich is golden.

Fresh Apple Scallop

It's not too soon to think fresh apples, thanks to the fact that North Carolina sends the earliest of the season's good eating apples to market in late August and early September. Due to ideal weather conditions in the mountain orchards -- cool nights and warm days, Red and Golden Delicious apples are in the market now. Get your share for eating out of hand -- juicy, fresh, great-tasting -- and make a fine, old-fashioned Fresh Apple Scallop to surprise the folks for dessert tonight.

Other good ways to enjoy these early eating apples are in salads and in fresh fruit cups where their tangy crispness is a pleasant contrast to softer fruits. How long since you made fresh applesauce? It's worth a batch just to smell that fine fragrance in your kitchen. You can have the first fresh apple pie of the season extra early too, now that North Carolina's apples are here. Everybody loves apples, so get your family's share.

FRESH APPLE SCALLOP

6 Red Delicious apples
1 tablespoon fresh lemon juice
3/4 cup unsifted flour
1 cup packed light brown sugar
1 teaspoon nutmeg
1 teaspoon cinnamon
1/2 cup butter or margarine
3/4 cup hot water

Pare, core and dice apples; sprinkle with lemon juice. In small bowl mix together flour, brown sugar, nutmeg and cinnamon. Cut in butter with pastry blender or 2 knives until mixture resembles coarse meal. Place 1/2 of apples in buttered 1-1/2 - quart baking dish. Sprinkle with half of crumbs, cover with remaining sliced apples, pour hot water over all and sprinkle with remaining crumbs. Bake in 350 degree oven 1-1/2 hours. Makes 6 to 8 servings.

High Protein Desserts

Point one. Everybody likes dessert, but most people eat it with varying degrees or guilt, feeling they really shouldn't be consuming so many calories and /or so much fat. Point two. Everybody who is at all health conscious wants plenty of protein in the daily diet. Point three. The food budget is under considerable strain these days. Put these three factors together, and it becomes obvious. What this country needs is an inexpensive dessert that's relatively high in protein, low in calories and fat, and so absolutely delicious that the family feels it's getting a treat.

Now that your dessert problems are solved in theory, here's the actual solution. Serve an iced milk sherbet for dessert. This sherbet is pretty to look at, light and refreshing to the taste. Best of all, it's good for you because it's made with Carnation instant nonfat dry milk, the milk that supplies all of the protein with none of the butterfat.

For calorie counters, cholestrol watchers and active schoolchildren who need all the protein power they can get, iced milk sherbet is a treat that's hard to beat. Tonight, serve your own family one of these delicious and nutritious desserts. You owe it to yourself! (Note that both recipes can be doubled or tripled to fit your freezer).

HIGH PROTEIN
STRAWBERRY SHERBET
(Makes about 6 cups)

1 cup fresh or thawed frozen unsweetened strawberries
1 teaspoon unflavored gelatin
1-1/4 cups liquid Carnation instant nonfat milk*
1/2 cup sugar
1 egg white
1/2 teaspoon vanilla
1/4 cup water

Mash or puree strawberries. Soften gelatin in water. Place 1/4 cup milk and sugar in saucepan. Add softened gelatin and cook over low heat, stirring constantly, until gelatin is dissolved (1 to 2 minutes). Remove from heat. Beat egg white until soft peaks form. Add vanilla. Gradually stir in remaining 1 cup milk, strawberries and gelatin mixture until blended. Chill 2 hours. Freeze according to ice cream freezer directions.

HIGH PROTEIN
CHOCOLATE SHERBET
(Makes 5 to 6 cups)

1 teaspoon unflavored gelatin
1/4 cup water
2 cups liquid Carnation instant nonfat milk*
1/2 cup sugar
1 oz. melted unsweetened chocolate
1 egg white
1/2 teaspoon vanilla

Soften gelatin in water. Place 1/4 cup milk and sugar in saucepan. Add softened gelatin and cook over low heat, stirring constantly, until gelatin is dissolved (1 to 2 minutes). Remove from heat. Gradually stir remaining 1-3/4 cups milk into melted chocolate to form smooth mixture. (If milk is added too fast, chocolate will not distribute evenly). Beat egg white until soft peaks form. Add vanilla. Gradually stir in gelatin mixture and chocolate mixture until blended. Chill 2 hours. Freeze according to ice cream freezer directions.

*Make according to label recipe for extra nourishment).

food FAIR The Sacramento Observer

COLONEL SANDERS' RECIPE
Kentucky Fried Chicken©

RAY and ADELL ROGERS

Your Choice:
ORIGINAL or EXTRA CRISPY

SPECIAL
EVERYDAY
ALL DAY

SUN | MON | TUE | WED | THU | FRI | SAT

2-PIECES CHICKEN
MASHED POTATOES
& GRAVY
ROLL
COBBETTE
Corn-on-the-Cob)

"it's finger lickin' good"

99¢

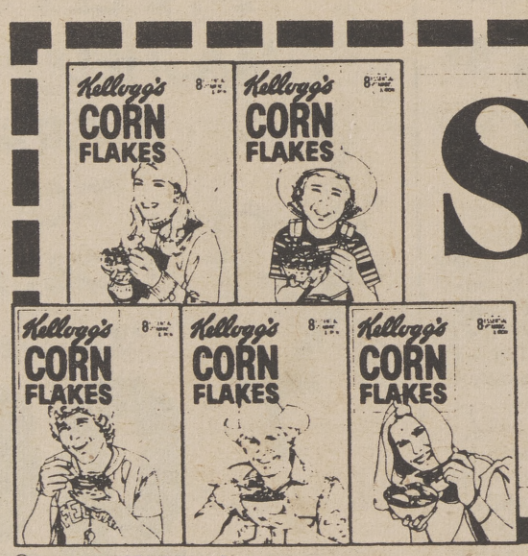
3119 BROADWAY

Your family will get their Kellogg's Corn Flakes® and you'll get 7¢ off.

Kellogg's®

Your best days start with breakfast. Eat 'em all up.

Look for our new people packages in your neighborhood store.



STORE COUPON

SAVE 7¢

on any size package of Kellogg's Corn Flakes®
(8-oz., 12-oz., or 18-oz. size packages only)

MR. GROCER: We will redeem this coupon plus 3¢ for handling when terms of this offer have been complied with by you and the consumer. For payment mail coupons to: DEPT. K., P.O. BOX 1172, CLINTON, IOWA 52734. Coupon will be honored only if submitted by a retailer of our merchandise or a clearinghouse approved by us and acting for, and at the risk of, such a retailer. Invoices proving purchase of sufficient stock to cover coupons presented for redemption must be shown upon request. Any sales tax must be paid by consumer. Offer good only in the United States, and Puerto Rico, and void where prohibited, licensed, taxed or restricted by law. Coupon subject to confiscation when terms of offer have not been complied with. Cash value: 1/20 of 1¢.

KELLOGG SALES COMPANY

® Kellogg Company (Offer limited to one coupon per package purchased)

7¢ N 4 07 01 07 7¢

© Copyright 1974 Kellogg Company

Cut along dotted line

Consumer Reviews

by CLOVES CAMPBELL

HOW CAN YOU AFFORD TO LIVE?

You're 65 and you just retired. During your working years, you managed to save $10,000 for your retirement. You figure that the $10,000 plus your company pension and social security will allow you to live comfortably for many years.

But how many years? What if you live to 85 or 90? Will you still have enough money to live one, or will you have outlived your assets?

Since none of us know how long he's going to live, we don't know how much of our savings we can spend each year in order to have enough to last until death. Can we spend $3,000 a year or only $500 in addition to social security and pension?

LIFE LONG INCOME - An annuity makes sure savings last through life. Annutities are the opposite of life insurance, which is protection for dependents in case of early death of the breadwinner. An annuity protects an annuitant (the person having the annuity) during his older years. It guarantees him a given amount of money for as long as he lives after retirement.

Most annuities are sold and managed by life insurance companies. Some insurance policies allow you to convert to an annuity at retirement. If you belong to an employee pension plan, you may already have an annuity. It may be that your employer offers a group annuity, whereby you both contribute to the fund.

The amount of monthly income you receive during retirement depends on your life expectancy. If you fool the mortality tables and live longer than expected, you'll still get payments from contributions made by those who died sooner than expected.

DIFFERENT WAYS TO PAY - You can buy an annuity at retirement or during your working years. An immediate annuity is bought when you retire; you pay a single premium, let's say the $10,000 you saved or the lump sum you received from your pension. The company then gives you a monthly income for as long as you live.

A deferred annuity is paid with yearly premiums over a period of years; you receive income when you complete your payments. Once you start receiving payments, the annuity is irrevocable.

Deferred annuities are often sold as a package with life insurance policies. If you buy through an insurance carrier, the salesman will no doubt "push" the deferred annuity. He will argue the advantages of starting a fund at an early age while you can get low premiums. He may use a graph to illustrate the growth of the fund and how much larger your monthly payments will be if you start building it when you're younger rather than at retirement.

The salesman will probably also stress the tax advantages of deferred annuities. The interest earned on them accumulates tax-free during your working years. It is not taxed until you withdraw it during retirement, when you're likely to be in a low or non-taxable income bracket.

But is a deferred annuity the best bet? First of all, you may not like the structured investment that payment on a deferred annuity requires. Instead, you may prefer to invest a monthly sum elsewhere and convert the accumulated savings to an immediate annuity when you retire. The interest you earn on an account at a credit union or other financial institutions, will probably be higher than the insurance company can earn for you on a deferred annuity. And since annunities can be purchased at any time regardless of age or health, you may want to hold off buying one until retirement; then you'll have a better picture of your financial status and the desired standard of living you want to maintain.

food FAIR

The Sacramento Observer

Outdoor Eating Is Fun, Easy

Parmesan Oven Fried Chicken; Frankfurters, Potato Salad, in Tomato Cups, Relishes with Dilly Dip, Rolls-Butter, Pound Cake, Iced Lemonade Tea. Eating in the open air is a delightful way to enjoy informal meals. Cool the baked chicken in the refrigerator before packing. Prepare potato salad and whole tomatoes (same inside portion for sauces, soups, etc.) at home. Pack in containers with tight fitting lids. Refrigerate until ready to leave for the picnic, and then pack in an insulated ice chest. Pack vegetables, green onions, carrots, cucumbers, etc.. to go with dilly dip.

Would you believe that Frankfurters originated in Europe? Most persons are not aware of this fact, because they are so much a part of America's casual way of life. Frankfurters or weiners, are convient and adaptable. Use them in spaghetti, baked beans, soups, Spanish rice mixtures, and scalloped potatoes. Keep foods cold until ready to serve.

This is easily done with the use of cold bricks, vacuum jugs and thermo-chests. All of this should top off a most enjoyable Labor Day Outing.

PARMESAN FRIED CHICKEN

8 fryer legs and thighs
1 cup prepared stuffing mix
3/4 cup grated parmesan cheese
1/4 cup chopped parsley
1 cup melted butter or margarine

Mix stuffing mix, cheese and parsley. Dip chicken in melted butter butter, then in stuffing mixture.

Coat well. Arrange skin side up in a single layer in a shallow baking pan. Pour remaining butter and crumbs over chicken.

Bake 1-1/2 hours in 350 degree oven.

DILLY DIP

1 cup sour cream
1 cup mayonnaise
1-1/2 teaspoons onion powder
1-1/2 teaspoons dill weed
1-1/2 teaspoons seasoned salt or Bon Appetit or Beau Monde
Freshly ground black pepper.

Combine all ingredients. . . chill . . . serve as dip with green onions, cherry tomatoes and sticks of carrots, celery, raw zucchini and cucumber.

Makes 2 cups.

FRANKFURTERS

1 cup rice
1 lb. frankfurters cut crosswise
1/4 cup minced onion
1/4 cup green pepper
1 1-lb. 12-oz. can tomatoes
1/4 teaspoon garlic powder
1 teaspoon salt
1/8 teaspoon pepper

Lightly brown frankfurters and rice in skillet on low heat. Add onions and green pepper. Cook 1 minute longer. Pour in tomatoes to which seasonings have been added. Simmer 30 minutes. Stir occasionally.

NOTE: The picnic isn't over until the site is cleaned and left in order.

FOR GOOD HEALTH

Know What Is In Those Cans

Many people take the 100 per cent daily vitamin requirement of vitamins while eating foods that have vitamins added.

This, says Irene Malbin, is a waste of money since no additional health benefits are gained.

Ms. Malbin, a consumer affairs officer for the United States Food and Drug Administration (FDA) suggests that shoppers can save money, avoid health problems and get necessary nutrients by knowing what goes inside packaged and canned containers beside the product.

"Read the labels," she advises consumers.

Nutritional labels are usually found on the back of all products that have nutrients added.

These labels describe the number of calories in a serving, the amount of protein, fat, carbohydrate, and the percentage of U.S. Recommended Daily Allowances (USRDA) of important vitamins and minerals.

Shoppers can usually compare the cost and nutritional values of various products by reading the labels, and they usually save money since there is no need to buy vitamins when food provides the necessary amounts.

That, she says, is sensible eating and shopping.

"There is no need to panic if you get only 85 per cent of the standard requirement on some days. Dire things will not happen if you don't get 100 per cent of all vitamin requirements every day," she says.

"People should be interested in getting required necessary vitamins, but there is no need to be hung about getting everything at one time," she says.

And to insure shoppers of the possibility of getting necessary vitamins, FDA has made several proposals which will be effective by the middle of 1975.

One proposal would require all breakfast fruit drinks to contain the daily requirement of vitamin C.

This will mean that a six ounce of breakfast drink will contain as much vitamin C as the same amount of orange juice.

The proposal also would allow vitamin C to be added to tomato juice in an amount consistent with other breakfast beverage products.

This way, according to Ms. Malbin, the full daily requirement of vitamin C will be contained in a six-ounce serving of any non-carbonated fruit drink.

Since vitamin C is inexpensive to producers, there will be no change in the cost of the fortified product.

When the proposal goes into effect, all products that have vitamins added, must show the nutritional content on the labels. Products that are not fortified may also use the nutritional labeling, she says, but they can show only those things that are actually contained in the foods.

Producers of imitation foods such as imitation ice cream, margarine, non-dairy coffee creamers and artificial toppings also will be required to show the source of the vegetable fats.

This way, persons who are allergic to some vegetables and their derivatives may know what is in a can or package before purchasing it and as a result, avoid those things that cause them physical discomforts.

Another FDA proposal would require all products sold as replacements for meat, seafood, eggs, poultry and cheese to contain the same amount of nutrition as the items they replace.

"The purpose of this guideline proposal is to make sure people get the necessary proteins while trying to reduce food costs," says Ms. Malbin.

Dieters should be especially conscious of the labels on cereals, warns Ms. Malbin.

Cereals differ in calories though they may resemble each other.

Some may have 100 calories per bowl, while another very similar one may have 130 calories per bowl.

Some granola have as much as 300 calories per bowl, says Ms. Malbin.

"Many people use granola because of its high nutritive value, but they fail to realize the calorie content," she says.

Many products already use nutritional labeling and those that do not, will do so by next summer, she predicts.

At any rate, Ms. Malbin says consumers who are concerned about the high cost of living and escalating food costs would do well to pay close attention to what they are eating.

"It does not sound like an exciting thing to do -- standing in a store and reading the labels on cans, boxes, and jars -- but it certainly can save money and insure health."

END-OF-SUMMER VALUES FOR YOUR LABOR-DAY BARBECUE

All at Jumbo's FAMOUS DISCOUNT PLUS!

THANK YOU FOR SHOPPING AT YOUR INDEPENDENT GROCERY STORE

Where Shopping Is A Pleasure

JUMBO DISCOUNT SUPER MARKETS

- 24th STREET and FLORIN ROAD
- POWER INN and FLORIN ROADS
- 2711 EL CAMINO near FULTON
- 35th AVE. and SOUTH LAND PARK DRIVE
- 1055 NORTH FIRST STREET, Dixon

PRICES ALSO EFFECTIVE at JUMBO in DIXON

NORBEST HEN TURKEYS

Norbest Finest Young Broadbrested "Tender-Timed"

Tender-Timed Turkey

USDA GRADE A

59¢ lb.

SMOKED HAM

Goehring Victor Brand Finest Dry Mild Cured

SHANK PORTION **74¢ lb.**

CENTER SLICES $1.39 lb.

WHOLE or BUTT PORTION 87¢ lb.

USDA Choice Extra Value Trimmed STEAKS

- PORTERHOUSE
- T-BONE • CLUB
- SIRLOIN

Semi-Boneless **$2.09 lb.**

Dubuque Finest Lean Mild Cured

CANNED HAM 5 LB. CAN **$5.89** EACH

Great Northern Center Slices

HALIBUT STEAK **$1.29 lb.**

Jumbo's Regular Any Size Pkg. **GROUND BEEF** 89¢ lb.

USDA Choice Well Trimmed **CHUCK STEAK** $1.07 lb.

USDA Choice Lean Boneless Rolled **X-RIB ROAST** $1.49 lb.

USDA Choice Real Lean All Meat **BEEF ROAST** BRISKET OR HEEL OF ROUND $1.43 lb.

USDA Choice Well Trimmed **STANDING RIB ROAST** $1.49 lb.

USDA Choice Well Trimmed **LEG OF LAMB** $1.39 lb.

Kraft Finest **PHILADELPHIA CREAM CHEESE** 8 oz. pkg. 2 FOR 89¢

Galileo Finest **ITALIAN DRY SALAMI CHUB** 8 oz. Reg. $1.49 **$1.29** ea.

ARMOUR. FINEST JUMBO VALUES!

SLICED BACON 1st Grade 12 oz. pkg. **98¢** ea.

All Meat or Beef **WIENERS** 12 oz. pkg. **64¢** ea.

Reg., Beef, Garlic or Thick **SLICED BOLOGNA** 12 oz. pkg. **79¢** ea.

OLD FASHION BRAUNSCHWEIGER **79¢** lb.

Reser's Finest **POTATO OR MACARONI SALAD** Large 36 oz. **98¢** ea.

ALL SACAMENTO JUMBO MARKETS WILL BE OPEN LABOR DAY—10 P.M. to 7 P.M.
No fresh meat will be sold.
SHOP EARLY FOR ALL YOUR NEEDS!

FROZEN FOODS

TV ORANGE JUICE 6 OZ. 5 FOR $1

ICE CREAM	Crystal	½ gal. 89¢
LEMON JUICE	Minute Maid	7.5 oz. 43¢
CAKES	Sara Lee Banana, Orange, Chocolate or Devils Food	14 oz. 99¢
COOKED SHRIMP	Brilliant	8 oz. 99¢
FRIED CHICKEN	Banquet	32 oz. $1.79

"JUMBO EXTRA VALUE" Prices Effective thru Sept. 3.

STOREWIDE DISCOUNT SHELF PRICES EFFECTIVE EVERY DAY!

LAUNDRY DETERGENT Cold Power GIANT SIZE **79¢**

LIGHTER FLUID	Gulf	32 oz. 39¢
TOILET BOWL CLEANER	Lysol	16 oz. 49¢
ALUMINUM FOIL	Reynold's	12"x25' 29¢
AIR FRESHENERS	Days Ease	6 oz. 73¢
TRASH BAGS	Glad	20 ct. $1.89

More "JUMBO EXTRA VALUES"

Monte Bello **MEDIUM PITTED OLIVES** 300 **39¢**

Nabisco **SNACK CRACKERS** All Varieties REGULAR PKG. **55¢**

DR. PEPPER DRINKS 16 oz. Bottles 8 PACK **97¢** Plus Deposit

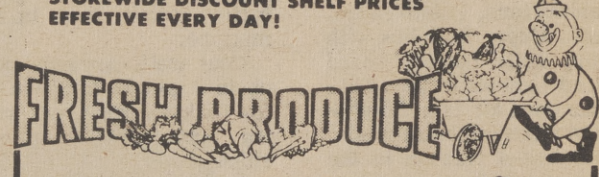
BAR-B-QUE SAUCE	Chris & Pitts	14 oz. 39¢
MUSTARD	Nalley's	32 oz. 49¢
ICE CREAM TOPPING	Smucker's All Var.	12 oz. 45¢
POTATO CHIPS	Granny Goose All 71c Varieties	pkg. 55¢
TEA BAGS	Lipton's	100 ct. $1.19

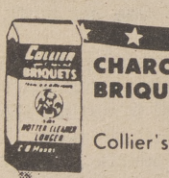
Sunshine **TRU BLU COOKIES** 25 OZ. **65¢**

Nalley's **BANQUET, GARLIC or POLISH DILL PICKLES** 48 OZ. **77¢**

Ajax **DECORATOR PACK CLEANSER** 17 OZ. **25¢**

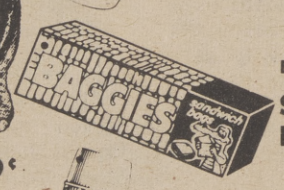
FRESH PRODUCE





CHARCOAL BRIQUETS Collier's 10 LB. BAG **85¢**

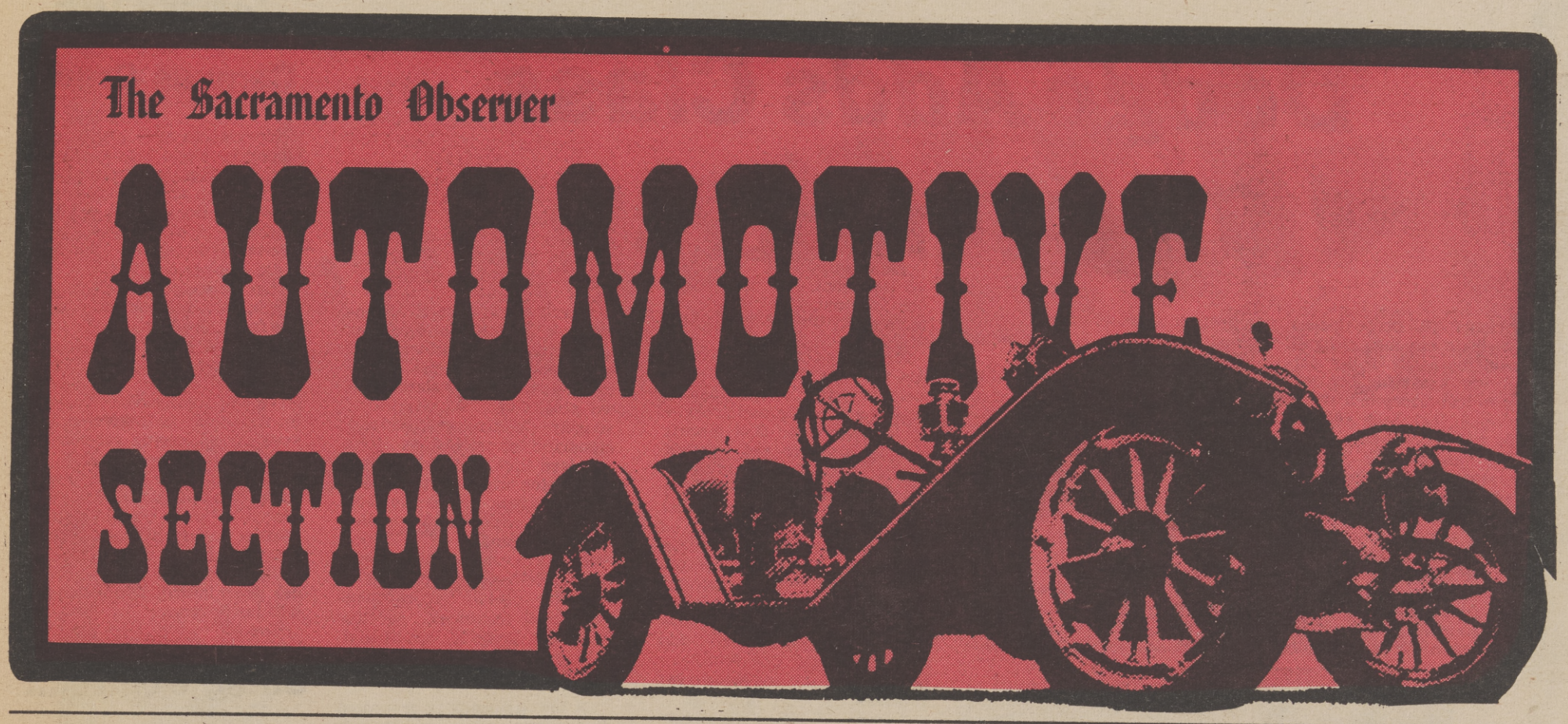
PARSLEY FLAKES	Schilling's	1 oz. 49¢
MINCED ONIONS	Schilling's	7 oz. 79¢
SW KIDNEY BEANS		300 4 FOR $1
SW GARBANZO BEANS		300 4 FOR $1
CHOPPED OLIVES	Monte Bello	4½ oz. 5 FOR $1



Baggies **SANDWICH BAGS** 80 CT. **35¢**

Woodcrafter **FURNITURE POLISH** 14 OZ. **$1.29**

Large Red Ripe Solid	**TOMATOES**	LB. 29¢
Long Tender Burpless	**EUROPEAN CUCUMBERS**	EA. 39¢
Young Crisp Red Leaf or Romaine	**LETTUCE**	2 FOR 39¢
Young Tender Sweet	**CARROTS**	CELLO BAG 2 FOR 29¢
Young Tender	**ZUCCHINI SQUASH**	2 LBS. 29¢
Large Vine Ripe Sweet	**CANTALOUPES**	39¢



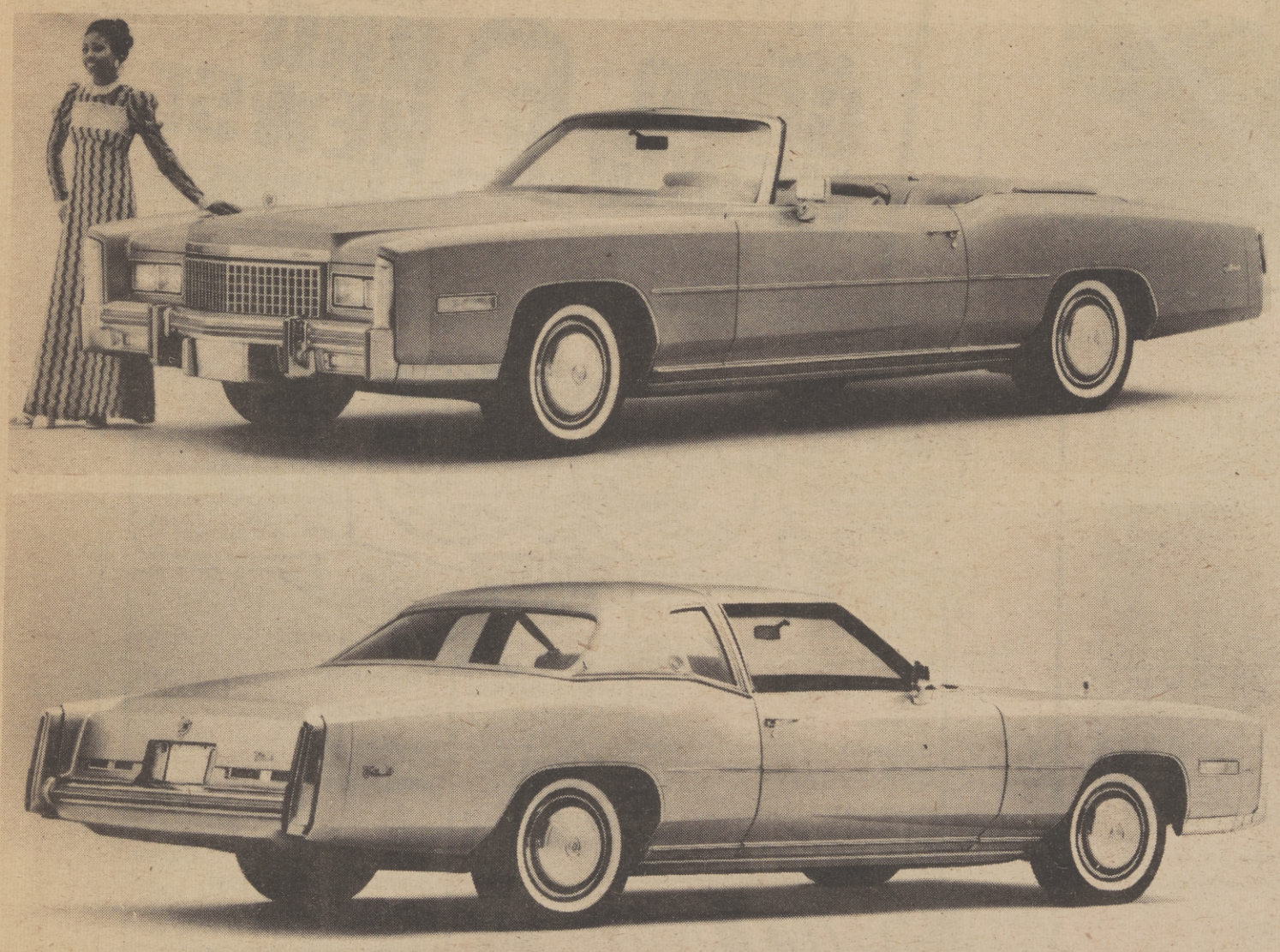
Small Cars Could Mean Trouble

Small cars looking for trouble had better pick on somebody their own size and if they find it the occupants are far better off if they are wearing seat belts.

This can be concluded from a California Highway Patrol study of recent research on small car safety.

Other, more official conclusions:

- Your chances of having an accident are no greater in a car weighing less than 3,000 pounds than they would be in a heavyweight.
- If your small car does get into an accident, it is likely to give you less protection than a big one would the passenger compartment is smaller and the deceleration distance, less.
- Your seatbelt in a small car will make you about as safe from death or serious injury as the unbelted occupant of a big car, if you wear the belt.
- Small car accidents are more likely to involve loss of control, and the cars to overturn and eject their passengers, unless they are belted in.
- A small car's occupants are at a serious disadvantage in a head-on collision with a big car; but a seat belt can shorten the odds, if it is worn.
- In single car accidents, the injury rate in small cars is about the same as in big ones; but in other accidents, the rate goes up in proportions as the weight of the car goes down.
- The number of collisions between small and big cars is less than the researchers expected.



The 1975 Cadillac Fleetwood Eldorado series again features both Coupe and Convertible models and utilized rectangular headlights, as on the standard Cadillac. A newly styled grille on these popular front-wheel-drive cars in highlightened by a larger rectangular openings and bold vertical fins. The front of the fender has been redesigned, with the front bumper outer bar now being vertical as shown on the convertible in the upper photo. New urethane fender exentsion deflect and move rearward when the bumper is impacted, and return to orginal shape as the bumper returns. The park and signal lamps have been relocated, and are now recesses in the lower bumper area below the headlamps. A new fixed rear quarter window has been added to the Coup, providing a larger glass area than in past models. The rear wheel openings are new on the 1975 Eldorados, and no longer features cover. Complementing the new rear wheel openings as a shorter body side molding, located between the front and rear wheels.

AAA Challenges Smog Control

The California State Automobile Association (AAA) has announced its support of legislation to repeal the controversial law now requiring smog control devices to be installed on most 1966-70 autos.

Senate Bill 2471 passed the Senate last week and is now before the Assembly. It would incorporate two significant features. First, installation of these smog devices on 1966-70 autos will be required only when the ownerships are transferred. Second, the law will apply solely to those residents in the metropolitan areas of Los Angles, San Diego, and San Francisco.

"The present program has caused a great deal of confusion in the public's mind," said Neal Garrison, CSAA executive vice president. "But the real problem lies in the devices themselves. They not only increase gasoline consumption, but have potentially adverse effects on auto engines."

Garrison further pointed out that the autos in question are now four to eight years old and are gradually disappearing from the scene. "And as they disappears," he noted, "their effect on overall air pollution is also being reduced.

"From a consumer point of view," Garrison concluded,

(Continued on Page G-2)

Dodge Adds Class To Compacts

DETROIT-The Dodge Coronet intermediate car line, designed to meet the needs of the consumer who seeks big car convenience and luxury in a smaller vehicle, has been restyled for the 1975 model year.

"The intermediate market segment now represents over 26 per cent of total industry sales -- the largest volume segment," according to Dodge Division general sales manager, Richard D. McLaughlin. "With the current emphasis on economy of operation, we anticipate that the intermediates will get increased attention from traditional medium-price and standard car owners in the coming model year.

"This, we are approaching this segment with a full line of Coronet models, including conventional two - door hardtops, and upgraded four-doors and wagons," McLaughlin said.

"New styling themes bring the look of classic elegance to the intermediate lineup, and interiors are luxurious."

Improvements have been made in the accoustical engineering to enhance the quiet ride and bumper, passenger restraint and air conditioning systems and serviceability features are improved.

The lineup includes three new two-door models -- Coronet hardtop, Coronet custom hardtop and the Coronet Brougham hardtop. Four-door models are the Coronet and Coronet Custom, and a Brougham package adds a level of luxury to the intermediate four-door that previously was found only on more expensive cars. Three wagons -- Coronet, Coronet Custom and Coronet Crestwood -- round out the line.

All three wagons are available in two-seat models and the Custom and Crestwood are built in both two and three-seat versions.

Coronet offers separate wheelbase for two-door (115-inches) and four-door models (118"). Basic powerplants are the 225-cubic-inch six and 318 V8, with 360 and 400-cubic-inch V8's, two barrel and four-barrel, optional.

In keeping with the economy aspects of intermediates, options include steel-belted radial ply tires and a thrifty 2.45 to 1 axle ratio with all V8 engines. A 2.71 is standard with V8's, with the exception of wagons powered by the 318 V8 which as a 2.94 to 1 ratio. Manual sixes have 3.21 axle ratios standard and sixes equipped with automatic transmissions have standard 2.94 to 1 axle ratios.

Cruising range of two-doors and four-door sedans has been extended with a 25.5 - gallon domed gas tank.

The 1975 Coronet models with full width bumpers, present a formal classic appearance. Front end treatment carries forward Dodge's traditional split grille theme with a horizontal flavor.

A low silhouette is presented in two-door models with the belt line dropped 1-1/2 inches from last year. To provide easier access to rear seats, doors have been lengthened five inches.

Interiors on both two and four-door models provide the feeling of luxury previously associated with more expensive cars.

Important role in 1975 model Dodge lineup is filled by Dodge Coronet Brougham 2-door hardtop an attention-getter in an expanded series of all-new intermediates redesigned for consumers who seek big car convenience and luxury in smaller cars.

College Off-Campus Credit

Sacramento area people who otherwise might not be able to attend college can make a good start with a choice of some 15 different subject areas and nine locations of off-campus credit classes offered by American River College this fall.

The program, called "Outreach, includes subjects ranging from accounting, data processing and management, to art, English and psychology. Sites include McClellan Air Force Base, the Management Development Institute in Broderick, and several community schools in the Sacramento area.

The popularity of ARC's off-campus credit classes has generated a jump from 10 class section a year ago to 33 sections this fall.

The ARC admissions office has more information on the off-campus program.

Smog Control...

(Continued from Page G-1)

"the passage of Senate Bill 2471 will relieve a large number of California motorists from an unwarranted expense and inconvenience. The State Senate is to be commended for acting responsibly on this issue. We hope the Assembly will exercise similar foresight."

"A CLEAN CAR DRIVES BETTER - LASTS LONGER"

Fruitridge Car Wash

5555 STOCKTON BLVD.
COR. FRUITRIDGE ROAD

PHONE 451-2332 SACRAMENTO, CALIF. 95820

COUPON

FREE FREE FREE FREE FREE FREE FREE

That's Right! **We Said FREE!**

YOU GET 1 FREE PROFESSIONAL HOT WAX WITH EVERY WASH
Reg. $1 FREE WITH THIS COUPON.

• Our full service wash includes • Carpet completely vacuumed • Clean whitewalls • wash windows

COMPLETELY CLEAN CAR IN & OUT!

OPEN 7 DAYS A WEEK

Fruitridge 3 Min. Car Wash

5555 Stockton Blvd. (Stockton & Fruitridge)

FREE FREE FREE FREE FREE FREE FREE

OPEN ALL DAY SUNDAY

EXTRA! EXTRA!

LITTLE PROFIT CHRONICLE

SOME **GOOD NEWS!***

CHUCK SWIFT

...AND SOME **BAD NEWS!***

SWIFT DODGE has hundreds of brand new 1974 cars and trucks in stock and we're selling every single one at special year end "Little Profit Prices." Remember no matter what time of the year, new car introduction or year end closeout, you always save more at SWIFT DODGE.

THE 1975 CARS AND TRUCKS ARE GOING TO COST A WHOLE LOT MORE MONEY! In fact the Wall Street Journal says that the AVERAGE increase on the '75 Fords will be $418 plus an estimated $200 more for the added cost of the required California Emission System and the other manufacturers will probably be up there too!

GOOD NEWS **FREE!** SCRAMBLER INTERIOR CONVERSION INCLUDING PORTHOLES OR...CUSTOM PAINT JOB & WIDE OVAL TIRES & MAG WHEELS... WITH ANY NEW '74 VAN at our Little Profit Sticker Price! BAD NEWS: WHILE THEY LAST!

GOOD NEWS **FREE!** ROLL BAR & EXTRA WIDE FLOTATION TIRES & WHEELS OR 8000 LB WARN WINCH AND DELUXE CAB-HI CANOPY WITH ANY NEW '74 4 WHEEL DR. PICKUP AT OUR LITTLE PROFIT STICKER PRICE! BAD NEWS: SUPPLY LIMITED!

GOOD NEWS EL DORADO MOTORHOME NEW '74 KEY WEST 18 ft self contained dual wheels stove oven power steering radio & heater No 407627 NOW ONLY $7488 BAD NEWS: 75's WILL BE HIGHER!

GOOD NEWS HUNTER'S SPECIAL! WHEN YOU BUY A NEW 4-WHEEL DRIVE RAMCHARGER AT THE LITTLE PROFIT STICKER PRICE, WE'LL GIVE YOU... FREE! 8,000 LB. WARN WINCH... OR FREE! SET OF EXTRA WIDE TRACTION TIRES AND WHEELS... AND FREE! 23 CHANNEL, CITIZENS BAND RADIO TRANCIEVER!

LITTLE PROFIT USED CARS

71 AMC HORNET	$1699
*71 DODGE POLARA	$1495
70 FORD TORINO	$1199
*72 PLY. ROADRUNNER	$2095
73 VW BUG	$2099
73 MAZDA RX2	$2299
73 PINTO SQUIRE WAGON	$2399
72 FORD TORINO	$2499
72 MUSTANG MACH I	$2999
74 CHEV. MONTE CARLO	$3988

GOOD NEWS

BUY ANY NEW 1974 DODGE DART or COLT AT THE SUPER LOW LITTLE PROFIT PRICE AND WE'LL GIVE YOU YOUR CHOICE OF ONE OF THE FOLLOWING GIFTS...

ABSOLUTELY FREE!

★PIONEER DELUXE 8 TRACK STEREO TAPE DECK WITH DUAL SPEAKERS INSTALLED IN YOUR CAR! ★SONY ALL CHANNEL PORT. BLACK & WHITE TV! ★SONY AM/FM ENTERTAINMENT CENTER WITH RECORD PLAYER AND 2 REMOTE SPEAKERS!

LITTLE PROFIT USED TRUCKS

70 CHEV. ½ TON PICKUP	$1899
72 DATSUN PICKUP	$1699
*69 CHEV. PICKUP	$2095
*73 TOYOTA PICKUP	$2495
73 FORD COURIER PICKUP	$2499
* These cars available only in Davis	
73 CHEV. BLAZER 4x4	$3999
72 INTER. SCOUT 4x4	$3599
*73 TOYOTA LANDCRUISER	$4295

USED 4-WHEEL DRIVES

SWIFT DODGE
6250 FLORIN RD.
• 422-4300

THE LARGEST DODGE CAR & TRUCK DEALER IN THE U.S.

CHUCK SWIFT DODGE IN DAVIS
1700 OLIVE DR. at the Freeway
PHONE: DAVIS 758-1630 • SACTO. 446-6491 • WOODLAND 662-3487

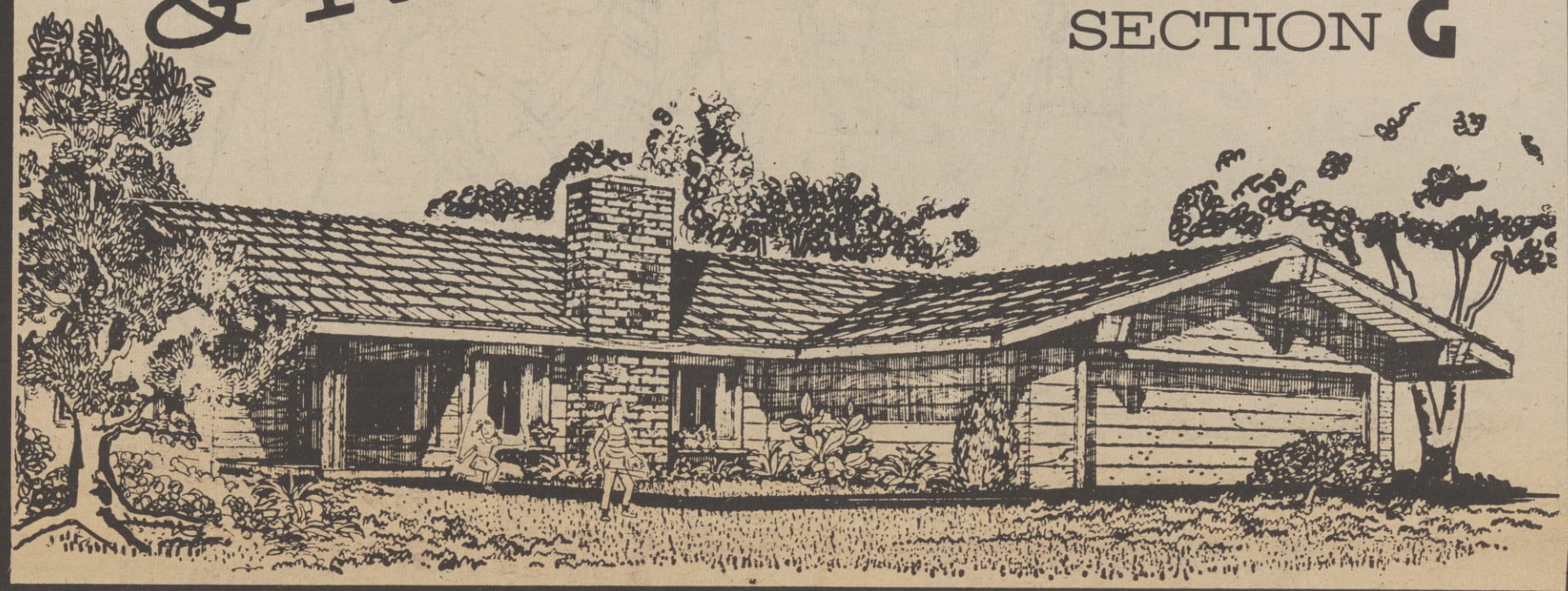
★THIS IS TRUE!

SPECIAL PURCHASE! LAST OF THE 73's DARTS! CHARGERS! CORONETS! POLARAS!

The Sacramento Observer

HOUSING & REAL ESTATE

SECTION G



Unlimited Decorating For Studio Apartment Living

The potential in studio apartment decorating is unlimited. And, unlike larger apartments, single room living quarters allow inexpensive color experimentation without losing money, control, or your cool.

In the September issue of Essence magazine, Home Editor, Bill Weston, stresses the important role color plays in making over a small, dark studio apartment. By changing the color scheme and accessories, Weston give you an idea of how to change the look mood and personality of a single room within a large apartment or re-do a compact studio living area.

Weston says, "express yourself" and make the room reflective of your interests and taste. When chosing colors, remember that warm colors (yellow, red, orange) advance toward the eye. For instance, use yellow on a dark room lacking access to natural light and the walls will have a sunshine glow.

Cool colors, on the other hand, recede from the eye, expand space and are restful. Light green, blue and violet make a small room appear larger, especially if the walls and floors are the same tint.

White, beige, black and gray are the neutrals, and can play a background role to warm or cool tones. Or, they can stand

(Continued on Page G-5)

Expanded Policy Coverage For California Homeowners

In an historic move that is expected to have industry-wide impact, Title Insurance and Trust announced this week that it is significantly expanding the coverage of its standard homeowners titled insurance policy in California.

In the past, standard coverage has been limited to defects uncovered by an examination of public land records and certain off-record risks such as forgery of a deed or legal incompetency of the former owner.

William A. Krug, company vice president, said that the new "T.I. PLUS" policy broadens the coverage to protect property owners against loss or damage arising from the following defects:

--Lack of access from the property to a public street.
--Hidden taxes or assessments that are liens against the property at date of purchase but not disclosed until a later date.

(Continued on Page G-5)

ROOM FOR CURLING UP

A room for curling up with a good book. Everything geared toward comfort, using yellow as the foundation color. The sunny yellows are taken from the oriental carpet and repeated in the bedspread, pillows and the brightly printed cushions of the Brighton-style chairs. Contrast to the yellows and golds comes from an antique Chinese screen, the beige and white ginger-jar lamp and mirrored pillow. The brass and tiled storage cube and elephant table also liven the scheme. Bedspread and pillows, Cohama Fabrics. Blue pillows and brass box, from Le Tourneau. Lamp and furniture, Vanleigh Furniture. As seen in the September issue of Essence Magazine.

They Really Enjoy Their Paper - You Can Too...

Dependable Sacramento Observer home delivery is the convenient way to enjoy Black America's finest newspaper at your home each week. To order, simply call THE OBSERVER Circulation Department number shown below, and we will be glad to serve you.

The Sacramento Observer
Circulation Department
P.O. Box 209
Sacramento, California 95801
452-2668

SCC Offers Courses In Real Estate

Sacramento City College offers an expanded number of classes to provide interested community members the opportunity to prepare for this career.

The real estate curriculum is designed to qualify a student for his California License, or if the student desires, he can take classes which will ultimately qualifh him for the broker's license.

These classes also attract a large number of community members who just want to acquire more information about the real estate field. They gain knowledge that will make them a more informed buyer or seller when involved in real estate transactions.

The fall semester features six different classes and thirteen sections of real estate classes. The majority of them are offered during the evening to allow the interested individual the chance to take the full range of real estate classes.

There will be two classes offered during the day program. They include Principles of Real Estate and Legal Aspects of Real Estate. Both classes will be offered at 8:00 a.m. to allow the individual in real estate industry the opportunity to complete class work before business hours.

Other classes to look for are Real Estate Practice, Real Estate Finance, Real Estate Appraisal, and Advanced Appraisal.

No matter what your objectives, you will find a diversified program with top quality instruction waiting for you at Sacramento City College. For more information, call 449-7281.

Decorating Studio Aparts...

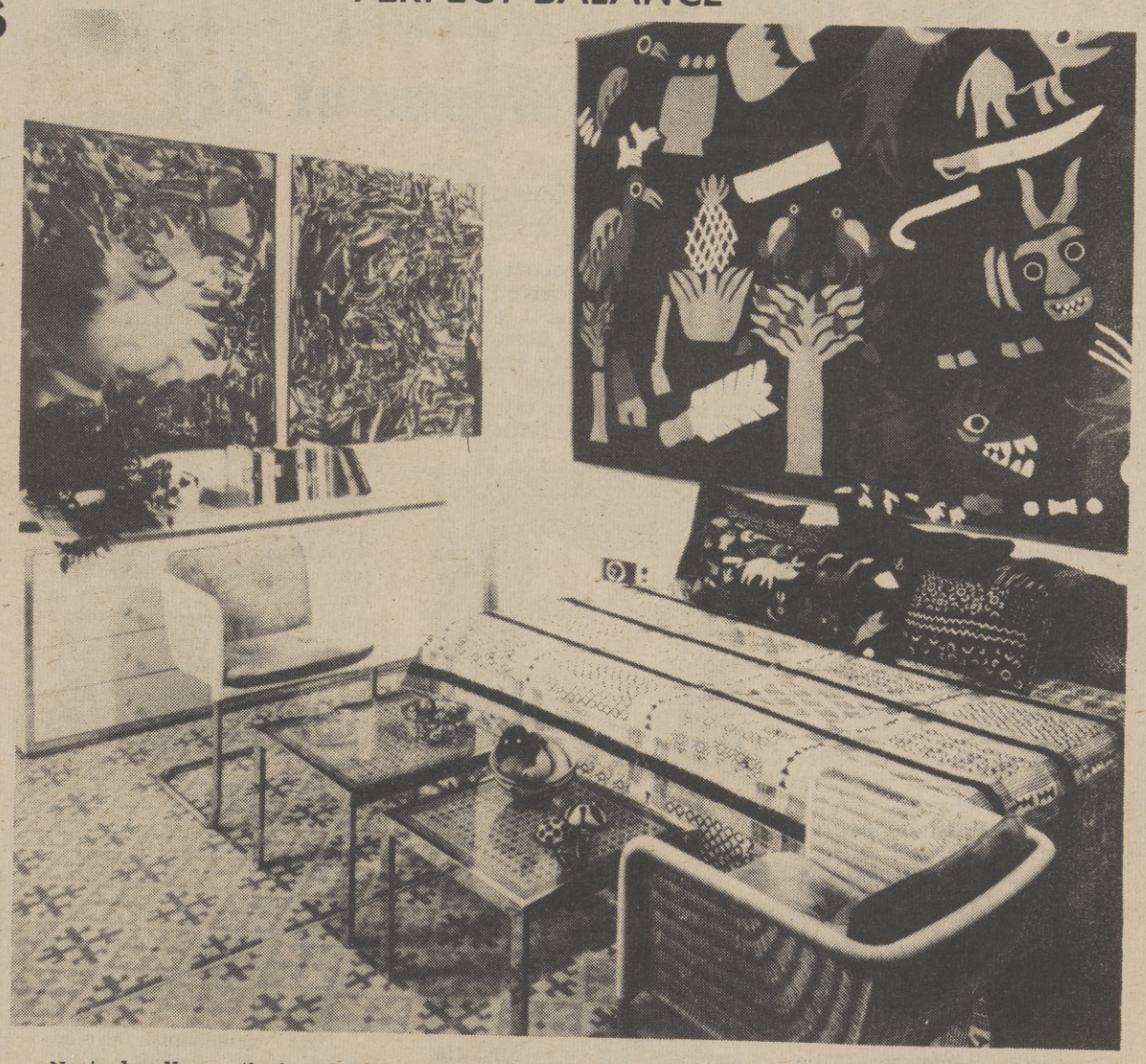
(Continued from Page G-3)

by themselves if a very restrained, colorless interior is desired.

You should also remember that pale colors enlarge a room, and dark ones shrink it. High ceilings don't appear as high when painted a darker shade, and wallpaper and furniture with vertical lines lift a low ceiling as does painting a low ceiling a light color.

In the two views of the studio shown, both color scheme and furniture were chosen to give a feeling of space. The bed pillows provide extra seating. The bed is placed out of the way, and chairs and tables are small in scale. And, all furniture consists of basic pieces, which are readily adaptable for a move to larger living quarters.

PERFECT BALANCE



Neutral walls are the best backdrop for abstract paintings and a huge wall hanging. To avoid blandness, sharp whites are counterpointed by a bedspread of black-printed Adinkra cloth. The white walls also help pick up the light blues and white of Spanish grospoint rugs, which echo the blues of the Dahomey wall hanging, the two Charles Axt acrylic paintings and the Kurumba sculpture. Wicker, chrome and natural suede chairs, and chrome and cane coffee tables carry out the neutral color. Bed pillows, from Le Tourneau. Antelope head, bedspread, hanging, ladles and fruit basket, from Tribal Arts Gallery, NYC. Floor lamp, from Habitat. Chairs, from Harvery Probber. Rugs, from Edward Molina. Furniture, Vanleigh Furniture. As seen in the September issue of Essence Magazine.

Expanded Policy Coverage For California Homeowners

(Continued from Page G-3)

--Existence at the date of purchase of unrecorded liens for labor or materials for which the purchase has not accept liabibly.

--Damage to residential improvements if they encroach subsurface easements

--Violation of covenants, conditions, or restrictions shown in the policy or any violation of municipal zoning ordinances which interfere with the use of the per cent of the original face property for residential purposes.

--Damage to the residence or other improvements that result when the holder of reserved mineral interests in the land elects to exercise his right to explore for and remove minerals.

The new homeowner policy will also protect the customer against inflation by increasing the amount of title insurance in force up to an additional 50 value of the policy without extra charge.

Certain elements of this new policy protection have been available in California in the past only to homeowners who purchased an extended coverage policy for additional premiums.

The company expects the break through in title insurance coverage to have a strong consumer appeal.

"Until now," Krug said, "it has been difficult for a property owner to evaluate the difference in the services offered by title insurance companies since all offered essentially the same protection. As a result, home buyers usually accept the policy recommended by the real estate broker or escrow officer.

"We believe that by providing a better product the consumer will be able to make a decision based solely on the protection offered and the cost of the service," Krug predicted.

The expanded coverage policy will be available on owner-occupied, one-to-four family dwellings and condominiums.

Title Insurance and Trust, a subsidiary of The TI Corporation, operates in California, Nevada, and Hawaii. However, the new homeowner policy will be offered for the present only to California customers.

The company has also filed with the Department of Insurance a schedule that includes a modest rate increase. This increase is the first for the company since 1971 when rates rose an average of 5-1/2 per cent.

Larchmont Foothills

From $25,450
By M.J. Brock & Sons, Inc.
PHONE 334-2666

GREENBRIAR APARTMENTS
NOW OPEN & RENTING

New 1, 2 and 3 Bedroom unfurnished apartments for qualified families. GREENBRIAR offers you the Luxury of garden apartment living with wall to wall carpeting, Air Conditioning and draperies. Garbage disposal and built-in appliances. GREENBRIAR is also within walking distance of Town & Country Shopping Center with schools and main line bus routes nearby. And, there are play areas for children and ample parking, all surrounded by native trees for an appearance you would be proud of.

Rentals include paid water and garbage.

1 Bedroom - $112.38; 2 Bedroom - $136.50;
3 Bedroom - $156.50

GREENBRIAR is an Equal Housing Opportunity Apartment residence.

2844 Wright Street, Sacramento
(1 Block south of Marconi on Wright)..... 488-0171

Over 62?

President
James Monroe Manor
. . . A Nice Place to Live

3225 Freeport Blvd.
Near Land Park
441-1015

Ford Inks New Housing And Community Development Act

by DR. GLORIA E. A. TOOTE
Assistant Secretary
HUD - Fair Housing/EO

The ink of President Ford's signature on the new "Housing and Community Development Act of 1974" is barely dry as this column is prepared for your newspaper.

This new legislation includes some highly important changes and I will highlight for you the provisions that enhance the fair housing and equal opportunity considerations of particular interest to us.

It is important to remember, however, that with a newly enacted law there are some questions on how it will operate that cannot yet be answered. This is because the law establishes basic policy; regulations and procedures for implementation of the law, obviously critically important as well, are now being developed.

The legislation is comprehensive and therefore a very lengthy document. In fact, it is so lengthy that the Department of Housing and Urban Development's summary is twenty-three pages long, single space, small print.

The new law contains eight parts, called titles, which are: Community Development (Title I); Assisted Housing (Title II); Mortage Credit Assistance (Title III); Comprehensive Planning (Title IV); Rural Housing (Title V); Mobile Home Construction and Safety Standards (Title VI); Consumer Home Mortage Assistance (TitleVII); and Miscellaneous (Title VIII).

GLORIA TOOTE

The first change authorized by the new law I would like to call to your attention is the change it makes in the National Fair Housing Law, Title VIIIof the Civil Rights Act of 1968. This change is small in terms of wording, but important to every American.

Let me quote from the HUD summary of the legislation "Fair Housing with Respect to Sex. The Civil Rights Act of 1968 is amended to prohibit discrimination on the basis of sex in financing, sale, or rental of housing, or provision of brokerage services.

Title V of the Nation Housing Act is amended to prohibit discrimination on the basis of sex in the making of Federally related mortage loans, insurance guaranty, or related assistance; lenders are required to consider combined incomes of husband and wife in extending mortagage credit."

This is very important to the husband and wife wishing to purchase a home of the quality and price they jointly can afford. The tradition has been to discount a portion or all of the salary income of the wife, no matter what her record or length of employment thus denying the family access to the portion of the housing market they desire. The importance of this to the female-headed family is obvious. This is a long overdue change welcomed by the working woman and her spouse.

Title I, Community Development, of the new act consolidates several existing categorical program for community development - - Model Cities, Urban Renewal, etc. - - into a new single program of community development block grants unit of government.

Concerning this Community Development Title, let me again quote from the Hud summary of the Act:

"Nondiscrimination and Remedies for Noncompliance. The new law expressly prohibits discrimination on the basis of race, color, national origin, or sex under the community development program. If discrimination is found, HUD must notify the chief elected official of the grant recipient, and request compliance.

If compliance is not secured within 60 days, HUD may refer the matter to the Attorney General for suit; exercise the powers under Title VI of the 1964 Civil Rights Act; terminate, reduce, or limit the availability of grant payments; or take other legal action.

"If after a hearing it finds substantial noncompliance, on the basis of discrimination or otherwise, with any provision of this title, HUD may terminate, reduce, or limit the availability of grant payments to the recipient until the noncompliance is remedied. Suits by the Attorney General are authorized to recover payments in lieu of, or addition to, reduction, termination, or limitation of grant payments by HUD.

"Employment Opportunities for Lower-Income Persons. To the greatest extent feasible, training, employment, and work opportunities available under block grant programs are to be given to lower-income residents and business concerns located in areas of program activities."

This new legislation will have an impact on our communities and, therefore, on the way in which we live. Other aspects of this important legislation will be discussed in future columns, as I believe that government best works for the interest of the individual when the individual understands the workings of government.

This column is offered as a public service by THE OBSERVER.

Official Notice To

EQUAL HOUSING OPPORTUNITY

Real Estate Brokers
OFFICIAL LISTING DATE :

Five Day Waiting Period Expires :

SACRAMENTO SOUTH					
2808 50th Avenue	13,000	C1	3	1	-
6916 Wolfgram Way	23,000	G1	4	2	-
7341 Stockdale Street	22,000	F1	3	2	$536
7765 Mary Lou Way	21,000	F1	3	2	337
SACRAMENTO NORTH					
820 Northey Drive	21,500	F1	3	2	-
1768-1772 South Avenue	18,000	D1	3	1-1/2	568
5963 York Glen Way	21,000	F1	3	1	541
3078 Wiese	23,500	G1	4	2	-
NORTH HIGHLANDS					
6308 Walerga Road	19,500	E1	3	1	-
STOCKTON					
2119 Sacramento Street	19,500	E1	3	1-1/2	395
AS IS					
DIAMOND SPRINGS - Sales Code 1					
163 Argonant Drive	23,000	G1	3	1	288
CONDOMINIUMS					
The following are condominiums and are subject to all association dues and assessments:					
YUBA CITY - Sales Code 1					
1238 Casita Drive #1	15,000	C1	2	1	-
1278 Casita Drive #2	14,800	B1	2	1-1/2	-
FIRST COME - FIRST SERVED					
SACRAMENTO					
2808 16th Avenue - Code 3	15,000	All cash	3	1	-
3713 19th Avenue - Code 3	7,000	All cash	3	1	-
3801 2nd Avenue - Code 2	9,000	All cash	2	1	371
6329 Sun River Drive - Code 3	8,900	All cash	3	1-1/2	169
RED BLUFF					
940 Hasvold Drive	18,000	D1	4	1-1/2	433
1255 Otis Court - Code 1	15,000	C1	3	1-1/2	208
STOCKTON					
228 West Ivy	15,500	C1	3	1	249
352 S. Olive Avenue - Code 4	2,000	All cash	lot approx. 50x123		60
ELK GROVE					
9528 Emerald Park #4 - Code 1	14,000	B1	2	1	414
9528 Emerald Park #3 - Code 1	14,500	B1	2	1	414
RANCHO CORDOVA					
10819 Coloma Road #4	14,800	B1	2	1	393
YUBA CITY					
1217 Casita Drive #2	15,500	C1	2	1-1/2	-
1227 Casita Drive #4 - Code 1	15,000	C1	2	1	381
ELVERTA					
8121 Schoonover Street - Code 1	18,500	D1	3	2	557
8141 Leyden Street - Code 1	18,500	D1	3	2	557
Effective with properties advertised in this listing - 235 financing is unavailable until further notice.					
SPECIAL OFFERING AS IS ALL CASH NO WARRANTY NO FHA INSURANCE					
1528 Santa Ynez Way	25,000		3	1-1/2	687

Please see receptionist (Room 147) for location of sales drawing. The sales office has moved to Room 408 at 801 I Street, Sacramento. Telephone numbers will remain the same.

TO THE PUBLIC

We have others for sale to qualified purchasers without regard to the purchaser's race, color, creed or national origin.

Looking For A Low-Cost Apartment?

We manage 23 apartment complexes throughout Northern California. The complexes include FHA 236 program apartments, Fair Market Rentals and cooperatives. Let us help you with your housing needs. Please give us a call. [916] 927-2751
Ask for Gary or Chris

Federal Properties Management, Inc.

350 University Ave. NO. 201
Sacramento, California

MEMBER-MULTIPLE LISTING SERVICE

TOWNHOUSE REALTY

NATE WALKER—Realtor

ALEECE WALKER
SALES AGENT

ALEECE WALKER

Call Mrs. Walker, about your Real Estate Needs. She's always happy to serve you

"At Townhouse You Are Never SOLD, You Are SERVED"

2001 BROADWAY - PHONE 452-5858

TAKE CARE IN MAKING OUT RENT RECEIPTS

The collecting of rent and the perfunctory giving of a receipt is so usual and casual that many fail to realize the legal significance of the transaction and its possible ramifications.

A tenant has the right to demand a written receipt for rent (Civil Code 1499). But the landlord should be careful to show the exact period of time for which the rent applies.

If the tenant is in arrears, the landlord should credit all present payments to the prior installment and show on the receipt which installment is being paid. Otherwise a tenant may later deny the earlier obligation and as proof of payment produce a receipt for later periods.

Our Code of Civil Procedure, Section 1963 (10) provides that a presumption arises "that former rent or installments have been paid when a receipt for later is produced."

So, if a tenant has a receipt for the current months' rent, the law presumes that all rent has been paid to date and a landlord may not be able to produce sufficient proof to overcome this presumption.

Not only is it possible for a landlord to lose installments of rent if care is not taken in giving receipts, but another problem arises regarding notices to pay rent or quit. This is due to the requirement of the law that notices to pay rent or quit must not demand more rent than is due. If an exceesive demand is made, the notice is void and ineffective for all purposes.

For illustration, suppose a tenant is always behind in his rent and the landlord upon receiving a payment gives a receipt without specifying the month for which the payment is to be credited. Eventually the tenant owes 10 months rent at $50 per month, or $500, but is hopelessly insolvent.

The landlord merely wants to get possession of the premises, knowing that a judgment against the tenant is worthless anyway, and gives a notice to pay rent or quit -- stating the rent in arrears is $500.

At the trial the tenant produces current receipts and convinces the court that he only was $450 in arrears.

The judge cannot give possession to the landlord with a money judgment of $450, but must give judgment for the tenant.

This is true because the notice was void due to demanding $50 too much rent.

So, be careful that the amount specified in the notice is exact.

There is one further caution -- a notice to pay rent or quit can only be used for rent due within the year last past.

Section 1161 of our Code of Civil Procedure states regarding a notice to pay rent or quit as follows: Such notice may be served at anytime within one year after the rent becomes due."

If a landlord waits beyond a year, the rent in arrears cannot be used for eviction purposes. The notice must not include any rent over a year in arrears -- it is expensive and humiliating to lose a lawsuit because of such a technicality.

How To Choose An Apartment

How do tenants locate apartments? Pertinent data was collected by means of a questionnaire selectively distributed on the basis of the total apartment population of nine cities and the size of the particular apartment complex.

In choosing an apartment, 55 per cent of respondents found driving around to be the most desirable method of gaining information.

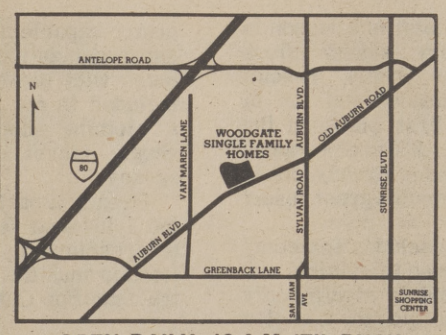
Only 2 per cent of the people turned to real estate agencies, while 17 per cent named recommendations by associates and 16 per cent relied on newspaper advertisements.

UNIT 2 NOW OPEN

WOODGATE Single Family Homes

IN CITRUS HEIGHTS
3 & 4 BEDROOMS—2 BATHS

Distinctive designs plus a host of quality built-in features • all at no extra cost: cedar shingle roofs • fencing • front lawn, shrubs and tree • dishwasher • disposal • complete ducting for easy add-on air conditioning • underground utilities • and much more!



FROM $25,250
FHA—VA—CONV.—Financing

EQUAL HOUSING OPPORTUNITY

OPEN DAILY-10 A.M. 'TIL DUSK

Sales office: On Auburn Blvd. North of Van Maren in Citrus Heights
Telephone: 725-0555 Lane Realty—Exclusive Agent

WH26

VA HOUSING

North Highlands					
3740 Centinella Dr. Sacramento	4	2	$500	$230	$22,500
6634 Dawson Way Woodland	3	2	300	242	22,900
1732 Dal Ray St. Sacramento	4	2	500	308	30,500
4109 E. Nicholas Ave. Sacramento	2	1	-	115	10,300
7919 Hanford Way Sacramento	4	2	500	327	30,900
625 Hayes Ave. Broderick	3	1	150	156	14,950
1109 Hobson Ave. Sacramento	3	2	200	183	17,500
3842 Kern St. Sacramento	2	1	-	127	10,700
3047 Rio Linda Blvd. Sacramento	2	1	200	179	17,900
7208 Tamoshanter Way Sacramento	3	2	200	201	19,500
3612 19th Ave Sacramento	2	1	-	104	9,900
3191 35th Ave. Sacramento	3	1	250	165	15,950
3434 41st Street	2	1	100	138	11,900

You Don't Have To be a Veteran
Low Down Payment
Liberal Financing
SEE ANY VA SALES BROKER FOR THE MOST CURRENT INFORMATION AND NEW LISTINGS.

EQUAL HOUSING OPPORTUNITIES

California Property Consultants

Professional Property Management

Free Apartment Rental Information

We manage over 3,000 Units

334-4060

5161 Auburn Blvd. -Sacto. 95841

EQUAL HOUSING

EASTRIDGE APTS.
For Senior Citizens
New -- Now Open
Application being taken
Studios, unfurnished $101.00
1 bdrm. unfurnished 112.25
2 bdrm. unfurnished 134.70
Carpets, drapes, refrigerator, range, disposal, wheel-chair vamps. Many conveniences.
Rockwood drive -- off Hughes Road, Grass Valley Section 236-4. Must qualify to rent.
Tele. 1-272-1888. Equal Housing Opportunity.

PALM GARDENS
701-A Street, Galt, California
1 bdrm., unfurnished $108.00
2 bdrm., unfurnished 132.00
Range, refrigerator, air conditioner, laundry facilities, disposals, carpets, drapes.
Apt. #111. Palm Ave. Tel. 209-745-1689
Must qualify, Section 236 FHA. Equal Housing Opportunity

SIERRA PLAZA
3 bdrm., unfurnished $130.00
4 bdrm., unfurnished 140.00
Range, refrigerator, air conditioner, laundry facilities, disposals, carpets, drapes, playground for children.
3728 Modell Way, Sacto. Apt. #3732
Tel. 927-7438
Must qualify, Section 236 FHA.
Equal Housing Opportunity

COSUMNES RIVER APTS.
New - Now Taking Applications
1 bdrm., $110.82
2 bdrm., 134.00
Range, refrigerator, air conditioner, laundry facilities, disposals, carpets, drapes.
8182 Center Parkway. Tel. 391-2755
Must qualify, Section 236 FHA.
Equal Housing Opportunity.

FOOTHILL PLAZA II
New - Now Renting
1 bdrm., unfurnished $107.00
2 bdrm., unfurnished 130.00
3 bdrm., unfurnished 148.69
Range, refrigerator, air conditioner, laundry facilities, disposals, carpets, drapes.
Must qualify Section 236 FHA. Tel. 332-4795, Auburn and Hemlock.
Equal Housing Opportunity

LANCE APTS.
New - Unfurnished
1 bdrm. $111.00
2 bdrm. 134.28
3 bdrm. 154.00
Range, refrigerator, air conditioner, laundry facilities, disposals, carpets, drapes.
Must qualify - Section 236 HFA. Tel. 482-6460, 4828 El Camino.
Equal Housing Opportunity

COOPER REAL ESTATE

JOSEPH COOPER
Realtor

We have four Representatives to serve you and all your real estate needs

To buy or sell real estate in any area of Sacramento, call an expert from Cooper Realty

2110 K STREET
SACRAMENTO, CALIFORNIA 95816
916 443-5911

The Sacramento Observer
TRAVEL
PAGE G-8
AUGUST 29 - SEPT. 4, 1974

Harrah's New Tahoe Hotel Has New Added Luxury

Harrah's Tahoe Hotel is a lesson in luxury. The 18-story facility offers tastefully appointed rooms, special services and the beauty and fun of Lake Tahoe. The first phase of the hotel, which contains 250 rooms, opened last November and is already looked upon as one of the world's great resort hotels.

Each guest room includes two complete bathrooms, three television, and three telephones and is significantly larger than most hotel quarters. Angled windows allow guests a view of both Lake Tahoe and the surrounding mountains.

Guests are treated to the best customer service available. A fresh flower is placed in each room daily, 24-hour room service is quick and efficent, and each room contains a computerized beverage unit. The unique device--stocked with everything from mixes to champagne--allows guest the convenience of a wet bar at the push of a button.

Still another "extra" is the exclusive heating and air conditioning unit which has been installed in every room. This unit provide guest with individual control of their room's tempeature.

Each room is thoroughly soundproofed too, with double walls between other rooms and halls.

Because the Tahoe area is a 24-hour fun center, blackout curtains have been provided to insure total darkness even in the middle of the day.

Guests have their choice of four room varieties: kings, twin doubles, queen studios or suites. Each room has been decorated to reflect one of the four seasons; more than 20 artists were commissioned to work on the art used throughout the hotel.

Dining facilities at Harrah's Tahoe have been enlarged with the new hotel. A panoramic view of the entire lake basin is the focal point of "The Summit" rooftop restaurant. This two-level restaurant, with its elegant decor, containental cuisine and cocktail lounge complete with live music, is already one of Tahoe's finest night spots.

One of the hotel's special features is a 6,100 square foot convention center capable of handling the numer-our organization that like to mix business with pleasure at Harrah's. Also included in the hotel are a gift shop, a clothing shop, barber and beauty shops, travel desk and rent-a-car agency.

Already a part of Harrah's Tahoe is the 1,000 seat South Shore Room theater-restaurant, this 24-hour Sierra Restaurant, the Edgewood Buffet and the Stateline Cabaret late-night showroom. Beverage facilities include the intimate Hideaway Lounge and five other bars. Harrah's Tahoe casino contains 50,000 square feet of gaming area --the world's largest.

Broad steps have been taken to assure the hotel's compatibility with the Tahoe enviroment. For aesthetic reasons, the structure's narrow side faces the lake shore and the earthen-colored sculptured facade blends with the colors of the surrounding mountains.

Harrah's Tahoe hotel will eventually contain 540 rooms. The second phase of the Tahoe building program is already underway with the completion of three more levels of the parking garage. The garage now accommodates 1,000 cars. It is the first multi-level parking structure at Lake Tahoe.

The hotel is the first major building in the Tahoe Basin to be constructed under the criteria set in 1970 by the Tahoe Regional Planning Agency.

SKI TOURS FOR BLACK FAMILIES

Switzerland Austria & Yugoslavia

Harold Esannason and a small group of friends have been skiing together for years - at some of the world's finest winter resorts. Harold's finally decided to share the fun.

This year, he founded Black International Leisure, a ski and travel club dedicated to the proposition that vacations should be more than meal vouchers and "sight-seeing by deluxe motorcoach."

On Black International Leisure holidays, a wide range of sports and entertainment is available every day, often including the club's own soul music trio. Land arrangements are professionally organized and first class all the way. This year, Black International Leisure is offering programs to Davos, Innsbruck and Bled.

Davos is situated high in the heart of Switzerland's Grisons area and offers an almost unparallelled variety of skiing. Its 116 miles of marked slopes are serviced by 28 lifts. Davos' other attractions are equally varied - enough sports, shopping, nightclubs, and good restaurants to please everybody.

Black International Leisure's one week program, is priced at $425 and includes deluxe hotel accommodations with private bath, based on twin occupancy; breakfast and dinner daily; round-trip economy-class air transportation from New York to Zurich, transfers and train transportation to and from Davos. The departure is scheduled for January 27, returning February 3, 1974.

Yugoslavia is not exactly famous for its skiing - yet. But Bled is fast becoming an in spot for winter sports. The nearby Zatrnik ski center is brand new and offers five ski lifts for downhillers who hate to wait.

The Black International Leisure program is priced at $399 for one week and includes round-trip economy - class air transportation from New York to Ljubljana; motorcoach transfers to and from Bled; deluxe hotel accommodations with private bath, based on twin occupancy; breakfast and dinner daily. The Bled tour departs February 11, returning February 17, 1974.

Innsbruck is the capital of the Austrian Tyrol and a choice spot for skiers who want to combine the creature comforts of a city of 100,000 with some of the pleasantest skiing in the Alps. Innsbruck hosted the 1974 Winter Olympics (and will again in 1976), and the five lift complexes that surround the resort reflect that championship heritage.

For as little as $389, Black International Leisure skiers can enjoy deluxe hotel accommocations with private bath; breakfast and dinner daily; round-trip economy-class air transportation; transportation to and from the resort. The Innsbruck departure is scheduled for February 25, 1974, and returning March 3.

Membership in Black International Leisure is $10 per person, $15 per family, per year. For further information about Black International Leisure, and any of its programs contact Mal Beiner; Mt. Kisco Travel & Tours Inc., 161 Main Street, Mt. Kisco, New York 10549; phone (914) 666-3333, or write directly to Black International Leisure, P. O. Box 202, Armonk, New York, or any Swissair office.

Of course, you don't have to be Black to join Black International Leisure; as Harold Esannason says, "You've just got to have soul."

The Sacramento Observer

TRAVEL

New Tour Of West Africa

NEW YORK - If family histories could be traced, probably every Afro-American would find ancestors who left for America from West Africa, their points of departure, the slave "castles" scattered along the coast. Cities along the Niger, Senegal and Gambia Rivers provided slaves for Europe as well as America in a profitable traffic that continued for more than 200 years until it was finally outlawed in America in 1808.

Many of the slave houses are being restored for tourists but of even greater interest to the Afro-American, it would seem, are the cultures that their forebears left behind. In many cases, these were highly advanced civilizations that can contribute immeasurably to the pride of Americans of African descent.

New tours to West Africa concentrate on areas, west of the Sahara Desert, from where most American slaves were shipped. And new group inclusive tour rates make Africa available to the middle-income traveler. It's a vacation to uncover important roots to an older civilization and one to enjoy with excellent tourist facilities and accommodations throughout.

Melia International, the third largest tour operator in the world, working with Air Afrique, has introduced three itineraries, one combining an African vacation with Spain, another with a cruise and a third with the Canary Islands off the African northwest coast. They all add important relaxation before the return flight home.

West Africa Plus Spain is an 18-day tour that starts in Dakar, capital of Senegal and includes an excursion to Goree Island to see one of the most important slave houses. The tour then proceeds to Casablanca, Fes and Tangier before crossing over into Spain for a stopover in Torremolinos, the most popular beach resort on the Costa del Sol, or in the Spanish Riviera as it is often called. It then continues on to Seville, Cordoba and Madrid.

Price, based on GIT (Group Inclusive Tour) rates requiring 15 people traveling together, is $761 during basic season, $818 during the summer months. This includes round-trip economy jet transportation, first class hotel accommodations throughout, two meals at all African destinations, three meals in Spain except Madrid where Continental breakfasts only are included, half-day guided motorcoach tours in Dakar, Casablanca, Fes, Tangier, Seville, Cordoba and Madrid, an afternoon excursion by launch to Goree Island, intercity transportation and all transfers between airports and hotels.

West Africa and the Ivory Coast is a 20-day vacation to Abidjan, capital of the Ivory Coast, Niameyand Bamako on the Niger River, Baoule National Park, Timbuktu, also on the Niger River, Dakar on the Atlantic Coast, with the last three nights spent in Las Palmas, a sea resort in the Canary Islands. Price, based on GIT rates with 15 persons traveling together, is $1,013 during peak season and $1,066 in summer.

It includes round trip economy class jet transportation, first class hotel accommodations throughout with two meals, half-day city sightseeing in Abidjan, Timbuktu, Dakar and Las Palmas, an excursion by launch to Goree Island to visit the slave houses, a full day motorcoach tour with lunch in Niamey and a 2-day guided tour with lunches in Baoule National Park, intercity jet transportation and all transfers between airports and hotels.

African Land-and-Sea Holiday is a 2-week vacation including six nights on the award winning Italian cruise ship, the M/V Irpinia. The tour goes to Abidjan on the Atlantic side of the Ivory Coast and then to Dakar where the ship is boarded. There are stops at Bathurst on most important channels for slave transportation, and Las Palmas for a relaxing day on the beach. The ship returns to Dakar for the last three nights.

The price depends upon cabin selection, but an average cost including a cabin on a middle-level deck would be $805 per person, based on GIT rates with 15 people traveling together for the air portion.

In booking these tours, the traveler need not be concerned about organizing a group. The wholesaler - in this case, Melia Tours - gets the group together combing orders from travel agents. For further information check with your local travel agent or write to: Melia Tours, 580 Fifth Avenue, New York, N.Y. 10036.

Howard Johnson's Mini-Vacations

One low price includes . . . accommodations . . . complete breakfast . . . and paid attractions.

San Diego
SEASIDE ESCAPE

Enjoy a San Diego holiday! Attractions and tours plus accommodations, breakfast — one night and two days.

$16.95 Adults — per person (double occupancy) — $3.95 Children

Redwood City
SAN FRANCISCO GATEWAY

Explore San Francisco's gateway city! Two attractions plus accommodations and breakfast — one night and two days.

$17.95 Adults — per person (double occupancy) — $4.95 Children

Santa Clara/San Jose
MYSTERY TOUR

Egyptian mummies and haunted houses! Plus accommodations and breakfast — one night and two days.

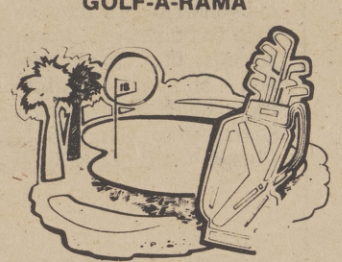
$18.95 Adults — per person (double occupancy) — $4.95 Children

Barstow
ROCK HUNT SAFARI

Fascinating desert rock hunt! Guided tour plus Calico Ghost Town including accommodations and breakfast — one night and two days.

$19.95 Adults — per person (double occupancy) — $7.95 Children

Riverside
GOLF-A-RAMA



Fore! Plenty of golf—including green fees, golf balls, breakfast, accommodations — one night and two days.

$24.95 Adults — per person (double occupancy) — $13.95 Children

Los Angeles
CATALINA CAPER

A day on Catalina Island! Round-trip transportation and guided tours plus L.A. accommodations and breakfast — one night and two days.

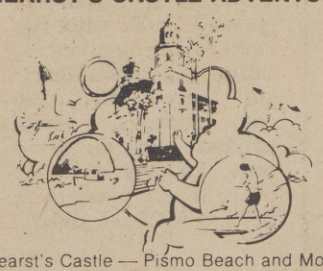
$28.95 Adults — per person (double occupancy) — $7.95 Children

Santa Maria
CHAMPIONSHIP GOLF

Unlimited golf! On two championship courses including accommodations and breakfasts — two nights and three days.

$33.95 Adults — per person (double occupancy)

San Luis Obispo
HEARST'S CASTLE ADVENTURE



Hearst's Castle — Pismo Beach and Morro Bay! Accommodations, breakfast and reserved Castle admission — two days and one night.

$15.95 Adults — per person (double occupancy) — $4.50 Children

Los Angeles
HOJO HOLIDAY

Fabulous Los Angeles! Sightseeing tours and major attractions, including accommodations and breakfasts — two nights and three days.

$57.95 Adults — per person (double occupancy) — $17.95 Children

For descriptive folder write:
HOWARD JOHNSON'S TRAVEL CLUB
500 S. Main, Orange, Calif. 92668

For Reservations:
CALL COLLECT (714) 541-2202

FINDER

The Sacramento Observer (916) 452-4781

CLASSIFIED ADS

CLASSIFIED ADVERTISING INDEX

All FINDER Ads are placed in Classification for your convenience. All classifications are listed by title and numerical order. THE SACRAMENTO OBSERVER reserves the right to classify all advertisements, to delete objectionable words or phrases or to edit or refuse any advertisement. Every FINDER Classified Ad must specify a bona fide offer in good faith. Advertisers will hold THE OBSERVER harmless against all claims resulting from publication of an advertisement.

THE OBSERVER will not assume responsibility for more than one week's incorrect insertion and reserves the right to make correction in the next issue. Liability for errors will not exceed the cost of space occupied by such error. All FINDER Classified Advertisements should be checked by the advertiser the first week of publication.

ANNOUNCEMENTS	100	Meetings	140	Help Wanted	210	RENTALS	400	AUTOMOTIVE	600	Recreational Vehicles	680
Personals	110	Drugs & Sundries	150	Agencies	250	Apartments	450	Trucks, Trailers	630	INSURANCE	700
Legal Notice	120	Schools & Instructors	160	Real Estate	300	MERCHANDISE	500	Mobile Homes	640	TOO LATE TO CLASSIFY	800
Lost & Found	130	EMPLOYMENT	200	Home Loans		Furniture & Appliance	550	Motorcycles	660	QUICK BUSINESS GUIDE	900

Want to buy?... Sell or trade?... Looking for services?... Call (916) 452-4781

When answering a FINDER Classified Ad, please refer to the advertisement by Classification Number

Personals 110

SACRAMENTO BAIL BOND

SINCE 1926
24-HOUR SERVICE

A. RICCI-F. VANCE
F. WITTON

443-2523

600 EYE ST.

RENT TO OWN

TV's and STEREOS

$7.00 and UP

Free delivery, free service, 451-8213 - 451-8675

Drugs & Sundries 150

OUYE'S PHARMACY

Prescription Pharmacists

WE DELIVER

Free Parking

HI4-7370

10th and V Street, Sacramento

TEETHING PAIN

Many baby doctors tell mothers to use this fast, safe, gentle relief. Helps teething baby and you sleep.

GUARANTEED BY PARENTS' MAGAZINE

baby ora-jel

RENTAL

HOME FOR RENT

Three bedroom, two bath home. Central air and heat. Fully equipped kitchen. Newly painted inside and out. Wall to wall carpets, drapes, two-car garage, fenced yard. Rent $210 month. Children and pets OK. Office hours 9-6 weekdays--10-4 wkends. 456-3816.

PHOENIX PROPERTIES

SUNRISE ESTATES

3, 4 and 5 bedrooms. Priced at $19,750 to $29,000. 725 - 2006. Agent 967-2200

FOR SALE

$13,750. Two bedrm., clean, garage, reverse plan, large covered patio, trees and shrubs. 961-1306 evenings. $4,-000 to assume 6-3/4%.

Help Wanted 210

MINORITY CONTRACTORS

Minority Sub-Contractors, sub-bids are requested on the UCD Davis Recreation Hall project. Bids should be submitted no later than 12 noon September 5, 1974.

Responding minority sub-contractors must be able to bond their work, submit bids to Harbison - Mahony - Higgins, Inc., 8589 Thys Court, Sacramento Ca. 95828. Phone (916) 383-4825.

SOUTHGATE AREA

Three & four bedroom homes, most with two baths, all appliances, fully carpeted and draped, fenced yard, two car garages, newly painted, central air & heat, children and pets okay. Rental rates from $195 to $225 per month.

PHOENIX PROPERTIES
Call 452-3816, daily 9 thry 6, Saturday and Sunday, 10 thru 4

Help Wanted 210

BROADCAST

Kelly Broadcasting Co. (KCRA-TV, KCRA-AM, KCTC, FM) is accepting applications for future openings in all areas. Interviews are held Tuesday mornings from 10 a.m., to 12:30 p.m., at KCRA-TV, 310 10th Street, Sacramento. No appointment is necessary.

AN EQUAL OPPORTUNITY EMPLOYER

$ NEED MONEY $

1st and 2nd real estate loans, on any type of property, in any area, use money for any reason. Even if behind in payments or in-between jobs, we're here to help solve your financial needs. Appointments arranged in the privacy of your home or our office. We have a variety of plans to fit your needs & budget.

452-5593
24 Hour Service
We accept collect calls

GOLDEN PLAN OF CALIFORNIA
4305 Freeport Blvd.
Sacramento
A California Loan Brokerage Firm

PROGRAMMER I

$945 - $1,150

Position offers an ideal opportunity for starting a career in computer programming and systems analysis. It is desirable that applicants have a B.S. in Business Administration, Computer Science, Mathematics, Physics or a closely related field. Preference will be given to applicants with upper division credits in data processing or paid programming experience. . Last day to file applications is Tuesday, Sept. 3. 1974. Obtain applications . . . Sacramento Municipal Utility District, P. O. Box 15830, 6201 S Street, Sacramento, Ca 95813. Phone (916) 452-3211, ext. 255.

Help Wanted 210

TECHNICIAN

Salary $784 - $954 Excellent career opportunity in sub-professional municipal planning. Requirements include equal to high school graduation with courses in drafting & 2 years drafting experience. Apply by Sept. 3, 1974. Send resumes to: City Managers Office, City Hall, 300 1st Street, Woodland, Ca.

CITY OF WOODLAND
An Equal Opportunity Employer

THOUGHTS

Man 39. I would like to meet woman for companion 5 ft. 7 in. up to 160 lbs., to travel with age 25 - 35 (209) 477-7596. No drinking or smoking.

The Sacramento Observer

CLASSIFIED ADVERTISING

RATE CARD

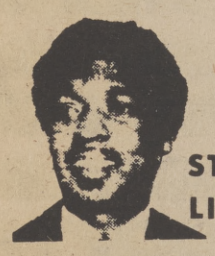
AREA CODE 916
452-4781

Real Estate 300

LIVE IN CONVENIENT HILLSDALE

Bohannon Homes. Adjacent to Jr. & Sr. High, Elementary School & Shopping. Choice of 3 & 4 bedrooms, 1 & 2 baths, family rms. Rear yards fully fenced. Front lawn, shrubs, and tree planted for you. Street lights. Models open 10 a.m. 'til dusk. 6113 Hillsdale Blvd. 331-8930.

Insurance 700



PROTECT YOUR HOME WITH FARMERS HOMEOWNERS POLICY

NEED AUTO INSURANCE? GET THE BEST WITH FAST, FRIENDLY SERVICE FROM

STAN LIVINGSTON

Farmers Insurance Group

FIRE-AUTO-TRUCK-COMMERCIAL-LIFE
9779 Lincoln Village Dr. Ph. 363-2648
Sacramento Calif. 95827 Res. 362-3200

Furniture & Appliances 550

DEANS

New & Used APPLIANCE

EASY FINANCING
BANK AMERICARD MASTER CHARGE

EXPERT REPAIR
OF WASHERS, DRYERS, AIR CONDS., GAS AND ELECTRIC RANGES

Sales & Services

3514 BROADWAY 451-6556

SENIOR PROGRAMMING ANALYST

Experience in installation and operation of Bill of Materials on IBM system. 3-model — 10 RPG II, Fast growing manufacturer.
Good future. Salary open. Complete fringe benefits. Including stock ownership program. Mailed resumes only. Replies confidential.

STEIGER TRACTOR INC.

3101 1st Ave. No., Fargo, No. Dakota 58102
Attention: Bob Lilliquist

Help Wanted 210

ARMY OPPORTUNITIES

RADIO OPERATOR

No experience required. Age 18-34. Good Salary and many benefits. Ask about the 2 year option. Now interviewing. Call Army Opportunities, S. Sacto. 422-9843; N. Sacto., 484-4501; Main P. O. Bldg. 449-3505; Rancho Cordova, 635-7760; Roseville, 783-0445.

POWER GENERATOR EQUIPMENT REPAIRER

No experience required. Age 18-34. Good salary and many benefits. Ask about the 2 year option. Now interviewing. Call Army Opportunities. S. Sacto., 422-9843; N. Sacto., 484-4591; Main P. O. Bldg., 449-3505; Rancho Cordova, 635-7760; Roseville, 783-0445.

FOOD SERVICE SPECIALIST

Age 18-34. No experience required. Good salary and many benefits. Ask about the 2 year option. Now interviewing. Call Army Opportunities. S. Sacto, 422-9843; N. Sacto., 484-4501; Main P. O. Bldg., 449-3505; Rancho Cordova, 635-7760; Roseville, 783-0445.

MARINE OPERATOR

No experience required. Age 18-34. Good salary and many benefits. Ask about the 2 year option. Now interviewing. Call Army Opportunities, S. Sacto. 422-9843; N. Sacto., 484-4501; Main P. O. Bldg., 449-3503; Rancho Cordova, 635-7760; Roseville, 783-0445.

COOK/ KITCHEN SUPERVISOR

Minimum 2 years experience. Good salary and rapid advancement. Excellent benefits, plus. Age 18-34. Now interviewing. Call Army Opportunities. S. Sacto., 422-9843; N. Sacto., 484-4501; Main P. O. Bldg., 449-3505; Rancho Cordova, 635-7760; Roseville, 783-0445.

AUTOMOTIVE REPAIRER

Minimum 2 years experience. Good salary, rapid advancement. Excellent benefits, plus. Age 18-34. Now interviewing. Call Army Opportunities, S. Sacto., 442-9843; N. Sacto., 484-4501; Main P. O. Bldg., 449-3503; Rancho Cordova, 635-7760; Roseville, 783-0445.

FOOD INSPECTOR

Minimum 2 years experience. Good salary, rapid advancement. Excellent benefits, plus. Age 18-34. Now interviewing. Call Army Opportunities. S. Sacto., 422-9843; N. Sacto., 484-4501; Main P. O. Bldg., 449-3505; Rancho Cordova, 635-7760; Roseville, 783-0445.

STOCK CLERK

No experience required. Age 18-34. Good salary and many benefits. Ask about the 2 year option. Now interviewing. Call Army Opportunities. S. Sacto., 422 - 9843; N. Sacto, 484-4501; Main P. O. Bldg., 449-3505; Rancho Cordova 635-7760, Roseville, 783-0445.

Help Wanted 210

SERVICE STATION ATTENDENT

$2.20 hr. Hours, 2 to 9 p.m. Handle Cash.

PARLIAMENT PERSONNEL AGENCY

1812 J Street
444-5860

TELLER

$450. Experienced. Salary could go higher with good experience.

PARLIAMENT PERSONNEL AGENCY
1812 J Street
444-5860

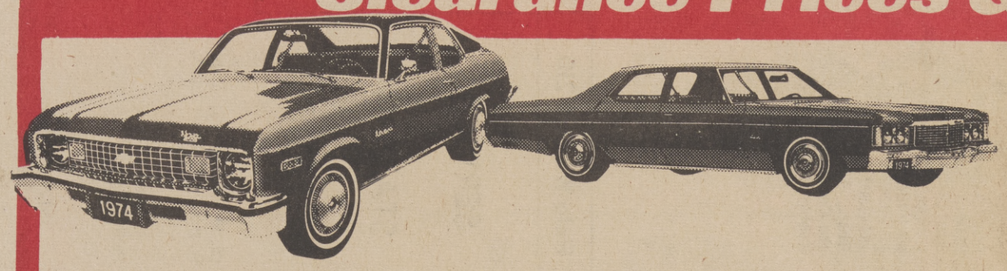
RECEPTIONIST

$450 Mo. Some shorthand, typing, mature, attractive.

PARLIAMENT PERSONNEL AGENCY
1812 J Street
444-5860

GET YOUR CAR INTO GEER!

Clearance Prices & Highest Trade-Ins



24 NOVAS TO CHOOSE FROM

This one with tinted glass, turbo thrust 250, hydramatic, power steering, white striped tires, radio, 1X27D46212065. Stock 5638. **$3065**

24 NEW IMPALAS TO CHOOSE FROM

This one has tinted glass, air conditioning, remote control rear view mirror, comfort tilt steering, turbo fire 350, 4 BBL, full wheel covers. 1L69L4S207013. Stock 5844. **$4380**

43 VEGAS TO CHOOSE FROM

Vega Kamm Wagon with tinted glass. 140-z engine, deluxe bumper, heavy duty radiator, Deluxe bumper guards, 1V15B4U369519. Stock 5625. **$2885**

74 LUV

Radio, chrome rear bumper and full factory equipment on the finest little truck on the road today!

CLN1438233863. Stock 1219. **$2740**

WE're ALL GEER-ED UP TO GIVE YOU EXTRA SAVINGS RIGHT NOW

USED CARS & TRUCKS

66 IMPALA **$995**
Heater, power steering, factory air conditioning, automatic, wsw tires. Turquoise, No. 9920. Lic. No. RWW251

72 CHEVROLET **$3195**
Malibu, radio, heater, power steering, factory air conditioning, automatic, wsw tires, Green. No. 9885, Lic. 822FDT, Ser. 564605.

70 CHEVROLET **$3495**
Blazer, radio, heater, power steering, power brakes, air conditioning, automatic, Lic. 439AVK, Ser. 128461.

73 CHEVROLET **$3795**
Impala Wagon, radio, heater, power steering, power brakes, factory air conditioning, automatic, wsw tiees, Lug. rack, Silver. No. 9732. Lic. 342R5Q, Ser. 122801.

73 FORD **$3995**
10 pass. wagon, radio, heater, power steering, power brakes, factory air conditioning, automatic, wsw tires, lug. rack, Gold. No. 9731, Lic. O-5, Ser. 115769.

72 DATSUN 1200 CPE. **$2495**
Radio, heater, factory air conditioning, 4 speed transmission, wsw tires, No. 9863, Lic. 791GDD, Ser. 9539954.

73 CHEVROLET **$3195**
Malibu Coupe, radio, heater, power steering, power brakes, factory air conditioning, automatic, wsw tires, Lug. rack, Silver. No. 9732. Lic. O-5, Ser. 409053.

72 PINTO **$1995**
Radio, heater, automatic, wsw tires, vinyl top, Blue, No. 9822, Lic. 626ERE, Ser. 142665.

68 JEEP WAGONEER **$1995**
Radio, heater, power steering, power brakes, automatic, Blue. No. 9867, Lic. WNU233.

74 PONTIAC LeMANS **$3795**
Radio, heater, power steering, power brakes, factory air conditioning, automatic, wsw tires, vinyl top, Maroon, No. 9712, Lic. 864JYL, Ser. 103202.

74 PONTIAC **$3295**
Ventura Coupe, radio, heater, power steering, factory air conditioning, automatic, wsw tires, red, No. 9709, Lic. 259JYM, Ser. 108260.

73 TOYOTA COROLLA **$2495**
Radio, heater, power brakes, 4 speed transmission, wsw tires, Orange, No. 9791, Lic. 410HBE, Ser. 403085.

73 FIREBIRD **$3795**
Radio, heater, power steering, power brakes, factory air conditioning, automatic, wsw tires, Brown, No. 9798, Lic. 342HVS, Ser. 134692.

74 OLDS CUTLASS **$3995**
Supreme, radio, heater, power steering, power brakes, factory air conditioning, automatic, wsw tires, vinyl top, Green. No. 9749, Lic. 805JUK, Ser. 108172.

73 JEEP CJ5 **$3695**
Radio, heater, 4 speed transmission, vinyl roof, roll bar. No. 9924. Lic. No. 116JBD.

All Prices Good from August 20th thru Sept. 1st

NUMBER ONE — BECAUSE WE ALWAYS GIVE YOU A LITTLE MORE!!!

John GEER Chevrolet

Buy with Confidence

FLORIN ROAD WEST

2 Blocks West of Highway 99

Open Evenings — Sundays

Phone 422-2000

The Sacramento Observer

SPORTS

PAGE H-1

AUGUST 29 - SEPT. 4, 1974 SECTION H

ELK GROVE PARK

Women's National Softball Tourney

Commissioner Carl Boyer announced Monday the pairings for the opening round of games in the National Women's Slow Pitch Tournament, sanctioned by the Amateur Softball Association.

The tournament being held at the Elk Grove Softball Complex will start Thursday August 29th and run through Monday Sept. 2nd with the championship game scheduled for Monday at 2:30 p.m.

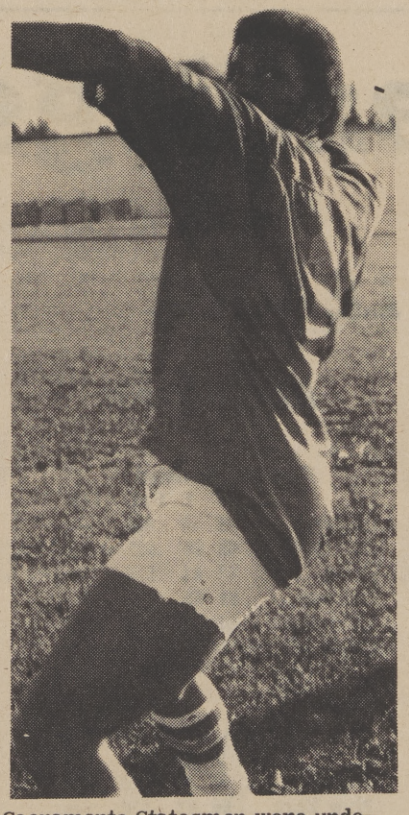
The following is a list of the pairings in the double elemination tournament:

THURSDAY: Elk Grove Jaycees vs. Ribi-Otts (North Carolina), 7:30 p.m.; Glenn Sporting Goods of Huntington, W. Va., vs. Chuck Wagon Americs of Minnesota, 7:30 p.m.; Fairway Blair (Nebraska) vs. Raney Tire of Cleveland, Ohio, 7:30 p.m.; Sweeney Chevrolet vs. Groman's of Manchester, Conn., 8:45 p.m.; Santa Rosa Saints vs. Springfield (Ohio) Robinettes, 8:45 p.m.; Donnettes of Cleveland, Ohio vs. Boatmart of Chattanooga, Tenn., p.m.

FRIDAY: Hounds and Foxes on Long Island, N.Y. vs Forest Park Girls (Illionis), 5 p.m.; Zep Stars of Albany, Ga., vs. Acy Truck Lines of Jackson, Miss., 5 p.m.; Region No. 7 vs. North Miami Dots, 5 p.m.; Elks 350 of Ashland, Ky., vs. Scottie of Richmond, Va., 6:15 p.m.; Niccoli's of Phoenix vs. P. A. L. Drifters of Lynn, Mass., 6:15 p.m. La Rosa's of Cincinnati vs. Motown Soul Sisters of Detroit, 6:15 p.m.; Minuteman of American of Little Rock, Ark., 7:30 p.m.; vs. Budget Rent-A-Car Rebels of Jacksonville, Fla., 7:30 p.m.; Hensley's of Charlottesville, Va., vs. Creekwater Dispensary of Tacoma, Wash., 7:30 p.m.; Oklahoma City Sooneretts vs. Columbus Major All-Stars (Ohio), 7:30 p.m. Elk Grove-Rubi-Otts winner vs. Westwood Concrete of Bloomington, Minn., 8:45 p.m. Budget Tapes and Records of Houston, Tex., vs. Shears of Hutchinson, Kans., 8:45 p.m.; p.m.; Sponsors of Great Falls, Mont., vs Sweeney-Groman's winner, 10 p.m. two losers bracket games, 10 p.m.

'TOURNAMENT SMILES'

'ACTION PROS'



Two very good reasons why the Sacramento Statesmen were undefeated last year are quarterback, Jim Gabriel, right, and offensive end, Calvin Miller, left. There are over forty other reasons not mentioned here that made this team the best semi-pro team on the West Coast. The powerful defense and explosive offense of the Statesmen will be in action Saturday, August 31, 8:00 p.m. at Grant Field.

EDDIE ROBINSON'S 34TH SEASON

Grambling To Open 74 Football Practice

by COLLIE J. NICHOLSON

GRAMBLING, La. - Glum Eddie Robinson had the 34th service stripe stitched to his toga Monday, as Grambling opens practice for the 1974 football season.

As is his usual custom, he contends, with characteristic caution, the graduation has reduced the Tigers to shackled, shadowy dwarfs.

The inevitable aftermath is a king-sized talent reshuffling, rebuilding job.

Grambling is not its usual muscular self, Robinson insists in whimsical exaggeration.

He claims the drop in calibre will become obvious to the staunchest defenders in the first five games.

The Tigers open the season against Northwestern State in Shreveport on Sept. 15. Alcorn State, Morgan, Prairie View and Tennessee State follow in that order.

Robinson laments that the schedule has not been toned down.

Despite such pessimistic comments, no downward cycle appears on the Grambling horizon.

While the Tigers might appear an unknown quantity at several positions, size, experience, ambition and talent are the big assets overall.

Youthful enthusiams and keener competition for positions must also be considered plus factors.

Faced with a depth problem in the deep secondary, a questionable running attack and some cavities in the defense line, there are no indications that Robinson and his staff will depart from the tribal custom of winning the Southwestern Athletic Conference championship.

Anyway they are evaluated, the Tigers look like a team to be reckoned with.

Traditionally, Grambling has made threatening motions with a pleasing combination of quality and bulk.

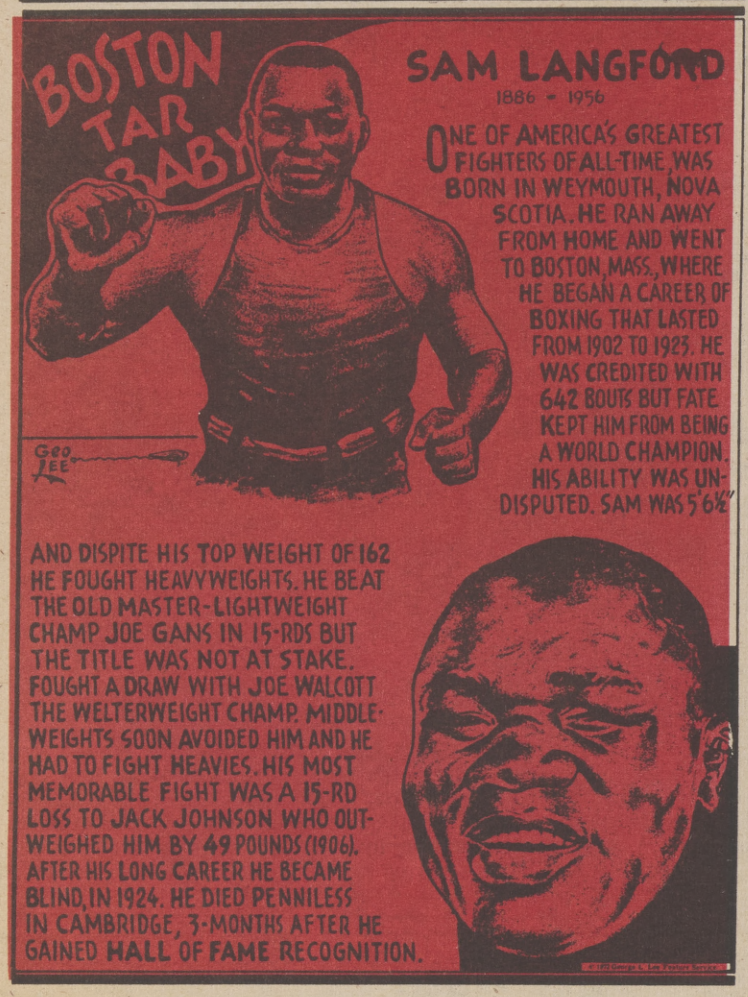
Line quality starts with gigantic Gary "Big Hands" Johnson, undoubtedly one of the finest defense tackles in college football.

Other standouts available include Robert Barber (243-pounds); James Holmes (238-pounds); Jesse O'Neal (267 - pounds); Bobby Simon (248-pounds); Donnie Humphrey (255 pounds); Andrew Jackson (244-pounds); Ronald Carter (257-pounds); and Jimmy Roe (254-pounds).

The long-throwing tactics of quarterbacks Joe Comeaux (195-pounds); Terry Brown (196-pounds); and Douglas Wil-

(Continued on Page H-4)

Did You Know? Great Black Athletes



GIANTS STATISTICS

BATTING	AB	H	HR	RBI	Avg.
Moffitt	14	5	0	3	.357
Maddox	446	132	8	48	.296
Rader	244	71	1	18	.291
Goodson	243	70	4	38	.288
Matthews	430	120	14	62	.279
Miller	145	40	0	7	.276
Bonds	464	122	17	58	.263
Halicki	19	5	0	1	.263
Speier	439	113	7	45	.257
Ontiveros	286	72	4	28	.252
Rudolph	129	32	0	9	.248
Fuentes	267	66	0	19	.247
Arnold	152	37	1	24	.243
Thomasson	227	54	0	21	.238
Barr	48	11	0	0	.229
Phillips	232	51	1	16	.220
Kingman	248	53	13	39	.214
Caldwell	48	9	0	2	.188
Boccabella	68	10	0	4	.147
Williams	22	3	0	0	.136
D'Acquisto	57	7	1	3	.123
Bryant	23	2	0	1	.087
Bradley	38	3	0	0	.079
Sosa	14	1	0	0	.071
Others	15	1	0	0	.067
TOTALS	4318	1090	71	446	.252

PITCHING	IP	ER	W-L	ERA
Barr	181	52	10-7	2.59
Williams	100⅓	31	1-3	2.79
Caldwell	143⅓	48	12-3	3.02
Sosa	89	30	9-5	3.03
D'Acquisto	174⅓	66	9-11	3.41
Moffitt	87	41	4-6	4.24
Halicki	56	27	1-7	4.34
Bradley	127⅔	72	7-11	5.06
Morris	6	3	0-0	4.50
Bryant	98⅔	65	3-13	5.91
Others	57	34	1-5	5.37
TOTALS	1130⅓	466	57-71	3.71

A's STATISTICS

BATTING	AB	H	HR	RBI	Avg.
Jackson	409	125	24	79	.306
Rudi	475	140	15	82	.295
Campaneris	413	119	2	34	.288
Alou	170	47	1	14	.276
C. Washington	134	36	0	12	.269
North	445	118	4	32	.265
Bando	391	99	16	82	.253
Green	223	55	2	19	.247
Mangual	314	74	8	39	.236
Tenace	386	86	21	62	.223
Kubiak	203	45	0	17	.222
Fosse	125	25	3	18	.200
Mavill	40	7	0	2	.175
Haney	116	20	2	3	.172
*Holt	12	1	0	0	.083
Others	422	81	8	47	.190
*Totals	4283	1072	106	541	.250

*A's totals only

PITCHING	IP	ER	W-L	ERA
Lindblad	78⅔	16	4-3	1.82
Fingers	91⅓	23	7-3	2.27
Hunter	250⅔	76	19-10	2.73
Abbott	65⅓	23	4-4	3.18
Blue	226⅓	81	14-12	3.23
Hamilton	107⅓	40	6-4	3.35
Holtzman	192⅔	76	15-13	3.54
Odom	77⅔	31	1-5	3.58
Others	8⅓	3	0-0	3.24
Totals	1147⅓	387	73-56	3.04

SACRAMENTO VALLEY STATESMAN FOOTBALL SCHEDULE

DATE	TEAM	PLACE	TIME
AUG 17	SAN FRANCISCO FOG CUT	GRANT FIELD	8:00 p.m.
AUG 31	SAN FERNANDO LANCERS	GRANT FIELD	8:00 p.m.
SEPT 7	SOUTHERN CAL RHINOS	GRANT FIELD	8:00 p.m.
SEPT 11	VANCOVER B.C.BARONS	VANCOVER	
SEPT 29	NORTH HOLLYWOOD OAKS	GRANT FIELD	8:00 p.m.
OCT 5	EAST L.A. RAMBLERS	LOS ANGELES	
OCT 13	SAN FERNANDO LANCERS	SAN FERNANDO	
OCT 19	EAST L.A. RAMBLERS	GRANT FIELD	8:00 p.m.
OCT 27	NORTH HOLLYWOOD OAKS	NORTH HOLLYWOOD	
NOV 9	SOUTHERN CAL RHINOS	SOUTHERN CAL	
NOV 2	VANCOVER B.C. BARONS	GRANT FIELD	8:00 p.m.

National Football League Standings

American Conference

East	w	l	t	pct.	pf	pa
New England	3	1	0	.750	57	54
New York Jets	2	2	0	.500	88	67
Miami	2	2	0	.500	92	79
Baltimore	1	1	0	.500	36	9
Buffalo	2	3	0	.400	110	85
Central						
Pittsburgh	4	0	0	1.000	93	35
Cincinnati	4	0	0	1.000	93	55
Houston	2	2	0	.500	103	39
Cleveland	1	2	0	.333	45	77
West						
Denver	3	1	0	.750	87	86
Oakland	3	1	0	.750	110	58
San Diego	2	2	0	.500	68	91
Kansas City	2	2	0	.500	83	126

National Conference

East	w	l	t	pct.	pf	pa
St. Louis	3	2	0	.600	86	67
Dallas	2	2	0	.500	46	62
New York Giants	2	2	0	.500	56	52
Washington	1	3	0	.250	54	102
Philadepphia	1	3	0	.250	83	105
Central						
Green Bay	3	1	0	.750	70	54
Minnesota	1	2	0	.333	62	61
Chicago	1	3	0	.250	58	96
Detroit	1	3	0	.250	42	91
West						
Los Angeles	3	1	0	.750	120	63
Atlanta	2	2	0	.500	56	54
New Orleans	1	3	0	.250	53	92
San Francisco	0	4	0	.000	36	77

LEAGUE LEADERS

AMERICAN

TEAM BATTING

	AB	R	H	HR	RBI	Pct
Texas	4112	539	1152	83	507	.280
Minnesota	4175	501	1162	82	473	.278
Chicago	4112	536	1113	114	493	.271
Boston	3983	534	1072	93	506	.269
Kansas City	4009	521	1068	75	490	.266
Cleveland	3865	480	999	98	442	.259
California	4002	485	1033	76	431	.258
Baltimore	3985	480	1020	86	441	.256
New York	3907	453	996	69	432	.255
Oakland	3949	543	1001	96	502	.254
Milwaukee	3993	503	1004	94	477	.252
Detroit	4043	436	993	94	408	.246

Player Club	G	AB	R	H	Pct.
Carew, Min	123	483	72	175	.362
Hargrve, Tex	102	328	49	115	.351
Ystrzmki, Bn	118	413	76	131	.317
Orta, Chi	109	405	68	128	.316
Randle, Tex	121	413	5	129	.312
McRae, KC	114	415	58	129	.311
Maddox, NY	103	333	56	103	.309
D.Allen, Chi	118	431	82	133	.309
R.Jacksn, Ok	119	409	72	125	.306
Piniella, NY	109	404	53	122	.302

Home Runs

D. Allen, Chicago, 32; Burroughs, Texas, 25; R. Jackson, Oakland, 24; Tenace, Oakland, 21; Melton, Chicago, 20; Darwin, Minnesota, 20.

Runs Batted In

Burroughs, Texas, 100; D.Allen, Chicago, 84; Bando, Oakland, 81; KHenderson, Chicago, 77; R.Jackson, Oakland, 76; Rudi, Oakland, 76.

Pitching (12 Decisions)

Tiant, Boson, 19-8, .704; G. Perry, Cleveland, 16-7, .696; Busby, Kansas City, 18-10, .643; Hiller, Detroit, 14-8, .636; Hunter, Oakland, 17-10, .630; J. Perry, Cleveland, 13-8, .619; Cuellar, Baltimore, 14-9, .609; Jenkins, Texas, 17-11, .607.

NATIONAL

TEAM BATTING

	AB	R	H	HR	RBI	Pct
Pittsburgh	4128	521	1124	83	482	.272
Los Angeles	4036	579	1099	99	546	.272
Houston	3984	493	1078	80	463	.271
St. Louis	4117	494	1100	63	449	.267
Philadelphia	3965	501	1049	72	472	.265
Cincinnati	4084	552	1052	96	512	.258
SanFrancisco	4013	474	1014	70	425	.253
Montreal	3823	467	060	56	427	.251
Chicago	3942	452	987	72	414	.250
Atlanta	3978	470	988	82	417	.248
New York	3807	407	914	79	382	.240
San Diego	4022	416	950	78	388	.236

Player Club	G	AB	R	H	Pct.
Garr, Atl	127	542	76	195	.360
Zisk, Pgh	116	424	61	141	.333
A.Oliver, Pgh	112	467	74	150	.321
Gross, Htn	122	453	66	145	.320
R.Smith, StL	110	389	58	124	.319
Garvey, LA	122	506	74	160	.316
Brock, StL	120	494	80	156	.316
Buckner, LA	110	437	58	137	.314
Cardnal, Chi	109	416	60	128	.308
Gernimo, Cin	117	358	55	110	.307

Home Runs

Schmidt, Philadelphia, 32; Wynn, Los Angeles, 28; Bench, Cincinnati, 26; T.Perez, Cincinnati, 22; Cedeno, Houston, 22.

Runs Batted In

Schmidt, Philadelphia, 94; Bench, Cincinnati, 90; Cedeno, Houston, 84; Wynn, Los Angeles, 84; R.Smith, St. Louis, 81.

Pitching (12 Decisions)

John, Los Angeles, 13-3, .813; Caldwell, San Francisco, 11-3, .786; C.Carroll, Cincinnati, 9-3, .750; Messrsmth, Los Angeles, 13-5, .722; Griffin, Houston, 12-5, .706; Rau, Los Angeles, 12-6, .667; Billingham, Cincinnati, 15-8, .652; Carlton, Philadelphia, 14-8, .636.

World Football Standings

WEST	W	L	T	Pct.	Pf	Pa
So. California	4	3	0	.571	139	132
Houston	2	4	1	.333	53	111
Hawaiians	1	7	0	.125	133	249
Portland	0	6	1	.083	83	167
EAST						
Florida	6	1	0	.857	137	85
New York	5	2	0	.714	167	111
Philadelphia	3	4	0	.429	176	121
Jacksonville	3	5	0	.375	147	147
CENTRAL						
Birmingham	7	0	0	1.000	204	123
Chicago	6	1	0	.857	212	171
Memphis	5	2	0	.714	220	157
Detroit	0	7	0	.000	115	219

GIANTS' SCHEDULE

SUN	MON	TUE	WED	THUR	FRI	SAT
18 St L	19 PIT	20 PIT	21 PIT	22	23 CHI	24 CHI
25 CHI	26	27 PIT	28 PIT	29 PIT	30 St L	31 St L
1 St L	T 2 LA	T 3 LA	T 4 LA	5	6 ATL	7 ATL
8 ATL	9 HOU	10 HOU	11 LA	12 LA	13 HOU	14 HOU

T–TV ROAD NIGHT DOUBLE

SOLONS' SCHEDULE

SUN	MON	TUES	WED	THUR	FRI	SAT
11 Away	12 Away	13 Away	14	15 SPO.	16 SPO.	17 SPO.
18 SPO.	19 SPO.	20 SPO.	21 TAC	22 TAC	23 TAC	24 TAC
25 TAC	26 TAC	27	28 HAW.	29 HAW.	30 HAW.	31 HAW.
1 HAW.	2 HAW.	3	4	5	6	7

HOME ROAD

Baseball Standings

Pacific Coast League

Western Division

	W	L	Pct.	GB
Spokane	75	61	.551	—
Tacoma	72	63	.533	2½
Hawaii	66	72	.478	10
Sacramento	61	67	.442	15

Eastern Division

	W	L	Pct.	GB
Albuq	74	62	.544	—
Phoenix	73	65	.529	2
Salt Lake	65	71	.478	9
Tucson	61	76	.445	13½

MAJOR LEAGUE

NATIONAL

Western Division

	W	L	Pct.	GB
Los Angeles	81	47	.633	—
Cincinnati	79	51	.608	31
Atlanta	71	58	.550	10½
Houston	66	62	.516	15
San Francisco	57	72	.442	24½
San Diego	50	79	.388	31½

Eastern Division

	W	L	Pct.	GB
Pittsburgh	67	61	.523	—
St. Louis	66	63	.512	1½
Philadelphia	64	65	.496	3½
Montreal	59	67	.468	7
New York	56	70	.444	10
Chicago	52	73	.416	13½

AMERICAN

Western Division

	W	L	Pct.	GB
Oakland	74	56	.659	—
Kansas City	69	60	.535	4½
Taxas	67	63	.515	7
Chicago	64	65	.496	9½
Minnesota	63	67	.485	11
California	51	79	.392	23

Eastern Division

	W	L	Pct.	GB
Boston	71	56	.559	—
New York	66	62	.516	5½
Cleveland	63	64	.496	8
Baltimore	63	64	.496	8
Milwaukee	62	68	.477	10½
Detroit	60	69	.465	12

SOLON STATISTICS

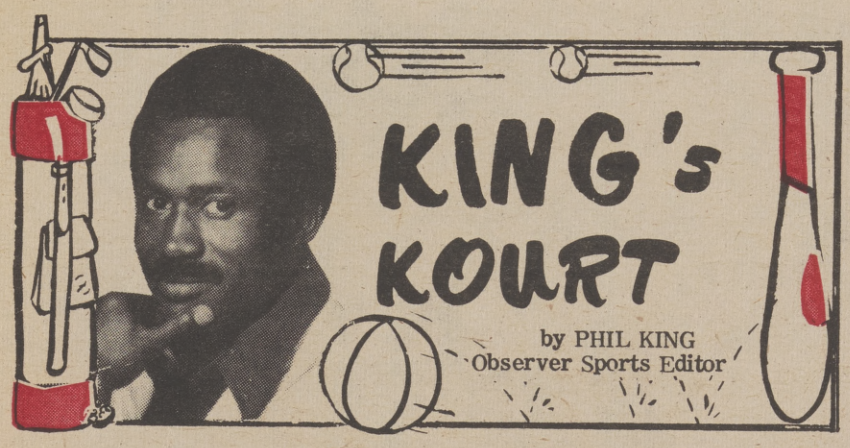
BATTING

	ab	h	hr	bi	avg.
Bianco	471	135	22	70	.287
Ellis	140	41	8	32	.293
Kusnyer	406	101	15	57	.249
Lezcano	455	146	30	86	.321
Lind	237	69	14	42	.291
Lopez	329	78	5	37	.237
M'Crtny	404	108	30	71	.267
McNulty	473	155	50	128	.328
Reynolds	421	131	30	84	.311
Salado	44	6	0	2	.136
Thomas	428	128	46	100	.299
Others	551	151	22	69	.274

PITCHING

	ip	w-l	er	so	era.
x-Bell	48	1-5	35	26	6.56
Cavallo	93	6-5	94	41	9.10
Glassco	51	3-6	40	24	7.06
Hausman	158	11-8	96	89	5.47
King	68	4-7	77	38	10.19
Miller	162	10-5	78	84	4.33
Shaffer	39	2-3	22	34	5.08
Stratton	81	1-2	69	33	7.67
Wright	43	1-1	48	37	10.05
Others	338	18-30	239	294	6.36

X—Bell record including Salt Lake 5-9, 6.70 era, 47 so.



Sacramento Truly A Sports Town

Pro . . Amateur . . sandlot or junior Sacramento residents are a sports minded people.

With attendence nearing the 300,000 mark, the Solon's have established that professional baseball can be successful in Sacramento.

Ironically enough many people thought that the city could not support pro baseball. One of the principle arguements of critics centered on the usefullness of Hugh Stadium.

Regardless of what the critics have said or will say in the future the Solons have made their first season a winner.

Soccer is none to popular in North America. Sacramentans do not generally share to favor of South American for the game.

Nevertheless the game is gaining fans here in Sacramento. The game is fast-paced and overwhelmingly exciting. Soccer is fast becoming a standard in the Sacramento area.

Ice hockey may sound strange in a town where it seldom ever snows. Yet Sacramento is fast catching on to the thrill of it all. The puck and the flasking blades of skates seem to spellbound audiences. The violence helps too.

Big Time Wrestling has always had die-hard fans loyal to the cause of distruction.

The roller games draw people out in droves. Again I think the violence has something to do with the attendance. People like entertainment and action.

Sacramento has proven that it will not support a winning football team. The statement have won games continually since they came to Sacramento, yet the crowds have continually stayed away. The record last season showed that they were 13-0-1.

Softball by far for men, women and children has proven the undisputed king of attendance and participation.

Several tournaments have been played in Sacramento. It has been estimated that approximately one-third of all Sacramentans play softball regularly.

The National Slow Pitch championships are due to play here in the Sacramento area. The tournament will be played in Elk Grove with attendance speculated to be record breaking.

Sacramento should hold on to the ball game. Let's get out and support our players.

KOURT SHORTS . . .The Elk Grove Slow Pitch Tournament for men will be held Sept 9-16 at Elk Grove Park. For more information call: 443-2051 . . The Sacramento Statesmen will open the pro season Saturday August 31 at 8:00 p.m. in Grant High School Grant Bowl Staduim.

Entry blanks and rules for the 1974 Men's Flag Football League may be secured at the Department of Recreation and Parks Office, 3520 Fifth Avenue.

These forms WILL NOT be mailed to last year's managers. The roster will be due on Wednesday, September 4, 1974.

Gymnastics Classes For Boys At 'Y'

The Sacramento Central Branch of the YMCA has scheduled special fall classes in gymnastics for boys ages 8 through 17. The classes will emphasize all phases of men gymnastics and will include training on parallel bars, rings, pommel horse, vaulting, high bar and tumbling.

All classes will be arranged according to level of ability and will be held at Kit Carson Jr. High School, 54th and M Sts. Class registration and team tryouts will be held September 3rd and 9th from 6:00 p.m., to 7:00 p.m.

The Y also sponsors a Boys Gymnastic Team, currently coached by Gary Vanderhoef alumnus of Sacramento State University, which at present is the only Boys Gymnastic team in Sacramento trained on a full-line of men's gymnastic equipment.

For further information, on the classes or the team, call Mike Collins at 489-1497.

Pre-School Swimming Classes

The Sacramento YMCA is taking sign-ups for Pre - School and Youth Swimming Classes which will be beginning on the following dates: Weekday preschool swimming classes will be meeting on Tuesday and Thursdays for five weeks beginning on September 17.

Weekday youth swimming classes will be meeting on Monday and Wednesday evenings for five weeks beginning on September 16.

Saturday pre-school and youth swimming classes will be meeting for ten weeks beginning on September 21. The fee for the classes are $15 for the pre - school and $14 for the youth swimming lessons.

For further information, contact the YMCA at 452-5451.

'EVERYBODY IN'

" . . . in you go!" exclaims Mrs. Cathy Dodson as she introduces one of her small fry pupils to the art of swimming at the Sacramento Army Depot pool. Mrs. Dodson, whose husband is a warrant officer at the depot has taught hundreds of children to swim all around the world. A Red Cross swimming instructor, she taught three swimming classes for small children of military personnel at the depot this summer.

COULD SET NEW RECORD

Brock On His Way To Stolen Bases Record

Lou Brock, on his way to the all-time single season stolen bases record as well as the career National League mark, will be featured on the bill at Candlestick Park Saturday, August 31st, when the Giants take on the N. L. East leaders, and St. Louis Cardinals on Jacket Day.

All youngsters, age 14 and under, who come out to watch the St. Louis Swifty as he speeds toward a pair of burglary marks will receive a free Giant jacket made of ten-guage vinyl when entering the park. These popular jackets are bright orange with the Giant logo inscribed on them, and along with a rain hood, they're perfect for back-to school wear this fall.

Brock has 86 stolen bases (thru August 22) and with 37 games left should surpass Maury Wills' record of 104 steals in 1962. The all-time National League career mark is 738 by Max Carey who played with the Pirates and Dodgers from 1910 to 1929. Brook's career total thru August 22 is 721, so if he cracks the Wills record he'll also become the National League's most successful thief. In nine games against the Giants this season, Brock has 7 steals in 8 attempts.

Tickets for the August 31st Jacket Day game are on sale at all Giant and Ticketron box offices in Northern California. For further information, the Giant ticket office number is 467-8000.

K-POP 1110 AM
K-PIP 93.5 FM

SPORTS SCHEDULE

Saturday, August 31st
Oakland A's at Detroit
4:45 p.m.

Sunday, September 1st
Oakland A's at Detroit
10:15 a.m.

Monday, September 2nd
Oakland A's vs California
5:45 p.m.

Tuesday, September 3rd
Oakland A's at California
7:45 p.m.

KPOP - KPIP BASEBALL

Wednesday, September 4th
Oakland A's vs. California
7:45 p.m.

Thursday, September 5th
Oakland A's vs Texas
7:45 p.m.

Friday, September 6th
Oakland A's vs Texas
7:45 p.m.

Saturday, September 7th
Oakland A's vs Texas
1:15 p.m.

K-POP 1110 AM
K-PIP 93.5 FM

CHAMPIONSHIP EXCELLANCE

Jean Burnett, Women's Singles winner in the 1974 American Tennis Association National Championships, receives the Beefeater Trophy of Excellence from Dr. Clyde Freeman, American Tennis Association President, right, and former football star, Willie Fleming. Miss Burnett, from Hackenstack, N.J., beat finalist, Mimi Kanarek, (5-7), (7-6), (6-3) in the National Competition which hosted over 1,000 participants.

Roger Guedes, Men's Singles winner in the 1974 American Tennis Association National Championship is shown with the Beefeater Trophy of Excellence. Guedes beat N.A.I.A champion, Stan Franker in straight sets (6-0), (6-2), (6-2) during the final round of the National Competition.

USSR To Play US In Basketball

SPOKANE - Two of the fiercest rivals in modern basketball -- the Soviet Union and the United States -- will play six games in five U.S. Cities in September.

Two of the games will be played in Spokane's coliseum, one Sept. 6, the other Sept. 7. (The second game will be televised on ABC's Wide World of Sports).

Other games on the schedule: Los Angeles Sports Arena Sept. 3, Seattle Coliseum Sept. 4, Greensboro, N.C. Coliseum Sept. 9, and Washington, D. C., Capital Centre Sept. 10.

Coach of the U.S. team is Norm Sloan, head coach at North Carolina State. Assistant coach is Ed Badger of Chicago's Wilbur Wright Junior College.

Team members are David Thompson (voted best collegiate player last year), Mo River, Monte Towe, Tim Stoddard, Ken Carr, and Phil Spence all of North Carolina State.

Others are Tom Barker, College of Southern Idaho, Rich Kelley of Stanford, Quinn Buckner of Indiana, John Garrett of Purdue, Gus Gerard, University of Virginia, and Junior Bridgeman of the University of Louisville.

The Soviet team includes Aleksandr Belov, Ivan Ereshko, Aleksandr Balashov, Valery Miloserdov, Aleksandr Harchenko, Aleksandr Salnikov, Vladimir Tkachenko, Yury Pavlov, Aleksy Tammiste, Anatoly Mishkin, Aleksandr Shajnev, Vladimir Jijiliy and Aleksandr Bloshavkov.

Center For Combative Sports

The Central Branch YMCA of Sacramento has a new combative sports center and registration are now being taken in class for Karate, Judo, Boxing and Wrestling, all of which will begin the week of September 16.

For more information call the YMCA at 452-5451.

Arthur Ashe In $100,000 San Francisco Net Tourney

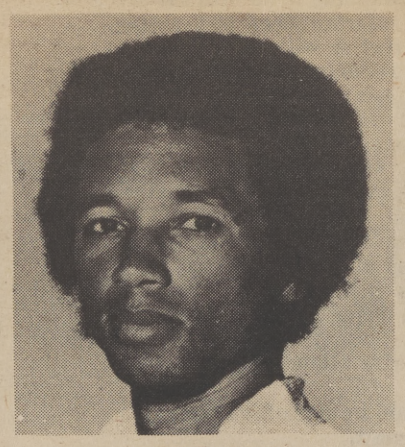
Two veterans and two young stars of the international tennis circuit were added today to the list of players who will enter the $100,000 Fireman's Fund International Open Tennis Championships, Sept. 23-30 at the Cow Palace in San Francisco.

Arthur Ashe, Charles Pasarell, Dick Stockton and John Alexander have notified tournament director Barry MacKay, of their intention to enter the singles and doubles championships.

Ashe, 31, of Miami, Fla., won the Pacific Coast International, forerunner to the Fireman's Fund tournament, in 1970. On this year's WCT circuit he won 37 of 47 matches, finishing first in his division. He is seeded eighth in the U.S. Open, which gets underway this week at Forest Hills.

Pasarell, 30, of Puerto Rico, is also a former PCI champion, winning the event as an amateur in 1967. He was the number one ranked player in the U.S. that year.

Stockton, 23, who lives in Dallas, ranked 4th this year in the WCT's Blue Group, winning 18 of 29 matches in 12 tournaments. He reached the semi-finals at Wimbledon before falling to Jimmy Connors, who won the event.



ARTHUR ASHE

Alexander, 23, of Australia, was a quarter-finalist in last year's Fireman's Fund International. He finished 7th in the WCT Red Group competition this year, logging victories over Manuel Orantes, Tom Gorman and Ilie Nastase.

Others slated to enter the eight - day event include Stan Smith, Nastase, Connors, Roscoe Tanner and Raul Ramirez. Sixty-four players will compete.

Tickets are available at Cow Palace box offices, Macy's and ticketron in the Bay Area.

Combative Sports Program At YMCA

Members of the Sacramento YMCA Boys and Girls Gymnastic Teams will fly to Santa Monica, this Saturday, August 31st to participate in the Santa Monica Gymfest held each year by GYMNAST magazine.

The festival will be held on the beach with boys competition on Saturday and girls competition on Sunday. Invitationals will be held on Monday.

The funds necessary for the trip were raised entirely by the team members through their participation in a Handstand-Walk-A-Thon which was held in July.

Grambling Football Practice...

(Continued from Page H-1)

liams (193-pounds) promise explosive pyrotechnics.

A lot depends on their ability to diversify and make the running attack effective.

Almost everyone acknowledges that the running game is going to accelerate.

A fierce battle is likely to rage between Orville Walton (210 - pounds); David Dixon (210-pounds); Michael Carter (205-pounds); Darrow Carter (205-pounds); Fallon Bush (179-pounds); and Clifford Martin, (221-pounds) for starting backfield honors.

Even Glum Eddie admits that this is a healthy situation.

Seventy-five players participated in opening practice seasons.

Roller Games

BOMBERS in TROUBLE

MONTE'S CHIEFS Back

SACRAMENTO MEM. AUD.
(15th & "J" Streets)

SAT., SEPT. 14 - 8 pm

Rugged Ken Monte brings his N.Y. Chiefs back to Sacramento for the first time this year. Monte says: "I'll dump the Bombers in the river."

ONE NIGHT ONLY!

Tickets on sale Community Center Box Office and all regular ticket outlets. Res. seats: $4.50, $3.50; Gen. Adm., $2. Kids under 12 -- 1/2 price in Res. Seats.

FOR INFORMATION, CALL 449-5324

SCHLITZ BEER

$1.79 16 oz. cans

SACCANI DISTRIBUTING CO.

2600 5th Street 441-0213